

MR. BRYAN AND MR. SUNDAY

We believe that The Record, in engaging William Jennings Bryan to write for its readers his impressions of the Sunday meetings, is thereby fulfilling one of the necessary functions of a modern newspaper.

Since the arrival of Mr. Sunday The Record has devoted a great deal of its news column space to these extraordinary meetings, in response to an obvious public demand that the fullest publicity concerning this unique revival season should be given. Preceding his arrival Mr. Livy S. Richard went, for The Record, over a portion of Mr. Sunday's trail, to report from Scranton, Wilkesbarre, Detroit and elsewhere the effect of the Sunday meetings.

The enlistment now of the services of the great Commoner seems to us to be an important contribution to the importance of this revival season. For no man can come closer to the hearts of the public than can the Nebraskan, eloquent advocate and persuasive counsel for good causes. Mr. Bryan first flashed into public attention as a political figure, an amazing and unprecedented figure. His candidacy for the presidency did not bring him to the White house, but did bring him to a personal intimacy with public thought such as few Americans have won. In the present days his position is, in large measure, that of a national moralist, an interpreter of lofty aspirations, a counsel for good deeds in national life. He has served the purpose of yoking moral issues and political programs—no small thing!

Mr. Bryan's interest in Mr. Sunday is of long standing. We believe no man in the country is so well equipped to do the work which The Record has engaged him to do through its columns here in Boston.—Boston Record.

EMOTIONAL DIABETES

Diabetes—that dread disease which yearly takes toll of so many lives—is nowadays being attacked more vigorously by many investigators. It has not been fully solved, but some important facts have been brought to light.

Not least important is the discovery that in a number of cases weakness of emotional control is a potent factor in bringing on diabetes.

To be sure, there are still certain authorities who deny that there is such a thing as emotionally caused diabetes. But evidence to weaken the force of their denial is constantly forthcoming.

Thus, in a recent issue of an Italian medical journal, the *Riforma Medica*, Dr. T. Silvestri reports several cases of diabetes which certainly seem to have been caused by an excessive emotionality, acting probably by rousing into baneful activity a latent tendency to this form of disease.

In one of Silvestri's cases the patient was a man of markedly "nervous" characteristics, much given to fear, worry, restless uneasiness, etc. After a prolonged period of anxiety his urine was found to contain sugar, the classic indication of diabetes.

For some years this condition persisted. In the meantime the man learned to control his feelings better. His nervousness subsided and at once his urine became normal again.

This was eight years ago. Today he remains free from any diabetic sign, despite the fact that he has received no treatment by the usual method of dieting.

In another case a woman developed mild diabetes after an attack of pneumonia. Put on an antidiabetic

diet, her urine became free of sugar and her health first class.

Later she was subjected to a severe emotional ordeal through the long and fatal illness of her son. Now signs of diabetes again became evident in her, and notwithstanding that she has been carefully treated it has been found impossible to free her from them.

Excessive grief was similarly the exciting cause of diabetes in another of Silvestri's cases. In a fourth case the diabetic breakdown was directly traced to a fright experienced by the patient, who had been in excellent health until then.

In the case of yet another patient, a man who died from diabetes at the age of 53, a thorough internal examination after death failed to reveal physical conditions capable of explaining the diabetes. The one outstanding fact in the case was that the patient had been unusually "nervous," and had a family history of much nervous and mental disease.

These cases, supplementing as they do the experimental studies of such men in the United States as Drs. W. B. Cannon and W. G. Smillie, are obviously of practical import to all of us.

We may happen to be so constituted as to be virtually immune from ever developing diabetes. But of this fortunate circumstance we never can feel quite certain.

And consequently, if only as a precaution against this grave malady, every effort should be made to keep the emotions under as firm control as possible.

In especial we need to strive to avoid allowing ourselves to be overwhelmed by feelings of sorrow, fear, or anxiety. These are the emotional states which seem to be particularly productive of diabetes.—H. Addington Bruce.

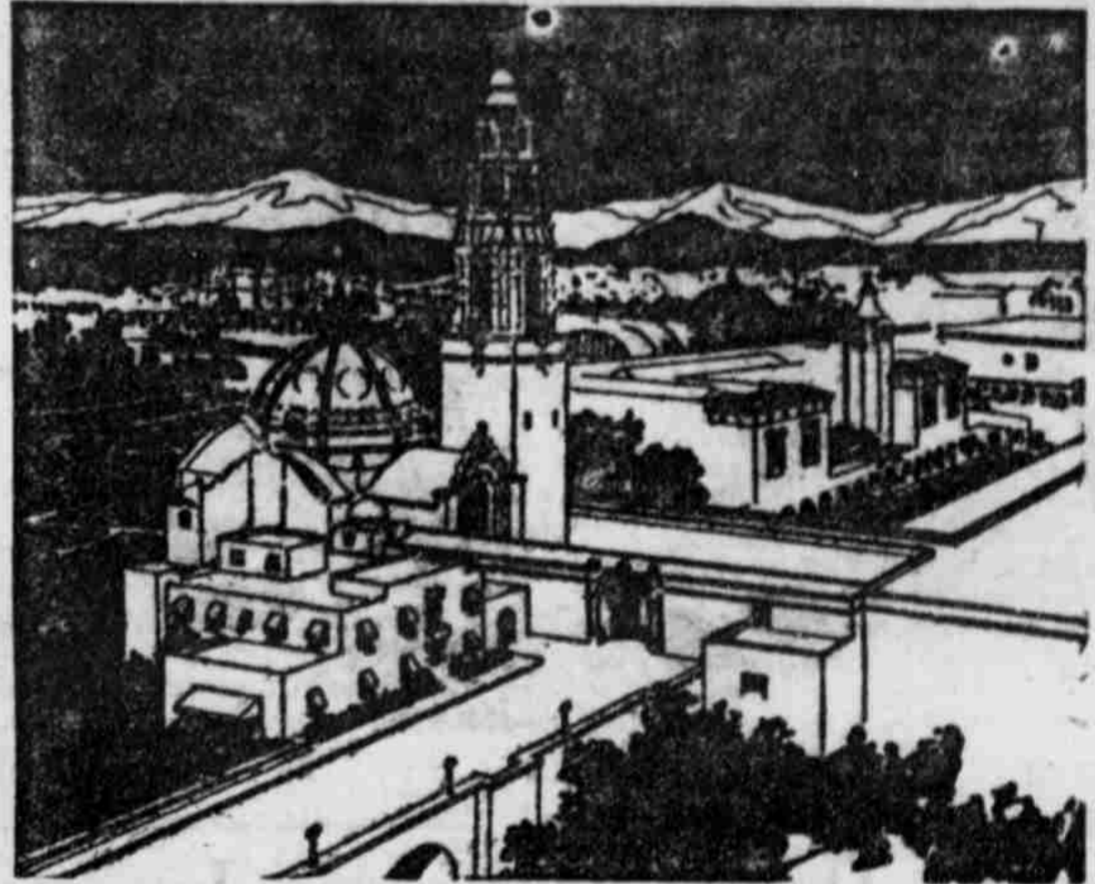
MR. BRYAN

From Omaha the story is solemnly sent forth that Mr. Bryan, disgusted with the defeat of his candidacy for delegate to the democratic national convention and of his candidates for governor and senator at the general election, will shake the dust of Nebraska from his feet, emigrate to North Carolina, and so on. It is an old yarn. In the imagination of his enemies Mr. Bryan is always "sulking," "quitting Nebraska," "leaving the party." He can't go to Florida, or Texas, or anywhere else without being pursued by the antique myth. The other day he said he was going to try to bring the democratic party to favor national prohibition. Now "many Nebraska democrats believe he has his eye on the prohibition presidential nomination in 1920."

Mr. Bryan has his faults, but it can't be said truly that he doesn't stick to the democratic party or that he has been embittered by his political defeats, whether personal or of policy. The democrats of his own state have to fight him at times. They fought him notably this year. But he loves to fight and he is a personage, an institution. He doesn't lose his hold. He has no inconsiderable genius for being wrong, some may think, but, after all, he is the head of the democratic family in Nebraska. The Nebraska democrats may quarrel with him, but they won't let anybody else.

Mr. Bryan has never shown any disposition to get out of the democratic party. Possibly he may breed an enormous row in it by trying to force prohibition upon it, but nobody can doubt the sincerity of his opinions, however mistaken. Even if he were not a loyal partisan, he knows the impotence of a national prohibition party.—New York Times.

Do Not Fail to See
**The Panama - California
International Exposition**
At San Diego, California



This is one of the most beautiful and unique expositions that has ever been presented to the American people. There has never been an Exposition in the United States which equaled it in architecture or the botanical beauty of its grounds. This is the second year of its existence, and it has been a success in every sense of the word. But the gates will positively close on December 31st, 1916. Do not miss the opportunity to see it, and also, to visit San Diego, the Southern Gateway-City of the Pacific Coast.

THE LAND OF SUNSHINE HAVING THE BEST CLIMATE IN THE UNITED STATES

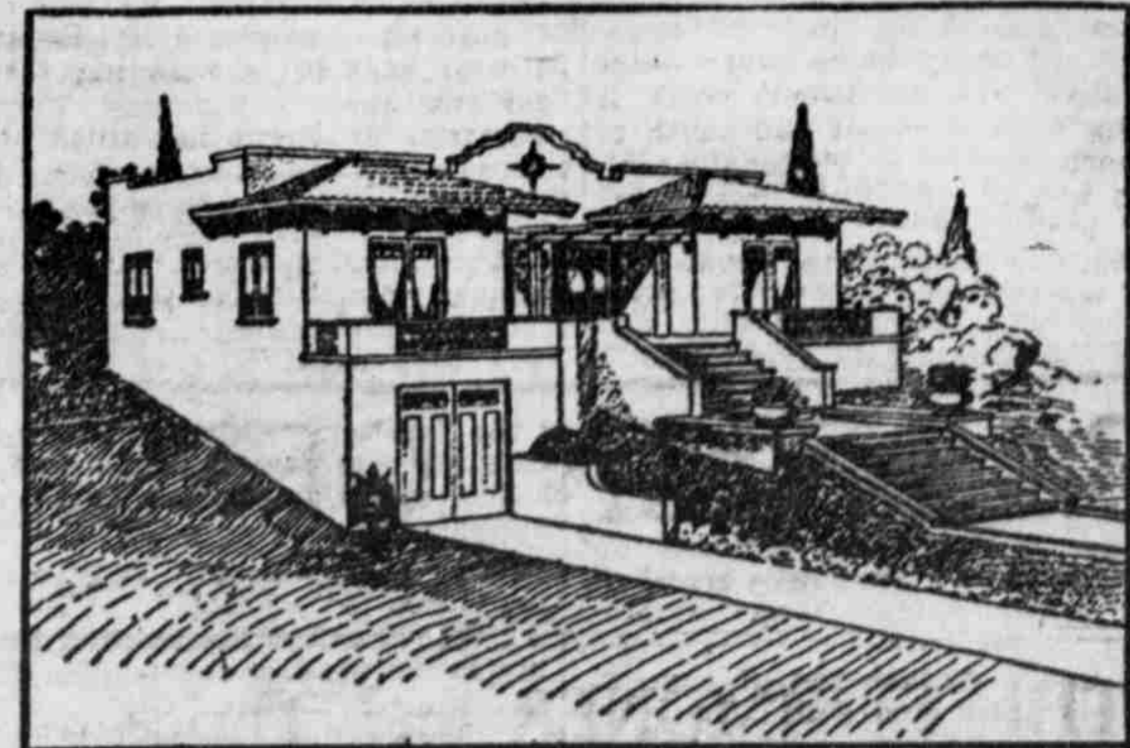
For confirmation of these statements, see the United States weather bureau reports covering the period of the last 27 years.

NOW IS THE TIME TO GET YOUR FOOTHOLD IN THIS CITY

and prepare to come here and spend the declining years of your life. You will not be lonesome, as this city is growing by metres and bounds, and thousands of people all over the United States are looking forward to the time when they may be able to call San Diego their home. They have been here in the past, and selected a residence lot to suit their taste. Some of them were never able to drop the cares of their eastern home, and have gone to that borne from whence no traveler returns. But their children, who are now coming and looking up that residence lot secured by their father years ago, are finding it worth many times more than when it was purchased.

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The above residence, located at No. 336 Southlook Avenue, is a fair sample of the residences now built on the tract. Price of lots, from \$800 to \$1200, and the building restrictions provide when a residence is erected, it must cost not less than double the cost of the lot. When you come to San Diego, call on us. Our office is at your disposition. We will sell you a choice lot or home already built on easy payments, or with liberal discount for cash.

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