



SULPHO SALINE BATH HOUSE AND SANITARIUM,

Corner 14th and M Sts., • • Lincoln, Neb.

TURKISH, RUSSIAN, ROMAN, ELECTRIC, CABINET AND HOT SALT BATHS.

People taking these baths will find the best possible appointments. Throughout the building everything is clean and wholesome. Massage is given understandingly and trained attendants are to be found in every department. The mineral waters from the Artesian wells are particularly refreshing to those who are tired or overworked. For the cure of liver, kidney, stomach and nervous diseases and all chronic complaints, and especially for **Rheumatism** these waters have proven most efficacious.

The great plunge, 50x142, and 3 to 10 feet deep, filled with mineral water, is a splendid place to learn to swim. Lessons taught by men and women. This water, though constantly changing, is kept at an even temperature the year around.

In connection also is a fine barber shop and hair dressing department, both complete in every particular; scalp treatment and shampoos are given. The hair arranged for parties. Send for further particulars.



SAVANNAH, N. Y., March 18th, 1894.

Messrs. S. C. WELLS & Co., Le Roy, N. Y.:

GENTLEMEN—I was pronounced by my home physician as having tuberculosis, and I went South without any apparent benefit. I was recommended to use **Shiloh's Consumption Cure**, and its results have been wonderful. I cheerfully recommend it to any one suffering from lung trouble. JAMES W. GOSS.

"For Years,"

Says CARRIE E. STOCKWELL, of Chesterfield, N. H., "I was afflicted with an extremely severe pain in the lower part of the chest. The feeling was as if a ton weight was laid on a spot the size of my hand. During the attacks, the perspiration would stand in drops on my face, and it was agony for me to make sufficient effort even to whisper. They came suddenly, at any hour of the day or night, lasting from

thirty minutes to half a day, leaving as suddenly; but, for several days after, I was quite prostrated and sore. Sometimes the attacks were almost daily, then less frequent. After about four years of this suffering, I was taken down with bilious typhoid fever, and when I began to recover, I had the worst attack of my old trouble I ever experienced. At the first of the fever, my mother gave me **Ayer's Pills**, my doctor recommending them as being better than anything he could prepare. I continued taking these Pills, and so great was the benefit derived that during nearly thirty years I have had but one attack of my former trouble, which yielded readily to the same remedy."



AYER'S PILLS

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass.

Every Dose Effective