

ter as it boils away; then rinse thoroughly, fill with fresh ink, screw together, and it ought to work as good as when new. Stylographic ink should be used; common ink will not do. Stylographic ink can be had at the book stores.

E. S. M.—In cities, or large towns where much soft coal is used, the water caught from the roof is very often not fit for toilet purposes, even though not very badly discolored by the soot. It has a tendency to roughen and cause the hands to chap. A pinch of borax in the hydrant water is much better.

Allie R.—Roses known to florists as "pillar roses" are not strictly "climbers." They are to be trained to a post or pillar, or to wheel or fan-shaped trellises. Climbing roses may be used, but they require careful trimming to keep them neat.

Mrs. M. L.—The dyes mentioned are claimed to be fadeless, and usually are, if used according to directions. Write to the manufacturers to know how to get the stain out; they may be able to help you. (2) Re-silvering mirrors is not always satisfactory when done at home. Will give directions soon.

Mrs. A.—Nothing is known that will make straight hair grow curly. Sometimes when hair comes out because of illness, the new hair is curly. There are harmless curling fluids that may be used for the occasion; but none of them give permanent effects.

T. H.—This is recommended for sleeplessness: Butter one or two crackers and sprinkle cayenne pepper on them; eat just before retiring. As insomnia is a very difficult thing to cure, you will have opportunity for using about everything

WHAT'S THE USE

Sticking to a Habit when it Means Discomfort?

Old King Coffee knocks subjects out tolerably flat at times, and there is no possible doubt of what did it. A Michigan woman gives her experience:

"I used to have liver trouble nearly all of the time and took medicine which relieved me only for a little while. Then every once in a while I would be suddenly doubled up with an awful agony in my stomach. It seemed as though every time I took a breath I would die. No one could suffer any more and live.

"Finally I got down so sick with catarrh of the stomach that I could not turn over in bed, and my stomach did not digest even milk. The doctor finally told me that if I did not give up drinking coffee I would surely die, but I felt I could not give it up.

"However, Husband brought home a package of Postum and it was made strictly according to directions. It was the only thing that would stay on my stomach, and I soon got so I liked it very much.

"Gradually I began to get better, and week by week gained in strength and health. Now I am in perfect condition, and I am convinced that the whole cause of my trouble was coffee drinking, and my getting better was due to leaving off coffee and taking Postum.

"A short time ago I tasted some coffee and found, to my astonishment, that I did not care anything about it. I never have to take medicine any more. I hope you will use this letter for the benefit of those suffering from the poisonous effects of coffee."

Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

recommended before finding the right one.

Mrs. F. E.—To clean the coffee-pot, inside and out, drop a tablespoonful of salsoda into the pot and pour half a pint of boiling water on it. Swab the inside out well with the liquid, and rub the outside with the same. The stain will all come off. Rinse with clean hot water, and it is ready for use.

Contributed Recipes

Lemon Ice—Two quarts of water, two pints of sugar; boil for ten minutes, and then let cool; add juice of seven lemons. When frozen to a mush, add whites of three eggs beaten very stiff, pulp of four oranges, one can of grated pineapple. (This last may be omitted if desired.)

Delicious Cookies—One pound of butter; if butter is too scarce, use part lard, but whip it until light; one pound of light brown sugar; add about three tablespoonfuls more of sugar, eight eggs, two teaspoonfuls baking powder, one nutmeg, flour to make a dough. This quantity will make at least one hundred cookies; they are certainly fine.

Angel Parfait—Place on stove in a small sauce pan one-half cupful each of water and sugar; stir until sugar is dissolved, then boil without stirring until it spins a thread; beat until stiff and dry the whites of three eggs; add to them slowly the hot syrup, beating constantly while pouring it on; use any preferred flavoring. When cold, stir in gently one pint of cream whipped stiff and drained; if there seems to be any plain cream that would not whip, leave it out. Put in a mold, pack at once in ice and salt; let stand about four hours. This is a simple and dainty dessert.

Cheese Straws—One cup of grated cheese, half teaspoonful (scant) of salt, butter size of an egg; one cup of flour, enough cold water to make a dough; mix and roll out until half an inch thick; cut in strips six inches long, half an inch wide, and bake to a nice brown.

Contributed by Mrs. S. M. B., of Columbia, Mo.

For the Toilet

Several querists have asked for information about the henna tea for dyeing the hair auburn, light or dark. It is not always, or often, advisable to dye the hair; but that must be left to the individual. Henna leaves can be had of nearly all druggists, at ten cents an ounce; an ounce of leaves is a good little bunch. It is not to be taken internally, as it is considered poisonous for internal use, I believe, but for dyeing the hair, is harmless to hair and skin. It colors the hair dark, or a light auburn, according to strength of the decoction. Steep an ounce of the leaves in a pint of boiling water; when of the desired strength let cool and strain. To know when it is of the right strength try it on a small strand of the hair in some unnoticeable place, or on a bit of clean hair combings. If very strong, it may be too dark. Have the hair perfectly clean, freshly shampooed, and allow it to get perfectly dry. Wet the hair all over with the tea, and let dry; then rinse well in clear water. Some contend that it must be applied with a tooth brush, or a comb. This formula and directions are from a specialist.

"Sulphume," used as an ingredient in the hair tonic which Mrs. T. asks about, is a proprietary article, just as listerine, vaseline, or like articles are, and is not sold by measure; but a druggist keeping it will fill a formula. It is claimed to be a good ingredient for a hair tonic.

Mrs. B. H. asks about the walnut dye. It is the hulls, peeled from the

nut itself, not the bark of the tree, which is used. As the walnut grows nearly everywhere, it should not be hard to get. But all dyes are a trouble and a vexation.

There is no known method by which the hair on the head may be made white; a switch can not be bleached perfectly white, and anything that will bleach the hair on the head will damage it.

Requested Recipes

Mrs. S. asks for "exact measurements for ingredients sufficient for one pie, without waste or left-over." This is a difficult thing to give, as some flour requires more moisture than others, her pie-tin may be larger or smaller, or else she may roll the paste thicker or thinner. She could learn the amount best by experiment at her own table. Here is a very good rule for a two-crust pie of ordinary size: One-third pound of flour, one-sixth pound of butter or

lard, half a teaspoonful of salt (scant), and just ice water enough to moisten so it will roll. Divide into two parts, handling as little as possible while making. Roll one part and put bits of butter or lard over the top, sprinkle lightly with flour, fold and roll again. Do this three or four times, until you have used half as much butter or lard as was rubbed into the flour at first. This is for the top crust; the other part is for the lower crust, and will need no further rolling or lard.

FORBIDDEN

A sailor had just shown a lady over the ship. In thanking him she said: "I am sorry to see by the rules that tips are forbidden on your ship."

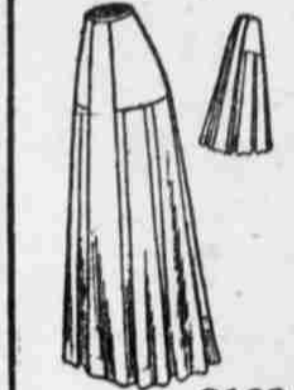
"Lor' bless you, ma'am," replied the sailor, "so were apples in the Garden of Eden."—Brooklyn Citizen.

At the present rate, the excavations of Pompeii will not be completed until 1970.—Ex.

Latest Fashions for Readers of The Commoner



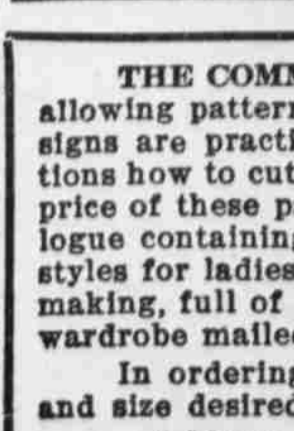
3178—Ladies' Waist, with girde and body lining. A pretty model for messaline, chiffon or crepe de chine. Five sizes—34 to 42.



3168—Ladies' Yoke Skirt, closing at left side-back seam. A stylish model for cheviot, broadcloth or serge. Five sizes—22 to 30.



2677—Ladies' Jumper Dress, with an attached two-piece skirt in Sheath style, and a separate guimpe. Mull or voile, with a guimpe of net or all-over lace are excellent developed in this style. Seven sizes—32 to 44.



3152—Ladies' Waist, with over-waist and cap sleeves in one. Messaline, satin or foulard develop well in this style. Five sizes—32 to 40.

3160—Ladies' Five-Gored Skirt. Mohair, cheviot or Panama cloth are all adaptable to this skirt. Six sizes—22 to 32.

3164—Ladies' House Gown. Flowered cretonne, challis or calico would develop to advantage. Four sizes—32 to 44.



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