

Sick Ones and Suffering

I will gladly give you a full dollar's worth of my remedy to test.

There Are No Conditions

Nothing to deposit. Nothing to promise. The dollar bottle is free. Your Druggist, on my order, will hand you a full dollar's worth and send me the bill.

No one else has ever tried so hard to remove every possible excuse for doubt.

In eighty thousand communities—in more than a million homes—my remedy is known. There are those all around you—your friends and neighbors, perhaps—whose suffering it has relieved. There is not a physician anywhere who dares tell you I am wrong in the new medical principles which I apply. And for six solid years my remedy has stood the severest test a medicine was ever put to—I have said "If it fails it is free"—and it has never failed where there was a possible chance for it to succeed.

But this mountain of evidence is of no avail to those who shut their eyes and close away in doubt. For doubt is harder to overcome than disease. I cannot cure those who lack the faith to try.

So now I have made this offer. I disregard the evidence. I lay aside the fact that mine is the largest medical practice in the world, and come to you as a stranger. I ask you to believe not one word that I say till you have proven it for yourself. I offer to give you outright a full dollar's worth of my remedy. It is the utmost my unbounded confidence can suggest. It is open and frank and fair. It is the supreme test of my limitless belief in

Dr. Shoop's Restorative

Only one out of every 98 has perfect health. Of the 97 sick ones, some are bed-ridden, some are half sick, and some are only dull and listless. But most of the sickness comes from a common cause. The nerves are weak. Not the nerves you ordinarily think about—not the nerves that govern your movements and your thoughts.

But the nerves that, unguided and unknown, night and day, keep your heart in motion—control your digestive apparatus—regulate your liver—operate your kidneys.

These are nerves that wear out and break down.

It does no good to treat the ailing organ—the irregular heart—the disordered liver—the rebellious stomach—the deranged kidneys. They are not to blame. But go back to the nerves that control them. There you will find the seat of the trouble.

There is nothing new about this—nothing any physician would dispute. But it remained for Dr. Shoop to apply this knowledge—to put it to practical use. Dr. Shoop's Restorative is the result of a quarter century of endeavor along this very line. It does not dose the organ or deaden the pain—but it does go at once to the nerve—the inside nerve—the power nerve—and builds it up, and strengthens it and makes it well.

Don't you see that THIS IS NEW in medicine? That this is NOT the mere patchwork of a stimulant—the mere soothing of a narcotic? Don't you see that it goes right to the root of the trouble and eradicates the cause?

But I do not ask you to take a single statement of mine—I do not ask you to believe a word I say until you have tried my medicine in your own home at my expense absolutely. Could I offer you a full dollar's worth free if there were any misrepresentations? Could I let you go to your druggist—whom you know—and pick out any bottle he has on his shelves of my medicine were it not UNIFORMLY helpful? Would I do this if I were not straightforward in my every claim? Could I AFFORD to do it if I were not reasonably sure that my medicine will help you?

Simply Write Me

But you must write ME for the free dollar bottle order. All druggists do not grant the test. I will then direct you to one that does. He will pass it down to you from his stock as freely as though your dollar laid before him. Write for the order today. The offer may not remain open. I will send you the book you ask for beside. It is free. It will help you to understand your case. What more can I do to convince you of my interest—of my sincerity?

For the free dollar Book 1 on Dyspepsia, bottle order address Book 2 on the Heart. Dr. Shoop, Box 2515 Book 3 on the Kidneys Racine, Wis. Any one Book 4 for Women. Of these six books will Book 5 for Men. be sent free on request. Book 6 on Rheumatism Mild cases not chronic, are often cured with one or two bottles. For sale at forty thousand drug stores.

two hours. Serve hot with sweet sauce.

Cranberry Patties.—Line patty-pans with rich paste and bake till done in a hot oven; when baked, let cool, and

fill with a rich jellied cranberry sauce, and spread with a meringue made with the white of an egg and half a cup of powdered sugar. Put in a cool oven until a pale straw color.

Cranberry Frappe.—Boil one quart of cranberries in one pint of water until the skins burst; strain, and add two cups of granulated sugar and the juice of two lemons; freeze to a mush, using equal parts of ice and salt.

Cranberries with Apples.—Cook equal parts of cranberries and apples together; when done, press through a colander, flavor with lemon juice, and sweeten to taste.

Cranberry Roll.—Cream together a tablespoonful of butter and one cup of sugar, and half a cup of water and two cups of flour, with a pinch of salt and a dash of nutmeg. Beat until smooth, then add another cup of flour in which a tablespoonful of baking powder has been sifted, and roll the dough out to an inch in thickness. Spread the dough with rich cranberry jelly, roll up, place it on a plate and steam three hours; or it may be tied in a cloth and boiled for two hours. Serve with a sweet sauce.

A rich jellied cranberry sauce makes a handsome and delicious receptacle for chicken or celery salad. Mold in a plain border mold, or by setting a smaller bowl inside of a plain mold of size desired. Nearly fill the smaller bowl with cold water, and pour the cranberry sauce between the two; turn out carefully just before it is to be served, and fill the center with chicken salad.

Ventilation for Bed-rooms

The tendency will be, from now on, to more and more close up the sleeping rooms at night; but this should not be, as to have good health, one must sleep in pure air. There are ways of getting one accustomed to cool air and fewer bedclothes, but there can be neither health nor comfort when one "sleeps cold," or feels chilly during the night. The bedroom should be well aired during the day, then, on going to bed, the windows may be left open and the blinds, if you have them, closed and the shades lowered. In this way, the fresh air may be admitted without a strong current of air blowing upon one. If there are no outside shutters, the windows may not be left so widely open, but the upper sash may be lowered a little, while the lower sash should be raised to match it, with the shades drawn down. It is not the fresh air which hurts one, but the draft, more or less, blowing upon one, while the bodily temperature is lowered from the inertia of sleep. One should get all the fresh air possible, throughout the whole twenty-four hours.

For Your Sunday Dinner

Beat three eggs very light with an egg-beater; add to them one cupful and a half of powdered sugar and beat with a spoon until the entire mixture is creamy. Add one tablespoonful of lemon juice and beat three minutes longer. Put two cupfuls of sifted flour into a sieve, mix with it two level teaspoonfuls of baking powder; add one gill of cold water to the beaten egg and sugar; then sift in the flour and baking powder and beat well. Pour a little more than half of this mixture into two deep buttered tin plates; pour the remainder into a small cake pan. Bake the parts in the plates for twenty minutes in a moderate oven, and that in the cake pan for twenty-five minutes. The two round plates are for pies, and the sheet of cake may be used in the basket. It improves if kept a day or two. Split the round cakes and fill in with the

SEND FOR MY FREE EYE BOOK TODAY



I WILL CURE YOU OF BLINDNESS

NINETY-FIVE per cent of the thousands of people I have treated and cured of blindness have been what is known as "chronic cases." They sought my aid as a last resort after they had been butchered and blinded by the surgeon's knife, or a cure rendered almost impossible by acids and caustics. I have cured thousands of people, from every walk in life, from every country on the globe—people who had been afflicted with every form of blindness. I HAVE cured my patients in their homes using mild medicines that could not possibly injure and which a child might safely apply. I have cured them when they were entirely hopeless, because they had been given up as "incurable" by others. I have devoted my life and money to the study and cure of eye diseases of every kind, and my treatment is absolutely and positively my own discovery, and is used by no other.

I cured these people easily, quickly and at little expense. Write them. They will tell you how they were cured.

Dear Doctor Oneal:—When I began your treatment for my eyes they had been granulated for several years. Now after using your treatment five weeks all these troubles are gone. My eyes feel comfortable and appear natural, and I can read every evening until bedtime without any trouble. Very truly yours, Toulon, Ill. George W. Dewey.

Dear Doctor Oneal:—For about thirteen years I have been troubled with Congested Oculic Nerve and Iritis. I have taken three months' treatment and my sight is completely restored. Sincerely, Sullivan, Ohio. Elizabeth Ingraham

OREN ONEAL, M. D., Suite 121, 52 Dearborn St., Chicago, U. S. A.

SEND for my book this very day. Write now. I will carefully investigate your trouble and will give you my honest opinion without charging you anything. I will show you exactly what I have been able to do in cases identical with your own. If your case is curable I will tell you how I can cure you in your own home without inconvenience, annoyance and at the very least expense. **M**Y BOOK contains the results of my years of study. It tells how to properly care for your eyes and how to care for your body as well. It illustrates, describes and gives valuable advice about various eye diseases. Possibly my book and advice will be all that is necessary. In any event, you have nothing to lose and much to gain by writing me. I will not charge you one penny for my advice.

Dear Doctor Oneal:—For seven years I have been afflicted with cataracts. I was so blind that I could not tell a man from a woman. Now I have just taken three months' treatment, and can read and sew and see objects very plainly, and my eyes are sound and well. Very truly yours, Whigville, Ohio. Mrs. Elizabeth Rositter.

Dear Doctor Oneal:—I have suffered for years with Inflamed Eyes, Cataract and Film. I concluded to try your treatment which I did for two months. I am glad to say I feel no pain at all now and my eyes are well and strong. Sincerely, Navasota Texas. Mrs. Annie H. Foster.

prepared cream, which is made as follows:

Put three gills of milk into the double boiler and place on the fire; beat together in a bowl three tablespoonfuls of flour, two-thirds of a cup of sugar, one large egg and half a saltspoonful of salt. When this is light and smooth, stir it into the boiling milk; beat well for two minutes, cover the boiler and cook the cream for fifteen minutes, stirring frequently. Flavor with lemon or vanilla.

Some Tomato Recipes

Broiled Tomatoes.—Split solid tomatoes into halves; place them on a boiler, skin-side down, and broil slowly for fifteen minutes; dust with salt and pepper, and put over them a little butter. To be eaten at once.

Boiled Tomatoes.—Throw small, solid tomatoes into a kettle of boiling water; boil rapidly for ten minutes; lift with a skimmer and dish each onto a heated saucer. Open the center of each with a fork, put in a bit of butter, a little salt and pepper, and serve at once. This is a breakfast dish.—Mrs. S. T. Rorer.

Green Tomatoes and Onions.—Slice green tomatoes without peeling, and put into a hot skillet which has been buttered; add a layer of sliced onions, then tomatoes, repeating until the skillet is filled. When all is cooked tender, turn into a hot dish and serve; to be cooked in the oven.

Fried Tomatoes.—Slice large toma-

atoes into three slices, rub with flour, fry in hot butter, browning on both sides. Dress with a sauce made of cream, butter and seasoning. Serve hot.

Tomato Sauce.—Slice two large onions and boil until well done; add one quart of tomatoes, fresh or canned, three tablespoonfuls of sugar, pepper and salt to taste; cook well for twenty minutes, then rub through a colander, return to the stove and let come to a boil, and add one teaspoonful of corn starch wet with a little water, also a piece of butter the size of a walnut.

Shortest Dispatches

The shortest two dispatches on record: Lord Lawrence to Queen Victoria—"Peccavi!" (I have Sinned). Sir Francis Drake to Queen Elizabeth—"Cantharides!" (The Spanish fly). New York Press.

A Wonderful Medicine.

If you read this paper you know about Drake's Palmetto Wine for the Stomach, Flatulency and Constipation. We continually praise it, as hundreds of our readers do. Any reader of this can have a trial bottle of Drake's Palmetto Wine free, by sending a letter or postal card to Drake Formula Company, Drake Building, Chicago, Ill. One dose a day of this tonic, laxative Palmetto medicine gives immediate relief and often cures in a few days. Drake's Palmetto Wine is a wonder worker for Blood, Liver and Kidneys. Seventy-five cents at Drug Stores for a large bottle, usual dollar size, but a trial bottle will be sent free and prepaid to every reader of this paper who writes for it.