

KIDNEY TROUBLES

Increasing Among Women, But Sufferers Need Not Despair

THE BEST ADVICE IS FREE

Of all the diseases known, with which the female organism is afflicted, kidney disease is the most fatal, and statistics show that this disease is on the increase among women.



Unless early and correct treatment is applied the patient seldom survives when once the disease is fastened upon her. Lydia E. Pinkham's Vegetable Compound is the most efficient treatment for kidney troubles of women and is the only medicine especially prepared for this purpose.

When a woman is troubled with pain or weight in loins, backache, frequent, painful or scalding urination, swelling of limbs or feet, swelling under the eyes, an uneasy, tired feeling in the region of the kidneys or notices a brick-dust sediment in the urine, she should lose no time in commencing treatment with Lydia E. Pinkham's Vegetable Compound, as it may be the means of saving her life.

For proof, read what Lydia E. Pinkham's Vegetable Compound did for Mrs. Sawyer.

"I cannot express the terrible suffering I had to endure. A derangement of the female organs developed nervous prostration and a serious kidney trouble. The doctor attended me for a year, but I kept getting worse, until I was unable to do anything, and I made up my mind I could not live. I finally decided to try Lydia E. Pinkham's Vegetable Compound as a last resort, and I am to-day a well woman. I cannot praise it too highly, and tell every suffering woman about my case."

Mrs. Pinkham gives free advice to women; address in confidence, Lynn, Mass.



EXACT SIZE

SPECIAL OFFER

The name and address of your shoe dealer and 15c to cover cost of mailing, etc., will secure one of the handsome rolled gold pins illustrated above. Enameled in colors and will wear for years. These pins were secured by thousands of World's Fair visitors. Only a few hundred left. Write Quick.

ROBERTS, JOHNSON & RAND SHOE CO. ST. LOUIS MANUFACTURERS OF "STAR BRAND SHOES"

Very Low Round Trips

South and Southeast, one fare plus \$2.00. Hot Springs, Ark., daily, \$23.00. St. Louis, Mo., daily, \$18.50. Chattanooga, N.Y. to July 31, \$19.00. Detroit, Mich., August 13th and 14th, \$21.50. Pittsburgh, Pa., August 17th and 18th, \$25.25. Richmond, Va., Sept. 8th to 11th inclusive, \$27.75. Philadelphia, Pa., Sept. 14th to 16th inclusive, \$27.75. Long limits, stopovers, and other features offered in connection with the above rates.

KEEP ON THE SAFE SIDE



Buy a hand-made Mueller Piano. We know that only the best materials obtainable are used in their construction—the twenty year guarantee—their high quality, our low price. Write today for new catalogue just off the press. We have no agents. Address the maker, Mueller Piano Co., Schmolzer & Mueller, Factory, 1407 Harney Street, Est. 1850, Omaha, Neb.

DAXTINE TOILET ANTISEPTIC FOR WOMEN

IN A MINING CAMP

HARDY LIFE OF A BRAND-NEW WESTERN TOWN.

"Tenderfoot" Who Would Look for Luxuries, or Even Comforts, Would Be Disappointed.—Majesty of a Storm of Thunder and Rain.

In Harper's Magazine Philip Verrill Mighels gives a vivid picture of a western mining camp as he saw it on the night of his arrival: "It was twilight when we came in sight of the brand-new mining camp, built in a natural amphitheater formed by the square-cut table mountains. It was a thickly studded constellation of tents, with straggling domiciles and dugouts scattered about over a space of ten square miles. In their whiteness and squareness the tents resembled countless dice at rest where the toss of fate and chance had left them to grasp at a foothold.

"The darkness closed in as we drove into town. Our teamster swung his animals at once into a large corral, where hundreds of mules, a dozen cows, scores of men, great dusty wagons, and piles and heaps of baggage, lumber, cases, rolls of bedding, gaunt iron boilers and domestic necessities were mixed in hopeless confusion.

"I paid him my fare and told him I would willingly pay him more could he manage to provide me with a 6x1 accommodation in his blankets for the night. He knew men were walking the streets for lack of beds in the town and, being a large-hearted teamster, he agreed to take me in, provided there was space sufficient under cover.

"I sleep 'most anywhere in this corral," he said. "There's a tent over here that we may get in if there ain't too many beds there now."

"In the semi-darkness we stumbled over to the tent, which he entered. A second later he let out a horrible whoop. He had bumped into something alive. It was merely a cow. She had gone inside in search either for news from home or hay in the mattresses. She came out hurriedly, bowling the writer aside in her haste. Then a match was lighted, its wavering light revealing nine rough beds in the tent, all on the ground, in a space so limited that many were, perforce, rolled up in order to squeeze into the space. But I could come here and bunk in with the teamster if nothing more inviting could be found. He seemed to believe there was room.

"A final storm of the day now broke before I could make my way from the strewn corral. In Nevada the rarest disturbance known is a storm of thunder and rain. But to-night above the brow of the somber mountains raged a mighty war of elements, terrific and ominous. Out of clouds as black as felt stabbed three-pronged lightning strokes; vicious and awful, lightning bolts hurled dust and rain and hail together in a tempest on the town. The street was ablaze with light from a score of saloons and gambling halls. Music arose from these thronged abodes of carelessness. It swept in interrupted gusts on the storm, laughing out its frivolity against the stern, deep roar of thunder from the hill. To me it was threat and portent, fearful and majestic, that the gods were sounding."

A Word of Advice.

Biddlecomb was holding his eldest son in earnest converse. "My boy," he said, "I am filled with anxiety when I think that you will soon make choice of a wife."

"I have not done so yet, father," the young man replied. "What sort of wife would you suggest?"

"The older man looked around cautiously. "My son," he said, "if your father's advice is worth anything to you, let me urge you to seek for a woman who hasn't the independence, the positiveness, the general characteristics of your mother." He was interrupted at that moment by a light footfall and realized that his beloved helpmeet had entered the room. "No, my son," he continued, "do not hope to find another woman like your mother. Such paragons are rarely, if ever, duplicated."—Cleveland Plain Dealer.

Pensions Dumb City Servants.

Nicholas F. Brady, son of the governor of Alaska, attended a sale of condemned fire department horses in New York city recently. He purchased the half-dozen animals offered for \$600 and sent them to his farm, where they may browse on meadow grass and other good things for the rest of their days. Mr. Brady says that he will continue to buy the faithful servants of the public because he believes that they deserve the gratitude of citizens.

Carnegie Professor of Physics.

Prof. W. E. Gibbs of Fanwood, N. J., has been appointed professor of physics in the Carnegie Technical schools at Pittsburgh. He is known throughout the eastern cities for his broad knowledge of physics, which he has applied to a great variety of practical operations.

Offered Liberal Advance.

Fourteen thousand dollars is the salary of Dr. A. V. V. Raymond by the First Presbyterian church, the wealthiest congregation in Buffalo. Dr. Raymond has been filling the pulpit for several months without pay, but he declines to give up the presidency of Union college at Schenectady, N. Y., which pays him \$3,500 a year, to accept the pastorate.

Golden Hue in Butter.

Consumers of butter at Springfield, Mass., who have recently noticed the unwonted golden hue of the article, are puzzled over one dealer's statement that an unusual crop of dandelions in Vermont and western Massachusetts is responsible for it, and the explanation of a less poetic dealer that it is probably due to a greater use of coloring matter by the dairymen.

Library Uses Motor Car.

The Chicago public library uses a twenty-horsepower gasoline wagon to deliver books from the central department to the many branches in the city and suburbs.

NAMES BEST DOCTOR

MR. BAYSSON PUBLISHES RESULTS OF VALUABLE EXPERIENCE.

A Former Pronounced Dyspeptic He Now Rejoices in Perfect Freedom from Miserable Indigestion.

Thousands of sufferers know that the reason why they are irritable and depressed and nervous and sleepless is because their food does not digest, but how to get rid of the difficulty is the puzzling question.

Good digestion calls for strong digestive organs, and strength comes from a supply of good rich blood. For this reason Mr. Baysson took Dr. Williams' Pink Pills for the cure of indigestion.

"They have been my best doctor," he says. "I was suffering from dyspepsia. The pains in my stomach after meals were almost unbearable. My sleep was very irregular and my complexion was yellow. As the result of using eight boxes of Dr. Williams' Pink Pills, about the merits of which I learned from friends in France, I have escaped all these troubles, and am able again to take pleasure in eating."

A very simple story, but if it had not been for Dr. Williams' Pink Pills it might have been a tragic one. When discomfort begins with eating, fills up the intervals between meals with pain, and prevents sleep at night, there certainly cannot be much pleasure in living. A final general breaking down must be merely a question of time.

Mr. Joseph Baysson is a native of Aix-les-Bains, France, but now resides at No. 2439 Larokin street, San Francisco, Cal. He is one of a great number who can testify to the remarkable efficacy of Dr. Williams' Pink Pills in the treatment of obstinate disorders of the stomach.

If you would get rid of nausea, pain or burning in the stomach, vertigo, nervousness, insomnia, or any of the other miseries of a dyspeptic, get rid of the weakness of the digestive organs by the use of Dr. Williams' Pink Pills. They are sold by druggists everywhere.

Hot Lakes in New Zealand. The hot lakes district of New Zealand includes seven lakes ranging in area from thirty-one to three square miles, besides many of smaller size.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of J. C. Ayer & Co.

Cause of Headaches.

As is naturally to be expected, the commonest cause of headaches is some nervous disturbance or weakness irritated by some experience which in prime condition of health would produce no perceptible effect. The common causes are therefore of two classes, namely, those which peculiarly exist within the body and those which exist outside of it and excite the inner or latent evils into action.

Use for Discarded Trams.

Australia has found a new use for discarded trams. Sydney ladies have them painted green and white, hang them with baskets of flowers, rang creepers over the roof and then utilize them as afternoon tearooms.

London Healthier Than New York.

Although the population of New York is fewer by a good million than that of London, the number of deaths last year in the two cities was practically the same.

Wife Made Wise Change in Food.

Change of diet is the only way to really cure stomach and bowel trouble. A woman says: "My husband had dyspepsia when we were married and had suffered from it for several years. It was almost impossible to find anything he could eat without bad results.

"I thought this was largely due to the use of coffee and persuaded him to discontinue it. He did so, and began to drink Postum Food Coffee. The change did him good from the beginning, his digestion improved; he suffered much less from his nervousness, and when he added Grape-Nuts food to his diet he was soon entirely cured.

"My friend, Mrs. —, of Vicksburg (my former home) had become a nervous wreck also from dyspepsia. Medicines had no effect, neither did travel help her. On my last visit home, some months ago, I persuaded her to use Grape-Nuts food. She was in despair, and consented. She stuck to it until it restored her health so completely that she is now the most enthusiastic friend of Grape-Nuts that I ever knew. She eats it with cream or dry, just as it comes from the package; keeps it in her room and eats it whenever she feels like it.

"I began eating Grape-Nuts food, myself, when my baby was two months old, and I don't know what I should have done without it. My appetite was gone, I was weak and nervous and afforded but very little nourishment for the child. The Grape-Nuts food, of which I soon grew very fond, speedily set all this right again, and the baby grew healthful, rosy and beautiful as a mother could wish. He is two years old now and eats Grape-Nuts food himself. I wish every tired young mother knew of the good that Grape-Nuts would do her."

Names given by Postum Co., Battle Creek, Mich.

There's a reason.

SONGS IN CITY STREETS.

Glasgow Authorities Prohibit Certain Mournful Strains.

The London public has generously decided to dignify the noisier type of professional mendicant by the title of "singer," and still more generously has decided to put up with their recitations and even to pay them moneys for delivering them. We are glad to see that this is not the case in Glasgow. The inhabitants of that city have just risen in protest against an individual who gave out the following stanza: "The scene was a peaceful one. The children at play. The larks above with songs of love, joined in the harmony. The foul assassin then appeared. And stopped the joyous fun. And in another moment he his hellish work was done."

The lines, we believe, were topical, and referred to a tragedy that had taken place in the town. Twenty-one days' imprisonment was what the singer received, and nobody can say that it was too much. We have quoted the song in full as an instance of how the street singer turns naturally to gloom. A rollicking comic song would be less painful, but the street musician rarely rollicks. What he likes is a slow, mournful ballad, with plenty of breathing space in between the lines, so that he can stop and look around for coppers—in both senses of the word. A drunken man, singing with real gusto, is gathered in by the police before the end of the second bar. A professional beggar is allowed to massacre any hymn he pleases, choosing his own time.—London Globe.

CARE OF NOSE AND MOUTH.

Prominent Woman Physician Gives Advice to Mothers.

In the Delinquent, Dr. Grace Peckham Murray has some remarks on the care of the nose and mouth that will be read to their profit by all mothers. Of proper breathing she says: "If there are obstructions in either the mouth or the nose which prevent the free introduction of air, the blood is not aerated as it should be, and the whole bodily nutrition suffers in consequence. The trouble occasioned by such a condition is much greater in a child than in an adult. If a child is not growing well, if he is pale and puny, the nose and mouth and throat should be examined to discover if there are any obstacles to free breathing. Between the nose and the throat, and generally out of sight, are spongy growths called adenoids. They interfere more effectively with the free entrance of air than anything else, and as they exist unseen they are often the unsuspected cause of a child's ill health. If the child breathes with the mouth open, and not through the nose, they are likely to be present. If there are many of these growths they give rise to catarrhal discharges from the nose, and they will also interfere with hearing. They sometimes occasion the swelling of the glands of the neck and cause inflammation which results in open sores. Children suspected of having these growths should be taken to a surgeon to be examined. The main thing to be borne in mind is that the only proper way for a child to breathe is through the nose."

Expressions Made to Order.

"A remarkable fact in my profession," said a photographer, "is that we portrait artists can give to a sitter any expression that is desired. A bland look, a noble look, a serene look—it is no trouble to us to put any one of these expressions on the most wooden face.

"The matter is achieved by the repetition of certain words. If you, for instance, came to me and said you wished to look distinguished I would pose you in a distinguished attitude and then I would get you to say 'brush' just before I snapped the shutter. For some inexplicable reason the pronunciation of the simple word 'brush' gives to the mouth an air of the most striking nobility and distinction.

"If you want to have in a photograph a look of serenity you must say 'bosom.'

"If you want to make your mouth look small say 'flip.' If you want to make it look larger say 'cabbage.'

"To have an expression of melancholy it is necessary to say 'ker-chunk.'

"To have an expression of pride or hauteur it is necessary to say 'phoenix.'—Chicago Chronicle.

Value of System in Work.

It is wonderful to see how many hours prompt people contrive to make of a day; it is as though they picked up the moments which the dawnsers lost. And if you find yourself where you have so many things pressing upon you that you hardly know how to begin, take hold of the first one that comes to hand, and you will find the rest all fall in line and follow after, like a company of well-drilled soldiers; and, though work may be hard to meet when it charges in squads, it is easily vanquished if you can bring it into line.—Exchange.

Senator Investigating Tour.

Senator Cockrell of Missouri, now interstate commerce commissioner, and one of his colleagues on the commission will start for St. Louis and the southwest in July to make a study of transportation questions. This study will be exhaustive and will deal with important branches of the rate problem.

Rule for Soap Making.

If a woman is making soap and a man stirs it, all will be well and the soap will be fine, but if a woman comes the soap will spoil in the making.—Exchange.

Got Bargain in Fowl.

In dressing a fowl she had purchased for 3 shillings Lucie Manrentz, a Paris cook, found in its interior a gold ring set with two superb diamonds.

Hard Orders to Fill.

Now rules in the French postoffice: "Sorters are forbidden to read post-cards and are requested to keep back any on which are insults or bad language."

German Domestic Save Money.

In Germany the number of servant girls who have savings bank accounts is nearly three times as large as that of shop girls who have them.

Chesty.

"A man can't get abreast of the times," remarked the observer of events and things, "by simply throwing out his chest."—Yonkers.

AN OLD MAN'S TRIBUTE.

An Ohio Fruit Raiser, 78 Years Old, Cured of a Terrible Case after Ten Years of Suffering.

Sidney Justus, fruit dealer, of Mentor, Ohio, says: "I was cured by Doan's Kidney Pills of a severe case of kidney trouble, of eight or ten years' standing. I suffered the most severe backache and other pains in the region of the kidneys."

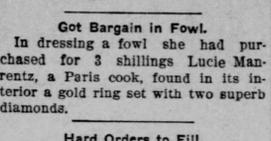
These were especially severe when stooping to lift anything and often I could hardly straighten my back. The aching was bad in the day time, but just as bad at night, and I was always lame in the morning. I was bothered with rheumatic pains and dropsical swelling of the feet. The urinary passages were painful and the secretions were discolored and so free that often I had to rise at night. I felt tired all day. Half a box served to relieve me, and three boxes effected a permanent cure."

Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price 50 cents.

It's hard to find heaven by looking down your nose.

Prove It By the Oven Fire

Put the wonderful K C Baking Powder to the test. Get a can on approval. Your money will be returned if you don't agree that all we claim is true. You'll be delighted with the delicious, wholesome things that



K C BAKING POWDER will bring to life in your oven. K C Baking Powder is two-thirds cheaper and makes purer, better, more healthful food than other powders anywhere near K C Quality. 25 ounces for 25 cents. Get it to-day!

JAQUES MFG. CO. Chicago

Send a postal for "Book of Presents."

Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But

LION COFFEE

is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

This has made LION COFFEE the LEADER of ALL PACKAGE COFFEES.

Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and increasing popularity. "Quality survives all opposition."

(Sold only in 1 lb. packages. Lion-head on every package.) (Save your Lion-heads for valuable premiums.)

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

15 YEARS OF TORTURE.

aching and Painful Sores Covered Head and Body—Cured in Week By Cuticura.

"For fifteen years my scalp and forehead was one mass of scabs, and my body was covered with sores. Words cannot express how I suffered from the itching and pain. I had given up hope when a friend told me to get Cuticura. After bathing with Cuticura Soap and applying Cuticura Ointment for three days, my head was so clear as ever, and to my surprise and joy, one cake of soap and one box of ointment made a complete cure in one week. (Signed) H. B. Franklin, 717 Washington St., Allegheny, Pa."

No creed may be more bigoted than me creed.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 4-ounce packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 oz." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Pleety is more than a nice little line of patter.

OKLAHOMA OPPORTUNITIES

The completion by the Missouri, Kansas & Texas Railway of over 35 miles of railroad in the Oklahoma Territory, opens up a rich agricultural country of excellent possibilities, and gives direct connection between St. Louis, Hannibal and Kansas City with Oklahoma City, Shawnee, Guthrie, El Reno, Enid and other Oklahoma points. Along the new lines are located new and growing towns, Cleveland, Jennings, Cushing, Agra, Falls, Luther and Maud, situated right in the district of rich farming lands, offering the best of opportunities for safe and profitable investments. The land is new and the prices of farm lands are low.

Few lines of business are adequately represented. There are openings of all sorts—for mill and manufacturing plants, for small stores of all kinds, for banks, newspapers and lumber yards. Mechanics and professional men, both are in demand. TELL US WHAT YOU WANT, how much you have to invest and we will gladly help you about a good opening.

Copies of our pamphlets, "Business Chances," "Texas," "The Coming Country," "Sights and Scenes in Old Mexico," etc., are free for the asking by addressing George Morison, General Passenger and Ticket Agent, Missouri, Kansas & Texas R'y., Box 200, St. Louis, Mo.

A shepherd is not known by his shears.

Ask Your Dealer for Allen's Foot-Powder.

A powder. It rests the feet. Cures Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address, Allen S. Dimsted, LeRoy, N. Y.

The fear of tomorrow is the foe of today.

Smokers find Lewis' "Single Binder" straight 5c cigar better quality than most 10c brands. Lewis' Factory, Peoria, Ill.

No man ever yet made a track that someone else did not walk in it.

If you don't get the biggest and best of your own suit, Defiance Starch is for sale everywhere and there is positively nothing to equal it in quality or quantity.

\$100 Weekly Easily Made

writing health and accident insurance experience necessary. Write Bankers' Accident Co., Des Moines, Ia.

is offered with Thompson's Eye Water

Advertisement for Mull's Grape Tonic (FREE) for Hot Weather Dangers (CONSTIPATION, STOMACH AND BOWEL TROUBLE). Includes text about the benefits of the tonic and a coupon for a free bottle.

Advertisement for Defiance Starch Company, Omaha, Neb. Features an illustration of a woman in a shirt, waist, and suit, and text describing the benefits of the starch for laundry.