

boiling water until the stain is gone. Soap will set stain.

Mrs. T.—To remove grape stain from a child's dress, soak the dress in sour buttermilk for a few minutes, then lay it in the sun, wetting two or three times with the milk, until the stain fades. Afterwards, wash as usual. Peach stain is said to be removed by the same process.

Requested Recipes

Canning Sweet Potatoes—Wash and scrape the thin skin from nice, sound sweet potatoes; cut in pieces about half the length of a quart jar; fill these into the jars as compactly as possible, and fill the jar to overflowing with cold water, putting a teaspoonful of salt leveled off, in each jar. Screw the lid down about half way, and proceed in this way until you have enough jars to fill the boiler. Put a little hay, or slats of thin wood in the bottom of the boiler to prevent contact between jars and metal. Cover with cold water to the lower edge of the top, set the boiler over the fire to heat gradually, and after it is boiling well, let boil, covered closely for three hours. Remove the boiler from the stove, lift each jar separately, put on the sterilized rubber, screw down the top tightly, and return to the hot water to remain until cold.

Mrs. C. S., who asks for these directions, says she has never been able to find directions for canning this vegetable, although she buys the article at the grocers. I have, myself, been unable to find directions in any of my extensive "domestic economy" library, but a friend, who is a Kentucky lady, gave me the above method. If any of our friends know a better way, will they please pass it on?

Several requests for directions for making coarse flour breads are here answered. As to the wholesomeness of these breads, as with other foods, it is a question for the individual. If it does not agree with the digestive apparatus when given a thorough trial, try to find out where the bad effects come in, and do not impute to the coarse breads the bad effect of some other, indigestible diet. Breads made from whole wheat are considered healthful and laxative.

Graham, or whole wheat flour bread is made with or without yeast, there are many ways of making it, each one recommending her own successful methods. Boston brown bread is made of rye flour, corn meal and graham flour; is usually steamed over boiling water for several hours, then set in a hot oven for a few minutes to form a crust.

For a quick breakfast bread, sift the flour, season with salt, add the usual quantity of baking powder—not too much, as it will make the bread too dry; use a little shortening, wet up with milk or water to a consistency that will drop stiffly from a spoon, lift with a spoon dipped each time in cold water, and drop on a well-buttered baking pan; cook in a hot oven, let get done through, and serve hot or cold.

Graham Muffins—Rub to a cream a tablespoonful of sugar and two of butter; into this beat four eggs; sift a heaped-teaspoonful of baking powder with three cupfuls of graham or whole wheat flour, add the butter mixture and beat very hard until perfectly smooth. Turn into muffin rings and bake in a very hot oven. Or, take two teaspoonfuls of graham flour, two small cups of sweet milk, two eggs well-beaten, with a little salt. Mix well, and bake in a hot oven for ten minutes.

Steamed Brown Bread—One pint each of corn meal, white flour and graham flour; one teaspoonful each of sour milk and sweet milk; one scant

(Continued on page 18.)

LATEST FASHIONS FOR COMMONER READERS

We have made arrangements to supply our readers with high grade, perfect fitting, seam allowing and easy to use patterns, designed by a leading firm of New York fashion publishers. Full descriptions accompany each pattern as well as a chart showing how to cut your material with the least possible amount of waste. Any pattern will be sent postage prepaid upon receipt of ten cents. We will also issue a new fashion book quarterly, Spring, Summer, Autumn and Winter, illustrating hundreds of new styles—Autumn number now ready. We will send this book for two cents postage prepaid if ordered at the same time that a pattern is ordered, or for five cents, postage prepaid if ordered without a pattern. Besides illustrating hundreds of patterns, this fashion book will tell you how to be your own dressmaker. When ordering patterns please give pattern number and size desired. Address all orders—Fashion Department, The Commoner, Lincoln, Nebraska.



No. 6738 — Ladies' Waist — In this waist we have the novel and attractive large armhole, which gives great looseness under the arm and allows the use of a second material for the sleeve sections. The front and back are in one piece and the closing is placed diagonally. The pattern, No. 6738, is cut in sizes 34 to 44 inches bust measure. Medium size requires 2 1/4 yards of 44 inch material with 1/2 yard of 27

inch contrasting goods for the collar.

No. 6737 — Child's Rompers — This simplest of garments may be worn over the underwear. The closing of the waist is in the back and the trousers button across the back at the waistline. In front there is a seam from the neck edge straight down, without division at the waist. The pattern, No. 6737, is cut in sizes 2, 4 and 6 years.

Medium size requires 2 yards of 36 inch material.

No. 6742 — Misses' Dress — This smart middy dress has only a short opening in the blouse which is slipped on over the head. At the neck is a sailor collar and a short front lacing. The long drop shoulder is used and a straight sleeve long or short. The lower edge of the waist forms a turned up hem on the outside. The skirt has two gores and may close at either side. The pattern, No. 6742, is cut in sizes 14, 16, 18 and 20 years. Medium size requires 5 yards of 36 inch material.

No. 6748 — Girls' Dress — A modification of the sailor suit is here shown. It has a blouse with body and sleeves in one and a sailor collar at the neck. It is slipped on over the head. The sleeves may be long or short. The lower edge of the blouse is full and is joined to a skirt which is pleated all round. The pattern, No. 6748, is cut in sizes 6, 8, 10, 12 and 14 years. Medium size requires 3 1/2 yards of 36 inch material, with 3/4 yard of 27 inch contrasting goods.

No. 6731 — Ladies' Waist — Suitable for soft materials such as chiffon, lace, voile, crepe de Chine, and the like is this dressy blouse. It has a long shoulder yoke to which are attached the front and back, both gathered and very full. The pattern, No. 6731, is cut in sizes 34 to 44 inches bust measure. Medium size requires 2 1/4 yards of 36 inch material.

No. 6570 — Ladies' Dress — Loose in every line this frock has a deep seamless shoulder yoke. Below the yoke the material is quite full and the open neck has an inner vest and an outer collar and revers. The pattern, No. 6570, is cut in sizes 34 to 44 inches bust measure. Medium size requires 3 1/2 yards of 50 inch material.

No. 6739 — Ladies' Skirt — This is a two gore sectional skirt, the upper part fitted to the figure by short darts and ending in a deep hem which finishes the tunic section. The lower part has a tuck seam in the center of the front and has very little fullness. The pattern, No. 6739, is cut in sizes 22 to 32 inches waist measure. Medium size requires 3 yards of 44 inch material.

No. 6725 — Ladies' Apron and Cap — Modified kimono lines are used in this apron which is quite loose and hangs in sacque fashion from shoulder to hem. There is a seam along the shoulder and down the outside of the sleeve, each section of which is cut in one with the body of the garment. The closing is at the side of the front. The pattern, No. 6725, is cut in sizes 36, 40 and 44 inches bust measure. Medium size requires for apron and cap 6 1/2 yards of 27 inch material with 1/2 yard of contrasting goods 27 inches wide to trim.

12-4-33 — Embroidered Towel — Plain or fancy huckabuck or the fine diaper weave towelling are suitable materials for this towel. The scalloped edges should be run on both outlines with fine stitches and padded, and then the buttonhole stitch worked over them.

No. 6724 — Ladies' Dress — The full blouse of this dress is attached to a seamless yoke with drop shoulder. At the neck is a small chemisette outlined by a revers-collar. Sleeves may be long or short. The three gore skirt may have high or regulation waistline and closes in front. The ruffle may be used or omitted as preferred. The pattern, No. 6724, is cut in sizes 34 to 44 inches bust measure. Medium size requires 3 1/2 yards of 44 inch material with 5/8 yards of 6 inch ribbon for ruffle and collar, cuffs and girdle, and 1/4 yard of 11 inch edging for shield.

No. 6745 — Child's Dress — A decided novelty is offered in this dainty frock, which has no opening except at the neck and along the shoulder seams. It is slipped on over the head and has a small pleat at each side seam. The sleeves may be either long or short. The pattern, No. 6745, is cut in sizes 2, 4, 6 and 8 years. Medium size requires 1 1/4 yards of 36 inch material.

No. 6716 — Ladies' Dress — A pretty design for gingham, calico, cambric, printed and plain cotton crepe and other wash fabrics. It has the loose blouse of the moment with plain sleeves long or short and side front closing. This and the square neck are outlined by a band of trimming in contrast. The skirt has three gores. The pattern, No. 6716, is cut in sizes 34 to 46 inches bust measure. Medium size requires 4 1/4 yards of 36 inch material.

No. 6746 — Child's Dress — This novel frock is made to be slipped on over the head. The blouse gives the Middy effect, but instead of a sailor collar has a round low neck. The sleeves may be long or short. The skirt has a panel front with side pleats all around, meet-

(Continued on next page.)