

WHAT SULPHUR DOES

For the Human Body in Health and Disease.

The mention of sulphur will recall to many of us the early days when our mothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure-all, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a tablespoonful of the crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly in the liver, and excretory organs and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and can not compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafer is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate people who are tired of pills, cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers, a far safer, more palatable and effective preparation.

It is said that the New York policyholders of the Equitable Life Assurance society will carry their fight for the mutualization of the company to the legislature. A bill will be introduced in the legislature providing that every policyholder may vote in person or by proxy in the election of directors and that every policyholder may be eligible for the office of director in the corporation, thus transferring the management of the corporation to the policyholders.

ALLEN'S LUNG BALSAM Best Cough Medicine Safe, Sure, Prompt

THE REAL RESPONSIBILITY

No funeral sermon was ever more to the point than that of the Metropolitan of Moscow yesterday, at the burial of the murdered Sergius. The real responsibility for the assassination, he said, lay with the whole society of Russia, not with the socialists. A truer word was never spoken. Bossuet himself never rose to a loftier conception of the prophet-like function of the Christian pulpit at a state funeral. There was a veritable "nunc erudimini" in the Metropolitan's summons to all classes to "repentance," in consequence of the grand duke's murder. That the crime was the inevitable outgrowth of bad conditions of life and government

in Russia, no one can doubt. Alexander Ular writes in the Contemporary of "the awful mixture of egotism, ambition, cynicism, cupidity, and insolence" which characterizes the Russian bureaucracy, with all its dependents. No thoroughgoing reform is possible until the axe is laid to the root of that tree.—New York Evening Post.

IN EXCELLENT SPIRITS.

The most growing politician who comes under public observation just now is Mr. Bryan. He goes about the country, talks freely, and says good things. He seems to be in excellent form and spirits, and to contemplate events with much genial philosophy.

At a dinner of the New York Alumni Association of Syracuse University in New York on January 27 he arose from a seat between Chancellor Day of Syracuse and Mr. Archibald of the Standard Oil Company to speak about "Democracy's Appeal to Culture." "I have lost no opportunity in recent years," he said, "to make the acquaintance of the people of the East," and he went on, after some pleasant trifling, to make his point that culture was not yet doing all its duty by the people. The East seems to be reciprocating very heartily Mr. Bryan's desire for better acquaintance. It has never known him so well or liked him so well as it does now.—Harper's Weekly.

The Primary Pledge==Organize Now.

Newspapers favoring the plan outlined are requested to reproduce this editorial together with the primary pledge as it appears below. They may request their readers to sign this pledge and forward the same either to The Commoner or to the office of their local democratic paper. In the latter event these pledges may be then forwarded in bulk to The Commoner office where they will be duly recorded.

The Pledge Outlined

The following editorial appeared in last week's issue of The Commoner:

"Mr. Bryan has been in receipt of a multitude of letters since the election urging organization for the campaign of 1908. The rank and file of the party are ready to begin the fight; they only await a plan of co-operation. This plan has been under consideration for some weeks and is herewith submitted.

"Let each democrat pledge himself to attend all of the primaries of his party to be held between now and the next democratic national convention, unless unavoidably prevented, and to use his influence to secure a clear, honest and straightforward declaration of

the party's position on every question upon which the voters of the party desire to speak.

"This plan does not involve the writing of a platform in advance of the primaries; it does not rest upon the paramount importance of any one issue. It recognizes the right of the democratic voters to control the policy of the democratic party, and to determine its position upon public questions. It also recognizes the importance of honesty and sincerity in politics.

"This proposition will appeal to all who believe in the rule of the people—to all who are willing that the majority shall govern in party management and in the nation. It does not mean that those who exert themselves to secure a good platform will be bound to support a bad platform—that is a question which each must determine for himself—but it does mean that the democratic platform shall give voice to the prevailing sentiment of the democratic party, and that the party shall take the country into its confidence. The pledge proposed is a primary pledge—because the people speak at the primaries. The national convention is attended by delegates and each delegate represents tens of thousands of democrats. The state convention is also attended by delegates, and these represent thousands of democrats. The county conventions are, as a rule, attended by delegates, and these in turn represent hundreds of democrats. At the primary the voters speak for themselves; there democracy has its citadel.

"When the work of organization is

sufficiently advanced, a time can be set for the meeting of the members in their various localities. The members of this organization, while pledged to but one thing—namely, attendance upon the primaries—are urged to co-operate among themselves for the support of every effort put forth to eliminate corruption in politics. No cause can prosper permanently that does not appeal to the moral sense of the country, and the moral sense of the country is now being awakened to the importance of purifying politics.

"The Commoner will do its part in aiding every movement that has for its object the ascertainment of the will of the people and the scrupulous enforcement of that will.

"The Commoner will also furnish all the information that it can upon the questions which are before the public to the end that its readers may be prepared to render the maximum of assistance to every worthy cause.

"Who will be the first to make this pledge? A record will be kept in The Commoner office of the name and address of each person who enters into this movement. Those who desire to be enrolled can either write approving the object of the organization, and asking to have their names entered on the roll, or they can fill out and mail the blank which is printed below.

"The Commoner will be pleased to publish a limited number of brief letters on this subject. Mr. Bryan is encouraged by his correspondence to believe that there will be a prompt and hearty response to the above proposition."

The Primary Pledge

I promise to attend all the primaries of my party to be held between now and the next democratic national convention, unless unavoidably prevented, and to use my influence to secure a clear, honest and straightforward declaration of the party's position on every question upon which the voters of the party desire to speak.

Signed.....

Street..... Postoffice..... State.....

County..... Voting precinct or ward.....

Fill out blanks and mail to Commoner Office, Lincoln, Neb.