

A Full Dollar's Worth Free

I will gladly give any sick one a full dollar's worth of my remedy to test.
 I ask no deposit—no promise. There is nothing to pay, either now or later. The dollar bottle is free.
 I want no reference—no security. The poor have the same opportunity as the rich. The very sick, the slightly ill, invalids of years, and men and women whose only trouble is an occasional "dull day"—to one and all I say "Merely write and ask." I will send you an order on your druggist. He will give you free, the full dollar package.
 My offer is as broad as humanity itself. For sickness knows no distinction in its ravages. And the restless patient on a downy couch is no more welcome than the wasting sufferer who treads through the lagging hours in a dismal hovel.
 I want EVERYONE, EVERYWHERE to test my remedy.
 There is no mystery—no miracle. I can explain my treatment

to you as easily as I can tell you why cold freezes water and why heat melts ice. Nor do I claim a discovery. For every detail of my treatment is based on truths so fundamental that none can deny them. And every ingredient of my medicine is as old as the hills it grows on. I simply applied the truths and combined the ingredients into a remedy that is practically certain. The paragraphs below will show you the reason why.
 But my years of patient experiment will avail you nothing if you do not accept my offer. For facts and reason are even belief will not cure. Only the remedy can do that.
 In eighty thousand communities—in more than a million homes—Dr. Shoop's Restorative is known. There are those all around you—your friends and neighbors, perhaps—whose suffering it has relieved. There is not a physician anywhere who dares tell you I am wrong in the new medical principles which I apply. And for six solid years my remedy has stood the sever-

est test a medicine was ever put to—I have said "If it fails it is free."—and it has never failed where there was a possible chance for it to succeed.
 But this mountain of evidence is of no avail to those who shut their eyes and close away in doubt. For doubt is harder to overcome than disease. I cannot cure those who lack the faith to try.
 So now I have made this offer. I disregard the evidence. I lay aside the fact that mine is the largest medical practice in the world, and come to you as a stranger. I ask you to believe not one word that I say till you have proven it or yourself. I offer to give you outright a full dollar's worth of Dr. Shoop's Restorative. No one else has ever tried so hard to remove every possible excuse for doubt. It is the utmost my unbounded confidence can suggest. Its open and frank and fair. It is the supreme test of my limitless belief.

Inside Nerves!

Only one out of every 98 has perfect health. Of the 97 sick ones, some are bed-ridden, some are half sick, and some are only dull and listless. But most of the sickness comes from a common cause. The nerves are weak. Not the nerves you ordinarily think about—not the nerves that govern your movements and your thoughts.

But the nerves that, unguided and unknown, night and day, keep your heart in motion—control your digestive apparatus—regulate your liver—operate your kidneys.

These are the nerves that wear out and break down.

It does no good to treat the ailing organ—the irregular heart—the disordered liver—the rebellious stomach—the deranged kidneys. They are not to blame. But go back to the nerves that control them. There you will find the seat of the trouble.

There is nothing new about this—nothing any physician would dispute. But it remained for Dr. Shoop to apply this knowledge—to put it to practical use. Dr. Shoop's Restorative is the result of a quarter century of endeavor along this very line. It does not dose the organ or deaden the pain—but it does go at once to the nerve—the inside nerve—the power nerve—and builds it up and strengthens it and makes it well.

A Bond of Sympathy

The inside nerve system is plainly the most important system in the human body. Our life rests on the action of the vital organs. While they work we live. When they stop we die. While they perform their duties properly we are well. When they perform their duties poorly we are ill. And the vital organs, each and every one, depend upon the inside nerve system, for it not only regulates them—it operates and controls them.

The work of the inside nerve is not only the most important—it is the most laborious. For our other nerves are exerted only at will. We think and talk and exercise only as we feel inclined, and when we are tired we rest. But the stomach, the heart, the liver, the kidneys, must constantly and continuously—day and night—fresh or tired, perform their necessary duties. We have no way of knowing even that they are tired or at fault save the weakening of the organs they supply.

But this strong bond of sympathy has a useful purpose. For it shows us clearly that all are branches of one great system—that if we make the system strong we strengthen every branch. This is why so many ailments can be cured by one form of treatment. For almost all sickness is nerve sickness—inside nerve sickness and other kinds of sickness, such as purely organic derangements are frequently due to lack of proper inside nerve treatment.

Many Ailments—One Cure

I have called these the inside nerves for simplicity's sake. Their usual name is the "sympathetic" nerves. Physicians call them by this name because they are so closely allied—because each is in such close sympathy with the others. The result is that when one branch is allowed to become impaired, the others weaken. That is why one kind of sickness leads into another. That is why cases become "complicated." For this delicate nerve is the most sensitive part of the human system.

Does this not explain to you some of the uncertainties of medicine—is it not a good reason to your mind why other kinds of treatment may have failed.

Don't you see that THIS is NEW in medicine? That this is NOT the mere patchwork of a stimulant—the mere soothing of a narcotic? Don't you see that it goes right to the root of the trouble and eradicates the cause?

But I do not ask you to take a single statement of mine—I do not ask you to believe a word I say until you have tried my medicine in your own home at my expense absolutely. Could I offer you a full dollar's worth free if there were any misrepresentation? Could I let you go to your druggist—whom you know—and pick out any bottle he has on his shelves of my medicine were it not UNIFORMLY helpful? Could I AFFORD to do this if I were not reasonably SURE that my medicine will help you?

Simply Write Me

The first free bottle may be enough to effect a cure—but I do not promise that. Nor do I fear a loss of possible profit if it does. For such a test will surely convince the cured one beyond doubt or dispute or disbelief, that every word I say is true.

The offer is open to everyone, everywhere. But you must write ME for the free dollar bottle order. All druggists do not grant the test. I will then direct you to one that does. He will pass it down to you from his stock as freely as though your dollar laid before him. Write for the order today. The offer may not remain open. I will send you the book you ask for beside. It is free. It will help you to understand your case. What more can I do to convince you of my interest—of my sincerity?

For a free order for a full dollar bottle you must address Dr. Shoop, Box 6515, Racine, Wis. State which book you want.

Book 1 on Dyspepsia.
Book 2 on the Heart.
Book 3 on the Kidneys.
Book 4 for Women.
Book 5 for Men.
Book 6 on Rheumatism.

Mild cases are often cured with one or two bottles. For sale at forty thousand drug stores.

For Stomach Troubles

The stomach is controlled by a delicate nerve called the solar plexus. Prize fighters know that a blow over the stomach—a solar plexus blow—means a sure knock-out. For this nerve is ten times as sensitive as the pupil of your eye. Yet the solar plexus is only one of the centers of the great inside nerve—the power nerve. It is one of the master nerves. The stomach is its slave. Practically all stomach trouble is nerve trouble—inside nerve trouble—solar plexus trouble. Dr. Shoop's Restorative strengthens the inside nerves—strengthens the solar plexus and the stomach trouble disappears.

For Kidney Troubles

The kidneys are the blood filters. They are operated solely by the inside nerves. The branch which operates them and regulates them is called the renal plexus. When the renal plexus is weak or irregular the kidneys become clogged with the poisons they should throw off. No kidney treatment can clean them out or cure them and one stage leads into another until after a while the kidneys themselves begin to break down and dissolve. There is only one way to reach kidney trouble—that is through the inside nerves that control them, which Dr. Shoop's Restorative alone strengthens and restores.

For Heart Trouble

Your heart beats more than ten thousand times a day. And every heart beat is an impulse of the inside nerve branch called the cardiac plexus. The heart is a muscle, but it is the nerve that makes the muscle do the work. An irregular or weak heart is, almost in every instance, the direct result of a weak or irregular nerve—inside nerve. To cure heart trouble restore the nerve to normal. Dr. Shoop's Restorative will restore the cardiac plexus, just as it restores the solar plexus and the renal plexus. For all are equal parts of the inside nerve system—the power nerves—the master nerves.

For Womanly Troubles

Almost all of the troubles that are peculiar to woman are caused by weakness of the inside nerves. There is no need to doctor and dose an ailing organ when it depends alone for its supply of energy on the inside nerves. Inside weakness, if not attended to will spread. The common name for the inside nerves is the "Sympathetic Nerves." Each center is in close sympathy with the other, and when one becomes deranged, general weakness and derangement frequently ensue. Dr. Shoop's Restorative gently tones up the inside nerves and removes the cause of weakness permanently and forever.

Dr. Shoop's Restorative

For economy's sake, keep a bottle of Dr. Shoop's Restorative always on the pantry shelf. When off days come a few doses will increase your appetite—relieve your dullness—set you right. Neglected, these dull, listless spells may develop into serious illness. A dose in time is the truest economy.

butter, and a little water, if not moist enough. Stuff and sew the edges together, bring the hind and forefeet forward, and close to the body; put a piece of wood or something in the mouth to keep it open. Put half a cupful of hot water with a teaspoonful of salt and tablespoonful of butter in a dripping pan, put the pig in, and baste often, dust lightly with flour, and bake in a moderate oven for two and a half to three hours. When about done, rub the outside with a cloth dipped in melted butter. When done, remove to a large platter, take out the stitches, remove the stick from its mouth, and put in its place a small apple or lemon. Garnish the platter with celery or parsley. Brown gravy should be served with it. Mashed sweet and Irish potatoes and turnips may be served with the roast.

Apple and Pumpkin Butter

Boil cider down one-half, in an agate or porcelain vessel; then add the apples as you pare and quarter them, boiling them slowly all the while.

When your kettle will hold no more, cook slowly for two hours, stirring often with a wooden paddle; then stir in a heaping teaspoonful of mixed spices to every quart of the butter, and boil until quite thick. Some like the butter sweet, and light brown sugar may be used. The spices generally used are cloves, cinnamon and allspice, ground. Should be kept in small earthen jars.

Pare and scrape the pieces of pumpkin, cut into small pieces, put into a kettle with but little water and cook slowly for four hours—longer, if necessary to boil all water away. See that the pumpkin is thoroughly mashed and quite dry and thick; then, to each quart of pumpkin, add a scant cup of light brown sugar, and season with ginger or cinnamon, as you like. Cook one hour longer, stirring all the time. Keep in stone jars, well covered.

Query Box

L. J. R.—I am sorry I can not aid you.
 H. K.—Your query answered by mail

by an authority on the subject.

Mrs. T. J.—To make your ceiling appear higher, use a paper of a pronounced perpendicular design; also, omit the picture rail.

A Subscriber.—Sprinkle air-slacked lime through the potatoes; this will usually arrest decay. Tobacco leaves or paints being stored near them will not cause rot.

Frances.—To suit the lampwick to the tubing, draw a few threads from it, lengthwise. This will reduce the bulk, and the wick will pass in without trouble.

Mrs. A. M.—Preserve your orange peel by cutting away the thin yellow part carefully, and boiling the peel until tender; then boil in a thick syrup until clear; cool, and roll in granulated sugar and dry.

Ruthie G.—The question is one that only a reputable physician can answer. Sorry I missed you at the convention. You forgot to give me your postoffice address.

Mrs. J. S.—Quite a few of our best authorities on culinary matters en-

dorse the article mentioned as a substitute for lard; many persons use suet and beef-drippings with satisfaction. Personally, I do not know its merits.

Fannie J.—The profession of stenographer and typewriter is very much over-crowded and poorly paid. If you are well educated, and know how to use your education, the mere learning to manipulate the keys will be but a small matter. The wage is measured by the skill and ability you display.

Marion.—It is only within the last few years that the intellectual qualifications of the sexes could be compared, as, until recently, the higher branches of learning were not open to women. Since their admission to the colleges and universities, women have attained to high honors in all branches and their intellectual abilities are meeting recognition.

Allen's Lung Balsam
 will positively break up a deep, racking cough past relief by other means.