

several good influences upon our social and spiritual life.

But no one equals Mr. Bryan who left more instructive lessons during his one week's stay in the capital. He is a great man whom we have revered for a long time as the leader of the democratic party of the United States, as a great orator and as a candidate for the presidency of the country. Having an interview with him, and having observed his conduct and listened to his speeches, our reverence toward him increased more and more.

1. The first lesson is about his oration.

2. The second lesson is that he is a man of principle.

3. The third lesson is that he is a devoted Christian.

4. The fourth lesson is that he is not a too serious man, but he is a man who understands humorous talk and he is an open hearted man.

1. About his oration: He taught to the five thousand students of Waseda, the secret of oration and mentioned three elements of its success, that is, knowledge, sincerity and simplicity.

He is the very example of these three elements. He has not repeated the same facts or materials. He is a man of great memory. When he once stands on the platform, rich materials easily come to his mouth, just as he would search for things in a bag. He is a man of sincerity and full of spirit when he speaks. We lack of oration full of spirit.

Mr. Bryan visited our country and

showed its very example to us. We must be thankful to him, and try to produce such an ideal orator in the future from our posterity.

2. He is a man of principle. He insisted upon the importance of an ennobling ideal of political parties, of each country, and expressed his desire for promotion of justice, not only among individuals, but also among nations.

In the presence of the Governor, the Mayor, and members of the Tokyo city, he gave lessons that the officers of the city must be responsible, temperate and faithful to the practice of justice.

He didn't take any drink but water when he met with Admiral Togo even when he proposed toast to His Majesty. How respectful that he is man of principle.

3. That he is a Christian who does not take it shame to be a Christian, or to preach the gospel.

His faith in Christ is the foundation of everything. Opinion of business and education comes from this spring. He failed in the candidacy for presidency, but this is not failure of his faith and character, but only the result of difference of his noble and profound political opinion. Some minister said that he has no moral defect in public or private life.

His quiet conduct, his daily life at Lincoln, his home place, and his severe social activity are good examples. These are lessons he learned from Christ.

4. About his humorous character. He showed his humor at the Girls'

university and at the Y. M. C. A. in Tokyo. Also at the table speech at the United States ministers' dinner party when he mentioned Korean lions standing in front of the temples and compared them to Marquis Ito and Count Okuma.

During Mr. Bryan's stay in Tokyo, we had celebration of naval review and naval officers return after victory.

Citizens both in Tokyo and Yokohama, were quite crazy in its celebration. Both these are only remembrances of past glory.

Unless we strive after production of such a great personality as Mr. Bryan is a celebration of the naval review and the victory will be no meaning. Mr. Bryan's visit is not an accident but a providence to our country.

May heavenly blessing be upon the great man and his family during their long voyage and travel.

May his instruction given to our countrymen bear fruit and produce such a great personality as he is among our people.

WASHINGTON NEWS

United States District Attorney Baxter, at Omaha, declined to resign and was summarily removed by the president.

It is announced that the Panama canal will be built by the labor of West Indian negroes.

A Washington dispatch to the Indianapolis Sentinel says that congress is likely to make an appropriation to cover the cost of a special car for the president's use in the future, and that the stories that the president has paid his own expenses on recent trips are not correct.

William J. Calhoun, special commissioner to Venezuela, has completed his report and it is understood that he will say that Venezuela was justified in proceeding against the New York and Bermuda Asphalt company, because of their failure to live up to their contracts, and for their participation in the revolution.

The Panama canal commission has made a report in which it shows that in November last the employes on the canal numbered 17,000 of whom white Americans numbered 1,500. All expenditures up to the present time have been paid out of the appropriation of \$10,000,000 made in June, 1902. The pay-roll at present amounts to \$600,000 per month. The estimated liabilities to December 1 were \$4,000,000. The estimated requirements for the balance of the fiscal year ending June 30, 1906, amount to \$16,500,000.

Representatives of railroads west of Chicago called upon the interstate commerce commission at Washington December 28 and promised to co-operate in the effort to do away with rebates.

ALL SPOKE BUT THE SPEAKER

Speaker Cannon, while presiding at the installation of Dr. Edmund James as president of the University of Illinois, told this story: "Like all other good citizens at the age of 50. I am a grandfather. One time one of my little grandchildren wanted to go to the house of representatives to see Grandpa Joe perform. They went into the gallery. It was a stormy session, and nearly every one except the presiding officer was talking. The little girl finally said 'Aunt Helen, if Grandpa Joe is speaker, why doesn't he speak?'"

The Pennsylvania railroad has issued an order abolishing all free transportation; and an effort is being made to have other roads in the state adopt the same plan.

How to Exercise the Bowels

Your Intestines are lined inside with millions of little suckers, that draw the Nutrition out of food as it passes them.

But, if the food passes too slowly, it decays before it gets through. Then the little suckers draw Poison from it instead of Nutrition.

This Poison makes a Gas that injures your system more than the food should have nourished it.

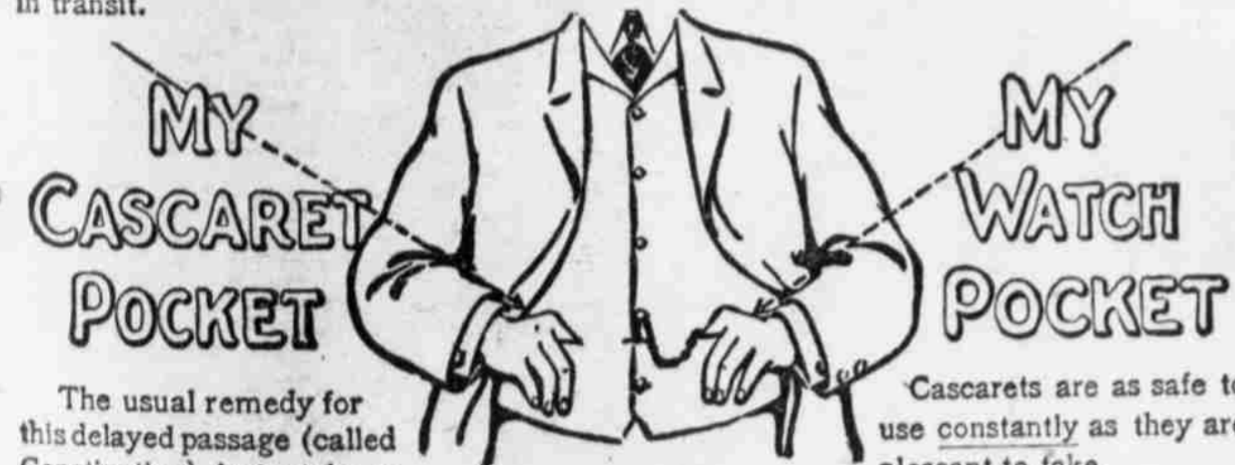
You see, the food is Nourishment or Poison, just according to how long it stays in transit.

They do not waste any precious fluid of the Bowels, as Cathartics do.

They do not relax the Intestines by greasing them inside like Castor Oil or Glycerine.

They simply stimulate the Bowel Muscles to do their work naturally, comfortably, and nutritiously.

And, the Exercise these Bowel Muscles are thus forced to take, makes them stronger for the future, just as Exercise makes your arm stronger.



The usual remedy for this delayed passage (called Constipation) is to take a big dose of Castor Oil.

This merely make slippery the passage for unloading the current cargo.

It does not help the Cause of delay a trifle.

It does slacken the Bowel-Muscles more than ever, and thus weakens them for their next task.

Another remedy is to take a strong Cathartic, like Salts, Calomel, Jalap, Phosphate of Sodium, Aperient Water, or any of these mixed.

What does the Cathartic do?

It merely flushes-out the Bowels with a waste of Digestive Juice, set flowing into the Intestines through the tiny suckers.

Cascarets are as safe to use constantly as they are pleasant to take.

They are purposely put up like candy, so you must eat them slowly and let them go down gradually with the saliva, which is in itself, a fine, natural Digestive.

They are put up purposely in thin, flat, round-cornered Enamel boxes, so they can be carried in a man's vest pocket, or in a woman's purse, all the time, without bulk or trouble.

Price 10c a box at all druggists.

Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "CCC."

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