

by experiment—have the point of the soldering iron so hot that it will "siss" loudly when dipped in the acid, rub the point on a piece of sal ammoniac, touch it to the solder, taking up a drop, and spread rapidly over the hole. To do the job perfectly will require practice. Yet it is worth while.

For a good carbohc salve, take two and one-half ounces of white beeswax, eight ounces of linseed oil, and three drams of carbohc acid; melt the oil and beeswax together in a double boiler, add the acid and stir with a stick until well mixed, then pour into wide-mouthed bottles or small boxes. This is good for "man and beast," and will keep indefinitely. It sells well among the neighbors. Turpentine salve is made of equal parts of sweet oil, white beeswax and turpentine, prepared as the above. This is excellent for burns, and for taking the soreness out of the flesh.

White and enameled and brass

Is This Fair

Certain Proof Will be Made That Stuart's Dyspepsia Tablets Cure Stomach Trouble

THIS EXPERIMENT FREE

Stuart's Dyspepsia Tablets are made to give to the system, through the digestive tract and the stomach, the necessary chemical not only to digest food, but to enrich the fluids of the body so that it may no longer suffer from dyspepsia or other stomach trouble.

We will send you a quantity of these tablets free, so that their power to cure may be proven to you.

Thousands upon thousands of people are using these tablets for the aid and cure of every known stomach disease. Know what you put into your stomach, and use discretion in doing so.

Stuart's Dyspepsia Tablets contain fruit and vegetable essences, the pure concentrated tincture of Hydrastis, Golden Seal, which tone up and strengthen the mucous lining of the stomach, and increase the flow of gastric and other digestive juices; Lactose (extracted from milk); Nux, to strengthen the nerves, controlling the action of the stomach and to cure nervous dyspepsia; pure Ascetic Pepsin of the highest digestive power and approved by the United States Pharmacopoeia.

One of the ablest professors of the University of Michigan recently stated that this pepsin was the only acceptable pepsin he had found that was absolutely pure—free from all animal impurities; Bismuth, to absorb gases and prevent fermentation. They are deliciously flavored with concentrated Jamaica Ginger—in itself a well known tonic.

Liquid medicines lose their strength the longer they are kept, through evaporation, fermentation and chemical changes, hence Stuart's Tablets are recognized as the only true and logical manner of preserving the ingredients given above in their fullest strength.

If you really doubt the power of these tablets, take this advertisement to a druggist and ask his opinion of the formula.

It is due your stomach to give it the ingredients necessary to stop its trouble. It costs nothing to try. You know what you are taking, and the fame of these tablets prove their value. All druggists sell them. Price 50 cents. Send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Co., 150 Stuart Building, Marshall, Mich.

bedsteads are cleaned by soaking a flannel cloth in olive or sweet oil, and rubbing the furniture with it, polishing it off with a clean dry cloth. Spots may be taken from furniture by rubbing with a soft cloth dampened with turpentine, rubbing it off quickly and thoroughly.

An excellent furniture polish is made by mixing two parts of linseed oil with one part of strong vinegar; apply this with a flannel cloth, and polish with dry flannel. For good results from any polish, vigorous rubbing must follow the application. All oils not absorbed by the wood must be polished off, or it will be "smeary."

For the Seamstress

Wash goods that are not carefully laundered suffer from contact with the suds, and many of them shrink noticeably after the first washing. A little care when the dress is made will prevent much of this. When cutting out the garment, especially the skirt, let there be an extra length of an inch or more than the right length of the finished skirt. The extra length may be run in the hem in the form of a tuck on the wrong side, and after washing this can be let down before the skirt is laundered.

In making up the new dressy waists, the collar must be very high and finished with pleated frills or ruffles.

The newest walking skirts are made in the plainest styles, clearing the ground by about two inches. The long sleeve is seen in all sheer frocks and the sleeve tucked regularly or in groups are the popular style.

Many of the new guimpes for ordinary occasions are being made without collars, the neck being rounded to suit the wearer. As the round neck is not suitable or becoming to every one, great pains should be taken to make them suitable as possible.

For children, the guimpe dress is very popular, and is also very simple; they are shown in cottons, and other wash goods, either with or without trimming, though embroidery is extensively used. The guimpes may be omitted in quite warm weather.

Culinary Kinks

When soda is used to act as a leavening agent and at the same time to correct the acidity of milk, the rule is, from three-fourths to a whole level teaspoonful to a pint of milk—two cupfuls. The soda should be dissolved in as little water as possible and then stirred into the milk, and the dough mixed as quickly as possible and baked. "Soda" biscuit requires a longer baking with a gentler heat than dough made with baking powder. Sour milk corn bread requires quick, thorough baking.

Milk that is so sour as to call for more soda to correct the acidity should not be used for bread-making, as it will not have a good flavor. The sooner milk is used after having formed a firm, solid curd or clabber, the better flavor the baking will have. Fresh buttermilk is ideal for cookery use, but milk of any kind that has stood for a number of days, or until it has a bad smell, should be turned into the pig trough.

Where but a small quantity of sour milk is used, finishing with water for wetting up, only just enough soda, in the above proportions, should be used to neutralize the sourness, leavening with baking powder for the rest. An excess of baking powder would, at worst, act merely as a mild purgative, but an excess of soda seriously retards digestion.

Cheese, when fully "ripe," and in

moderation, is claimed to furnish more nutriment to the system than meat, while much less expensive. As cheese is highly concentrated, it should not be eaten in large quantities, and should always be accompanied by some carbonaceous foods, as bread, or crackers. Fresh new cheese is more digestible if cooked.

For a nutritious meal for a delicate stomach, put one pint of fresh, sweet milk in a double boiler, let get quite hot, and stir quickly into it one whole, well-beaten fresh egg; pour into cup or tumbler immediately and sip with a spoon while still quite warm. It should not be allowed to curdle.

Do not leave the coffee pot standing on the stove, or elsewhere, from meal to meal, only turning out the grounds and rinsing with cold water before using. Wash and scald it as soon as used.

Failure

to cure indigestion is largely due to the old theory that when the stomach becomes inactive it needs something to mechanically digest its contents, and cathartics, purgatives, etc., are used, which give only temporary relief, because they digest by irritating the lining of the stomach.

Modern science recognizes the fact that it is the nerves that furnish motive power to digest the contents of the stomach.

The nerves agitate and mix the food, and stimulate the secretions. When they become weakened they lack energy, and indigestion, dyspepsia, sour stomach result.

Dr. Miles' Restorative Nervine

will relieve obstinate cases of indigestion, dyspepsia and stomach trouble by strengthening these nerves.

"I had severe stomach trouble. Dr. Miles' Nervine, and Nerve and Laxer Pills cured me. I can now eat anything without trouble."

L. C. O'BRIEN, Winston-Salem, N. Y. The first bottle will benefit, if not, the druggist will return your money.

Latest Fashions for Readers of The Commoner



2751—Ladies' Dressing Sack. Challis, cashmere or any of the pretty silks make up charmingly in this simple but stylish model. Four sizes, 32, 36, 40 and 44.



2764—Girls' Dress, with Guimpe. This is an excellent model for any of the bordered materials as well as plain goods, and will develop well in cashmere, challis or serge. Five sizes—6 to 14 years.



2763—Ladies' Shirt Waist, with One-Piece Plain Sleeves or Regulation Shirt Sleeves. A very neat model for wool-batiste, Victoria lawn, nainsook, linen, taffetas or challis. Seven sizes—32 to 44.



2782—Misses' Semi-Fitting Coat, in Three-Quarter Length. This is an excellent model for broadcloth, chevot, serge or heavy linen. Four sizes—14 to 17 years.



2470—Girls' and Childs' Apron. Chambray, gingham, linen or percale make up well in this style. Five sizes—1 to 9 years.



2414—Ladies Circular Open Drawers, in Garter Length and with Fullness at Back or Habit Style. This is a good model for nainsook, jaconet or batiste and will be pretty if trimmed with insertion and edging of lace or embroidery. Eight sizes—22 to 36.

2753—Ladies' Work Apron, Closing with Buttons on Shoulders. Linen check or striped gingham or plain or figured percale are mostly used for these useful garments. Four sizes—32, 36, 40 and 44.

THE COMMONER will supply its readers with perfect fitting, seam allowing patterns from the latest Paris and New York styles. The designs are practical and adapted to the home dressmaker. Full directions how to cut and how to make the garments with each pattern. The price of these patterns 10 cents each, postage prepaid. Our large catalogue containing the illustrations and descriptions of 1,000 seasonable styles for ladies, misses and children, as well as lessons in home dress-making, full of helpful and practical suggestions in the making of your wardrobe mailed to any address on receipt of 10 cents.

In ordering patterns give us your name, address, pattern number and size desired.

Address THE COMMONER, Pattern Dept., Lincoln, Neb.