glass and set in strong sunshine all a week. On other mornings, rub heated in this mixture, then put into day, bringing into the house at night with a crumpled newspaper, or with jars or bottles and seal, though they before the dew falls, but not uncov- a cloth wrung out of the dish- will keep without; but it is always ering. Repeat this for three days, until the fruit is transparent and tender. If a rainy time should set other column I am giving you the in, place the plates in the oven, which methods for removing vermin from must be quite cool. Fill the tumb- the hair. Children carrying the pests lers by lifting the fruit with a perforated spoon; boil the syrup down until quite thick and pour over the fruit, sealing tight. To do this well, practice and care must be had.

For crystalizing fruits, boil one cupful of granulated sugar and one cupful of water together for half an hour; dip the point of a skewer into the syrup, then into cold water; if the thread formed breaks off brittle, the syrup is ready. The syrup must be boiled slowly and not stirred. When done, set the sauce pan into boiling water to keep the syrup from candying. Have the fruit prepared, and take each piece up on the point of a long needle-a new hat-pin, fine knitting needle, or long darning needle will do; dip into the syrup and lay on a buttered dish. Oranges cut into eighths, cherries, grapes, and other small fruits used whole; cherries stoned or not, as one chooses; pineapple peeled, sliced and cut into sections, and many other fruits may be used. When finished and cold, sprinkle with powdered sugar and pack in paraffin paper.

Query Box

Mrs. C. C. B .- Have been unable to find the words of the old song for

Mrs. J. T .- I fear I can give you no more information regarding the use of baker's ammonia than has been given. It does not seem to be in general, or even common use.

I. M .- For keeping the stove or range clean, melt an ounce of beeswax and one of paraffin wax in three cupfuls of water; while hot, go over all the parts-iron and nickel, with

IT WORKS

The Laborer Eats Food that Would Wreck an Office Man

Men who are actively engaged at hard work can sometimes eat food that would wreck a man who is more closely confined.

This is illustrated in the following story:

"I was for 12 years clerk in a store working actively and drank coffee all the time without much trouble until after I entered the telegraph service.

"There I got very little exercise and drinking strong coffee, my nerves grew unsteady and my stomach got weak and I was soon a very of green tomatoes and cut into sick man. I quit meat and tobacco eighths; remove the leaves from one and in fact I stopped eating every- large bunch of celery, scrape the thing which I thought might affect stalks and cut into three-fourths a wreck.

menced to use Postum a few years one head of cauliflower and soak, ago and I am speaking the truth head down, in cold salted water to menced to improve immediately and arate the florets and parboil for five today I am well and can eat anything minutes, and drain; mix the vege-Postum.

I could digest a brick if I had a cup vegetables simmer in the same brine, of Postum to go with it.

"We make it according to direcuse good rich cream and it is certainly delicious."

famous little book, "The Road to Wellville."

"There's a Reason."

one appears from time to time. They in a double boiler, stirring constantare genuine, true, and full of human ly at first, and afterwards occasioninterest.

these with clean panes of window a cloth dipped in the mixture, once Have the vegetables thoroughly the Indian pickle, to one gailon of water.

> "Subscriber" and Others-In anshould be excluded from the schools until clean.

G. O. B.—The recipe for carron oil is here given: Take a piece of egg, for one quart of water. The water will hold only a certain quantity of lime in solution, so it can not be too strong. When the lime is turtium seeds, martynias, garlic, pour into a stone jar and put in such slacked and settled, pour the clear horseradish, and any other vegetables water carefully from the sediments, and into this water beat enough linseed oil to form a creamy emulsion; then bottle and keep for use. When applied to burns it will draw out be prepared to suit one's fancy, either that they do not need to be soaked the fire, ease the pain and heaf.

good." The taffy sold in stores is 'pulled' by machinery. Two teacupfuls of granulated sugar and onehalf cupful of water; one teaspoonful of vinegar, one teaspoonful of cream tartar and one tablespoonful of butter. Boil without stirring for twenty minutes. If stirred, the syrup will return to sugar on cooling. Try the syrup as you would any other, and when cool enough pull until white, working in any desired flavor a few drops at a time while pulling. If allowed to boil too long, it will be brittle.

For Parasites in the Hair

Answering "Subscriber" and Others: Get ten cents worth of fish berries at the drug store, put them into a pint of whiskey or alcohol and let stand over night. Wet the scalp and hair well with the liquid next morning, or if preferred, the next night. One or two applications are enough. A strong tea of the berries, using water, is said to be good. The next day, wash the hair well in vinegar (it will not hurt it), and this will dissolve the gelatine covering of the nits and kill them, and the hair will be clean.

Another: Rub powdered cevadilla well into the roots of the hair. A decoction of stavacre seeds (bruised and steeped in vinegar) will kill them; a tablespoonful of the tincture of stavacre in a half pint of water and the head well washed with this will kill both lice and nits, and stop the intolerable itching which the parasites cause.

Mustard Pickles

Several of our readers have asked for this recipe. Clean two quarts me except coffee, but still my con- inch pieces; wipe six green peppers dition grew worse and I was all but and cut in slices, removing seeds; slip the skins from one quart of but-"I finally quit coffee and com- ton onions; remove the stalks from when I say my condition com- cover for twenty minutes, then sep-I want without any bad effects, all tables and pour over them a brine due to shifting from coffee to made of two cupfuls of salt and four quarts of water; cover, and let stand "I told my wife today I believed over night. In the morning let the taking care that the vegetables do not get over-cooked, and when tentions, boiling it full 20 minutes and der, drain. Mix one cupful of flour, eight tablespoonfuls of mustard, and one tablespoonful of tumeric, and Look in pkgs, for a copy of the add cold vinegar slowly while stirring constantly until a smooth paste is formed. Then add one cupful of sugar and two quarts of vinegar and Ever read the above letter? A new cook the mixture over hot water, or ally, the same as boiled custard.

better to be sure

Odds and Ends Pickles

For the "odd lots" pickles, use tiny ears of green corn, small cucumbers, florets of cauliflower, tiny carrots, cup-up hearts of hard white cabbage, tender snap and wax beans, small silver onions, radish pods, small unslacked lime about as large as an radishes, small green tomatoes, a few green peaches pulled before the stone hardens, small green muskmelons, all kinds of small green peppers, nasat hand, but all must be very small and very tender. The vegetables may be added to the jar at odd times jar and add them as they come in as you have them. The vinegar may W. H. C.—This may not be the meric or mustard as for yellow, or and put into the jar of vinegar. recipe you want, but it is "just as an Indian pickle may be used. For Good Housekeeping.

vinegar add two and one-half ounces of salt, one-half pound of ground mustard, two ounces of tumeric, three ounces of sliced or pounded white ginger, one ounce of cloves, one-half ounce of mace, black and white pepper, each one-fourth ounce of cayenne, four ounces of peeled eschalots and one ounce of garlic. Put the vinegar on to heat; when it reaches the boiling point add the mustard and tumeric mixed smooth with a little cold vinegar, and stir until it is well blended with the vinegar, then take from the fire and add other ingredients. When cold, vegetables as you may have ready; Then tie the jar very closely. As you have other vegetables, open the season. They should all be so small plain, spiced, with or without tu- in brine. Just wash well, if needed

Latest Fashions for Readers of The Commoner



2904-Ladies' Shirt Waist, with long or seven-eighths length sleeves. Sheer white batiste was used for this charming model trimmed with insertions of Valencinnes lace. Seven sizes-32 to 44.

blouse with neckband, and sleeves plaited at bottom or finished with wristbands; and knickerbockers. Adaptable to serge, fiannel, linen or duck. Five sizes—5 to 13 years.

2913-Misses' Bathing Suit, closing in front and having Empire back, consisting of a blouse having an applied plastron yoke, a three-piece plaited skirt joined to the blouse, and separate chemisette and bloomers. Flannel or mohair are the best mediums for suits of this description. Three sizes-13 to 17 years.

2881-Misses' Shirt Waist, with one-piece plain sleeves or regulation shirt sleeves. A very neat model for linen, lawn, madras or China silk. Three sizes-13 to 17 years.

2905-Boys' Russian Suit, consisting of a blouse with permanent turndown collar, and sleeves plaited at bottom, or finished with wristbands; and knickerbockers. Serge, flannel, chambray, linen or duck all develop well in this style. Four sizes-2 to 5 years.

2882-Ladies' Princess Combination Corset Cover and Open Drawers, closing at front or back and with circular or straight ruffle. A very dainty model for Persian or Victoria lawn, jaconet, nainsook, batiste or China silk. Seven sizes-34 to 46.



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