

EYES REQUIRE GLASSES AT CERTAIN AGE. (Harper's Bazar.)

The changes which come to the eye as a result of age are beyond the power of the individual to remedy. It is true that the time for the wearing of glasses may be hastened by abuse of the eyes, but with all possible care that one may take the eye that hitherto has been normal will need shortly before, or it may be shortly after, the age of 45 the aid of glasses. So universal is this that an oculist, in his examinations of the refraction of the eye of his patient, can determine very accurately the number of his years. The responsibility of much eye trouble, however, can be brought directly home to the individual. It is due to the reckless expenditure of the eyesight. The services of the eyes is demanded in any and every light. The eyes are most tried by reading fine print, or doing the fine stitches of sewing or em-

and combine the greatest skill, not only in the scientific fitting of glasses, but many years experience in the practice of medicine, which adds great value to their services, even in the fitting of the simplest glasses.

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broidery. If the print is on glossy paper whose smooth surface reflects, mirrorlike, the light, the effect is very bad upon the eyes. If the embroidery is to be done on satin, or upon canvas, with its bewildering maze of meshes, the strain is soon shown in the redness and the weariness of the eyes. Women's eyes suffer greatly from the tax of veils. It only shows the great adaptability which the eyes share with every other part of the body, that the veils, with their intricate meshes and numerous dots of embroidery and chenille, do not occasion more trouble with the eyes than they do. The first thing to do in selecting a veil, if one has mercy upon the eyes, is to test its effect upon the sight, to see that the weave is not confusing and that the dots do not come athwart the eyes.

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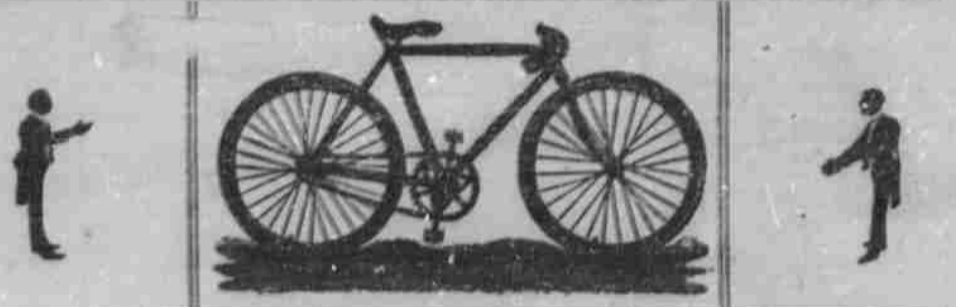
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