

with it three level tablespoons of sugar and one and one-half of salt with one cup of flour. Mix thoroughly and let rise until very light, in a temperature of about 86 degrees. Add to this about eight cups of flour which will make a very stiff dough and knead until very light and smooth. Let it rise to three times its bulk, make into four loaves and place into separate pans oiled and lightly warmed. Let rise again until doubled and bake from 45 minutes to an hour at a temperature of from 400 to 425 degrees. The amount of yeast given will raise the bread in about five hours; if only a single cake is used the time will be about double, and if a dried yeast is used a sponge should be made of the first preparation over night and made up the next morning with the other ingredients.

**Cornmeal Yeast Bread.**—Pour over two-thirds cup of corn meal a cup and a quarter of milk or milk and water, and heat to the boiling point, then cook in a double boiler twenty minutes, cool, add half a yeast cake dissolved in a quarter of cup of warm water, with two and a half cups of flour, knead and let rise until double in bulk, knead again, shape into loaves and let double again and bake fifty minutes.

**Household Hints**

Valuable vases should be filled with sand. This makes them stand firmly and they are less liable to be knocked down and broken.

To prevent milk from curdling when used with tomato, mix a little bicarbonate of soda before mixing the two.

When a man's soft-collared shirt wears about the neck, rip the collar

from the binding, turn over and stitch back into the binding at the same place. This puts a new lease of life into the shirt. The cuffs can be turned the same way.

Swivel casters should be placed on the kitchen cabinet and the kitchen table or any other heavy furniture used in the kitchen. This enables one to easily move them when sweeping or washing the floor.

To remove fruit stains from tea-cloths or serviettes apply a little powdered starch to the stained parts and leave for several hours. The starch will absorb all the discoloration.

To fill cracks in plaster, use vinegar instead of water to mix your plaster of paris. The resultant mass will be like putty and will not set for 20 or 30 minutes; whereas if you use water the plaster will become hard almost immediately, before you have time to use it. Push it into cracks and smooth it off nicely with a table knife.

For fruit stains in table linen put salt on stain immediately after the meal and pour boiling water over it.

An excellent tonic for the fern is coffee. Pour a half cup of this into the pot of fern each morning and it will grow to gigantic proportions.

To keep pans and kettles bright rub them with a little dripping before putting on the fire. When washing these use soapy water and after drying rub with a soft cloth.

Sheets that are wearing out should have their selvedge sides sewn together, then they should be cut down the middle and have the new sides hemmed.

In putting a tack in a place where it is difficult to hold it with the fingers, thrust it through a little strip

of paper and thus keep the fingers from underneath the hammer.

When a tablecloth used for the first time after laundering becomes stained, the stain may be removed without mussing the rest of the cloth by stretching the soiled part tightly over an embroidery hoop.

**Things Worth Knowing**

After the cake batter is in the pan, hold the pan three or four inches from the table and let it drop two or three times, and the cake will not fall while baking.

Machine oil stains should be treated to a bath of cold water and soap, applied immediately after oil is spilled on garment.

If you dread cleaning pantry shelves paste white oilcloth on. It cleans as easily as enamel and saves buying shelf paper.

To clean furnace pipe, take small piece of zinc, put in furnace when coals are red, and it will clean all the soot out of the pipes with no danger.

To remove shine from serge skirts, use either side of skirt and steam it. Have cloth pretty wet, but not dripping; lay it over shiny part. Have iron hot, then stamp it up and down lightly (do not run as in ironing); then remove cloth quickly and brush lightly, or place a dry cloth on skirt and iron until dry. If done properly it will remove shine or creases from any woolen garment.

In frying pancakes, after one panful has been cooked, use no more grease, but slice a raw potato and rub the pan each time before putting in more batter. Pancakes fried in this way are more easily digested and it is a saving of lard and other fats.

**LIQUOR CONTROL CUTS BRITAIN'S DEATH RATE**

A London cablegram, dated Feb. 23, says: There has been an increase of 1,500,000 women in British industry since the war began, and an increase of between £150,000,000 and £200,000,000 in women's earnings, according to Lord D'Abernon, controller of liquor traffic.

Notwithstanding this there has been a decline in drunkenness among women of fully 73 per cent, as compared with pre-war figures, and a corresponding decline among women of sickness and mortality due to drunkenness. This is attributed to the restricted hours for the sale of alcohol.

**BAILEY, BRYAN AND SHEPPARD NAMED**

An Austin, Tex., dispatch, dated Feb. 27, says: Resolutions were adopted in the senate today inviting former United States Senator Joseph Weldon Bailey, Senator Morris Sheppard and William Jennings Bryan to address the senate during the present session. There was no objection to the resolutions inviting Sheppard and Bryan, but a roll call was demanded on the Bailey resolution, which was adopted by a vote of 17 to 7. No special subjects were assigned for these three men.

"John," said Mrs. Jenkins, looking up from the evening paper, "you know how many dishes Kate has broken lately?"

"Yes," said John, "what of it?"

"Well," continued the lady, "there is something in the paper about steel plates. I don't know just what they are, but I should think they might be indestructible."—Liverpool Post.

**A Genuine Rupture Cure Sent On Trial**

**Don't Wear a Truss Any Longer. After Thirty Years' Experience I Have Produced an Appliance for Men, Women and Children That Actually Cures Rupture**

If you have tried most everything else, come to me. Where others fail is where I have my greatest success. Send attached coupon today and I will send you free, my illustrated book on Rupture and its cure, showing my Appliance and giving you prices and names of many people who have tried it and were cured. It is instant relief when all others fail. Remember, I use no salves, no harness, no lies. I send on trial to prove what I say is true. You are the judge, and once having seen my illustrated book and read it you will be as enthusiastic as my hundreds of patients whose letters you can also read. Fill out free coupon below and mail today. It's well worth your time whether you try my Appliance or not.

**OTHERS FAILED BUT THE APPLIANCE CURED**

Mr. C. E. Brooks, Marshall, Michigan.  
Dear Sir:—Your Appliance did all you claim for the little boy, and more, for it cured him sound and well. We let him wear it for about a year in all, although it cured him in 3 months after he had begun to wear it. We had tried several other remedies and got no relief, and I shall certainly recommend it to friends, for we surely owe it to you.  
Yours respectfully, WM. PATTERSON.  
No. 717 S. Main St., Akron, O.

**BAD CASE CURED AT THE AGE OF 76**

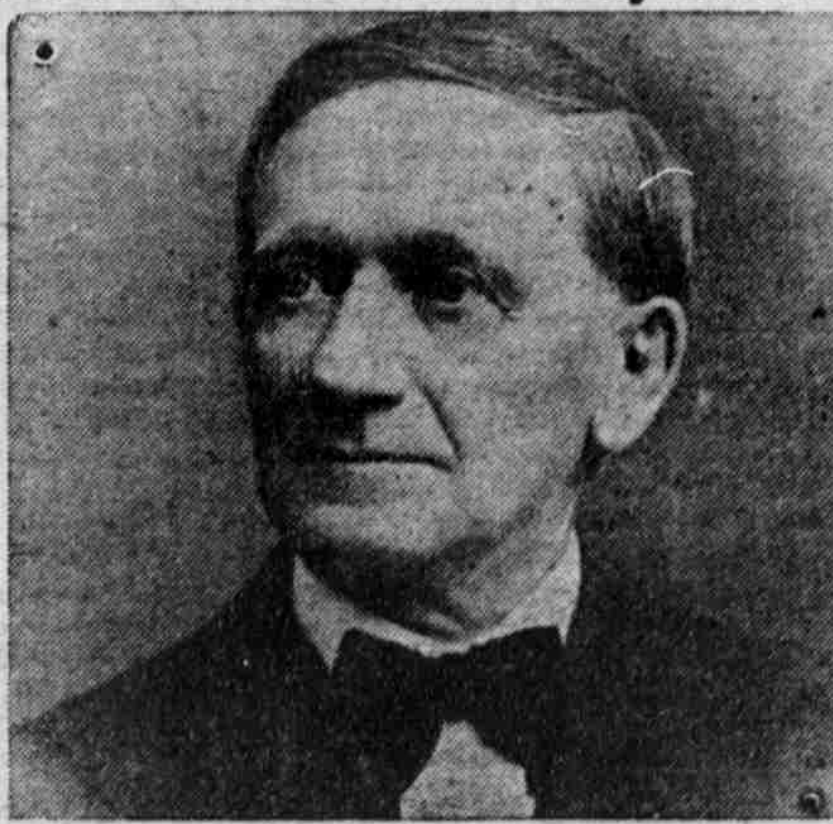
Mr. C. E. Brooks, Marshall, Michigan.  
Dear Sir:—I began using your Appliance for the cure of Rupture (I had a pretty bad case) I think, in May, 1905. On November 20, 1905, I quit using it. Since that time I have not needed or used it. I am well of rupture and rank myself among those cured by the Brooks Discovery, which, considering my age, 76 years, I regard as remarkable.  
Very sincerely yours,  
High Point, N. C. SAM A. HOOVER.

**CHILD CURED IN FOUR MONTHS**

Mr. C. E. Brooks, Marshall, Michigan.  
Dear Sir:—The baby's rupture is altogether cured, thanks to your Appliance, and we are so thankful to you. If we could only have known of it sooner our little boy would not have had to suffer near as much as he did. He wore your brace a little over four months and has not worn it now for six weeks.  
Yours very truly, ANDREW EGGENBERGER.

**PENNSYLVANIA MAN THANKFUL**

Mr. C. E. Brooks, Marshall, Michigan.  
Dear Sir:—Perhaps it will interest you to know that I have been ruptured years and have always had trouble with it till I got your Appliance. It is



C. E. Brooks, inventor of the Appliance, who cured himself and has been curing others for over 30 years. If ruptured, write him today at Marshall, Mich.

very easy to wear, fits neat and snug, and is not in the way at any time, day or night. In fact, at times I did not know I had it on; it just adapted itself to the shape of the body and seemed to be part of the body, as it clung to the spot, no matter what position I was in.

It would be a veritable God-send to the unfortunate who suffer from rupture if all could procure the Brooks Rupture Appliance and wear it. They would certainly never regret it.

My rupture is now all healed up and nothing ever did it but your appliance. Whenever the opportunity presents itself I will say a good word for your Appliance, and also the honorable way in which you deal with ruptured people. It is a pleasure to recommend a good thing among your friends or strangers. I am,  
Yours very sincerely,  
80 Spring St., Bethlehem, Pa. JAMES A. BRITTON.

**TEN REASONS WHY**

**You Should Get BROOKS RUPTURE APPLIANCE**

1. It is absolutely the only Appliance of the kind on the market today, and on it are embodied the principle that inventors have sought for years.
2. The Appliance for retaining the rupture cannot be thrown out of position.
3. Being an air cushion of soft rubber it clings closely to the body, yet never blisters or causes irritation.
4. Unlike the ordinary so-called pads, used in other trusses, it is not cumbersome or ungainly.
5. It is small, soft and pliable, and positively can not be detected through the clothing.
6. The soft, pliable bands holding the Appliance do not give one the unpleasant sensation of wearing a harness.
7. There is nothing about it to get foul, and when it becomes soiled it can be washed without injuring it in the least.
8. There are no metal springs in the Appliance to torture one by cutting and bruising the flesh.
9. All of the material of which the Appliances are made is of the very best that money can buy, making it a durable and safe Appliance to wear.
10. My reputation for honesty and fair dealing is so thoroughly established by an experience of over thirty years of dealing with the public, and my prices are so reasonable, my terms so fair, that there certainly should be no hesitancy in sending free coupon today.

**REMEMBER**

I send my Appliance on trial to prove what I say is true. You are to be the judge. Fill out free coupon below and mail today.

**FREE Information Coupon**

Mr. C. E. Brooks, 193B State St., Marshall, Mich.  
Please send me by mail in plain wrapper, your illustrated book and full information about your Appliance for the cure of rupture.

Name . . . . .  
City . . . . .  
R. F. D. . . . . State . . . . .