

the pulp in water to cover; strain and sweeten to taste, serving with cracked ice.

To bleach handkerchiefs that have a dingy, gray color from careless washing, wash in the usual way with soft water and any good soap, soak overnight in clean, clear water in which you have put a teaspoonful of cream tartar to each quart of water; rinse out the next morning, and dry in the hot sunshine. If properly done, they will be another color altogether.

Small shells for containing "creamed" chicken, lobster, or like preparations may be bought by the dozen at small cost at the bakery, or may be made at home by using the "rosette" irons, directions for using being sent with each set. The shells are cooked like waffles, then filled.

Ptomaine Poisoning

During the hot weather, the housewife is very apt to rely on canned things in order to save as much heating as possible. Accounts of serious poisoning, often of a fatal character, following a use of canned meats, fish and poultry, are quite frequently given out through the news columns. Animal matter much more generates the poisons called ptomaines than any other class of foods, if we except milk, eggs and cream. A spoiled can of vegetables will very seldom be eaten, because of the taste or odor when opened; but spoiled fish or meats may not be objectionable to taste or smell, and may be used by the careless housewife. For this reason, every can of such product should be most carefully examined, and the least showing of imperfection, discoloration or odor, should be discarded. No chance should be taken. Milk and cream are very apt to develop the poisons if not carefully kept, and when stored for a long time, it would be wise not to buy them. The evaporated, or condensed products are reasonably safe, but should be used as soon as possible, and not kept after being opened. The sediment left in the coffee cup by some cans of milk, and supposed to be from the sugar, is in reality due to the long storage of the milk before being placed on the counter—the natural calcium salts having been precipitated on standing. The symptoms of ptomaine poisoning are usually violent nausea, and diarrhea, through which nature seeks to free the body from the dangerous product. When a large quantity has been taken, and the poisoning is pronounced, the patient goes through the stages of collapse rapidly, to a fatal ending. Mild cases recover slowly. When symptoms of nausea and attendant sickness follows the eating of any canned foods, medical attendance should be at once summoned. Most of canned foods put up by reputable firms, if used while fresh, are not harmful; but those that have stood long in storage are often sold to unscrupulous dealers, and because of their lowered price, are sold quickly, and the result of eating them is severe illness, often fatal.

Water Tests

In order to assure yourself of the condition of your water supply here are some rules which you will find interesting, and it may be, profitable: Put half a pint of water in a perfectly clean bottle and add a few grains of lump sugar (called loaf sugar). Close it tightly with a glass stopper and place in a warm, well-lighted room. If it remains clear after an exposure of eight or ten days, it is safe to use; if it becomes turbid, it is impure, and not safe to use.

Another test: Put a pint of water in a flat, earthen vessel, evaporate

it quickly and scrape receptacle clean of any residue; if such residue is white and powdery, it means lime or gypsum, and shows that the water is hard, but safe. A whitey green or whitey yellow, gummy residue is suspicious. Burn the residue and if it turns black, giving out the smell of burnt feathers, the water is contaminated with animal refuse and is likely to breed typhoid.

"The Last of the Garden"

When the late summer shows you that the garden has given you all that it has to offer you, there will be a scattering supply of vegetables—a corn ear here; a handful of beans there, a few green tomatoes, some crooked cucumbers, a few peas, a stray onion, or carrot, a neglected cabbage head, etc. Go over the garden and gather these; string and cut up the bean pods, cut the corn from the cob, chop the tomatoes, cucumbers, onions, cabbage, cauliflower, turnip, carrot, celery, and anything else you may find that you can use in soup; put them all together in proportions that you like, and cook until nearly done, then can as you would any single vegetable. If you like seasoning, that may be added; then seal in small jars as you would other things, testing for any leakage from defective tops, and when satisfied on that point, wrap in paper and set away in a cool, dark place until "soup" days next winter, when you will rejoice in your thriftiness. Many herbs, such as sage leaves, summer savory, and other kitchen herbs may be dried and put into discarded fruit jars, and this will save many dimes for kitchen seasoning.

"Is your boy Josh burning midnight oil?" "No," replied Farmer Corntossel; "but he keeps the gasoline goin' about eighteen hours a day."—Washington Star.



(Continued from Preceding Page)

7937—Girl's Russian Blouse Dress. Cut in sizes 8 to 14 years. This model represents the favorite Russian blouse, in the nick of time for school wear. Striped material well deserves preference for the blouse with collar, belt, cuffs and pocket laps in contrasting color. The plaited skirt is attached to an underwaist that fastens in the back.

7934—Ladies' Shirt-Waist. Cut in sizes 36 to 42 inches bust measure. This "vestee" shirt-waist, with collar and front band in dark material, and with narrow ruffles of the material outlining them, has the "something different" air that is always prized. The fronts of the blouse are gathered at the shoulder seams for "fit" and the full length sleeve has a straight, deep cuff, ruffle-edged to match the collar.

7944—Ladies' Apron. Cut in one size. A "worth-while" design is this one, with the apron and bib sections joined to the belt without fullness. Separate revers are stitched to the bib; they are finished with edging or scalloping as are all free edges. The bib ends cross the shoulders and button at the neck back. A pocket with a gathered top completes the garment.

7929—Ladies' Skirt. Cut in sizes 24 to 32 inches bust measure. In this design of a skirt cut in five gores, the yoke and front gore are in one piece. A trimming fold of material on each side front gore is a forceful style feature, and the button and loop decoration of it is simple and attractive.

7935—Ladies' Skirt. Cut in sizes 24 to 34 inches waist measure. Fully entitled to credit for good lines and attractive trimming features is this

skirt, cut in two gores—the upper edges of the back gore being gathered—and built on a raised waistline; the closing is at the left side. The front ends of a belt tacked to the top of the skirt at the back, look down at the pockets stitched to the front gore and finished with a lap for effectiveness.

7892—Ladies' Dress. Cut in sizes 36, 38 and 40 inches bust measure. This type of dress shows that originality can go to a great length for unusual style in a conventional model. The dress pictured has a panel front and back; in the lower edge of the side body sections, plaits are introduced and held in place with bands of contrasting goods. The skirt side sections are full plaited.

7925—Ladies' Blouse. Cut in sizes 36 to 44 inches bust measure. Two materials are used effectively in this waist with a back yoke that extends a bit over the shoulders in front. Choose between rolling the fronts back for the open neck and lapping the ends to gain the high collar that is coming into favor. The sleeve is pretty with a cuff of contrasting material.

7916—Girl's Apron. Cut in sizes 4 to 12 years. Cut with a square yoke front and back, this little apron becomes interesting. The upper edges of the front and back are gathered to the lower edges of the yokes and the joining is bound. Long or short sleeves, and to brighten the face of the girl who wears it, a collar in contrasting color finishes the neck.

7923—Misses' Dress. Cut in sizes 14, 16, 18 and 20 years. A pleasing version of the overblouse effect is offered in this model which has the three-gore

skirt attached to the bib section that is arranged over a separate gumpie with shoulder straps of material; they are stitched at back and button to the front of the overblouse.

7930—Child's Yoke Dress. Cut in sizes 4, 6 and 8 years. The fancy yoke at back and front make this an especially interesting little frock. The sleeve length is a matter of choice but make two tucks in each half of the front and back for the loose box-plait effect—always pretty in children's dresses.

7959—Ladies' Shirt-Waist. Cut in sizes 36 to 44 inches bust measure. Another model that will count among the season's successes. The shoulder straps are as much to be admired as the button and loop decoration in diagonal effect, where the closing is made, and the three-inch facing of the fronts for the stylish rever effect.

7922—Ladies' Dress. Cut in sizes 36 to 42 inches bust measure. Smart and trim, in coat effect, this dress shows that checks will have a strong grip this fall. The waist is separate, with open fronts overlapping a vest in plain ground fabric and inverted V shape; the peplum with two plaits in each half for a modified ripple flare, may be used or omitted. The skirt is a one-piece model.

7920—Ladies' Skirt. Cut in sizes 24 to 34 inches waist measure. The most appealing thing about this button-front model is its simplicity. The seven gores hang from a slightly raised waistline—a belt is allowed for but may be omitted. A seamed panel front and a pocket in the side front gore are details that count for style.

7926—Ladies' Skirt. Cut in sizes 22 to 30 inches waist measure. Fashion offers this skirt in three gores, with the side yoke effect; at the side seams the gores are gathered where the yokes join, a slightly raised waistline is used and a modish fullness is noticeable. The right front gore laps the left in closing, and buttons and a belt tacked to the top of the skirt give the finishing touches.

7962—Ladies' Apron. Cut in sizes 36 and 40 inches bust measure. In the class of serviceable garments attractively made, we may put this apron. Cut in one piece with a yoke facing; other features of interest are: the front closing, elastic at the waistline to evenly divide the fullness and a diagonal pocket with a stitched trimming band to match the yoke facing and the sleeve finish.