

be applied to the eye-lashes, as the eyes might be harmed thereby.

One can not be too careful what substances one brings near the eyes. Though the various dyes, eyelash stains, and eyebrow pencils should contain no harmful ingredient, still, even the simplest of these should be used with care, and no foreign substance be allowed to come near the delicate organs of sight, which are irritated all too frequently by dust and cinders, not to speak of the ill-treatment they get in the way of bad light, over-work and fatigue.

There are several reliable methods of darkening eyelashes that are too light, but it is not best to trust such work, even the simplest, to inexperienced and untrusty hands. Much harm might result.

To keep the hair in curl, take gum arabic, one ounce; good, moist sugar, half ounce; pure hot water, three-fourths pint. Dissolve. Perfume with cologne or lavender water. Dampen the hair with this and roll on kid curlers and let dry.

There is nothing better to remove freckles than buttermilk; use it night and morning, letting it dry on the skin after bathing in it for ten minutes. Grated horse-radish steeped in the buttermilk will aid in removing freckles and tan.—Ex.

For Tanning Small Skins

Answering P. B. B.—Tanning Rabbit Skin: First lay the skin on a smooth board, placing the fur side under, and fasten the skin to the board with tinned tacks. Wash it over with a strong solution of salt and water, then dissolve one and one-fourth ounces of alum in half a pint of warm water, and with a sponge dipped in this solution, moisten the surface of the skin all over; repeat this four or five times a day (oftener will not hurt) for three days. When the skin is dry, take out the tacks and, rolling the skin loosely with the hair inside, draw it quickly backwards and forwards through a large, smooth ring, until it is quite soft; then roll it the contrary way (the fur still inside) of the skin and repeat the drawing.

Another Way.—When taken from the animal, let the skin be nailed in the shape of an oblong square on a board, fur side down, to dry. Before taking the skin from the board, clean off all the fat or oily matter with a dull knife, being careful not to cut the skin. Then when you wish to tan the skin, soak thoroughly in cold water until soft; then squeeze

FOUND OUT

A Trained Nurse Discovered its Effect

No one is in better position to know the value of food and drink than a trained nurse.

Speaking of coffee a nurse of Wilkes Barre, Pa., writes: "I used to drink strong coffee myself and suffered greatly from headaches and indigestion. While on a visit to my brothers I had a good chance to try Postum Food Coffee, for they drank it altogether in place of ordinary coffee. In two weeks, after using Postum, I found I was much benefited and finally my headaches disappeared and also the indigestion.

"Naturally I have since used Postum among my patients, and have noticed a marked benefit where coffee has been left off and Postum used.

"I observe a curious fact about Postum used among mothers. It greatly helps the flow of milk in cases where coffee is inclined to dry it up and where tea causes nervousness.

"I find trouble in getting servants to make Postum properly. They most always serve it before it has been boiled long enough. It should be boiled 15 or 20 minutes and served with cream, when it is certainly a delicious beverage."

"There's a reason" for Postum.

out the water, and take of soft water three quarts, salt, half a pint, and best oil of vitrol, one ounce. Stir the mixture well with a stick and put the skin in quickly, leave stand for thirty minutes. Then take the skin in your hand and squeeze (not wring) it out and hang in the shade, fur side down, to dry. If you get the quantity of liquid proportioned to the skins, they will need no rubbing to make them soft, and it is claimed that, when tanned in this way, moths will never disturb them. This recipe is taken from a very valuable old Encyclopedia of such information. I can not give directions for mounting skins and hides of animals.

Query Box

(Many questions are answered under separate headings in another column, the answers requiring too much space for the Query column.)

C. S.—For stringing the beads, use a linen thread of suitable size; dip the end in softened gum arabic and roll between thumb and finger until fine and hard as a needle. This will go through beads where a needle and thread can not be used.

Emma S.—The authorities on fashion say this is to be a "white" season. The white linen suit may be used on all occasions, and may be made plain, with suitable trimming, or as elaborate as desired, to suit the uses to which it is put.

Mrs. M. M. S.—For the lime encrusted condition of your waterpipes, my "stove" man says that science has not yet found a way to free them from the lime which would be practicable for the ordinary housekeeper, and he thinks it is impossible for you to get it out of the pipes. Possibly the makers of the range may be able to help you.

Flora M.—The princess skirt is the most stylish garment of the season. A very pretty mode is a circular skirt having a straight front panel which ends at the top of the girdle. This panel may be trimmed with buttons; the girdle-portion may be cut separate and fitted to the figure, thus doing away with the tendency to wrinkle about the waist which is so hard to prevent where the girdle is one with the skirt.

Distressed.—If you will empty your cereals, sugar, rice and like groceries into glass or tin receptacles as soon as they are brought to you, you will not be troubled by mice, insects or dust. Cracked fruit jars, covered tin boxes or cans are good for this purpose. But it is best to get rid of the insects and the mice. For the red ants, set a plate, greased with lard, where they congregate, and when the plate is well-filled, scald it, re-grease and set again, until they are all gone.

Mrs. J. M.—There are many things recommended for cleaning the scalp, but nothing is better, safer or more inexpensive, than a good suds made of soft water and pure soap, or a well-beaten egg rubbed into the roots of the hair, and either of these well rinsed out with tepid water. After washing, apply to the scalp a little vaseline or oil to restore the natural oil taken from the scalp, rubbing it in with the finger tips.

E. S.—Pure cream of tartar is a laxative, and cooling to the blood. A teaspoonful in a glass of water on getting up in the morning is recommended. It is harmless.

Anita.—To make a "stem" for a button, before putting the button on the cloth, put the thread through the cloth, leaving the knot on the right side under the button. Then, before you begin to sew through the button, lay a large pin or needle across the top of the button, so all the threads in filling the eyes will go over the pin. When the button is sufficiently sewed on, draw the pin out, and wind

the thread in the needle around the threads under the button several times, then fasten the needle thread and you have the stem.

H. S., L., and D. T.—See "Some Recommended Remedies" below. If the rheumatism is disposed to be a little sharper in its pain at times, try tablets of salicylate of soda, with directions from your druggist for taking.

Some Recommended Remedies

Lime Water.—Into a common wooden pail put a piece of fresh, un-slacked lime about as large as one's fist. Over this pour boiling water until the pail is half full. Let stand, stirring occasionally at first, until the water is perfectly clear, then dip off into jugs or bottles and keep for use. Lime water is an anti-acid tonic, kills worms, and frees the bowels in looseness, scrofula, diabetes and like diseases. In cases of diarrhoea or sour stomach, caused by indigestion, is most excellent for both infants and adults. Dose for an adult, one tablespoonful or more; for an infant, one teaspoonful in milk or food. For burns, take equal parts of lime water and sweet (or linseed) oil, mix thoroughly by shaking and add to a two-ounce vial of the mixture twenty drops of carbolic acid. Used on any burn, this will take the fire right out. For scrofulous and other sores and scalds, nothing is better. If the burn is severe, needing continued daily applications, apply on cotton, and if the sore gets dry, dress between times with oil to soften. A bottle of this liniment should be always at hand.

For Muscular Rheumatism.—Some cases of obstinate muscular rheumatism have been practically cured by the simple means here given. The result may not be the same in all cases, or in many, as much depends on the care taken of the individual health. Put one-half teaspoonful of common baking soda in every glass of water the patient drinks; or the drink may be taken on rising in the morning, after meals and on retiring. Or one scant teaspoonful of rochelle salts dissolved in half a glass of water to be taken on rising in the morning, after meals and on retiring at night. The smallness of the quantity is to act on the blood, not as a purgative. The treatment in either case must be continued for several months, though relief will be noticed before the first month is gone, if care is taken of the patient. Much water should be drunk by a rheumatic sufferer, to wash the waste matter out of the blood. Some sufferers can not stand acid drinks, such as lemonade, but the salts are better than the soda in most cases, as soda may hurt the stomach.

The Length of Girls' Dresses

"Madam Modist" says, in March Housekeeper: "It seems to me that I have never yet made a gown for a girl anywhere between fourteen and eighteen years of age that it did not involve a discussion about the length of the skirt, which almost amounted to a little quarrel between the mother and daughter. Of course, I realize that the girls are foolish in wanting to be young ladies before they have had all the fun out of their young girlhood; but I often think that, if the mothers remembered a little more about their own feelings on the subject when they were the same age, and, instead of being cross about it, told the girls they could have the skirts the very longest that would be proper, it wouldn't mean so much unpleasantness during their dressmaking seances. When my own opinion is

called for in the matter, I always strenuously insist that girls between fourteen and sixteen should not wear their skirts an inch below their shoe tops, which is nine inches from the floor; but I try to impress on them that my reason is that they look very much more attractive in skirts this length, and that it is far more 'proper' than to wear a longer skirt at that age. When a girl gets to be eighteen, the length of her frocks must be largely determined by her height. If she looks younger, I always advise her to keep them short for a while, but if she is tall, there is no reason why she should not wear them ankle length if she wishes. Like the mothers, I can not leave the subject, though, without reminding them that there is plenty of time ahead for long frocks."

Preserving Eggs

Several of our readers have written me that they have found the water-glass method of preserving eggs to be a success; but all concur in the opinion that the eggs should be at once put into the solution as they are gathered, day by day, as fresh as possible. We appreciate their kindness in writing.

The Man With the Job

If you want to get above "jobs" and their enslaving deadness, we can open the door of a wide horizon for you, while you, at the same time, can earn more money than "jobs" pay by your joining the sales staff of THE LADIES' HOME JOURNAL and THE SATURDAY EVENING POST.

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