

68-Page Book and Trial Free

Cures All Uric Acid Diseases--
Kidney, Bladder, Rheumatism

Free Treatment Proves the Cure; Free Illustrated Book Tells all About it--
Send For Them Both Today.

To Readers of the Commoner. If you or anyone you know of is suffering from a disease of the kidneys, the bladder or any form of rheumatism, you are urgently invited to send name and address to get a free trial treatment of a wonderful non-alcoholic discovery by the celebrated

Kidney Disease
Bladder Trouble
Rheumatism



Are you in the grip of a Uric Acid Disease? This will cure you; prove it free.

French-American specialist, Dr. Edwin Turnock, by which you can cure yourself of any Uric Acid disease in a short time in your home and save the necessity of an operation and the expense of doctors and druggists. Send for it if you have Bright's disease, diabetes, dropsy, gravel, weak back, stone in the bladder, enlarged prostate, frequent desire to urinate, pains in the back, legs, sides and over the kidneys, swelling in the feet and ankles, retention of urine, wetting the bed, or such rheumatic affections as chronic, muscular or inflammatory rheumatism, sciatica, rheumatic neuralgia, lumbago, gout, etc. It will promptly remove every trace of uric acid poison and its complications, stop all aches, pains and swellings, strengthen the kidneys and the bladder so that they will become normal again, and so revitalize and build up the entire constitution as to make you feel as healthy and strong as in your prime.

It did this for legions of others, among them such well-known persons as Mrs. Martha Coker, Tyler, Tex.; G. G. Rector, Marshall, N. C.; Mrs. Mack Deveau, Noank, Conn.; Archibald Ritchie, Mt. Forest, Ont., Can.; Mrs. C. H. Sweetland, Webster City, Iowa; Ph. J. Brown, Kellapell, Mont., and it will surely do it for you. Write to the Turnock Medical Co., 2480 Bush Temple, Chicago, Ill., and since every free treatment is accompanied by a 68-page illustrated book going fully into all the details, it behooves you to send your name and address promptly for these free offerings. Do so today sure, for you cannot justly say you are incurable until you have tried this really remarkable treatment, and as neither money nor even stamps are asked for, you should certainly make a free test of it at once.

equal parts of alcohol, castor oil and bay rum, shake well and perfume with bergamot oil. Apply with finger tips to the scalp and brush the hair well.

Annie F.—A stimulant for the hair, said to be very powerful yet harmless, is oil of mace. Pour a little into a dish and, with a soft toothbrush, work well into the scalp.

S. C.—To whiten the piano keys, try this: Rub with fine sand paper, and then polish with finely powdered pumice stone. Or, make a paste of gin and whiting, or lemon juice and whiting, and rub each key with it on a piece of soft, old silk and polish with a dry, soft cloth, taking care not to let any of the stuff get down between the keys.

Young Student.—(1.) Vaseline is "good for the scalp," and will induce a growth of hair. (2.) See article "For the Hair" in another column. (3.) Cocoa butter is a good fattener for the face and neck. (4.) Curling the hair with hot tongs is injurious. (5.) Ask your druggist. (6.) Homthy is a laxative food. (7.) Correspondence schools are expensive experiments, and not al-

AN OLD AND WELL TRIED REMEDY.
MRS. WINSLOW'S SOOTHING SYRUP for children teething should always be used for children while teething. It softens the gums, allays all pain, cures wind colic and is the best remedy for diarrhoea. Twenty-five cents a bottle.

ways satisfactory. You will learn as much, and with less expense, to take the course in drawing in any public school.

Young Mother.—To remove the "crust" from the baby's head, oil the scalp every day with any pure oil, or even with fresh, unsalted butter, and and in an hour or so, wash it well with a suds of pure soap and warm water, drying well, and when dry, rubbing in a very little of the oil.

Josie B.—For the fading hair, try this: Put half a cupful of sulphur in a wide-mouthed bottle with three cupfuls of soft water; shake well, and let stand three days, shaking every day. Let settle and strain, and apply the water to the scalp twice a day with a bit of soft cloth.

Gas Pipes "Freezing"

A note of warning is sounded to those using gas as an illuminant, and we are strictly cautioned against turning down the gas in bedrooms and leaving it burning "low" all night. Especially is this a dangerous practice in winter, although the danger exists at all times. Gas does not freeze; neither do gas pipes. What may freeze is the vapor of water carried by all gases in larger or smaller percentages. This watery vapor is condensed as frost inside of a cold pipe, and may build up enough to close it. A very few degrees of heat will reconvert it into water, and then a pipe which may have been temporarily closed is open again, and permits the gas to flow through. This happens frequently in dwellings, and explains why a gas light turned "low" may go out, and the gas is subsequently found flowing through the burner.—Exchange.

A Good Bread Recipe

The following bread recipe is sent us, with the assurance that it "does away with over-night bread-raising." Pare twelve medium-sized potatoes and cook until thoroughly done; mash them, with the water in which they were boiled, through a colander into a two gallon jar. Take one cup each of white sugar and salt and one pint of flour; wet into a smooth paste and pour on three quarts of boiling water and cook until clear as boiled starch; then pass through the colander into the jar; then fill the jar with clear water within a half finger's length of the top; when lukewarm, stir in four yeast cakes which have been dissolved in warm water; cover the jar and set in a warm place to rise. When a thick white scum forms on top it is light, and should be kept in a cool, dark place.

"For four three-pint basin loaves, use three pints of yeast; no other wetting is used. Stir up in a batter with the flour; in an hour it is light enough to mold into a hard loaf; knead until perfectly smooth, return to your bread pan and cover with a small pan to prevent a crust forming; when light handle only enough to shape into loaves. When the loaves are so light that the dent made by pressing a finger on the dough immediately regains its place, it is ready to bake. In summer, the bread may be sponged when getting breakfast, and it can be baked for dinner. In cold weather, the flour should be warmed when made up, and kept in a warm place to rise."

Uses for Olive Oil

It is claimed that occasional doses of olive oil is remedial in bladder or kidney trouble. It is also recommended for rheumatism, and nothing is said to remove the recent deposits about the joints of rheumatic sufferers as promptly as pure, ripe olive oil, given in tablespoonful doses four times a day. For torpid liver, it is recommended in teaspoonful doses on getting up in the morning and the last thing before retiring at night, which will remove the objectionable yellowness of

the skin attendant upon liver troubles. It is even claimed that daily applications of the oil on corns and bunions for a month or so will cure them. The oil should be pure and fresh, and can be obtained of the druggist. It certainly will do no harm to try it, as the oil is cheap, and perfectly safe to take.

It is claimed that the blouse is going out of style and the tight-fitting bodice is coming in. This means that woman's figure must be all it is cracked up to be—there being no kindly and sympathetic blouse to hide its defects. Here is a way to improve the figure: Take a lighted candle and hold it in front of the lips; draw in a deep breath and exhale quickly, blowing out the candle at once. Next, do stunts with your breath. Draw in a deep breath and exhale so gently and so slowly that the lighted candle flame does not even flicker. Do this repeatedly during the day, and whenever you think of it, inhale a deep breath and exhale it slowly, holding your shoulders well back and your head well up.—Exchange.

For the Hair

So many write to me for cures for dandruff, and other treatment for the hair, that I will give you an article, written by an authority on toilet matters, and when you have tried it, I wish you would write me the result, that I may or may not recommend it to others. It is highly recommended, but personally, I know nothing of it. Here is the article; the author is a New York specialist:

"The following, which I have found almost a certain cure for dandruff and itching scalp, is a poisonous compound, but kills the microbe that causes the dandruff: Have the druggist put ten grains of corrosive sublimate in five ounces of distilled witchhazel; apply twice a day to the scalp only, with a small piece of old linen or absorbent cotton. If the lotion gets on the fingers it may make them sore; a correspondent wrote me it did hers; in order to prevent this either use a larger bit of cloth or cotton or make a tiny mop of the end of a small stick or something of the sort. Use a week in this way, then only once a day; then only four times a week then twice a week, and finally leave off the lotion altogether when the dandruff is gone. While applying, shampoo the head at least once a fortnight with the yolk of an egg beaten into a pint of rainwater; rinse well, and dry; use no soap, as the egg makes a lather of its own. As this lotion has no effect on the color of the hair, it may be used by blonde and brunette. After the dandruff is gone, a good tonic should be applied, and here one must exercise judgment. If the hair is very oily, the best tonic is a half cup, small, of table salt, and 40 grains of quinine in a quart of bay rum, applied twice a day to the scalp with a good rubbing in, using the balls of the fingers. If the hair is too dry, add an ounce of castor oil to the above, and use the same way. If the hair falls very badly, breaks, looks lifeless, and the scalp is feverish, leave out the salt and add an ounce of the tincture of cantharides to the quart of bay rum and the ounce of castor oil, leaving out the quinine also. Some times where the hair is very moist from perspiration a little cologne water rubbed in, helps to correct this trying condition. It should also be understood that this excess of perspiration in itself shows a weakness of the whole system, and the hair is an excellent indicator of such weakness.—Globe Democrat.

A Useful Bag

Take a length of heavy silk—very wide ribbon will do, and a yard is needed; fold it once and gather the side from the bottom to within four inches of the top; this makes a pouched bag, shirred on either side. Wind two

HOW I MAKE THE BLIND SEE AND CURE ALL EYE DISEASES

Without the Knife or Pain in Patient's Own Home

GLASSES ARE THROWN AWAY

CATARACTS, and all other eye diseases which cause blindness, are caused by poor circulation of blood in the eye, the result, usually, of eye strain, some time in the near, or maybe remote past. The eye has been overtaxed in some way at some time.

Did you ever consider the intricate mechanism of this delicate organ, with its numerous muscles, nerves and small arteries and veins?

If so, you must realize how easily its usefulness may become impaired.

You will also realize the folly of attempting to restore its usefulness by applying a knife to any of the delicate intricate parts. Think of the pain, suffering, blindness and even death that has been caused by the use of the knife on the eye.

I discovered several years ago a method of restoring the natural circulation of blood to the eyes which is so simple that a child can apply it.

By this simple, mild and harmless treatment I have restored sight to thousands in all parts of the world.

When this treatment is applied it immediately removes all strain on the nerves and muscles of the eye, equalizing the circulation, thereby assisting nature in restoring the eye to its normal functions.

Glasses are eye crutches. You have to wear them because your eyes are crippled.

After a course of my treatment you can discard your glasses (eye crutches) just like one can discard other crutches after recovering from a broken limb.

Acting along the same lines, my treatment cures Optic Nerve Paralysis, Granulated Lids, and all other eye diseases.

By its use the eyes are strengthened, brightened and beautified.

My book about eyes, sent free, tells all about it, and contains pictures of and letters from hundreds who have been cured.

Some of these people may be well known to you. What they have to say will interest you.

A postal card will get the book, and I will give you my free advice if you will write me a short description of your case.

Write now while you think about it. Address Dr. Oren Oneal, Suite 121 52 Dearborn Street, Chicago, Ill.

small embroidery hoops with narrow ribbon to match the color in the bag and sew the ends of the bag over them, half around on either side; handles are thus formed to carry the bag by, and the hoops serve to hold it open when needed.

RHEUMATISM.

Build up your nervous system, remove the poison from the blood, and restore perfect blood circulation with Dr. Miles' Nervine, and you will find the cause removed, your rheumatism gone, and your entire nervous system vigorous and healthy. Sold with a guarantee that first bottle will benefit, or your money back.

