

grudge them a little of your time, or the expense of the journey, if the money can be spared. Some day—and it may not be long—the word will reach you that the old home-nest is vacant; that, in place of the simple hearth and sheltered lives there is left you but the mound in the cemetery. You will be glad then, that you did not forget.

The thought of those to whom Christmas brings little joy should not be absent from the holiday preparations. There are many who will not need your gifts, or to partake of your good cheer; but a kind word, a little attention, an invitation to join in your happiness, or even a call to speak the word of cheer, a card, or sprig of Christmas green, to tell them they are remembered—little things, all of them, yet they break through the barrier of loneliness, and let in the sunshine—perhaps, the sweetest ray that has reached them throughout the whole year.

Children should be taught to be less selfish, by remembering others; let them plan to do some service to others who are less favored than themselves. Much of this is told in the children's story books; but in real life it is too often sadly wanting. Many children expect to get, rather than to give, and their selfishness is too often fostered by the mistaken kindness of the parents. Plan with them to remember each other, or yourselves, and let their giving be the outcome of some self-denial. Let them learn the blessedness of service.

Make Some One Happy

Do not keep all thoughts and gifts for those who gather about your hearts, or who may have claims upon you for remembrance. Take a pencil and paper and put it where it will be handiest. Try to think of those you would otherwise forget or overlook in your hurried preparations; especially remember those whom you have reason to believe will be neglected or forgotten, and put down their names on your paper. As you have leisure, wrap and mail some little souvenir—a pretty card, a handkerchief, a bit of lace, or ribbon, a sprig of holly, a tiny box of candy, some little, inexpensive thing that may lie at your hand, a picture, or a book already read—anything that will bear to them the assurance of being in somebody's thoughts. You may never know whether the tiny remembrance cheered or strengthened them, but you will be the better for the impulse. Every bit of pleasure felt by an individual adds just so much joy to the world, and there should be a great satisfaction in the doing of little kindnesses for which no return can be expected or desired. Sometimes a very little thing awakens a wave of happiness that, like the ripple on the water, widens and spreads to distances we can never measure, starting something of an "endless chain" of joy, the finish of which we can never know.

The Christmas Bag

Here is a pretty finish for the games and frolics of the Christmas evening: The bag is made of large double sheets of tissue paper; the paper is drawn many times through the hand, slightly twisted to give it a crinkled appearance, as in making of lamp shades. Any number of small, light-weight presents are put inside,

and the paper closely tied together. This must hang high overhead, tied securely by bright ribbons to the fastening above, the long, bright ribbons twisted through sprigs of holly and mistletoe. Each child is blindfolded and allowed to give a stroke with a light cane. It takes a good many passes before a hit is made by one of the little ones, but when a crack is once made in the paper, the whole thing soon yields to even the most timid blows, and amid shouts and scrambling of the little ones, the whole wonderful contents are spilled on the floor.

Girls who wish to know if they will be married in the coming year, should go out to the chicken house on Christmas Eve, at the stroke of midnight, and knock thrice at the door, listening carefully for the sound of any stir among the fowls. If the cock should chance to crow, it is a sign of a wedding; if only the hens cackle, the listener may leave her wedding dress unbought for another year.

No matter how slim your feast for the Christmas dinner, it will be twice as appetizing and look ten times as attractive, if you do not forget the table decorations. Green and red should always predominate; glossy holly, with red berries, or if these can not be obtained, some pretty adaptations of green and red paper to represent the holly wreaths, may be laid upon the white table linen, and with these may be mingled bits of knotted red ribbon. If flowers can be obtained, the scarlet leaves of the poinsetta, or red roses and scarlet carnations are extremely effective. Red shades for the lamps, made of crinkled tissue paper, with wreaths of green, give a delightful glow to the dishes. If you have a specimen plant, or a pot of Christmas lilies, decorate the pot with pretty paper coloring and give it the place of honor on the table. Candles with red shades give a lovely light, and a large crimson lantern may be hung above the table. With plenty of red and green tissue paper, a few sprigs of holly and some branches of evergreen, the prettiest effect may be produced.

Home-made candies are by far the best for the little folks at Christmas, and these, with plenty of nut-meats, can be made in very attractive varieties. Wrap in pretty papers, or in dainty boxes, tied with ribbons.

Giving and Receiving

With many, Christmas giving has become little less than a drain upon the resources, while the receiving of the gift is but little less a source of discomfort. Many give from a sense of duty—because it is expected of them, or they think it is; and the giving of a "duty" present is scarcely less burdensome than the receiving of it. Try as we may, both these acts are ungracious, because in the giving the purchase price is, grudgingly counted, while the cost to one's self-respect in the receiving is more than we like to pay. Both the giver and receiver are the poorer for the transaction. Give, by all means, according to your purchasing power, but let the gift be such as can be afforded without unduly taxing the giver's purse or the receiver's self-respect. As to the presents, themselves, there are so many "misfits" among them that one hardly knows what to do. If one could always know just what is wanted, or would be liked—but one don't.

One of the things which girls should not do is, to hint, or plainly suggest what she expects, or would like to have her men friends give her at Christmas time, or, in fact, at any time. A man whose friendship is worth having will not respect his girl-friend any the more for this unwarranted demand upon his purse.

Nearly all men have those near and dear to them to whose maintenance part, at least, of their salary must be applied, and naturally their expenses are much increased during the holiday season; so while his friendship, generosity and chivalry may strongly incline him to make you the present you wish, the purchasing of it may be too heavy a tax on his means. He will not like to give, nor you to receive, a "bargain-counter" article, and he may not, in justice to others, be able to get the best without a sacrifice of self-respect in some quarter, and often, the sense of the injustice you put upon him in bringing it about will turn his friendship into contempt. Besides, no modest girl will wish to accept expensive gifts from any man—even her affianced, as there are so often "parting of the ways" even among the closest and dearest.

Another side of the question is, your asking and accepting of this present may lead to embarrassing results in some cases, for not all men are gentlemen, or to be trusted to believe the best of you under all circumstances. Simple remembrances, carrying no special significance, are best on both sides. Such a course may save many sorrowful moments hereafter, in case of estrangement.

To give a gala appearance to the home, and at the same time to show a thoughtful love to those not present, is not always a question of money, but only of a little time and taking a little trouble. After the house has been made as sweet and attractive as possible, with bits of green in the windows, over the mantel and around the chandeliers, some of the bits of green should be fashioned into garniture for the pictures of those by distance shut away from us, or others who have gone from the mists and the half-lights of this life to the full glory of the next. Let us send to the living thought-waves of loving memories, and touch with tender hands the semblances of those who are but pictures.

Query Box

Ernie G.—To give no present would be better than to give beyond your means. Do not embarrass a poor person with costly gifts. Let the gift be a simple reminder of your esteem, however inexpensive it may be.

Theresa—It is often better to give some little thing picked up at the store, than to offer articles of your own handiwork. Many really pretty and useful things may be found at the "ten-cent" stores.

Agnes M.—The fact that the buds turn yellow and drop off shows one or more of several things. Defective drainage, too dry an atmosphere, worms in the soil, too cold at night are some of these. Lime water, saturating the soil, will kill the worms; will not hurt the plant.

T. B.—Dipping the faded material in a dye of deep pink or red for cotton or linen will restore the color. Use a large vessel for the dye and follow directions on the package. The goods must not be crowded in the dye, or they will come out streaked.

"Orange Blossom."—You must not "hint" your preference for a Christmas present to your man-friend. The man may not be in a position to oblige you without financially embarrassing himself; or, if he is not particularly honorable, he may consider the "hint" and acceptance of the gift on your part as entitling him to certain privileges which you would not like to grant. Let your gifts, given or received in such cases, be of the simplest nature, carrying pleasant thoughts, but no great significance with it. (2) It is well to wait until you have tangible proof that the gift is expected or required. Don't buy any kind of wearing apparel for a man friend.

Such privilege belongs to wives, mothers, or sisters, and even they should remember that men prefer to do their own shopping.

Housekeeper—The crust on the inside of your teakettle is caused by using hard water. The soft water previously used never makes the incrustation. It is said that the deposit may be removed by boiling a large bunch of Eucalyptus leaves (to be had of the druggist) in the kettle keeping it tightly closed, for about an hour, then allow it to cool without taking the lid off. I know nothing of it, myself.

Sarah H.—Tar soap may be used for washing the head, as the tar is good for the scalp. Make a lather of tepid water and the soap, wash the head and the hair thoroughly, then rinse every particle of the soap from the hair. A good dressing is made of three gills of strong sage tea, one gill of good bay rum and two ounces of glycerine. Shake well before using, and rub it thoroughly into the roots of the hair; from this it will be carried by brush and comb down the length of the hair. If the scalp is oily, omit the glycerine.

Stomach Sufferers

Squander Millions

In Search of Relief

The world is full of disordered stomachs and 90 per cent of the money spent upon physicians and drugs goes in an attempt to cure the stomach.

People are made to believe that in order to gain health they must doctor their stomachs and use cathartics. So the doctor gets his fee for the stomach treatment and the druggist for the physic, until the savings of a life time are exhausted and yet no cure.

Let's be reasonable.

The sick stomach is in every case the result of over-eating, hurried mastication and improper choice of foods. The mucous lining all the way down the food tract loses its sensitiveness, and when food is forced down the muscles fail to respond. They do not churn the food as they should. The glands no longer give out gastric juice to dissolve the food and render it capable of assimilation. The man has become a dyspeptic.

There is one sure way and only one to bring positive relief. Put into that stomach of yours the very elements that it lacks to get that food into liquid form. It takes pepsin, diastase, golden seal and other ferments to accomplish this. The healthy stomach contains these elements. The dyspeptic stomach lacks part or all of them. Stuart's Dyspepsia Tablet is made up of just what the dyspeptic stomach lacks—nature's digestives.

Stuart's Dyspepsia Tablets are not a medicine, not a drug, not a cathartic. They do not cure anybody of anything but Dyspepsia and Indigestion and such ailments as arise from poorly digested food.

While they digest the food the stomach recuperates. The mucous membrane is coming out of its stupor, the gastric juice is coming to the surface, the muscles are regaining their power. Every organ of the body takes on new life, the skin gains color, and the eyes are no longer tinged with yellow. You live.

Why doctor and why drug yourself? Stuart's Dyspepsia Tablets will take care of your food while Nature cures you.

Try a box at your druggists, 50 cents. Or, if you prefer a free trial package before buying, send your name and address today. F. A. Stuart Co., 68 Stuart Bldg., Marshall, Mich.



Beneficial to elderly people who suffer from dryness of mouth and throat. In boxes only.