A Sign

of poor blood circulation is shortness of breath after walking, going up stairs, sweeping, singing, excitement, anger, fright, etc. Poor blood circulation means a sick heart, and a sick heart is the result of weak and impoverished

Everyone knows the results of poor blood circulation, but everybody does not know that the quickest and safest treatment is Dr. Miles' New Heart Cure.

If you find these symptoms present you should not neglect them, but at once procure a bottle of

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It will cure, and at a very little expense, compared with doctor's bills. We are so sure of it, that if the first bottle does not benefit, your druggist will return your money. It will do for you what it has done for thousands in like instances.

"For two months I walked on the edge of the tomb from weak heart, poor blood circulation and nervous prostra-tion. Dr. Miles' New Heart Cure, and Nervine gave me back my health."-REV. W. A. ROBINS, Port Elgin, Ont.

Weak Instep causes pains through the feet and legs similar to rheumatism, You can pre-vent all this by wearing the

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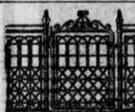
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Cigars, Manufacturer to Consumer 50 Henry O., \$2; 100, \$4; sent anywhere, express prepaid. They are 4 1-2 inch, hand-made, perfects shape, long filler, Sumatra wrapper; look, smoke and taste like 10 cent cigars. HENRY W. OVERBECK, 4036a Labadio Ave., St. Louis, Mo.

Canned Fruit 8c to 10c Quart Just as You would like it right in your own home. Send stamp for particulars. Twelfth year shipping. J. M. LANCASTER, H. C. LANCASTER, Grower, Box 25, Box 25, Bunker Hill, Ill.

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SECURED OR FEE PATENTS RETURNED Free report as to Patentability. Illustrated Guide Book, and List of Inventions Wanted, sentfree, EVANS, WILKENS & CO., Washington, D. C.

Unexpectedly Summoned Abroad - Must dispose of my 1909 Model M, 7-passenger White Steam car; equipped with cape, folding top, folding wind shield, five lamps and gas tank. Has not been driven 300 miles. Car cost me \$4,250. Will sell for \$2,750. Address Dept. A, Commoner, Lincoln, Neb.

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Good pay, steady work and promotion. Experience
unnecessary as we will give complete instructions.
Danville Tobacco Co., Box R 56. Danville, Va.





-TRY MY DOCTORand get well and strong. I had been sick five years, lost 40 pounds, kidneys diseased, skin sallow, no appetite, bowels costive, nervous, weak and discouraged. Doctor Shafer made me well and strong.

MRS. MARY HAUSMAN, 715 Idlewood Ave., Carnegie, Pa.
You can be cured at home. Consultation free. Send urine for analysis. Mailing
case for urine sent free. Charges for treatment low. DR. J. F. SHAFER,

Penn Ave., Pittsburg, Pa.

ELECTION OF SENATORS BY THE the questions upon which one can PEOPLE

(Continued from Page 11)

Texas, Arkansas, Tennessee, Kentucky, Oregon, Illinois, Wisconsin, Washington, North Dakota, South Bakota, Nebraska, Missouri, Iowa, New Jersey, Montana, Kansas, Ohio, Oklahoma, Michigan, Nevada and California) have broken at least the spirit if not the letter of the constitution by electing their senators by popular ballot in some form or

The oft repeated will of the senate to abide by the old mode of choosing senators has caused these states to pass measures by which they may have their wishes granted and still remain within the constitutional limitations. As many different modes are found in as many different states, but after a careful examination of a number of them it seems that the state of Oregon has, in what is known as the Oregon plan one of the best and most incorruptible statutes of its kind ever enacted. Only that part which relates to the election of United States senators concerns us here and I shall state it briefly.

When a candidate seeks a seat in the legislature, among other things, every man who believes in preservhe must place in his platform the ing the sovereignty in the hands of promise to the people of Oregon as the citizens will favor this amendwell as to the people of his own legislative district, that during his term of office he will always vote for that candidate for United States senator in congress who has received has been proposed than this change the highest number of the people's votes for that position at the general election next preceding the election of a senator in congress without regard to his individual preference, or else he must state that he will consider the people's vote in the primaries only as a recommendation which he shall be wholly at liberty to disregard if the reason for doing so seems to him sufficient.

You can readily see that the candidate on the first platform has a far better chance of being elected than the one on the second platform, all other things being equal.

The validity of this law was recently tested for the first time. At fair at Lincoln, September 6 to 10, the primaries victory justly went to have again secured the world re-Governor George E. Chamberlain, a nowned Liberati's band of New York. democrat, a man of remarkable ability; a man who has done more for Oregon than any one before him, and concert each evening in front of the a man who, in the logical sequence of things, deserved to be thus honored. Governor Chamberlain was elected at the polls and as usual a republican legislature was chosen. Now here was an odd state of affairs-a legislature pledged to elect a man not of its own party. But true to their pledge and their manhood they did exactly that thing and Mr. Chamberlain came to Washington to take the oath of office. Here a number of other senators had tried to set up constitutional objections to his being seated, but they had absolutely no case and were utterly helpless; and as a result the Hon. George E. Chamberlain sits in the United States senate, a vindication of the people's rights, and Oregon is represented by her greatest citizen.

PART IV

These illustrations show just two purposes-first, the necessity for a change as changes become necessary, and second, that we should not al-ways yield blind obedience to a theory simply because it is sanctioned by long observance, but of course we ought not make a change unless there is some reason for a

change. It was said of Charles Sumner that other side of the question. "The other side," was Sumner's scathing retort, "There is no other side." But Washington Evening Star.

pass such sweeping judgment are rare indeed and we have not attempted to do it here.

While we recognize that this is somewhat of a debatable question and that there are arguments on either side it seems to us that we have conclusively proven our proposition and by successfully answering the main argument of our opponents, that our plan was rejected in the constitutional convention and that it contravenes the cardinal tenets of the fathers, we have taken from them the very backbone of their support by submitting as irrebuttable evidence the very minutes of the convention of 1787.

Never before has the opinion been so widespread that the senate is sadly in need of repair; that the repairing will never be done by the senate itself is a foregone conclusion; but listen to these it can only be accomplished by the concerted action of the people.

Any man who seeks a senatorship by honorable means, and for patriotic purposes; every man who believes in a republican form of government, of the people, by the people, and for the people; every man who has confidence in the sound judgment of the American people; ment, for it should be the aim of every good citizen to bring our government closer to the people, and no more feasible and sensible method in the election of United States senators.

The voice of the people is the voice of God.

Respectfully submitted, EARL JOHN MOHN, '10. Washington, D. C., May 15, 1909.

NEBRASKA STATE FAIR

The Nebraska state fair will open at Lincoln, September 6, continuing to September 10. The attractions this year are said to be the most complete ever offered. The following statement will be of special interest: "The managers of the state They will give three grand concerts in the Auditorium every day and one grand stand. Besides the band he has with him a full complement of grand opera singers. To those who have attended the state fair the past two years that is announcement enough."

THE POINT OF VIEW

"This man is not insane," said the lawyer, "and never has been. To keep him in an asylum is a blow, sir, directed against human rights, an assault upon the sacred institution of liberty, an-

"But did you not prove last week, when he was on trial for murder. that he had been from birth a raving lunatic?" interposed the court.

way. "Surely," he said, "your honor would not have it believed that this in best parts of State, apply to The lawyer smiled in a superior court is on the intellectual plane of that jury."-Philadelphia Ledger.

CONTINUAL DOUBT

"How many children have you?" said the tourist affably. "I dunno exactly," answered the

tired-looking woman. "You don't know?"

"Not for certain. Willie's gone fishin', Tommy's breakin' in a colt, during the debate of a great public George's borrowed his father's shotissue an opponent once reproached gun to go huntin', an' Esmeralda the "Goodform" Ready-to-Wear "Garments" for the "well dressed woman." Write for special circular parts of the "well dre know how many I've got till supper time comes, so's I can count 'em."-



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the life of any other roofing. It is strictly a Trinidad Lake Asphalt roof. 3-It needs no coating, either at time of laying

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 6-It is acid, fire and fume proof from the under side.

It is more pliable; hence more easily laid than any other roofing. 8-It is cheaper and better than shingles; they

9-It is equipped with the "Kant Leak Kleet,"
the only perfect roof seam ever invented
10-It is the most sightly roof, when laid with
the "Kant Leak Kleet," and is absolutely
water-proof and wind-proof.

Our claims for Green Flag Spar Roofing are backed by a \$1,000,000 legally binding guarantee. No other roofing in the world is backed so strongly by the makers. And, remember, you can get the "Kant Leak Kleet" Seam (free) only with this roofing. Don't let the Dealer talk you into something else that pays him a better profit. Insist on "Green Flag" and you will get it.

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