## the French Nation

the ancient days when it existed as and to its famous cathedral? one of the great historic provinces of province of Normandy and the English channel on the west, with mari-Oise.

Under the Romans it was inhabited by the Morini, the Ambiana, the Veromandui, the Bellovaci and the Suessiones, whose names are still preserved in the modern cities of the banks of the Somme.

soil. Crecy, where Edward the Black above these a fine rose window. Prince won his spurs, and Agincourt, Wood That Leaps Like Living Flame. where Henry of England, with his Ruskin went into raptures over spirits were said to have rendered forced to leave unseen, at Amiens, the battle of the Marne.

## A Land of Beautiful Landscapes.

A land of beautiful landscapes is low its forests and its famous avenues of aspens and poplars—as "Picturesque Picardy" it was known to poets and artists and writers and pastoral beauties to the world in almost three score of his canvases. Many of Carot's finest landscapes are laid in its valleys of the Oise or Somme. Ruskin and Robert Louis level with the plain; some of its his-

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Picardy Birthplace of heaps of ruins and great craters of shell holes mark the face of the land. As Lord Byron said of Greece, "'Tis Picardy, but living Picardy no more."

And now again the guns of the The battle in which the Allies and Huns are thundering in the heart of the central powers are engaged in Picardy and at the gates of its annortheastern France often is referred cient capital, Amiens, the beautiful, to in the dispatches as the "Battle of the Venice of Picardy, home of rare Picardy," although as a political sub- art treasures and city of the cathedivision the province of Picardy no dral which has been named by the to departments was made, Picardy the Beautiful God," and by art lovwas cut up into the departments of the Somme, Pas-de-Calais, Aisne and tecture." Will the fate of Rheims laymen. Oise, says the Kansas City Star. In and of Arras be meted out to Amiens

France its boundaries extended from the largest churches in the world, Anaemia means iron deficiency. Rome, St. Sophia's at Constantinople and the cathedral of Cologne. Into time frontier running from the its sculptured stones and statues from their cheeks. mouth of the Aa to the cliffs of Caux, have been wrought by its builders and it included within its boundaries almost a complete Biblical history, the whole of the basin of the Somme both of the Old and New Testaments. using some form of or-Ruskin calls the cathedral "The Bible ganic iron just as you of Amiens," and in his lecture under would use salt when that title he has given an interpretation of its thousands of sculptured

Amiens, Vermandois, Beauvais and tween 1220 and 1288. Its architect Soissons. It was a battle ground in was Robert de Luzarches. It consists Caesar's day and the Romans built of a nave nearly 140 feet high, with military roads through the province aisles and lateral chapels, a transept and erected defensive citadels along with aisles, and a choir ending in an apse surrounded by chapels. It was in Picardy, too, that the total length is 469 feet, its breadth underlying their condition is simply a lack first nucleation of France as a nation 216 feet. The facade, which is took place, under the Merovingian flanked by two square towers without elet, "had its sources in Picardy." over the central portal is the remark-Here Clovis made his first capital at able statue of Christ, of the thirhis at Noyon. Famous battles were this entrance the name of the "Porch

miraculous assistance to the allies at he said, "if the overwhelming possibilities of your existence and the inevitable necessities of precipitate locomotion in their fulfillment have left you so much as one-quarter of the land of Picardy-or was before an hour, not out of breath of the the devastating Hun plowed up its contemplation of the capital of Pic-Aisles and porches, lancet choir. windows and roses, you can see elsewhere as well as here — but such carpenter's work you can not. /It with the playing French fire of it: but wood carving was the Picardy's joy from his youth up, and so far as I know, there is nothing else so Stevenson have glorified it in art and beautiful cut out of the goodly trees literature. But today it is a scene of of the world. Sweet and young ruin, ravage and desolation. Many of grained wood it is; oak trained and its age-old towns have been made chosen for such work, sound now as 400 years since. Under the carver's toric cathedrals and chateaux are hand it seems to cut like clay, to fold like silk, to grow like living flame. Canopy crowning canop, pinnacle piercing pinnacle — it shoots and wreathes itself into an enchanted glade, inextricable, imperishable, fuller of leafage than any forest and fuller of story than any book."

Ruskin notes that the dominant tone of the sculptures that so profusely decorate the cathedral is that and Guardian Mars. The Gaul laof Peace and Hercy, and of the famous Christ-the "beautiful God" -over the central portal, he writes:

"Throughout the sermon on this Amiens mount, Christ never appears as the crucified, or is for a moment thought of as the incarnate word; everlasting king in Heaven. What call their history; but this is prob-

## Nuxated Iron To Make Healthier Women and Stronger Sturdier Men

Say These City Physicians-By Enriching the Blood and Creating Thousands of New Red Blood Cells It Increases the Strength and Endurance of Delicate, Nervous, Run-Down Folks in Two Weeks Time in Many Instances.

CINCE the discovery of organic iron, Nuxated Iron or "Fer Nuxate," as the French longer exists. Since the division in- Picards themselves the "Cathedral of it is conservatively estimated that over three million people annually are taking it in this country alone. Most astonishing results are reported from its use by both physicians and

Dr. Ferdinand King, a New York Physician and Medical Author, when interviewed on this subject, said: "There can be no sturdy The cathedral of Amiens is one of iron men without iron. Pallor means anaemia. Hamant and Artois on the north and being surpassed in the magnitude of flabby. The muscles lack tone; the brain fags its construction only by St. Peters at and the memory falls and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go

> "Therefore, you should supply the iron deficiyour food has not enough salt."

figures and of its manifold "sermons livan, formerly Physician of Bellevue Hospital (Out-Door Dept.).

The cathedral was built chiefly be New York, and the Westchester County Hospital, says: "In my talks to physicians I have strongly emphasized the great necessity of their making blood examinations of their weak, anaemic, run-down patients. Thousands of persons go on suffering year after year, doctoring themselves for all The kinds of ills, when the real and true cause

of sufficient iron in the red blood corpuscles to enable nature to transform the kings in the fifth century. "The his- spires, has three portals decorated and brain. But beware of the old forms tory of ancient France," says Mich- with a profusion of statuary, and of metallic iron which frequently do more harm than good.

"Notwithstanding all that has been said and written on this subject by Soissons and Charlemagne founded teenth century, which has given to physicians formerly connected with well known hospitals thousands of people fought within its borders long before of the Beautful God." Surmounting metallic fron simply, I suppose, because still insist in dosing themselves with the first Prussian set foot upon its the portals are two galleries and it costs a few cents less. I strongly advise readers in all cases, to get a physician's prescription for organic iron-Nuxated Iron-or if you don't want to go to this trouble then purbowmen, wrought such havor with the wood carvings of the choir. chase only Nuxated Iron in its original the French army—the bowmen whose "Whatever you wish to see, or are name (Nuxated Iron) appears on the spirits were said to have rendered forced to leave upseen package.

ing test: See how long you can work all good druggists and g neral stores .- Advertisem't

or how far you can walk without beweeks. Then test your strength again and see how much you have gained. Numbers of nervous, run-down people who were ailing all the while have most astonishingly increased their strength and endurance simply by taking iron in the proper form. Manufacturer's Note: Nuxated Iron, which is pre-

scrib-d and recommended above by physicians, is not a secret r medy, but one which is well known to druggists everywhere. Unlike the older organic fron product, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach. The manufacturers guarantee successful If you are not strong or well, you and entirely sa is actory re nits to every purchaser owe it to yourself to make the follow- or they will re und your money. It is d spensed by



His life is, what His commands are ably the first time you ever read the and what His judgments will be, are name of Robert of Luzarches. the things here taught; not what He say he 'scarcely cared;' we are not fair fields, tore up its roads and laid ardy, give it wholly to the cathedral once did, nor what He once suffered, sure that he cared at all. He signed but what He is doing now, and what his name nowhere, that I can hear He requires us to do. \* \* \* of. You may perhaps find some re-Keeping, then, these things in your cent initials cut by English remarkheart, look back now to the central able visitors desirous of immortality. travelers. David Murray, the famous is latefully developed flamboyant statue of Christ, and hear His mes- here and there about the edifice, but Scottish landscape painter, gave its just past the fifteenth century, and sage with understanding. He holds Robert the builder, or at least the has some Flemish stolidity mixed the book of the eternal law in His master of that building, cut his on left hand; with His right he blesses, no stone of it." blesses, but blesses on condition. "This do and thou shalt live," nay, in stricter and more piercing sense, this be and thou shalt live; to show mercy is nothing-thy soul must be full of mercy; to be pure in act is nothing-thou shalt be pure in heart also."

Who Built It?

the Amiens cathedral, the "Bible of Amiens," Ruskin asks:

"Who built it, shall we ask? God and man is the first true answer. The stars in their courses built it, and the nations. Greek Athena labors here, and the Roman Father Jove, bors here and the Frank; knightly Norman, mighty Ostrogoth, and wasted anchorite of Idumea. The actual man who built it scarcely cared to tell you he did so; nor do the historians brag of him. Any quantity of heraldries of knaves and as the present friend, and as the faineants you may find in what they May 24, 1918.

## JULIET V. STRAUSS

(The Country Contributor.) plain woman; a simple life, And ever a humble heart. A hard road, and a noble strife, And always her honest part.

Summing up his interpretation of Far-reaching voice and ringing-true, And ever an eagle mind. The lowly folk of earth she knew. And reckoned herself their kind.

> And theirs is the grief for her today, And theirs is the eager ear That listens in vain along the way For the voice that brought such

> A plain woman and a simple life. Making smooth the road men trod, Lightening their woes, lessening their strife, And pointing the way to God.

> > -George Bicknell