

Man Taking to Massage

Spy a man emerging from a barber shop with face glowing with a strawberry and cream tint and you may know he is fresh from a face massage.

If by constitution he is proud of his looks mark it down that he is after a clearer complexion. If he is by nature fond of a sensation of comfort say that he has found a new way to secure it. You will not then speak wrong.

A face massage is a comfort. For about a year it has been practiced in a number of the shops in Lincoln. Those who have tried it once have repeated it on every possible occasion. Only three things will prevent its repetition with invariable regularity. They are these, to-wit: lack of time, lack of a dime and no credit.

No two barbers massage exactly alike. The principle, however, is one scheme running through all their efforts. The result is a feeling of exhilaration and freshness equivalent sometimes to a good sleep. You dodge out of the shop if you have been handled not too roughly, feeling master of yourself and all about you.

The barber who can rub your face rightly is worth more to you than a preacher, when it comes to setting you straight with yourself and the world.

The comfort you derive from the massage is more than two-fold. Besides renewing your spirits it gives you the satisfaction of knowing that the skin has been thoroughly cleansed and that the circulation has been encouraged. The rubbing, preceded by a process of sweating, loosens the kinks, removes the finely lodged particles of dirt and sets the blood to moving as never before. Stub ends of blood ducts where heretofore the red fluid has moved but sluggishly, if at all, are forced full of blood, encouraged to admit it regularly and consequently these parts are nourished as never before. There is no better treatment for faces seamed, haggard or pallid. And the tendency is to send all facial excrescences glimmering.

France is the natal field of the face massage. The notion was born there and came across the sea as do most all other things of merit that originate in that country. Gradually it has traveled westward. It has been in Lincoln not a year yet but every progressive barber in town makes some pretensions in its practice. Not very many have perfected the art.

Though hardly two start alike the idea is to sweat the face with hot cloths before the proceeding is over. Thus the pores are cleared out in good shape. A fragrant massage cream is spread over your countenance and then begins the rubbing process. Deft fingers course over every inch of your face in every direction. When this has gone on a while the masseur resorts to plucking tactics. He nips up your countenance in a pretty run of fingering until every square inch is covered, even including the ridge of your nose and lids of your eyes sometimes. Back, and forth he goes over your cheeks, forehead, chin and neck, up and down, sidewise and every way, rubbing and plucking. Gradually the cream evaporates—what isn't rubbed in—and the refuse of your skin begins to roll up. More hot cloths are applied and this is all washed off. You march away, skin softened, face aglow, a token of perfect health.

A Few Facts Shown by the Census

Lancaster county has 28,853 men while the female inhabitants number 26,578. At first glance it would seem that this is a community in which there should be a dearth of old maids and an open market on marriage licenses.

Foreign born men in the county aggregate 5,301 while women not native



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born comprise the modest number of 4,301. In the county there are 483 colored men and 486 women.

In the city of Lincoln the men exceed the women by 1,070, the figures standing 17,971 and 16,901 respectively. Foreigners in the city are over half the foreign born population of the

county, there being 2,755 men and 2,542 women.

Most of the emigrants have settled in the First, Second and Seventh wards, although every section of the city has some foreigners. Germans, Russians and Scandinavians make up the most part of the population. Yet nearly every nationality in the civiliz-

ed world has one or more representatives in this city. There are several Filipinos. Japanese, Chinese and other denizens of the Orient are seen every day upon the streets and form a law abiding portion of the inhabitants. The Armenians are represented, as are nearly all the European countries.

Egyptians and North Africans seem to be missing. Yet it might be possible to have them among the population of the city and counted with some other nationality.

Four hundred and fifty-two colored men reside in the city limits. The women aggregate 393. For the most part the colored element of the population is confined to the region south of O street and west of Ninth. A considerable colony of Africans lives on South Seventh.

As to thrift and industry the Russians seem to take the palm, although the Hebrews are close competitors. The Germans are economical and eager for educational advantages.

The negroes have always been a source of annoyance and expense to the authorities and from figures at the office of the county attorney it seems that the colored criminals of Lincoln have been more expensive to the county than all the remainder of the population of Lancaster.

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