

of glycerine and twelve ounces of soft water. The glycerine will keep the hair moist. Another, is one pint of best bay rum and one ounce of castor oil; this may be perfumed with a few drops of any desired perfume. Shake well before using, and do not use too plentifully. These dressings are for the hair—not the scalp.

Pruritus, or Itching

Several have asked for a remedy for this distressing affliction. It is not a disease of itself, but a symptom of so many unhealthy states of the system, that there has arisen a formidable list of prescriptions and suggestions for its treatment, none of which may be just what the sufferer's condition calls for. A great deal of itching is caused by eczema, which is a disorder of the skin, and there are two forms of this; one is called "dry" eczema, scaly, which gives rise to a most persistent and distressing itching hard to overcome. Another is called senile pruritus, as it attacks only old people whose circulation is defective, and whose skin becomes atrophied and thin. In many of these cases, it will be found that there is very little perspiration, and this has much to do with the constant irritation of which old people complain, and which often threatens the health because of nervous irritation and loss of rest. Often, anything that will restore perspiration will relieve the distress. In "nervous" itching, where the skin has not been broken, relief can often be had from the use of menthol externally, but this will not cure. Only attention to general health, and wearing underclothing which will not induce the affliction, can be generally recommended, aided by the advice of the physician. In many cases, one of the best remedies is the application of hot water—just as hot as can

be borne, and salt, or borax, or soda may be added, if it is found beneficial to do so. Ammonia is sometimes found good to use in the hot water.

Stair Carpets

Before laying the carpet, pad each step with some old pieces of carpet, worn-out bed-comfort, or even several thicknesses of newspaper, bringing it well down over the round of the step, in order to save the wear of the carpet. The padding on the step will make climbing the stairs much easier on the feet. Fold in at each end of the carpet a half yard or more, and when it is to be laid again, this will admit of moving the carpet up or down, and save the carpet from getting worn and shabby on the turn of the step.

Query Box

F. M.—For the lighter forms of erysipelas, a mixture of equal parts of sweet oil and turpentine painted over the surface two or three times a day, is of unsurpassed efficacy.

H. G.—The ringworm is easily cured. Paint the affected surface two or three times a day with colorless iodine; or, wet up common black gunpowder with a little vinegar and apply twice a day.

M. M.—In washing windows, it is claimed that the cold water soaps, containing gasoline or naphtha, will clean quicker and better than hot water and soap, which latter is apt to leave the glass streaked. Do not wash while the sun is shining on the window.

Fannie—For the ordinary wash shirtwaist, the bishop sleeve, with a cuff anywhere from three to six inches deep, will be right. A seven-gored skirt is to be preferred, as, if fewer gores are used, the skirt is apt to sag in places after washing.

Mrs. L.—A cement that is said to resist the action of water, hot or cold, and which can be used effectively for mending almost anything, is made of litharge mixed with glycerine to the consistency of cream or very soft putty. With this, jars, or coarse earthen ware, can be mended; leaks in tin pans, wash boilers, and cracks in kettles, and various other breaks can be mended satisfactorily with it. The edges to be joined must be perfectly clean, and after applying the cement, should not be used for a week or more, as the cement must be allowed to perfectly harden.

The Newcomer

It is said that the best test of a neighborhood's courtesy is its treatment of the new comer. It is not always desirable to form the acquaintance of newcomers, as all newcomers are not desirable acquaintances. But it will not take a very great while, or very close observation to decide upon this. In many neighborhoods, especially in large towns and cities, the newcomer is treated like an intruder, and sometimes it is years before she is recognized by the people among whom she lives. Especially is this so, if she be modest, retiring and unobtrusive—qualities which should recommend her at once.

Requested Recipes

Maple Sugar Biscuits—Sift four cupfuls of pastry flour (or a little less of bread flour) with two rounded teaspoonfuls of baking powder, a tablespoonful of sugar and a teaspoonful of salt. Rub into the sifted flour a piece of butter (or nice lard) the size of an egg; then stir in gradually two cupfuls of sweet milk; add last of all, half a cupful of maple sugar, shaved fine. Stir the dough as little as possible, turn out on a floured breadboard and spread with the hand, then cut into shape with a biscuit cutter and lay in a pan; bake

in a quick oven until brown, which should be but a short time.

Breakfast Toast—To one egg well beaten add one cupful of new milk; slice the bread—stale bread is best—and dip each slice into this mixture, first one side, then the other, quickly; have the griddle hot with two tablespoonfuls of butter in it; put the bread in this and fry brown on both sides; serve at once.

French Fruit Salad—Peel and cut into small pieces three oranges, three bananas, and an equal amount of pineapple; fill lettuce cups (made of fresh lettuce leaves) with alternate layers of the fruit, dress with salad dressing, garnish with English walnut meats and serve with cheese wafers.

For the "Between-Season"

Creamed Parsnips—Peel and halve as many parsnips as liked; put over the fire and cook in a little water until tender, adding several slices of nice fresh, or fresh salt pork; or the parsnips may be cooked alone, then laid in a bake pan and the slices of meat laid over, then baked. There should be a cupful of water in the kettle when the parsnips are done, and this should be thickened with a large tablespoonful each of butter and flour rubbed together, with the yolk of one egg, then stirred into the boiling water; pepper and salt to taste. Parsnips may also be boiled until tender, letting the water nearly all boil away, then seasoned, mashed, made into little cakes and fried.

Warming Over Cold Beef—Put into a stew pan water or beef broth enough to cover the sliced cold beef, but do not add the beef; add to the broth a cupful of canned or stewed tomatoes, salt, pepper and a tablespoonful of butter, boil up well, then stir into it a tablespoonful of flour wet up with a little cold water; boil up again, then add the slices of beef, and set where it will keep hot until the beef is heated through, then serve.

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