

REACH THE SPOT.



To cure an aching back,
The pains of rheumatism,
The tired out feelings,
You must reach the spot—get at the cause.

In most cases it's the kidneys.
Doan's Kidney Pills are for the kidneys.
Chas. Bierbach, stone contractor, living at 2625 Chestnut St., Erie, Pa., says: "For two years I had kidney trouble and there was such a severe pain through my loins and limbs that I could not stoop or straighten up without great pain, had difficulty in getting about and was unable to rest at night, arising in the morning tired and worn out. The kidney secretions were irregular and deposited a heavy sediment. Doctors treated me for rheumatism, but failed to help me. I lost all confidence in medicine and began to feel as if life were not worth living. Doan's Kidney Pills, however, relieved me so quickly and so thoroughly that I gladly made a statement to that effect for publication. This was in 1898, and during the six years which have elapsed I have never known Doan's Kidney Pills to fail. They cured my wife of a severe case of backache in the same thorough manner."

A FREE TRIAL of this great kidney medicine which cured Mr. Bierbach will be mailed on application to any part of the United States. Address Fuster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

Kindness is born of our sense of kinship to all.

The brilliant manner in which the publishers of Everybody's Magazine have handled the subject of the St. Louis exposition affords a clue to the success of the publication. The April number opens with an article on "The Greatest World's Fair," and the two men most able to do the subject justice have treated it. David R. Francis, president of the exposition company, furnishes the text, and Vernon Howe Bailey, the distinguished young artist, has done the illustrations. One is told and shown in the most interesting way just what to expect at St. Louis in May, and the prospect is amazing.

No good is found in a difficulty by the man who crawls around it.

Ask Your Dealer For Allen's Foot-Ease, A powder. It rests the feet. Cures Corns, Bunions, Swollen Soles, Hot Calluses, Aching Feet, and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

The man who resists a tendency will never have to regret a habit.

An Asiatic Dowry.

John Alexander Dowie, the Chicago "prophet," has his counterpart in India. Indeed, the Oriental product in some ways outdoes the man who, according to all accounts, has made a good thing out of it in Chicago. The Hindoo's name is Mirza Ghelani Ahmad, head of a distinct sect of Mohammedans, and he lives in the Pulzab. In fine appearance, denunciation and prophecies he more than equals Dowie but so far he does not seem to have developed the sound business sense of John Alexander. He lives humbly and only attracted official attention when he began to foretell the death of certain opponents. Mirza was "induced" to abandon this feature of his performance, as it contravened a section of the penal code. He is 65 years old and has about 10,000 followers.

God, the eternal light of mercy, the blessing scattered through all the infinitudes—the hope that vibrates the music of the spheres—the love that woo's to life the humble flowers of the world and rolls the stone from sorrow's sepulcher.—Florida Times-Union.

When a woman too frequently enters upon her household duties with an air of resignation, her husband is likely to give up his job also with an air of resignation.—New York Telegraph.

EMPTY NOW.

How One Woman Quit Medicine.

"While a coffee user, my stomach troubled me for years," says a lady of Columbus, O., "and I had to take medicine all the time. I had what I thought was the best stomach medicine I could get, had to keep getting it filled all the time at 40 cents a bottle. I did not know what the cause of my trouble was but just dragged along from day to day, suffering and taking medicine all the time.
"About six months ago I quit tea and coffee and began drinking Postum and I have not had my prescription filled since, which is a great surprise to me for it proves that coffee was the cause of all my trouble although I never suspected it.
"When my friends ask me how I feel since I have been taking Postum I say, 'To tell the truth I don't feel at all only that I get hungry and eat everything I want and lots of it and it never hurts me and I am nappy and well and contented all the time.'
"I could not get my family to drink Postum for a while until I mixed it in a little coffee and kept on reducing the amount of coffee until I got it all Postum. Now they all like it and they never belch it up like coffee.
"We all know that Postum is a sunshine maker. I find it helps one greatly for we do not have to think of aches and pains all the time and can use our minds for other things." Name given by Postum Co., Battle Creek, Mich.
The one who has to bother with coffee aches and pains is badly handicapped in the race for fame and fortune. Postum is a wonderful re-builder. There's a reason.
Look in each package for the famous little book, "The Road to Well-being."

About the Seventh Continent

Fascinating Problems Solved by Daring Discoverers—Geographers Now Affirm that the South Pole Is Surrounded by Land Probably Larger than Europe

When geographers affirm, as they are now doing, that there is no longer any doubt of the existence of the antarctic continent, they do not mean that explorers have followed all its past lines, determined its exact shape and crossed it from side to side. This work has not yet been done; and it will be a task of such enormous difficulty that it may not be achieved for many years.

What they mean is simply that the evidence first supplied by Sir John Murray and strengthened by later explorers, that the land around the south pole is continental, has been so reinforced and confirmed by the work of the very latest expeditions that in their opinion there is no longer any room for doubt of the existence of a continent there.

Prof. Penck of Vienna, one of the most distinguished of geographers, voices the opinion of many leading

scientists in south polar waters. They knew it had been proved that extensive masses of land existed within the antarctic circle; but the question whether this land takes the form of a vast continent or of an archipelago of islands smothered under an over-load of frozen snow they have regarded as a fascinating problem for explorers to solve.

But the evidence that the continent exists has been accumulating ever since the Challenger went on its famous voyage and penetrated the Antarctic to study the sea floor there. In all of its journeys over the tropical and sub-tropical Pacific the Challenger found no fragments of continental rocks. Its dredges brought up only pumice or other fragments of volcanic rocks such as compose the larger mass of the oceanic islands.

All the expeditions which have since visited Antarctic lands have brought home specimens of many rocks that are characteristic of continental lands and not of oceanic islands. They have also found fossil shells, wood and other flora like those of fossil remains found in other continents, indicating a warmer climate in the Antarctic regions during some earlier geological ages. Air movements and other phenomena also have been such as to indicate a continent around the south pole.

Finally, the latest expeditions have brought home entirely new information about further discoveries of coastlines, explorations extended over parts of the interior, the nature of the interior ice and the mighty icebergs to which the land gives birth.

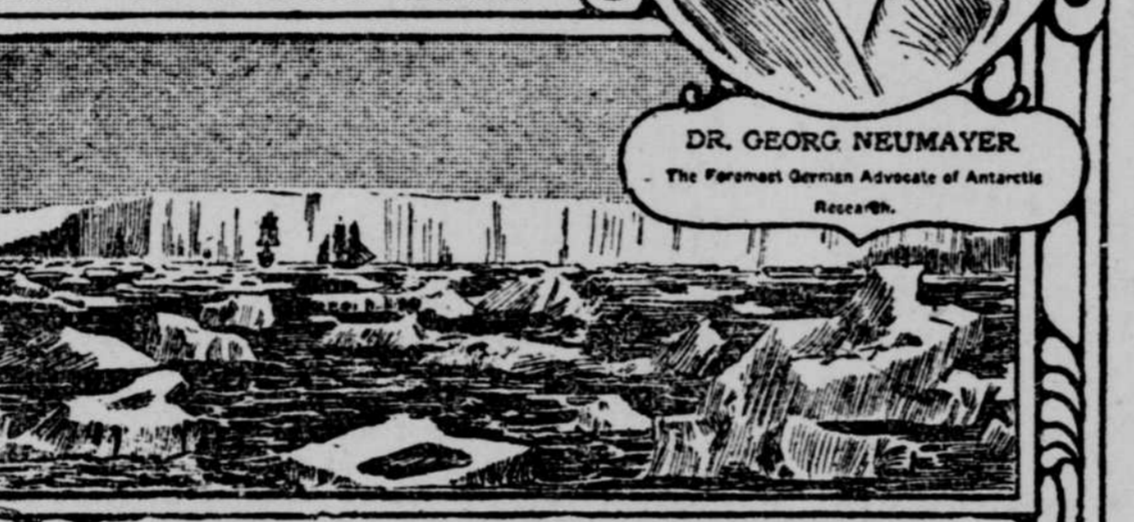
In the map which Sir John Murray made in 1894, showing what he believed to be the probable position and extent of Antarctica, he took into con-

sideration the possibility of a continent south as far as they could see from the lofty mountains where they took their last look from the most southern point they had reached. They established the existence of a coast line of unknown length, but extending as far as it had been seen about 1,000 miles.

They also penetrated into this land mass a distance of 142 statute miles from the sea and found themselves on top of an ice cap that completely covered the land and was apparently as thick as that which covers Greenland. They were 9,000 feet above the sea on this ice cap when they turned back, having found no indication that the land might not still extend for hundreds of miles before the opposite coasts were reached.

But the British have established another most important and significant fact. As Prof. Penck says, Capt. Scott, the leader of the British expedition, has proved that the Great Ice Barrier, discovered by Ross about sixty years ago, is not the wall of an extensive area of thick pack or sea ice, as Ross supposed it to be, but it is the edge of probably the largest glacier in the world. In other words, it is the frontage of land ice, a part of the icecap of Antarctica, with a width here of at least 700 miles. It is hundreds of feet in height, and reaches the sea by a great plain between the mountains of Victoria Land and Edward VII Land. The front of the mighty icecap is pushed off the land into the sea.

No theory appears to be tenable ex-



Marriage Amenities.
Mrs. Literati (to husband)—I went to the club to-day, and was elected chairman of a committee, although I hadn't open my mouth once in the meeting.
Her Husband—Well, if you had opened your mouth you probably would not have been elected.—Woman's Home Companion.

Usefulness Not Impaired.
Husband (of popular author)—Do you mean to tell me, doctor, that my wife is insane?
"No, not so bad as that, but she is hopelessly foolish."
"Well, that's a relief. I was afraid her usefulness as a writer was impaired."—Life.



Keep It Up.
"By Jove! This is my birthday. I never thought of it—(hic)—I've a jolly good mind to go and get drunk!"
A Russian Password.
"Petroff."
"Yes, lieutenant."
"The countersign for to-night is Alexandrovitchkopostovsk y d r a g o vitch. Let no man pass without it."
"Yes, lieutenant. But it is a bitter cold night."
"What of that?"
"The man who gives the password is likely to freeze to death before he finishes it."
"It is for the glory of the czar, Petroff."
"Yes, lieutenant."—Cleveland Plain Dealer.

Faithful to Her Trust.
Mrs. Newed—Nora, my husband and I have both noticed that all the neighbors stare at us very hard. I hope you haven't been telling anybody that we are newly married?
Nora (a local social)—Me tell 'em, mum? Agin express orders? Why, whenever anybody tried to pump me, mum, I told 'em you wasn't married at all.—Scrap.

The Reception He'd Get.
"He's coming to ask for my hand, papa," said the beautiful girl. "May I hide behind the portiers and hear how he does it?"
"I think you'd better not," replied the father considerably. "I would prefer that you shouldn't hear me use violent language."

Unnecessary.
Kind Lady—But if I give you th' dime I'm afraid I will be encouraging you to take a drink.
Thirsty Tim—Don't youse be elarming on dat score, lady. When it comes ter takin' or drink I don't need no encouragement.

Geographical Changes.
"I don't see any use in having wars in this advanced age," remarked Mrs. Suburba, turning up the lamp.
"If you were a mapmaker," replied Mr. Suburba, glancing up from the new atlas on his knees, "you probably would."

Her Prayer.
Gladys had lost two front teeth. She had been told that God would give her some new ones. She was to take part in the Easter exercises at Sunday school. In spite of all wishing, however, the teeth refused to put in an appearance, and Easter was at hand.
One night her mother heard her talking after she had put her to bed. She went back and saw her kneeling beside her bed in the moonlight.
"O, God," she was saying, "if you haven't got my new teeth done, won't you please drop my old ones down again till after Easter?"—Lippincott's Magazine.

Africa and Her Doom.
And gloomy eyes that spell despair,
She who is oldest younger of face—
She to whom fell the dark disgrace,
Cain's evil brood to bear!
She dreams of nations long since dead
Of millions killed by fire and flood,
And though her parted lips are sweet,
Beneath her slender, tired feet
Run rivulets of blood!
Misfortune met her at her birth:
Her children bore the brand of Cain;
Her lands the home of savages brutish,
Of songless birds—of bitter fruits—
Of slavery and pain!
Her wealth has tempted many men;
But for herself not one hath sighed,
And lower bows the dusky head,
From sinner's eyes salt tears are shed,
Of bitter, wounded pride!
—London Spectator.

An Age of Amazons.
Whereas a decade since the average size in women's shoes was three, five being accounted specially large, seven and eight are now commonly asked for, while the average size has become five.
The little glove has likewise grown into a good-sized hand-shove. My lady's hosiery has become bigger at the same time—in short, the average girl of 1904 could not wear any article of apparel that fitted the girl of 1874. And where, one now tremblingly asks, is this to end?—London Lady's Pictorial.

Mail Distribution.
The United States employed 10,555 men in distributing mail last year. The cost, distributed among 1,400 lines, was \$63,594,000. In 373 clerks were mailed cars eighteen clerks were killed and seventy-eight seriously injured.

Luxuries in London.
Hothouse strawberries brought \$6 a unit in London last month, and the best asparagus was \$15 a bunch.

It All Depends.
"Do you believe in second marriages, Mr. Slimpurse?" asked the fair divorcee.
"Well—that depends," replied the cautious Mr. S. "How much—er—alimony did you get out of your first?"

He Wouldn't Succeed.
"George Washington wasn't much of a business man anyway."
"Why not?"
"He couldn't tell a lie."

EARLY PICTURES OF JAPAN.

Conditions in Island Empire Three Hundred Years Ago.
Entertaining pictures of Japan and the Japanese, as they were seen by English sea captains nearly 300 years ago, are to be found in the log kept by Capt. Saris of the first voyage to Japan to open up trade there for the East India company. Because of England's fame as victor over Spain, Saris was received very honorably by "the old King Fo-yu." The people, too, were, as a rule, both civil and courteous to him, although rude boys, who exist everywhere and at all times, occasionally followed the English sailors through the streets, throwing stones and shouting: "Kore, kore, kore ware," which Saris translated into "You Koreans with false hearts."
As to their naval enterprise, Saris says: "About eight of ten leagues on this side the straits of Xemina-Seqe we found a large Towne where lay in a Docke a Juncke of 800 or 1,000 tonnes burthen, sheathed all of yron with a guard appointed to keep her from firing and treachery. She was built in a very homely fashion much like that which describeth Noah's Ark unto us. The Naturals told us that she served to transport soldiers in any of the Ilands, if rebellion or warre should happen."
Saris coasted round to Fushimi, where he saw the garrison 3,000 strong "shifted," a change that took place every three years. "We saw," he says, "the old bands march away, and the new enter in most souldierlike manner, marching five abreast, and to every ten files an officer which is called a captaine of fiftie, who kept them continually in very good order."

THE SON OF NUN.
Joshua an Acceptable Name for Parentless Child.
Not long ago, on a certain Sunday, a horny-handed son of toil, with his wife, attended by a few sympathizing neighbors, appeared before the font of a small village church in England, carrying a little foundling which had been deposited on the villager's doorstep, and which he was bringing up.
"Ah," exclaimed the minister, who was acquainted with the little episode; "then you have brought 'nobody's child' to be christened?"
"Yes, sur," replied the kindly villager; "we 'a' brought the fatherless and motherless little orfin for ye to baptize."
"And the name?" queried the clergyman, as he held out his hand for the slip of paper which he always required with the name written thereon.
"Well," replied the foster father, "we ain't quite decided yet. Ye see, we wanted something suited special for 'im. We thout first o' Melchizedek, as he had neither father nor mither, but that was too long. Then we thout Joshua 'ud do."
"Ah, yes," observed the clergyman; "and pray why did you come to select 'Joshua'?"
"Well," remarked the hospitable cottager, as the semblance of a smile passed over his stolid features, "because he was the son of Nun."

The World's Greatest Railway.
Under the title of "The Great Siberian Railway," James W. Davidson, F. R. G. S., United States Consul at Antung, Manchuria, will give much valuable information in the April Century about "the greatest railway which the world has ever seen." Travelers on the great Siberian railway will find the many days on the train wonderfully comfortable. For its passengers the train de luxe plans to provide brass bedsteads, private toilet rooms, baths, gymnasium, electric fans and lights, steam heat, and a handsomely furnished drawing room. Mr. Davidson estimates that one may enjoy all this luxury from Paris to Dalny or Peking for not over \$280, including sleeper, food and all incidental expenses.
You never hear any one complain about "Defiance Starch." There is none to equal it in quality and quantity, 16 ounces, 10 cents. Try it now and save your money.

Before arithmetic was invented people multiplied on the face of the earth.

Physicians Use Carrier Pigeons.
Country Physicians in many instances have adopted the use of pigeons as messengers. A physician raises a loft of carriers, and when he visits a patient four or five miles away he carries with him a basket containing one of his birds. If dangerous symptoms arise in the night or the following day the pigeon is released with a message. Some physicians with long country routes carry half a dozen or more of these pigeons on their rounds and leave one at each place. A daily report of the different cases can thus be obtained by pigeon service. This service has also been extended on large Western farms. Some farmers receive daily reports of the markets from the city in this way when there are no telephone or telegraph wires to send the messages. All that is required is a trip to the city once a fortnight to carry back the birds and some one in the city to write the reports and release the pigeons.
Women of the world never use harsh expressions when condemning their rivals. Like the savage, they hurl elegant arrows, ornamented with feathers of purple and azure, but with poisoned points.—Chamfort.

How a woman does like to talk about the doings and the sayings of the man of whom she is fond.

In the Spring.
Lowndes, Mo., April 4th.—Mrs. H. C. Harty of this place, says:
"For years I was in very bad health. Every spring I would get so low that I was unable to do my own work. I seemed to be worse in the spring than any other time of the year. I was very weak and miserable and had much pain in my back and head. I saw Dodd's Kidney Pills advertised last spring and began treatment of them and they have certainly done me more good than anything I have ever used."
"I was all right last spring and felt better than I have for over ten years. I am fifty years of age and am strong-to-day than I have been for many years and I give Dodd's Kidney Pills credit for the wonderful improvement."
The statement of Mrs. Harty is only one of a great many where Dodd's Kidney Pills have proven themselves to be the very best spring medicine. They are unsurpassed as a tonic and are the only medicine used in thousands of families.
I noticed a woman chewing gum once during the progress of a mile race. The race was run in 1:40 flat. She covered the distance in 1:40 flat.
The United Mutual Life Ins. Ass'n is the oldest, is the strongest, is the best; has paid \$159,000.00 more for losses than the combined payments of all other companies. Paid \$53,596.10 in 1903. Has paid \$200,911.80 for losses since its organization. Wants good representatives in every precinct. Address Home Office, 116 South 10th Street, Lincoln, Neb.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.
WALTON, KINGSAY & MANTON,
Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials will be given. Price 75 cents per bottle. Sold by all Druggists.
Take Hall's Family Pills for constipation.

Anyway, old maids don't have to go down stairs at 3 o'clock in the morning to let in a man who tried to open the front door with a trunk key.

Wiggle-Stick LAUNDRY BLUE
Wash 400 spots, freeze nor spot clothes. Costs 10 cents and equals 20 cents worth of any other bluing. If your crocker does not keep it send us for sample. The Laundry Blue Co., 116 Michigan Street, Chicago.

Lewis' "Single Binder" straight Seegar.
Price to dealers \$36.00 per M. They cost some more than other brands, but no more than a good 5¢ cigar should cost. Lewis' Factory, Peoria, Ill.

You have to handle some people with kid gloves, other with boxing gloves, others with bare fists and the rest with an old-fashioned ax handle.

If you don't get the biggest and best it's your own fault. Defiance Starch is for sale everywhere and there is positively nothing to equal it in quality or quantity.

The only effective criticism of a poor religion is the creation of a better one.

The bill-poster acquires a great many stuck-up notions in his business.

When a man is satisfied he made a mistake by marrying, he isn't satisfied.

Goods are among the least of the rewards for goodness.

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