

What Sulphur Does

For the Human Body in Health and Disease

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure-all, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form so that a single grain is far more effective than a tablespoonful of the crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly on the liver, and excretory organs and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and can not compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate people who are tired or pills, cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers, a far safer, more palatable and effective preparation.

place, centrally located—and I know of no place more suitable than St. Louis—for the establishment, in marble and granite, of just such a city; a substantial expression of the artistic and architectural genius of the age. In this marble city, the greatest artists could meet and the lesser artists study; writers and poets could come together and forget the commercialized aspect of literature, in communion with the spirit of the masters; great and small musicians could gather for a festival of sound, in which ragtime would play no part. The idealists and dreamers, those impractical people whose mission it is to keep us in touch with things of value higher than can be

reckoned in coin, could here meet and unfold their plans.

We should have at least one place in America, "a holy of holies," set apart for intellectual and spiritual pursuits, as well as for the display of products, and it should be maintained by the government. We have spent vast sums on forest reserves, and this is as it should be; we must keep from vandalism our beautiful natural parks; but let us respect the work of man as well as that of mother nature, and establish for him a city which shall be the highest expression of his genius.—Exchange.

Between Friends

The pursuit of politics is a pleasure in Orange, N. J. One night last week E. S. Stokes, the republican gubernatorial candidate delivered an address in the Orange music hall. A large white sign on the front of the building announced:

"OUR NEXT GOVERNOR IN MUSIC HALL TONIGHT."

Three or four nights afterward the democratic leader in Orange met the republican leader and remarked: "By the way, old man, Charlie Black is going to speak in music hall tomorrow night. Will you let us have that sign you had for Stokes' meeting?" "Sure; send around and get it," was the reply. Thus it came about that the big white sign did double duty. Does it speak well for our affairs when opposing politicians are so friendly?

A cheerful observance of the political amenities is characteristic of politicians generally, but rarely does it go to the extreme observed in the case of the New Jersey friends. Although public opinion doesn't require that opposing politicians go armed to the teeth and prepared to kill at sight, it does demand a show of opposition, and stops short of permitting friends to do away with the constitution, for instance.

About the average politician there seems to be a good deal more of the professional advocate than he can afford to acknowledge to the public, and after a strenuous fight it is no uncommon thing for two of them to lock arms and repair to a tavern, figuratively and literally. Just how sincere are the politicians, after all?—St. Louis Republic.

Capital and Labor

Sitting in the Waldorf cafe, we were discussing some deep problems of the day, trying to photograph them, as it were, on the brain. The question of capital and labor came up.

"Can you tell me, Colonel, what is the difference between capital and labor?" was asked of a retired officer of the engineer corps, U. S. A.

"I flatter myself that I can, sir," said the Colonel. "Some time before my old and very dear friend, William H. Vanderbilt, died, he was run down by an unruly team at Fleetwood park. His injuries did not amount to a scratch, sir, but they caused a panic in Wall street, and the newspapers published from two to four columns about it. At the same instant a brick mason fell from the top of a wall he was building and broke his neck. One-twentieth of a column answered for him. That, sir, is the difference between capital and labor.—Exchange.

"Gib me a Po'tah-House"

Two colored barbers, one an old man and the other a younger one, had the shop. The younger one had taken off his apron and started toward the door.

"You's gwine ter get a drink?" asked the elder.

"Dat's what I'se gwine ter do," answered the younger man.

"Go an' get yo' drink," said the other. "I used ter do the same t'ing when I was young. When I was fus' ma'ried dah wuz a gin mill nex' ter de shop whah I worked, an' in it I spent fifty and sebenty cents a day outen da dollar an' a half I earned. Well, one mo'nin' I went inter de butchah an' looked ter see what money I had left.

"What do you want?" asked the butcher.

"Gib me ten cents' wuf ob libber,' wuz the remark. It wuz all I could pay fo'. Now you go and git yo' drink. You'll eat libber, but de man what sells you de stuff will hab nis po'tahhouse steak. De man behind de bah eats po'tahhouse, de man in front eats libber. I ain't touched de stuff fo' thirty years, an' I'm eatin' po'tahhouse mah-self."

This homely philosophy of the old negro applies to many of our acquaintances.—Metal Worker.

A Numerical Mistake

"Private" John Allen tells us of an old time politician of Mississippi who was making a personal canvass of his territory, says the Woman's Home Companion.

"One day," relates Mr. Allen, "the statesman was doing the southern portion of the state. Suddenly he struck a community that appeared fairly a-swarm with children. Never had he seen so many little ones in so small a place. Clustered about one doorway were some fourteen tots of various ages. In their midst stood an extremely good looking young woman.

"Madam," said the politician, with a gallant bow, 'you must permit me to kiss these charming little ones.'

"The woman merely smiled.

"After he had affectionately saluted each of them, he asked, with a genial smile: 'All yours?'

"The young woman blushed.


"The statesman, with another bow, then said: 'I trust, madam, that I may further trespass upon your good nature by asking that you will be so good as to inform your husband that Col. —, candidate for congress from this district, called upon him this afternoon.'

"Pardon me," gasped the woman, 'but I have no husband!'

"But these children, madam!" exclaimed the astonished statesman. "You are not a widow?'

"Oh, no, sir!' was the reply: 'This is an orphan asylum.'

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