

tal cost, including furnishings and fixtures, of \$74,000. The main walls of for each. One the second floor are county, and the fact that they have gray stone which has a beautiful ap ranged for assembly room, G. A. R. provement throughout the county.

CARROLL TO DAIRYMEN.



Gov. B. F. Carroll.

Maintaining that lowe land is hecoming so valuable that no farmer can afford to feed an animal that is ing roads. He said they had stone in not making him a profit, Gov. B F. Carroll gave an address before the cheaper and better from Massachusstate dairymen's convention at Cedar etts. If this can be done in lowa I Rapids that gained a warm place for think it would be a good plan, but I lowa's first official in the hearts of believe there is plenty of good stone everyone present-particularly the in lowa, and I believe at least some dairymen. It was an eloquent appeal for better methods on the farm, and likewise better profits, better living so the boys and girls will want to a short time ago who suggested this stay at home and for better roads- idea to me. We have an appropriathe latter being a proposition in tion to levy a four-mill road tax. He which the governor is especially in- advised taking a certain percentage of terested. It was an address that car- that and setting it aside to be used for ried with it conviction.

Gov. Carroll assured the dairymen In the industry in which they are en. | mile. I was talking with ex-Gov. gaged, and spoke of the splendid lesson taught by the exhibits, particu- he thought that was too high. He inlarly the cattle in the basement, and to make an appropriation and put the money into the hands of an associatime been making appropriations for keep roads good than in most other back on us and we have got to resort the carrying on of institute work.

"Whether the legislature will feel like repeating that appropriation," said the governor, "will, of course, depend on yourselves and how you have used the appropriation and the tenor of my remarks at the legislature will, of course, depend upon your report.

"The dairy interest is one of the greatest of the state. Mr. Wright, our food and dairy commissioner, has just filed with me his annual report, and I have been studying it a little. There are some things in that report which I feel I ought to bring to your attention. We have something like 1,000. 363 mi.ch cows in the state, and I don't know whether the number is increasing or decreasing. His report shows that the creameries turned out about 102,000,000 pounds of butter last year: the total butter production was about 170,000,000 pounds, or about 21/4 pounds of butter per cow per week. If by producing the amount of butter per | Don't set him up as a poor excuse for animal that is now produced renders a lawyer or a doctor, but keep him at us any profit whatever, practically home to raise a family. every pound you can add to that is clear gain. It may take a little extra girl at home? How much money did feeding, but it is practically all profit. you make off your cows last year? If it could be brought up to six pounds | Don't try to put all that money into per week I think at least 21/2 pounds big barns. Good buildings and imwould be clear profit. Is it not pos- provements for the stock are, of sible to improve our dairy herds so course, necessary, but put some com-

as to get more butter from our cows? forts into the home to induce the girl "I am not in a position to criticize to stay there. Henry Wallace said at your methods, but I often wonder if Des Moines last week that if he were you are looking at this question in a a housewife and the husband would broad enough light. Last year we not put hot and cold water in the produced more than 300,000,000 bush house he would put a tent in the yard els of corn in the state of lowa. It and stay there until he did put it in. is a great compliment to the soil of There is not a class of people in the this state, but I am not sure it shows state of lowa better able to have good the greatest wisdom. May we not be homes than the farmers. He has an running too much in one rut? Are income big enough to take care of we not paying too much attention to him. The farmer may rob himself by the raising of corn? It is not the failing to farm properly, but you can't greatest thing to say we raised more rob him of his farm if he has it paid bushels of corn this year than last for. There is no man in the state year unless we raised it on less that ought to have a more comfortground. The business of dairying able home than the farmer, and the serves to keep the things which im- best way I know to keep the boy and prove the soil in the soil.

"I am glad that the man who just home that they will want to stay in. ashamed to throw away his time so

lowa county has one of the model | pearance. The arrangement of the | room, storage, engine room and gencourt houses of lowa. This splendid building is quite harmonious in every eral utility rooms. structure was erected in 1892 at a to- way. On the main floor are the offices The people of Iowa county are justof the auditor, treasurer, clerk and ly proud of this structure, and it reprecorder, with large fireproof vaults resents in a measure the thrift of this the building are constructed of Cleve- the superintendent's room, county at- spent \$74,000 for a temple of justice land sandstone, a very substantial court room. The basement is ar- indicated the high standard of im-

I think you ought to study.

"I am trying to work up a little sen-

means that your profits will be larger

and therefore you can pay more

profits to the farmer. I don't know

just how we are going to bring good

roads to Iowa, but I believe it should

be done by using the supplies we

have at hand. I was talking with the

governor of New Hampshire recently

and he told me that they were build-

ing miles of macadam roads there,

and that they were getting their stone

from Massachusetts and shipping it

into the state for the purpose of mak-

New Hampshire, but they could get it

of it should be on the roads in the

"I had a talk with a road enthusiast

dragging the roads everywhere after

vestigated a ricce of road that is be-

roads in shape on three mills on the

"It seems to me that those things

boy on the farm that is the thing to

do. Not every boy, however, born on

the farm will make a good farmer:

some of them are not good for any-

thing. If you have a boy who will

stay on the farm that is the best place

"Don't try to own all the land that

borders on your land. It is against

business with it. You don't need 320

girl on the farm is to furnish them a

in the world to keep him.

shape of macadam.

getting now.

read the paper by Prof. McKay made | You can have gas and hot and cold reference to the fact that there are water and a furnace in your house. It very few silos in this state. When I is a source of great pride to ride over tion of the United States and up into homes, but you can make them better. see one or where you see none in going to keep the children at home.

"I don't know of any one industry lowa. It must mean something. It means that these must know there is in the state that is more important or some benefit and some advantage in more profitable than the dairy interhaving silage over the way we are ests of the state. You can just as well timent on another line and I know of the number of cows or increase the the can after opening. no people more interested in it than you dairymen-the question of good quality of the animal. Which would Fish that have been frozen and roads. It means you can get your of corn grow where only one grew be- ptomaines. better if we have better roads. This where one used to grow, but it is not always profitable to pasture two cows where one cow should be pastured. It is profitable to get a cow to give two pounds of butter rather than one. You the pipes. ought to teach the farmers that if a the slaughter house and put in her fast. place a cow that will produce enough butter fat to be profitable.

The reason that our cattle are not producing more butter is because onehalf of them are poor cattle. It will not take any more grain or more care to feed a good cow than a poor one I want to say to you that I am going 66 to watch with more interest next year than I have in the past the progress that is being made along the lines that you are working for, for two reasons-because I want to know about it and because I live here and am interested in it. And then I want to know whether you were correct when I want to see if that is so. I have no good out of getting together. I am in- ists between children and parents." every rain. He said it could be done terested in it because I believe that that the state is intensely interested for six or seven dollars a year per the time is coming when we must resort to something more profitable

Larrabee a few days ago and he said than simplying plowing corn. "I think I am correct in saying that every country as it grows older has felt that the men would get great ing kept in shape near his home at the same experience—that the lands benefit from it. He stated that it was Clermont and wrote me that 11 hours' of the country grow more valuable. rather an unusual thing for the state work per year served to keep that There has been a great tide of emiroad in condition. If we can put our gration from Iowa, so that our farm population is actually decreasing. The tion or the officers of an association dollar and keep them in shape on one time is coming when that tide of. where these efficers are not directed mili on the dollar it would certainly shall I call it migration, is going to by the state and by the laws of the be an improvement worth while. The stop. When these lands become more State, although they have for some soil is such that it is more difficult to valuable the thing is going to work county agricultural stations and for places, yet I believe that we can get to something more profitable than a good deal better results out of the simply tilling the soil. I don't know appropriation and taxes than we are of anything better than dairying "

PROVED HIS REMARK CORRECT

which are most attractive to a boy or girl by way of rural entertainment have passed out of existence and our country people are catching on to city ways. I think that is a mistake. We he called back: "It's raining cats and dates, stoned and cut in pieces. Steam are talking about keeping the boy on dogs." the farm. If we are keeping the right

ately corrected the doctor. Dr. Bascom then ventured down the steps to determine the force of the ele-

upon the porch, he exclaimed: deed, it is raining pitchforks!" The student glanced at the doctor questioningly, who was visibly emthe laws of nature, and you have no barrassed because of his exaggerated acres of land in Iowa. Give a part of

ments and was thoroughly drenched

it to the boy and keep him at home. him the use of an umbrella. On the way home the student ran taste. into a projection of an awning, which pierced a hole into the umbrella.

"How are you going to keep the The next day both men were plan ning explanations and apologies, the doctor for using "pitchforks" and the student for ruining an umbrella. Dr. Bascom lost no time in reliev

> ing his mind, but was interrupted by the grateful student, who saw the way to explanation made very clear, when "Doctor, the term you applied to last night's rain was correct. Thu

your umbrella was struck by one o the descending pitchforks." Sees Them at Their Worst.

"She doesn't think so much of men. "What's the matter with her?" "Well, she's cashier in a tailor sho She's used to seeing men get fitted fo their togs."

A Mild Opinion.

"What do you think of that incide at Annapolis where an alarm clos was thrown at an officer?" "I think any young man should

MIFGHEN

Household Sanitation.

save himself and his neighbor.

tricts.

and sunned.

It was not so long ago that yellow

fever was rampant in the south, but

science discovered the kind of mos-

quito that carried the disease, and

now, with the draining of marshes,

dreaded than the common housefly.

ized iron, with a tight cover. When

HERE are a number of those

who creep

And know no reason why they're born

The Favorite Shell Fish.

Which I with sword will open

Ovsters are one of the few animal

foods which contain a large amount

of carbohydrates. These are present

in the liver in the form of glycogen.

The oyster is especially easy of diges-

tion, if eaten uncooked, or not over-

cooked, as they require little cooking.

In preparing a stew, cook the oysters

in their own liquor and remove them

as soon as they are plump, and the

during the fattening of the shell fish

which is done in shallow water, it

may become contaminated with ty-

phoid germs, derived from sewage.

Some noted epidemics have been

traced to this source. Greater care

is being taken to prevent contamina-

tion and our pure food laws are ful-

Because an oyster has a greenish

hue do not condemn it, for they often

have that color from feeding on the

green sea plants. It has been demon-

strated that a five per cent, solution

of tartaric acid will destroy typhoid

acid found in grapes, commonly

known as cream of tartar, and harm-

less. Immerse the suspected ovster.

vegetable or fruit, in the solution

made by adding one tablespoonful of

the acid to a pint of water. After half

an hour, rinse thoroughly in fresh wa-

ter, and all danger of infection is re-

moved. Although oysters are easily

When preparing a stew, drop the

oysters into boiling water to cover,

and remove as soon as plump, and the

edges are curled. Add a quarter of a

cup of butter, one quart of milk, sea-

Nellie Maxwell.

Was Doing Her Best.

a servant girl who came to Mrs.

Pruette in tears and asked permis-

sion to go home for a few days. She

had a telegram saying her mother

"Certainly you may go," said Mrs.

Pruette, "only don't stay longer than

is necessary, as we need you."

can."-Success Magazine.

William Pruette, the singer, tells of

as a valuable source of food.

move all bits of shell.

was sick.

filling a great promise.

But merely to consume the corn.

Devour the cattle, fowl and fish

And leave behind an emp.y dish."

The world's mine oyster,

NSTEAD of swallowing your food in sullen silence, instead of brooding over

your business, instead of severely talking about others, let the conversation at the table be genial, kind, social and cheering. Don't bring disagreeable things to the table in your conversation any more than to disorder, fretfulness and flurry. Tayou would in your dishes."

Breakfast Dishes. Breakfast seems to be a meal that troubles many cooks. There are so many hot breads, griddle cakes and fritters to choose from that there need be no monotony in the menu. See that the day is started right with a well prepared meal, presided over by a cheerful, happy house mother. A whole day may be spoiled by a gloomy breakfast table, and so it is essential for all good work at school or office that the day be begun with cheerfulness. Get up a few minutes earlier to avoid hurry. If husband reads his paper at the table, do as one wife did. Deprive him of her presence until he noticed and complained of the wifeless breakfast. She explained that she wanted a newspaperless husband.

Corn Muffins.

Cream one-fourth of a cup of butter, add one-fourth of a cup of sugar, yolks of two eggs, well beaten, one cup each of flour and corn meal sifted together with four teaspoons of baking powder, and one-half a teaspoon travel through the northeastern por- the state and see the magnificent of salt; add one cup of milk and the stiffly beaten whites of two eggs. Bake Canada I see 50 siles to where you And if you make them better you are in buttered muffin tins. A good muffin may be made with one egg and two teaspoonfuls of butter.

To Test the Freshness of Fish. To be eatable, all fish should be feeding now. It is one of the things double the production of butter in this firm to the touch, the eyes bright and sible from dust, good wholesome food state as not, and you ought to do it. full, the scales bright, gills red and and one has a fair chance for a use-In order to do that we must do one of flesh free from odor. Canned fish ful life, if exercise is rightly taken. two things: We must vastly increase should never be allowed to stand in

be the easier and most profitable? We after thawing, kept for a time before cream to your factories cheaper and have been talking of making two ears cooking, are apt to contain injurious

Household Hints.

Let the cold water run in the pipes a few minutes. Never use water for cooking of food, that has stood in

cow is not profitable to send her to thoroughly before beginning break-Air the kitchen and dining room

> To thaw out a water pipe: Bundle a newspaper into a torch and pass it lighted, quickly along the pipe. Drop it into a pail carried in the other hand, to avoid being burned.



world to apply to a household than that of whether the children in it are truly happy-hapyou said 'if you will give us an appro- and happy with any chance company unpriation we will produce more butter.' der the roof. Perhaps the highest achievement of civilization, refinement, education and religion is a home in which doubt but what you folks get great both a loving and reverential relation ex-

Escalloped Oysters.

Put a layer of oysters in the bottom of a baking dish; cover with crumbs, season with salt and pepper and dot with bits of butter. Repeat, covering the top with a thick layer of crumbs. Add a little milk, enough to just be seen between the oysters, and bake 20 minutes. bacilli in a short time. This is a fruit

Never use more than two layers of oysters in the dish, as the center layer is never well cooked, and underdone oysters are liable to disagree violently with the consumer.

St. James Pudding.

Take three tablespoonfuls of butter, melted, one-half cupful each of molasses and milk, sift one and two- digested, they are not especially nourthirds cupfuls of flour with one-half ishing and when 50 cents a quart may Dr. John Bascom was a stickler for teaspoon of soda and one-fourth of a be regarded as a luxury, used for the pure English. On one occasion as a teaspoon each of salt, cloves, allspice, purpose of providing variety, and not student was leaving the doctor's house nutmeg; then add one-half a pound of two and one-half hours. Use one-half "The rainfall is excessive," immedi- pound baking powder taking powder boxes for the molds.

Fig Pudding.

Take one-third of a pound of suet. by the driving rain. Hurrying back Work until creamy and soft. Add onehalf pound of chopped figs. Soak two son with pepper and salt. and one-third cups of stale bread crumbs in half a cup of milk, add two eggs, well beaten, one cup of sugar, three-fourths of a teaspoonful of salt. reference to the storm. In confusion Combine the mixtures; put into the he dismissed his visitor after giving mold and steam three hours. Serve with an egg sauce flavored to suit the

Generalities.

Parsley will keep fresh and green ten days or longer, if put into a dry glass jar, covered tight and set in a cool place.

The water in which rice is cooked | A week passed, and not a word from is too valuable to be thrown away. her. Then came a note which read: Add tomatoes to it with a little beef | "Dear Miss Pruette i will be back extract, or both, and have a soup for nex week an plese kep my place for luncheon or dinner at once palatable me mother is dying as fast as she and nourishing.

An Escape from a Crocodile.

middle of the river. He was given remain a mystery.

up for lost, and none of his compan Seldom, indes: does a crocodile ions ever expected to see him again: reinquish its prey when once its pow- but two days later he was discovered erful jaws have closed upon its vic- lying on the beach, three miles away. tim; but a story comes from East with the waves washing over him. It Africa of a native who had an extra- does not appear that he was seriously ordinary escape from one of these injured, but all he could remember reptiles. He was a Soudanese bugler, of what happened was his being seized who was bathing in the river early by the crocodile and carried down the one morning, when one of his com- river towards the sea. When he re panions saw a large crocodile emerge covered consciousness, he found him from the water, seize the bugler by self on the seashore, but what caused the body, and carry him off into the the crocodile to spare him must ever



W'y all he'd get was just one toy-A jumpin' jack, or pop-gun, when T uz Chris'mas-time where he live' then le never looked for any more-He didn't 'spect a whole toy store!

My pa he says 'at in those days covering pools with kerosene and olks did things dif'rent, anyways. screening houses, one may live in He says he never got a stack comfort and health in these same dis-O' candy-more 'n he could pack. I'wo sticks o' candy's all he got-An' he'd think that was a lot. The effort to exterminate the breed-

ing places of flies will raise the health My pa he says when he's a child rate in a marked degree, for there is Folks didn't all try to go wild an' make their childern think they'd get no carrier of disease more to be Enough to run their pas in debt. O' course, it wasn't from their pas All waste from the kitchen should But always come from Santy Claus.

be burned as soon as possible as gar-He tells me that I should be glad bage has a great attraction for flies. I don't have Chris'mas like he had-In cities where there is a garbage dis-He says there's lots he was denied posal the problem is partly solved. But he learned to be satisfied: He never dreamed, he says, that boys The garbage pail should be of galvan-Should have a whole room full of toys.

emptied it should be washed, scalded I tell my pa I'm awful sad About th' hard times that he had, But that he's relly lucky now-Fresh air is another vital necessity | He's in our fambly, anyhow, An' that he shouldn't raise a fuss of health. A house as free as pos-But be real glad he lives with us!



Breaking It Gently.

The patient opens his eyes. His glance takes in the white walls and white furnishings of the hospital ward. He looks down and sees the bandages that swathe him from head to foot. A white-robed nurse appears beside his

"Am I badly hurt?" he asks. "Yes," she says, "but not fatally. When the automobile struck you it broke both arms, one leg, five ribs and your jaw, besides dislocating six fingers, knocking out three teeth and blacking both eyes. Will you give me the name of your folks, so I may inform them that you will be here for a couple of months?"

"Yes," he says, "but break it to them gills are curled. More cooking makes gently. Just say that I have had to come to a sanitarium, owing to my them tough. The one great objection to the use of the raw oyster is that run-down condition.'

Help Wanted.

A swain who would a wooing go, To court a girl named Bertha, Asked where she lived, said: "I don't I think the street is Goethe."

The car conductor smiled and said: 'Tis plain you do not know the Right way to say that name; instead Of Goethe it is Goethe."

Noble Woman! "I declare!" says the new acquaint arce, shaking out her skirts and seting down or a good gossip on the ever seen the man I would put any confidence in. They all drink, and and new organizations are being thrt, and carry on awfully. Why, I formed daily.

"You must live in rather a bad eighborhood at home," says the other ady, slowly. And the chat is ended

Disappointing.

"My husband didn't get home until wo o'clock this morning," remarks the

lady with the weary eyes. "Indeed!" exclaims the other lady delightedly anticipating the narration In preparing for eating, carefully of a family tiff. And what did he say handle each with the fingers to rein explanation?"

"Nothing. I came home with him We had been to the theater and to s late supper afterward."

Iglooed for Life. "And we will always stick together,"

sighs the happy Esquimau bride. ever we shall live, side by side, in our and rosy from its use. own iglue."

The Ghostly Profesh.

"Have you signed for next season?" asks the shade of Copernicus of the wraith of Columbus. "Yes. I am to do my table-tipping act on the the Paladino circuit. And you?"

"Oh, I'm booked for a tambourine turn on the independent circuit."

A Real Gain.

"Bless me!" exclaims the friend never saw a man put on flesh as you have in the past six months Why, they'll have to set a V in the back of your vest before long."

"Before long!" sighs the man who is taking on about a pound a day and can't stop it. "Why man, they've already set a W there!"

Vincentized Mother Goose. here was an automatic man Who lived an automatic life,

le pressed an autematic suit And won an autematic wife. ad in his autematic way Her buttons he was wont to bless: Why don't you go and get, I say,

An automatic buttoning dress?"

90,000 AMERICAN **SETTLERS GO** TO CANADA

THE YEAR 1909 HAS SHOWN AN INCREASE OF OVER EIGHTY PER CENT IN AMERICAN SETTLEMENT.

Recent advices from Canada, our next door neighbour, the neighbourly country across the boundary line, are that upwards of ninety thousand settlers from the United States went into Western Canada during the past year, most of them for the purpose of taking up and settling upon the vacant lands, 160 acres of which are given free by the government, and lands adjoining held by railway and land companies are selling at from nine to fifteen and twenty dollars per acre. Even if thirty and forty dollars per acre were paid, the price would be low, as the lands produce wonderfully, and at these higher figures there is a large interest on the money and labor invested. The ninety thousand settlers of last year, followed about sixty thousand of the previous year, and for several years the number has been running into these large figures. There must be a reason for it. It may be found in the single phrase, "they are satisfied." Nothing attracts people more than the success of others, and the news of this reaching other thousands, causes them to investigate. The investigation in this case is always satisfactory. The splendid land of Iowa, of Indiana, of Nebraska, Kansas, Minnesota, Wisconsin, Michigan, Ohio and other States has risen to a high value, and it is worth every dollar asked for it. But there is not room now for all on these lands. With the ever increasing demand for grain, there comes the ever increasing demand for land. Canada is the only country on the continent in a position to supply it. Land there that costs, say fifteen dollars an acre, produces on a reasonable calculation, 25 bushels of wheat to the acre, or about \$20.00. The most liberal calculation as to cost makes the cost to produce \$7.50 per acre, leaving a balance of \$12.50 per acre. The \$7.50 carries good wages for the farmer, and all other conceivable contingencies. With conditions like this, covering the entire area of about 500,000 square miles, it is readily understood why 90,000 Americans should follow the sixty thousand of the previous year. Canadian Government Agencies at different points in the Union are always ready to give information regarding the free homestead lands, ready to advise the settler as to the districts which would suit him best.

CHANCE FOR BARGAIN.



For Sale Cheap-Aeroplane-Owner No Further Use.

Fight Against Plague Goes On. Although the survey of the past year's anti-tuberculosis work shows that much has been done, the reports from all parts of the country indicate that this year the amount of money to be expended, and the actual number of patients that will be treated will be more than double that of the past year. For instance, special appropriations have been made in the various municipalities for next year's antituberculosis work, aggregating \$3.976,-500. In addition to these appropriations over \$4,000,000 has been set aside by the different state legislatures for the campaign against tuberculosis this year. Besides these sums, ont piazza of the summer hotel. "You a large number of the present existsimply cannot trust the men! I've ing institutions and associations are planning enlargements of their work,

George Refrained.

"George declared he would kiss the first woman that passed under the mistletoe, and she was the colored "Did George kiss her?"

"Kiss her! I guess not. Nobody dares to take any liberties with the

WHEN DINNER COMES One Ought to Have a Good Appetite.

A good appetite is the best sauce. It goes a long way toward helping in the digestive process, and that is absolutely essential to health and strength. Many persons have found that Grape-Nuts food is not only nourishing but "Forever!" rapturously exclaims the is a great appetizer. Even children happy Esquimau bridegroom. "For like the taste of it and grow streng

It is especially the food to make a weak stomach strong and create an appetite for dinner.

"I am 57 years old," writes a Tenn. grandmother, "and have had a veak stomach from childhood. By great care as to my diet I enjoyed a reasonable degree of health, but never found anything to equal Grape-Nuts as a standby.

"When I have no appetite for breakfast and just eat to keep up my strength, I take 4 teaspoonfuls of Grape-Nuts with good rich milk and when dinner comes I am hungry. While if I go without any breakfast I never feel like eating dinner. Grap. Nuts for breakfast seems to make a healthy appetite for dinner.

"My 13-months-old grandson had teen very sick with stomach trouble luring the past summer, and finally we out him on Grape-Nuts. Now he is rowing plump and well. When asked he wants his nurse or Grape-Nuts. ne brightens up and points to the uptoard. He was no trouble to wean t all-thanks to Grape-Nuts." Read he little book, "The Road to Well-"le," in pkgs. "There's a Reason." Ever read the above letter? A new ne appears from time to time. They

e genuine, true, and full of human