touch the glass on all sides, shutting ness of one-fourth inch of melted closely, and cover the tops with a using equal parts of soft water and away all air. Then cover the top paraffine wax, to keep off mold. Put layer of fresh, green grape leaves, apple cider, set in the sun, covered of the glass with a circle of writing on lids, or cover with writing paper. leaving half an inch or more at the with mosquito netting, and if it does paper slashed about the edge and If for any reason the jelly is not top for the vinegar. Prepare vinebrushed on the under side with white firm enough, set in the hot sun a gar as follows: Strong vinegar of an egg; the egg-white will act as few days before putting on the paraf- enough to cover, one ounce each of drop in the vinegar, and it will soon a mucilage and preservative, and this fine. If the fruit is in right condicombination covering will keep the tion, and directions followed closely, contents of the glass in prime con-the jelly will be all right. dition.

Rules for Making Hard-Fruit Jelly

First, wash the fruit, and for apples, peaches, pears, and quinces, slice without peeling, but if very light color is wished, core them. Of course, all imperfect spots must be removed. Put the fruit on in porcelain-lined vessel with water just to cook until tender. Have a bag of flannel or thin unbleached muslin and pour the fruit into this and hang up to drip. A little pressure with a silver spoon in order to liberate all the juice is permissible. When all juice is extracted, weigh the juice and place over the fire again, and when boiling commences look at the clock. It must boil twenty-five minutes. Have as much nice white sugar by weight as you have juice, and when the juice has boiled ten minutes, put the sugar in a tin pan and heat in the oven-not scorching or browning, stirring until hot. Then take out and pour into the boiling juice and the sugar should be hot enough to "sizzle" when put in. Boil ten minutes with the sugar, making twenty-five minutes in all. Have a small pitcher with a piece of cheesecloth tied over the top, and strain the hot jelly through; this will give it a sparkle. The pitcher should be hot when the hot jelly is strained into it. Then pour from the pitcher into the hot jelly glasses, and work rapidly at this stage, in order to have the jelly clear and sparkling. Set away to cool. When cool, pour over the top of each glass a thick-

AN OLD TIMER Has Had Experience

since it came upon the market knows ting the iodine dry in. Five cents from experience the wisdom of using worth of the iodine will last a long Postum in place of coffee if one val- time, but must be well corked, as ues health and a clear brain. says:

"At the time Postum was first from nervous dyspepsia, and my physician had repeatedly told me not to use tea or coffee. Finally I decided to take his advice and try it carefully prepared, finding it delicious to the taste. So I continued its use and very soon its beneficial effects convinced me of its value, for I got well of my nervousness and dyspepsia.

coffee all his life until it had affected by rubbing the cut side of a ripe his nerves terribly, and I persuaded tomato on the stain. him to shift to Postum. It was easy to get him to make the change for the Postum is so delicious. It certainly worked wonders for him.

"We soon learned that Postum does not exhilarate or depress and honestly strengthens the nerves and the stomach.

entire family continued to use Postum with satisfying results and we have noticed a rather unexpected improvement in brain and nerve power. bottleful a tablespoonful of olive oil.

Increased brain and nerve power always follows the use of Postum in small cucumbers over-night in meplace of coffee, sometimes in a very marked manner. "There's a Reason." Look in pkgs, for the famous little

book, "The Road to Wellville." Ever read the above letter? A new one appears from time to time, They are genuine, true, and full of human interest.

To can rhubarb by the cold process, this is recommended: Cut in small pieces, using only nice, tender stalks; have the jar perfectly clean, pack in the rhubarb tightly, cover with fresh, cold rainwater, loosely screw on the lid and leave until next day, then pour on rainwater to fill the jar, as the water will go down. two large peppers chopped fine, Overflow with the water, then screw cover the fruit, cover closely and on the lid tightly, and set away in the dark. Rainwater is better than "living" water as to keeping qualities.

For the Toilet

The following is said to be a delightful tonic and one that is easily enjoyed: The tonic is a saturated salt bath, or, if the salt is too strong, use less salt at first. At least it should be quite a strong brine. After preparing the salt bath, drop into it a dessert spoonful, even half that quantity, of tincture of benzoin, which will cost about ten cents an ounce. If convenient, drop benzoin into warm water first, stirring, then adding to the whole. Salt is a disinfectant, and may be used in the bath with or without soap. The benzoin will produce a delightful odor, resembling a commingling of roses and violets, and it is also a skin beautifler. While salt will whiten the skin and render it smooth, the benzoln will add the qualities of softening and cooling it. Do rubbing while in the bath, and when you step out dry lightly and quickly with a soft coarse linen towel, and the odor will cling to the person for hours. This is a good bath for the face, but may be too drying if used too freely, especially for a skin which is naturally very dry.

For corns and bunions, paint several time a day with colorless iodine, A woman who has used Postum using a small paint brush, and letthe iodine is apt to eat the cork; the brush will probably cost five or ten cents. This will take the soreness put on the market I was suffering out of the enlarged joint, and if loose shoes are worn, the bunion will not be troublesome. This is good also for soft corns. But it is useless to expect good results if after two Postum. I got a package and had or three applications, the remedy is neglected. It is well to soak the foot before using the iodine, if convenient.

To remove the stain of sweet potatoes from the hands, rub with coal oil, then wash with soap. Many "My husband had been drinking stains can be removed from the hands

Some Good Pickles

Onions - Take Pickled onions, peel them, scald them in strong salt water for a few minutes, then lift out with a skimmer. Strew does not stimulate, but steadily and over the onions whole pepper and white mustard seeds, then take enough good vinegar, boiling hot, to "To make a long story short, our cover them, and pour over; let stand until cold, pack in wide-mouthed bottles when cold and cork closely. Before corking, pour on the top of each

> Sweet Cucumber Pickles Soak dium strong brine. In the morning drain and pour over them boiling hot vinegar, which has been diluted with one-third water. Let stand uncool enough to handle, pack into glass fruit jars with bits of horseradish root and one or more (as liked) green pepers to the jar. Pack

cassia buds, ginger root and any other spices liked (but this will make it very nice), with three cupfuls of sugar to a gallon of vinegar. Bring this to a good boil and pour over the pickles, filling the jars full, and crowding out all air-spaces among the pickles. Seal as canned goods.

Tomato Relish-One peck of ripe tomatoes sliced and put to drain; add two cupfuls of chopped celery; two cupfuls of brown sugar, one-half cupful of salt, two ounces of whole white mustard seeds, one quart of vinegar. If liked, chopped cabbage grapes, and even of those touched may be used. This requires only slight scalding, and putting in cans that they require but half the amount while hot and sealing up.

Good vinegar may be made by in the season.

not sour readily, make a little corn meal dough, tie it up in a cloth and

Helpful Items

A reader recommends this: To keep mold from gathering on the top of gooseberries, put a lump of lard on the top of the berries just before putting on the lid and sealing; this can be thrown off when the can is opened, and lard will not impart its taste to gooseberries.

In making marmalade, add sugar until it is sweet enough to suit you, put into cans and seal. Grape marmalade should be made of dead-ripe with frost. They are then so sugary of sweetening usually needed earlier

Latest Fashions for Readers of The Commoner

2949-Ladies' Shirt-Waist, with



or silk. Seven sizes-32 to 44. 2938-Ladies' Six-Gored Skirt. with Raised Waistline. An excellent model for linen, either in white or

Six sizes-22 to 32.

out Back-Yoke Facing. A service-

able model for linen, madras, lawn

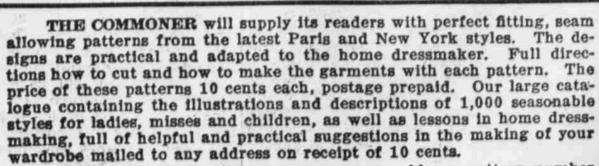
2937-Misses' Shirt-Waist Suit. Consisting of a Shirt-Waist Having One-Piece Plain or Regulation Shirt Sleeves, and an Attached Five-Gored Skirt. A pretty and simple little model for a girl's every-day frock of chambray, linen, lawn or gingham. Three sizes-13 to 17 years.

2922-Ladies' One-Piece Circular Corset-Cover, with or without Peplum. Thin cambric, lawn, batiste, nainsook, jaconet or China silk are suitable materials for this model. Seven sizes-32 to 44.

2929-Girls' Envelope Dress, Closing with Buttons at each Side and Having a Separate Guimpe. Chambray, gingham, lawn, batiste or cotton voile are all good materials for this dress, with a guimpe of embroidered batiste or plain nainsook. Five sizes-4 to 12 years.

2950 - Ladies' Semi-Princess Dress, with an Attached Five-Gored Skirt. This attractive model is made up in fine batiste with English embroidery insertion or it may be made in colors if desired. Seven sizes-32 to 44.





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