plume will be fluffy and ready to be it. curled.

hollowed out towards the point. holding the feather in the hand, the thumb and the edge of the knife blade and draw it swiftly along, being careful not to curl the fibre too tight. Only the ends of the fibre wind.

pass them through a clean, weaker lather with a few drops of bluing a little bluing in it to give them a good color; beat them against the when perfectly dry, curl each fibre separately with a blunt knife or ivory paper folder.

to a professional cleaner. Some feathers can not be cleaned, especially those of the cheap quality, without injury.

By Way of Comment

"With a husband to take care of her," began the other lady, but was quickly interrupted by John's wife, who insisted that when there is any "taking care" it is the wife who does

A BRAIN WORKER

Must Have the Kind of Food That Nourishes Brain.

was solved.

foods lack.

of work. Continued use has demonstrated to my entire satisfaction that Grape-Nuts food contains the elements needed by the brain and nervous system of the hard working public writer." Name given by Postum Co., Battle Creek, Mich.

"There's a reason," and it is explained in the little book, "The Road to Wellville," in pkgs.

Ever read the above letter? human interest.

instinct so well developed that they are learning that the quick fire to disagreeable to the touch or smell, To curl the feather, procure a very are happy to be allowed to mend and be had by the turn of the wrist and soak the sponge in sweet milk for dull-edged knife and have the top make and wash and bake for the lighting of a match is a neces- half a day, wring out and wash particular John to whom they are sity in winter as in summer, and a thoroughly in warm water to which attached. They do not expect much good, safe gasoline range is a good has been added a teaspoonful of carplace the fibre of the feather between of John, except that he makes the investment where proper care is bolic acid. For general purposes money, and they could do that, too, observed, if gas is not to be had. if he were ill and unequal to the task. Most women are married to men older than themselves, and with should be curled. A good way to curl middle life begin to take care of the feathers of uneven fibre is to steam man who must have his health looked the flues evenly on the side and curl after and his clothes kept in order the feathers with a curling iron that and must on no account be worried is not too hot. If gasoline is used, by household affairs. The old maid the work must be done in the open who asks scornfully what a wife gets air, and the feather dried in the for all this attention finds out that she gets all she asks, which is not For washing with suds, cut some much. But it is the happiness of white curd soap in small pieces, pour mothering a man that is even more boiling water over them and add a satisfactory than that first dream of little pearlash; when the soap is love with a strong right arm always quite dissolved, and the mixture cool at her service. A woman who has enough for the hand to bear, plunge not developed the maternal side of the feathers into it, draw them her nature has a hard time of it after through the hand until the dirt the disenchantment that is certain to seems squeezed out of them, then come in every woman's life. She still demands that John give her all his love, that he think of her before in it, then rinse in cold water with himself and so on. But John is not naturally a worshiper and if there is a pedestal in his house he is very hand to shake off the water, dry by likely to get on it himself. Blessed four thicknesses of cheese-cloth or shaking them before the fire, and is the woman who is willing to accept things as they are. If she is a more effective than a thick, heavy woman of spirit she will come to it band, as the effect wanted is to cool only gradually, but if she is a sen- the head by evaporating the heat, If the feathers are valuable, unless sible, loving woman she will certainly and the thin cloths allow the heat you have confidence in your own come to it in time. She will give her to pass off with the evaporating skill, it would be better to send them service freely and without asking any water, and should be renewed frereward. She will take good care of quently to hasten the cooling. that big man who vowed to take care of her, and the chances are that he will love her more dearly than even in the honeymoon days, although he may never think of letting her know it. Blessed is the woman who learns to take care of her husband, and also learns never to contradict him or to thwart him. The home where such a woman abides will be as near a heaven on earth as it is possible, for it will be the abode of peace .-St. Louis Globe-Democrat.

The Deadly Gasoline

It is claimed that a large percent-"I am a literary man whose age of household damage by fire is nervous energy is a great part of caused by the explosions of gasoline, my stock in trade, and ordinarily I or coal oil; fires from gasoline have little patience with breakfast usually result from failure to observe foods and the extravagant claims the simple rule that gasoline must made of them. But I cannot with never be exposed to the air where hold my acknowledgement of the there is any fire or flame; the gasodebt that I owe to Grape-Nuts food. line in bulk does not explode, but "I discovered long ago that the when mixed with air the gas arising very bulkiness of the ordinary diet from the fluid makes a very high was not calculated to give one a explosive, and is claimed to be a clear head, the power of sustained, far more dangerous substance to accurate thinking. I always felt handle in this form than dynamite heavy and sluggish in mind as well or gun powder; the danger does not as body after eating the ordinary depend on the nearness of the fire meal, which diverted the blood from to the gasoline, but to the existence the brain to the digestive apparatus. of the fire in any form where this "I tried foods easy of digestion, gas can reach it. No gasoline tank but found them usually deficient in should be filled where there is a nutriment. I experimented with flame or fire of any kind. Gasoline many breakfast foods and they, too, should not be used for cleaning in proved unsatisfactory, till I reached a closed room, or where there is the Grape-Nuts. And then the problem least bit of fire or flame. Many housewives use gasoline for all "Grape-Nuts agreed with me per- household purposes for years, with fectly from the beginning, satisfying no accident, because they are unmy hunger and supplying the nutri- consciously careful in handling it, ment that so many other prepared observing necessary precautions and following the simple rule given. In "I had not been using it very long careful hands it is a good servant; before I found that I was turning in careless hands, it is a constant out an unusual quantity and quality menace. If there is the least smell of the gas in the room, the burner should at once be inspected, the doors and windows opened, and the smell allowed to escape before a match is lighted. In many localities, gasoline is the only fuel of the kind obtainable for the house, and where it is handled carefully and intelligently, with a good, reliable make of range, it is a good servant. The new evaporator range is the new one appears from time to time. only one that should be used; the old They are genuine, true, and full of style, where the oil is lighted to form the gas should have no place in the

Most wives have the maternal house. The majority of housewives used, and have become slimy and

Odds and Ends

Where milk will not sour, but acquires a bitter taste, and the fault is laid to the dairyman, it is well to investigate the home treatment before making the blame too heavy. Even if one has perfectly clean vessels to start with, of the various bac. teria that infest the milk, some develop in the dark and others in the light. The daylight ones are the sour-milk makers, while the putrefactive, bitter, rancid milk is the work of the bacteria that develops in closed vessels in dark pantries and close cellars. The flavor of milk is not always amenable to the dairyman's methods, as they depend upon the season of the year and the food given the cows.

In using cold cloths on the head for headache or nausea, see that the cloths are thin and light; three or two folds of light muslin is much

Sponges are not good to use as wash cloths, but where they are

about the house, a sponge is not desirable, and a cloth which is washed and boiled regularly is much more sanitary for the bath and

To stop the unpleasant creaking of the doors, either put a few drops of oil on the hinges, or rub the edges with soap. Bureau drawers are rendered easy to draw out by rubbing soap on the edges that touch. A little oll on the rollers of furniture occasionally will make the pieces easier to shove about. The wheels should be oiled where they move, not on the outside.

The tops of old shoes make excellent strips for fastening vines to the walls; they are strong, soft and durable, and are also serviceable for lining the holders to be used about the stove. They make excellent patches for the mittens where the thumb wears out while the glove or mitten is still good. There are many uses to which the soft scraps of leather can be put.

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