

very weak soap solution. Turpentine should not be used on silk, except it be black silk. Whatever applications are made, care must be exercised to prevent leaving a ring, or outline of the stain on the goods, and this is best done by rubbing well with a soft cloth when drying.

Dustless dusters are made of black cheese cloth washed in a solution of coal oil and paraffine oil; one pint of coal oil mixed with one-third of an ounce of oil of paraffine will make three yard-square cheese cloth dusters. These are real labor savers, leaving the dusted furniture in excellent condition, not injuring the polish like a water-damped cloth will do.

Helps for the Housewife

To test fat for frying, when the blue smoke rises from the surface, drop a small bit of dry bread into it; the bread should brown in one minute, and the fat is ready for any uncooked food to be cooked in it. For cooked foods, the time should not be so long.

For frying potatoes, peel and cut into eighths lengthwise, the raw potato; drop into cold water until all is prepared; then lift out of the water, drain, or wipe dry each piece, and drop into the boiling fat. Do not cover. The outside of the potato will crust over at once, confining the inner moisture, and by the time the outside of the potato is well browned, the inside will be done, and it will not be soggy, or soaked with fat. When the potato slips are taken up, sprinkle with salt to taste, and serve at once, hot. If left to stand, they will lose the crispness.

Frying is cooking food in boiling hot fat deep enough to cover the food; the fat should be boiling hot, with a blue smoke appearing, and the food as dry as possible when dropped into it. To test the heat, drop into the boiling fat a piece of dry bread, and if the proper temperature, the bread should brown in forty seconds.

Sauteing is the process which most people call frying; there is but a small amount of fat put into the skillet, and the food rests on the bottom, with just enough fat to keep it from sticking. Food cooked in this manner is hard to digest; the frying pan is the better one.

One can pan-broil steak, or other food, by dropping it onto a hissing-hot skillet with no fat in it; the food should be turned at once and keep turning quickly until the outside is seared, when it can be covered and cooked slowly for a short time. The use of two skillets is recommended, and the steak tossed from one to the other every ten seconds, and after the first minute, turn less frequently until done as liked. There are so many ways of cooking the same thing, so as to have variety, that it is well to study the matter.

Requested Recipes

Canapes are made of bread, white, graham or brown bread, sliced very thin and cut into shapes; dip in melted butter and toast or fry. Use any desired dressing, and serve hot or cold, as liked.

Corn Chowder—This may be made with either fresh green corn, or the canned. If fresh corn, a dozen ears are required for this recipe, otherwise, one can of corn. Cut the kernels from a dozen ears of corn, and mince two medium-sized onions. Put into a kettle or deep skillet, a cupful of fresh salt pork cut into cubes, and fry until brown; then put in with the pork the minced onions and fry until yellow. Put in the corn, four crackers and half a dozen parboiled and chopped potatoes; season with pepper and salt to taste, a pinch of cayenne if liked; or a tablespoonful of minced parsley; cover with a quart of boiling water

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(Continued on next page.)

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