

throwing up little volcanic eruptions. It is now time to cover the kettle with the lid, and to turn down the gas just low enough so that the mush will keep boiling a little and sputtering under the lid, but will not burn.

"Then let the man go and shave or complete his dressing. That will take him fifteen minutes; and at the end of that time, on returning, he will find the mush still sputtering, but perfectly cooked and ready to be eaten.

It is then and always a food fit for the gods. Sugar is an insult to it. Cream is not. It will never pall. But delegate its preparation to a hireling, and it instantly resents the slight by becoming lumpy and rank.

"There are many other delicious foods that can be made of corn meal, but each one of them is another story."

The southern people are more addicted to the use of corn bread, corn cakes, corn muffins, hominy, mush and other products of corn than any other people and the further they get away from it by the use of other cereal products the worse it will be for them. We should like to see the south as well as the north and west everlastingly

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weakens every other organ of the body, for they all depend upon the heart to furnish them with an abundance of the pure life-giving fluid. To give the heart power to do this, Dr. Miles' Heart Cure has no equal. It strengthens and regulates the heart action, and furnishes nerve power, the vital element. Money back if first bottle fails to benefit.

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"solid" when it comes to mush and milk, ash cake, john-y-cake, hominy and brown Maryland gravy.—Knoxville Sentinel.

Books of the Day

"Songs of the People," by J. A. Edgerton. Cloth, 220 pp. Denver: The Reed Publishing company. The poet of the people is one of the most effective ministers of progress. Historians rarely take note of his work; nor is his far-reaching influence recognized by conventional critics, who affect a contempt for singers whose imagination soars not on eagle wings of genius or whose phrasing sometimes lacks the deft touch of the schoolman. And yet the people's poet, singing the high hopes, aspirations, and dreams of justice, freedom and fraternity into the brain of the masses changes the thought-world of millions of people, calling into life high, fine ideals that henceforth become life-molding influences and in a real though subtle way exalt the race and further true civilization.

Burns has done more for human amelioration and enduring progress by his songs of the common life than any score of popular dilettante poets who have basked in the favor of conventionalism since his day. The songs of Burns became an inspiration to Mackay and Massey, and these in turn, no less than Burns, kindled the ethical fires in the poet-soul of our own James G. Clark and other popular singers of our time and tongue; while all the time the ethical lyrics of the simple singers of the common life are filling the narrow and prosaic thought-world of the millions with high dreams of a nobler life and a truer order to which all that is best in civilization is tending.

Among the youngest and sweetest of our simple singers of the common lot is James A. Edgerton, of the editorial staff of the Rocky Mountain Daily News. Mr. Edgerton is a true apostle of progress, a man of high ideals and noble impulses; and, what is more, he is true to his convictions, ever striving to help the people into a broader, freer, and more joyous day. Few singers of ethical and progressive lays have had their verses so widely quoted in recent years as Mr. Edgerton; and his numerous admirers will learn with pleasure that his most popular poems have just appeared in a neat cloth-bound volume, under the title of "Songs of the People."

The volume contains many charming reminiscent poems and some very beautiful lays of affection; but for our readers the ethical verses will hold special interest.—Reviewed by B. O. Flower, in The Arena.

Mr. Robert Hunter has recently issued through MacMillan Company of New York a book entitled "Poverty." The following chapter titles indicate the subjects discussed:

- Poverty.
- The Pauper.
- The Vagrant.
- The Sick.
- The Child.
- The Immigrant.

The appendix contains chapters upon "Housing and Tuberculosis," "The Number of Accidents in the United States," "A Living Wage," "Rates of Wages for Male Workers over Sixteen Years of Age," "Estimates on Extent of Poverty" and "Child Labor in the United States."

Mr. Hunter is devoting himself to sociological work and his book is the result of his investigations.

Mrs. Maybrick will issue in December through Funk & Wagnalls Co., of New York and London, a book entitled "Mrs. Maybrick's Own Story: Her Fifteen Years of Prison Life." In

this book Mrs. Maybrick tells for the first time the story of her experience in an English prison, and to the book is appended a legal digest of the matters bearing upon the subject. The book can be purchased at \$1.20 per copy, net, and can be ordered in advance through any book seller or direct from the publishers.

"The Power of Truth." William George Jordan, the author of "The Majesty of Calmness," has issued, through Brentano's Publishing House, New York, another little book entitled "The Power of Truth." It will be welcomed by those who have read his former volume. The following chapter titles show the scope of the work:

- The Power of Truth.
- The Courage to Face Ingratitude.
- People Who Live in Air Castles.
- Swords and Scabbards.
- The Conquest of the Preventable.
- The Companionship of Tolerance.
- The Things That Come too Late.
- The Way of the Reformer.

The first sentence illustrates the writer's style of argument. It reads: "Truth is, the rock foundation of every great character. It is loyalty to the right as we see it; it is courageous living of our lives in harmony with our ideals: it is always—power."

Such books are of more lasting value than the great mass of current literature that enjoys an ephemeral popularity. "The Power of Truth" is commended to the readers of The Commoner.

Pig Might Have Caused War

London Truth recalls a curious tale of the Falkland islands which might have caused war between England and the United States, but which is now quite forgotten.

On one of the main islands is Stanley, where the governor and a few British reside. The islands produce grass, turnips and pigs. These pigs used to be much sought by American whaling captains. The governor always insisted that they were British property. The captains insisted that they were wild pigs. During the Crimean war an American whaler appropriated a pig, and then put into Stanley. The governor classed the pig as British, and when the captain refused to give it up imprisoned him.

A few days later an American ship of war put into Stanley under the command of Captain Lynch. The captain, hearing that an American citizen had been clapped into prison by the governor, demanded his release, asking the governor, if unprepared to comply, to remove his women and children, as the town would be bombarded. The governor released his prisoner, and presumably the pig, and sent an account to the colonial office, and the British legation at Washington was directed to insist upon an apology.

Mr. Marcy, secretary of state, explained that Lynch was nervous because he had had domestic trouble. Britain could not accept this excuse, but dropped the discussion, for with a war with Russia on her hands it was just as well not to get into hot water with the United States.

Possibly, Truth suggests, the great international question of the pig is still undecided.

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