

liable to give ill-effects when eaten, but are notoriously indigestible; the same may be said of mussels, and when taken from stagnant waters to which sewage has access, are at times extremely liable to cause poisonous symptoms. Seasonable fish are generally plentiful during Lent, and in large cities, may be had in great variety. Crabs are usually kept alive for a few days in baskets of seaweed in contact with ice; they are considered a great delicacy at the season when the shell is soft.

Any reliable cookery book will contain many recipes for preparing the various sea-foods in their season.

What Do You Think of It?

In the household department of a popular magazine, we find the following, supposed to be a solution, in part, of the problem of the "high cost of living": "For something to take the place of fresh meat, the housewife will have recourse to Jerusalem artichokes, boiled or creamed chestnuts, baked beans and spaghetti, especially the spaghetti prepared with minced tongue, mushrooms, grated cheese and tomato sauce, which is a whole meal in itself. She will concoct imitation cutlets of bread crumbs, eggs and pounded nuts, and she will not forget the old standby, corned beef made of the kind of beef that comes in tin cans. It is more than probable that, by this means, the household will decide that meat is not so very essential, after all, and that they can do without the too costly yet simple sirloin." It is possible that the one whose suggestion this is has not followed the market report very closely, and probably "shops by telephone," and has the bills sent to her husband, without any especial worry on her part.

In an agricultural paper, some of the writers think that the "high cost of living" must be the "cost of high living," as they get only five cents each for the rabbits taken to market, each one of which is large enough to make a good meal with plenty of potatoes and dressing. The market reports say the commission men give but \$1 per dozen—in many instances less—for the rabbits; but the consumers have to pay from twenty to forty cents each for them, while potatoes are out of reach for the common people to indulge in many of them. Meat is by no means the biggest expense the town or city family has to face.

Stopping the Leaks

A knowledge of how to mend the leaks in the household cooking vessels would save many dollars, if rightly applied. A soldering outfit is inexpensive, and easily handled. Go to the tinner or hardware merchant and get a soldering iron, and a small file. Then a half teacupful of muriatic acid, a quarter of a pound of zinc scraps (the old zinc from under the stove, perfectly cleaned, will do), and a piece of sal ammoniac about the size of half an egg. Put the acid in a large mouthed bottle, or a china or stone jar, and drop into it bits of the zinc as long as the acid will "eat" it. The chemical action of the acid on the zinc will cause heat, and bubbling, but it will not explode. It is best to do this out of doors, as the fumes are disagreeable. When the acid will dissolve no more of the zinc and when the sal ammoniac has been added, the liquid will become cool and clear and should then be bottled and corked with a glass stopper, and it will keep for a long time; this is called "soldering acid," and can be made at home much cheaper than if you buy it ready

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8113—Ladies' Waist—Cut in sizes 36 to 42 inches bust measure. This waist is a back-buttoned model, cut with drop shoulder, yokes and having the upper edges of the fronts and back gathered where the yokes join. The roll collar with side flaps, dainty tucker, and crown cuffs are of contrasting goods to match the yokes. A double row of small buttons close together, serves a decorative purpose.

8112—Children's Dress—Cut in sizes 4, 6, 8, 10 years. As pretty a little dress as you ever saw for a small girl, is shown in this picture. Just adding a tab to the top of a box plait made in each half of the front and back gores, makes the two-gore skirt one of beauty; an embroidered belt passed under the tabs, proves its worth where the waist is joined.

8135—Misses' Dress—Cut in sizes 14 to 20 years. The universal note of the season is easily recognized in this frock which is cut in one piece and made with inserted plaited sections at the sides. There is no fitted effect but a wide belt proves its popularity at a normal waist-line. The sleeve, forming its own cuff, is of unusual interest and the collar of extremely smart cut adds as much to the back as to the front view of the garment.

8133—Boys' Russian Suit—Cut in sizes 2, 4 and 6 years. The Russian style continues to be the favorite with mothers and with fashion, for the small

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prepared. Before soldering, wash the article to be mended perfectly clean with soda water to remove all grease and oil, then file or scrape the edges of the break a little to smooth the surface. Thrust the iron into the fire to get good and hot, and paint the break to be mended with the acid; then take the iron by the handle in one hand and the piece of solder in the left hand, bring the iron and the solder into contact with the place to be mended; the iron will melt the solder, which will flow over the parts painted by the acid; smooth it over before it cools, and the work is done. Keep the soldering iron perfectly clean by rubbing it on a piece of sal ammoniac when you take it from the fire. The sal ammoniac may be dissolved and a bit of cloth saturated with it and laid close at hand for wiping the iron. There are so many ways of cultivating thrift and practicing economy that one who cares to do so may save many dollars.

Homeless Women

We read of the joyous feeding of the hundreds or thousands of homeless men, by the city authorities of some of our great cities during severe cold spells, but the care of homeless women is seldom reported. A widely read city daily commenting on this, says: "A startling feature in police-station-houses in some of our large cities is the vast army of homeless women who seek shelter from the

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