cans of Washington were alarmed about the next house. Republican senators and members openly expressed the belief that the democrats would secure a majority. Since Bryan spoke there is no more chance of the democrats securing a majority in the next crats securing of representatives than there is of their electing a majority of the is of their electing a majority of the
British house of commons or of the Russian duma. When-William J. Bryan ascends the platform to proBryan ascends ine campaign issues and declares claim campaign issues and declares party principles, repubncans es us that democrats is a pretty grave defect in a party leader."

Well, it would seem as though the "dissevered members and fragments" of the party in Maine had pretty much all got to the ground and with strength enough left to get up and walk to the polls in such fulness of numbers as has not appeared before in over twenty years. If republicans at Washing. ton were fearful last winter about the congressional elections, they are more fearful now. If democrats were hopeful then, they are more hopeful nowunfortunately so, perhaps, in the view of the 'Times' brand of democracy. We are not, of course, attributing the almost unprecedented decline of republican majorities in the Maine congressionar contests to Bryan's speech and restored leadershlp. Very far from it. But simple truth obviousiy compels the statement that the result covers with ridicule the conclusult covers with spicul and new lead-
sion that

## How to Fool a Lazy Liver with Artificial Exercise

E
VERY serious Sickness has a small beginning.
And, in nine cases out of ten, that beginning is made in the Bowels.

Constipation is the beginning of most diseases. It paves the way for all others. Lack of exercise, hasty eating, improper food, are its first causes.

Laziness, and postponement, permit it to grow into Chronic Constipation, which means life-long Discomfort.

It isn't necessary to be sick-a-bed, you know, in order to be mighty uncomfortable.
Even a slight indigestion affects the nerves, dulls the mind, and obscures the merry sunshine of Life.

The time to adjust the Bowels is the very minute you suspect they need adjustment.
-If your tongue is slightly coated,
-If your breath is under suspicion,
-If your head feels a trifle heavy or dull.
-If digestion seems even a little slow, -If Heartburn, Belching, Colic or Restlessness begin to show themselves,
-That's the time to eat a Cascaret.
It acts as pleasantly as it tastes. It is as congenial to your Bowels as it is to your Palate.

It stimulates the muscular lining of the Bowels and intestines, so that they mechanically extract nourishment from the food and drive out the waste.

The only way to have Cascarets ready to use precisely when you need them is to carry them constantly in your pooket, as you do a Watch or a Lead pencil.

The ten cent box of Cascarets is mado thin, flat, round-edged, and small, for this precise purpose.
Be very careful to get the genulne, made only by the Sterling Remedy Company and never sold in bulk, Every tablet stamped "CCC." All druggists.
ership had wrecked the party and thrown it out of the congressional race. The speech reached Maine ten days before the election, and was read there as widely as anywhere. If it is a bomb exploding in the vitals of the democracy, the explosive effects should be observable there as elsewhere.

And they are not at all observable there, and appear to exist nowhere have been in cretly to the Bryan restoration all along. The Maine congressional result is not

## MR. BRYAN'S

On Thursday, October 4, Mr. Bryan began his campaign tour of Nebraska, speaking at Geneva in the afternoon and at Hastings in the evening. On Friday afternoon he spoke at Kearney and in the evening at Grand Island completing the initial tour by speak ing at Columbus Saturday afternoon and at Central City in the evening Monday, October 8, he began his tour of Kansas, making the first speech at Pittsburg. On Tuesday he spoke a Wichita. Wednesday, October $10, \mathrm{Mr}$ Bryan began his tour of Missouri where he spent four days, speaking
of course certainly indicative of a democratic sweep in the November congressional elections; but we are ot to conclude that the local issue of prohibition was the sole determining actor in contests where it was wholly out of place. Rather must it be inferred that a spirit of discontent is abroad among the people on general questions of public policy, which has
not been satisfied with republican not been satisfied with republican achievement in the way of radical reorms and which will not resent very sharply the more extended radicalism of Bryan

## ITINERARY

at Nevada, Clinton, Sedalia, Columbia Lebanon. Springfield, Monett, Joplin, Kennett, Sikeston, Flat River, Macon, Brookfield, Carroliton, Cameron and Maryville. On Monday, October 15, he began his tour of Illinois, speaking t Pittsfield, Jacksonvile and Carrolton on Monday and at Vandalia, Centralia and Mt. Vernon on Tuesday. Wednesday, October 17, was spent in Wisconsin, where he spoke Madison and Milwaukee. On Thursday he spoke in Sioux Falls, S. D. From Sioux Falls Mr. Bryan will go October 20.

## Holidays, Legal and "National"

A Zanesville, Ohio, reader of The Delaware, Louislana, Maryland, PennCommoner writes: "Will you please sylvania and Tennessee.
name the national holidays and tell April 26, Confederate Memorial something of their origin and history?" So far as actual law is concerned there is no national holiday. Several anniversaries, July 4, for instance, are made legal holidays by many of the states. Several years ago congress passed a law designating Labor day as public holiday for the District of Columbia, and as a writer in the World Almanac says, "Congress has recognized the existence of certain days as holidays for commercial pur poses, but with the exception named there is no general statute on the subject.
The proclamation of the president designating a day of thanksgiving only makes it a legal holiday in the District of Columbia and the terri tories and in those states which are provided by law for it.
Legal holidays in the various states are described by the World Almanac as follows:
January 1, New Years' Day-In all Columbia, Arizona except Massachusetts, Minnesota, Mississippi and New Hampshire.
January 8, Anniversary of the Bat le of New Orleans-In Louisiana. January 19, Lee's Birthday-In Florida, Georgia, North Carolina Fouth Carolina, Virginia and Alabama February 12, Lincoln's Birthday In Connecticut, Delaware, Ininois, Minnesota, New Jersey, New York, North Dakota, Pennsylvania, Wash ngton (state), and Wyoming.
February 22, Washington's Birth-day-In all the states (including the District of Columbia, Arizona and Oklahoma), except Mississippi, where is observed by exercises in the pubic schools only.
March 2, Anniversary of Texan In-dependence-In Texas.
March 7, Mardi-Gras-In Alabama and the parish of Orleans, Loulslana. in Florida in all the cities or towns that have a carnival association for the purpose of celebrating MardiGras.
April 19, Patriot's Day-In MassaApril 21, Anniversary of the Battle San Jacinto-In Texas.
Aprli 21, Good Frlday-In Alabama

Day-In North Carolina and South Carolina.
May 10, Memorial Day-North Carlina and South Carolina
May (second Friday), Confederate Day-In Tennessee,
May 20, Anniversary of the Signing of the Mecklenburg Declaration of In-dependence-In North Carolina,
May (last Friday), Pioneer DayIn Montana, observed in public schools.

May 30, Decoration Day-In all the states and territories (and District of Columbia), except Florida, Georgia, Idaho, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas. In Virginia, known as "Conederate Memorial Day."
June 3, Jefferson Davis' BirthdayTh and South Carolina In Tennes known as "Confederate Memorial Day" In Virginia, in public schools June (first Monday), even years, general state election in Oregon. July 4, Independence Day-In a the states, District of Columbia and the states,
July 24, Pioneers' Day-In Utah. August 16, Bennington Battle DayIn Vermont.
September (first Monday) Labor Day -In all states and territories and District of Columbia, except Nevada, North Dakota and Wyoming. In Louisiana, observed in Orleans parish,
September 9, Admission Day-In September 9, Admission Day-In California.
November 1, All Saint's Day-In Louisiana.
November - General Election Day -In Arizona, California, Colorado, Delaware, Idaho, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland Michigan, Minnesota, Missourl, Mon tana, Nevada, New Hampshire, New Jersey, New Mexico, New York, Ohio (from 5:30 a. m. to 9 a m . only), Oklahoma, Oregon (vote for presidential election only), Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, West Vir Wyoming, in years when elections are held therein.
November,
(usually the Thanksgiving Day(usually the fourth Thursday in No
and in the District of Columbia Ar zona and New Mexico, though in some states it is not a statutory holiday.

December 25, Christmas Day-In all the states, and in the District of Co-
lumbia, Arizona, New Mexico, lumbia, A
Sundays and fast days are legal holidays in all the states which desig. nate them as such.
There are no statutory holidays in Mississippi, but by common consent the Fourth of July, Thanksgiving and Christmas are observed as holidays. In Kansas Decoration day, Labor day, and Washington's birthay are the atment: other leys holidays are so aotment; other legal holidays are so
only by common consent. In New only by common consent. ration day, Labor day, Flag day (June 14) and Arbor day are holidays when

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