

not require a warship in the harbor. The protection of the harbor itself should be sufficient by forts, mines, and submarines without the aid of the fleet."

So much for Admiral Fletcher. Read the questions put to and the answers of Admiral Fiske, another of our highest naval authorities:

"Mr. Gray. What would you say, without having any navy at all at the mouth of the Panama canal, would it be possible with those guns mounted there with longer range than the guns on the ships, and with the mines and the submarines, to prevent a hostile fleet coming into the canal, without any ships of the navy there to defend it?"

"The Chairman. They would not try that."

"Admiral Fiske. No; they would go to some other place to land and make the attack."

"Mr. Gray. But would it be possible, with those defenses I have spoken of, for a hostile fleet to enter the canal?"

"Admiral Fiske. I think not."

"Mr. Gray. You say we could defend the canal without any part of our fleet at all, as against the approach of a hostile fleet? Would you say that?"

"Admiral Fiske. Yes, sir; I should say that."

Here we have the testimony, not of a magazine writer, but of two great American naval authorities that mines, submarines and land guns could so nearly perfectly protect a particular spot (the Panama canal) that if no American dreadnaught were near it, no navy would dare approach it.

Get that fact in your mind.

Do not confuse it with the additional statement that each of them made that the attacking force would go somewhere else and try to enter by the back door.

Get the fact in your mind that where mines and submarines are battleships even of the biggest sort will not go.

Then, suppose that instead of protecting with mines and submarines

THE VERY TIME

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The need of delicate yet nutritious food is never felt so keenly as when a convalescent gets a set back on account of weak stomach. Then is when Grape-Nuts shows its power for it is a most scientific and easily digested food.

"About a year ago," writes a Kansas woman, "my little six-year-old niece left the invigorating and buoyant air of Kansas, where all her life she had enjoyed fairly good health, to live in Ohio. She naturally had a change of diet and of course a change of water, and somehow she contracted typhoid fever."

"After a long siege her case seemed hopeless, doctors gave her up, and she was nothing but skin and bones, couldn't eat anything and for weeks did not know even her father or mother. Her parents, in trying to get something delicate and nourishing that she could eat, finally hit upon Grape-Nuts food and it turned out to be just the thing."

"She seemed to relish it, was soon conscious of her surroundings and began to gain strength so rapidly that in a short time she was as well, playful and robust as if she had never been ill."

"We all feel that Grape-Nuts was the predominating factor in saving the sweet little girl's life."

Name given by Postum Co., Battle Creek, Mich.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

some little spot like the Panama canal and leaving everything else safe for the approach of battleships that we were to protect with mines and submarines every part of our coast at which an enemy could possibly land.

Mind you, every part of our coast can not be landed upon. Some of it is too rocky. Suppose we anchor mines that could be exploded from shore at every place on our coasts where an enemy could land and had submarine bases so distributed that a great number of such craft could upon short notice be concentrated at any point of danger. Suppose every possible landing place on our coasts were as well protected as the entrances of the Panama canal could be protected. Suppose we had little or no floating navy, but an enormous submerged power. Should we be in danger of attack? Would our defenses be a menace to any other nation and thus cause it to bankrupt itself to become "prepared." If another nation were to sink near it own shores twice as many mines as we might have, would the foreign mines render our mines less effective for defense?

Of course, our munitions patriots will reply that it would cost an awful lot of money to build enough mines and submarines to make every part of our coast as nearly impregnable as mines and submarines could make them.

These gentlemen do not seem to consider that their plan of competitive preparedness costs anything. In the last fifteen years, our naval appropriations have amounted to more than one billion, six hundred and twenty-nine millions of dollars, and according to the dreadnaught gentlemen, we have not yet a navy and must "prepare!" Look at the figures:

Years	Appropriation	Amount of increase, Navy
1900	\$65,140,916.67	\$17,140,699.00
1901	78,101,791.00	25,400,000.00
1902	78,856,363.13	22,703,010.00
1903	81,876,791.43	25,925,632.00
1904	97,505,140.94	32,176,860.00
1905	100,336,679.94	42,255,833.00
1906	100,091,670.27	33,475,829.00
1907	98,958,507.50	23,713,915.00
1908	122,663,885.47	30,307,962.00
1909	136,935,199.05	38,819,595.00
1910	131,350,854.38	33,770,346.00
1911	126,478,388.24	26,005,547.67
1912	123,225,007.76	20,569,373.48
1913	140,800,643.52	35,325,695.00
1914	144,868,716.61	41,091,734.00

If the American people are fools they will give ear to the munitions patriots and plunge this nation into the gigantic folly of "preparedness." The munitions gentlemen are simply trying to do business at the expense of the public. They have enlarged their factories to fill European war orders and want to keep them busy when European orders stop. According to published reports, the du Pont Powder company which, at the beginning of the war, had but one plant, now has three; Schwab has built three additional factories for the manufacture of shrapnel; the Atlas Powder company has enormously increased its facilities and Bridgeport has become the "American Essen."

An exporter of shrapnel told me one evening last summer that he was selling for \$16 a shell that cost him but \$2 to manufacture—and had orders for all he could make.

Do you wonder that these gentlemen want us to be "prepared"?

But when they clamor for battleships instead of mines can you believe that they are thinking only of defense?

This is your United States. Do not let anybody blow it up or bleed it white. If you don't want war, spike every policy that leads to war.

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nitions of war only by the government itself.

Stand for mines and submarines as the best defensive naval armament.

R. buke, at every opportunity, the munitions patriots and the dreadnaughters who seem to care not what happens to you, so long as they "get theirs."

Express these sentiments at every opportunity. Let the President, your senators and members of the house of representatives know where you stand. A respectful letter to each of these would be thoughtfully read and remembered. Politicians always have their ears to the ground. Give them something to listen to.

ANOTHER CASE OF PREPAREDNESS

A Washington reader writes: "A Seattle man last week was awakened in the night by a noise in an adjoining room. Thinking it was a burglar, he sang out 'Who's there?' Getting no response he fired and killed his six-year-old daughter, who was walking in her sleep. The daily paper reporting the incident was moved to remark, 'We can not help thinking this sad accident would not have happened if there had not been a revolver in the house.' Just another case of 'preparedness,' with the almost inevitable result."



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