

# THE SALESWOMAN

### Compelled to Be on Her Feet the Larger Part of the Day Finds a Tonic in Pe-ru-na.

Miss Curtain, of St. Paul, Gives Her Experience.



MISS NELLIE CURTAIN.

MISS NELLIE CURTAIN, 646 Pearl street, St. Paul, Minn., head saleswoman in a department store writes:

"I have charge of a department in a dry goods store, and after standing the larger part of the day, I would go home with a dull ache, generally through my entire body. I used Peruna and feel so much better that I walk to and from the store now. I know Peruna to be the best medicine on the market for the diseases peculiar to women."—Miss Nellie Curtain.

Nothing is so weakening to the human system as the constant loss of mucus. Catarrhal inflammation of the mucus membrane produces an excessive formation of mucus. Whether the mucus mem-

brane be located in the head or pelvic organs, the discharge of mucus is sure to occur.

This discharge of mucus constitutes a weakening drain; the system cannot long withstand the loss of mucus, hence it is that women afflicted with catarrhal affections of the pelvic organs feel tired and languid, with weak back and throbbing brain. A course of Peruna is sure to restore health by cutting off the weakening drain of the daily loss of mucus.

An Admirable Tonic. Congressman Mark H. Dunnell, National Hotel, Washington, D. C., writes:

"Your Peruna being used by myself and many of my friends and acquaintances not only as a cure for catarrh but also as an admirable tonic for physical recuperation, I gladly recommend it to all persons requiring such remedies."—Mark H. Dunnell. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

# How Convert Was Made.

A lay delegate to the Episcopal convention of the Newark diocese which recently elected the Rev. Dr. Lines of New Haven as bishop was very zealous in advocating the selection of another candidate. One of those he approached objected to his candidate on the ground that he was not sufficiently strenuous in his methods.

"Why, you must be thinking of some one else," said the layman in surprise. "Let me give you an instance of his methods."

"When he first took charge of his present parish he was the same fine specimen of physical manhood that you see to-day, but withal displayed a lovely character of gentleness, except when you tried to corner him. There was a worldly minded young man in the town who held several medals won in athletic contests, especially in boxing matches.

"The physique of our rector excited the admiration of the champion, and one day in a fit of athletic frenzy he said, meaning no disrespect, but being governed by his ruling passion:

"My dear doctor, if you were not a minister I should like to have you put on the gloves with me. I believe I could knock you out."

"The rector, like most modern preachers in the Episcopal church, is fond of athletics and had stood pretty well up in football at his college. Besides, he is tolerably broad ecclesiastically. So he said to the young champion:

"I will make you a proposition. I

will put on the gloves with you for a quiet bout. If you knock me out I will agree with your friends that you are the champion. If I knock you out you shall attend church every Sunday, unless hindered, for one year."

"The young athlete extended his hand on the proposition. He was in a glow about it, not so much because he was sure he would win as he was an admirer of the rector's physique.

"I don't know where the contest took place. I could not swear that it ever did take place. But very soon after the incident I have mentioned that young athlete became a regular attendant in our church. Then he was converted, and, of course, is now a full-fledged churchman. All inside of a year.

"And while he is fond of hunting, fishing and cross-country running, etc., he never speaks of boxing any more. But he is the best churchman in the parish. I think the rector knocked it out of him. Don't you think that is strenuous enough to be a bishop?"

The delegate whose support was being solicited replied that he was in favor of type of man for bishop, and he pledged his vote then and there. The vote was not delivered, however, for the rector refused to be a candidate before the convention. The layman who tells the story added:

"That's the sort of preachers the church needs to-day—preachers who can knock a man into the church if it can't be done in any other way."—New York Sun.

# How the Pelican Feeds.

Charles F. Holder, the naturalist, describing a pet pelican which he formerly owned in Florida, says: "I cannot recall that the pelican ever refused food. After the most impossible feeding it had the same dejected, half-starved attitude and the same asthmatic cry for more. It was only after many months that I discovered that the pelican can never be satisfied."

He thus describes the fishing exploits of these birds: "In feeding they generally flew twenty to thirty feet above the water with rapid motion of the powerful wings, holding the head slightly upon one side that they might observe the schools of sardines. When the latter were sighted they would plunge blindly downward, opening the mouth widely just before they reach the water, endeavoring in this clumsy manner to catch the fish, which, not being able to see upward, were entirely ignorant of the nearness of danger. Rising after the plunge the pelican invariably was his diminutive tail—a self-congratulatory act which confirms the bird's stupidity, for

the chances are one to five that it has caught nothing. The bill is held upward, the water allowed to run out of the enormous pouch, and then if any game has been caught the pelican tosses its beak upward, which throws the fish forward or toward the point of the beak, where it is often held a few seconds, from here being dropped, as it were, into the throat, which is a very small orifice in a veritable waste of pouch. At this moment, perhaps, a laughing gull robs the pelican. Sometimes it alights on its back, again on its head, and the stupid bird makes no resistance, the gull often uttering its victorious "ha-ha" in advance. Just as the fish is thrown to the tip of the beak and protrudes from the side the laughing gull leans forward, snatches it and rises aloft—to, in turn, be followed by the swift man-of-war bird. In this simple way a pelican will be robbed by successive birds and will swallow but a small percentage of what it catches, which possibly explains why it is always hungry."

# Made Fitz's Head Swim.

"The worst two minutes I ever had in the ring," said "Lanky Bob" Fitzsimmons to an admiring acquaintance the other day, "was with Peter Maher in New Orleans in 1892. I guess I got a little careless and let him punch me on the head." Fitz's head fits a 6 1/2 hat. "It seemed like a trip hammer had struck me. My head buzzed and swam and got light. My brains didn't work. I didn't seem to know what to do. I was on my feet all right, but I had lost all sense of generalship. The only thing I did was to jab at Maher with my left while I struggled to pull my added brains to their senses. The round was nearly over when I came to. The first thing I realized was that jabbing was just what Maher needed, so I kept it up through the fight and won in the twelfth round without striking another blow."

The second meeting between Fitz and Maher occurred at Lantry, Tex., in 1896. The Cornishman declared openly that he intended to settle the fight with one blow. "I have never forgotten that time Maher hit me in the head," he said, "and I'm going to make him sorry he ever did it. I'm going to hit him once. He'll lie down when I do it. Listen to what I'm saying. I'm going to hit him once." After the battle Fritz said to his friends: "I never saw anything like it in the ring in my life. When Maher stood up before me I could see a look of awful fear in his eyes as they saw me put out my left as if I meant to do some jabbing. His hair almost rose on end. He hadn't got over that awful punishment 'n four years. My left must have stuck in his craw. He made a swing at my head. I stepped aside, and as his own head went down my right met him on the point of the chin. The floor was his, and he stayed there. I said I'd hit once, and I did."

# When One's Nerve Fails.

It is a curious thing, and one that remains a standing puzzle even to those connected with the business all their lives, that tight-rope, trapeze and other daring performers who chiefly work in the open air are far more liable to sudden nerve failure and to "stage fright," if it may be called, than are the fellows who only show their prowess under a roof.

Another fact equally well known is that once a woman performer has heard the ringing shouts of an applauding public, once she has learned some dangerous feat, she will run risks and quite fearlessly perform tricks that no male in the same line would dream of. The woman athlete has not to be urged on; she has to be restrained, more often than not. It may be said at once that few among the public know how near death such people occasionally are.

As illustrating both the facts stated above the writer can never forget seeing a woman tight-rope whose rope had been left too slack. She was performing at a great height and when she got to a certain distance along the rope, the latter sagged so that she could neither advance nor retire. The public knew nothing of the danger till the manager in an agony tried to get two immense ladders, tied together, up to the rope. But this arrangement fell short, and even if it had not done so, no one would have dared to rest it against the swaying rope. At last the ladders were held boldly upright by strong men till the topmost rung just touched the rope, and then the gallant young fellow a sailor, went up while the ladders swayed about as though in a breeze. He snatched the woman on the rope and held her, just as she fainted and dropped the balancing pole.

Puzzled by His Ambiguity.

"A baby was born to a certain minister last Saturday morning," says an Oklahoma paper. "That evening the officers waited on him with \$50 in cash. The next morning when the congregation assembled two wags stood before the church door and one bet the minister would thank the Lord for the money first and the other bet he would thank him for the baby. When the reverend gentleman arose to pray he said: 'Lord, we desire,

also to thank thee for this timely success, and the boys are yet undecided as to which was the winner.'—New York Press.

Cost of Hauling Freight.

The cost of freight hauling per ton per mile on the London Northern railway, England's most important line, expressed in cents, is \$1.49; on the Pennsylvania railway the cost is .404 of a cent, and on the New York Central .416 of a cent.

Langley, Airship Man. Prof. Samuel Pierpont Langley, whose impending experiments with an airship near Washington are attracting considerable attention, is, officially, the secretary of the Smithsonian Institution. He is widely respected as a physicist and an astronomer. For many years he has been experimenting with various principles in air navigation, much of his work being in co-operation with Dr. Alexander Graham Bell. Prof. Langley was born in Boston in 1834, was educated in Cambridge and Oxford. He has written several works on astronomy, dynamics and aerodynamics.

**GREATLY REDUCED RATES Via WABASH RAILROAD.**

Home Visitors' Excursion to points in Indiana, Ohio and Kentucky, sold Sept. 1st, 8th, 15th and Oct. 6th, at very low rate, long limit returning.

Little Rock, Ark., and return sold Oct. 2nd, 3rd and 4th.

**HALF FARE** Baltimore, Md., and return sold Sept. 17th, 18th and 19th.

Home-seekers' Excursion to many points South and Southeast, one way and round trip tickets sold the first and third Tuesdays of each month.

The Wabash is the only line passing the World's Fair Grounds, giving all a view of the buildings and grounds. Through connections. No bus transfer this route. Elegant equipment consisting of sleepers, FREE reclining chair cars and high back coaches, on all trains.

Ask your agent to route you via the Wabash. For rates, folders and all information, call at Wabash City office, 1601 Farnam street or address HARRY E. MOORES.

Genl. Agt. Pass. Dept., Omaha, Neb.

Chauncey's Uncle Made 'Em.

Anything to rivet the attention of the passerby seems to be the New York merchants' motto. In a shoe store window in upper Broadway is a pair of very old, much worn shoes, above which is a placard reading: "This pair of shoes was sold in 1860 in Peekskill by Senator Chauncey Depew's uncle."

When Your Grocer Says

he does not have Defiance Starch, you may be sure he is afraid to keep it until his stock of 12 oz. packages are sold. Defiance Starch is not only better than any other Cold Water Starch, but contains 16 oz. to the package and sells for same money as 12 oz. brands.

Some men don't know how much they are worth; most don't know how little.

Don't cry over spilled milk; there's enough water wasted as it is.

**RED CROSS BALL BLUE** Should be in every home. Ask your grocer for it. Large 2 oz. package only 5 cents.

Japan's Slow Workmen.

All mills in Japan run day and night, the change of hands being made at noon and midnight. In one mill at Osaka 26,000 workers are under 15 years of age and operate only 3,700 spindles. In this country 300 persons operate that number. In the Lowell mill of 4,000 looms and 122,000 spindles there are 700 male and 1,500 female operators. In Japan it would require 12,000 persons to do this work. The wages, however, in Japan are 15 cents per day for a man and 9 1/2 cents for a woman.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOHN P. BOYER, Trinity Springs, Ind., Feb. 15, 1904.

A Paris School for Dogs.

It seems probable that before long the dogs as well as the daughters of rich and fashionable folk will be sent to Paris to finish their education. A school for dogs has been established there. Many society women already employ a maid or a man as a dog attendant, whose duty it is to train and to accompany their pampered pets. But it is now possible to send them to a school where they can be taught to bark properly, to bow in greeting and farewell, to pick up a fan dropped by the mistress and present it to her gracefully, and to walk with proud and prancing steps.

A New Headlight.

A recent improvement in railroad locomotive headlights is to send a beam of light vertically from the locomotive, as well as straight ahead. The column of light, rising vertically from the locomotive, can be seen from a great distance, even though a hill should intervene to hide the ordinary headlight and dull the sound of the whistle. The searchlight effect used abroad ships is thus to some extent utilized. An approaching locomotive with this device always signals its coming with a "pillar of fire" by night, producing an impressive as well as useful result.

A German Farmer's Case.

Rich Fountain, Mo., Aug. 17th.—Rev. Joseph Pope of this place is widely and favorably known as a clergyman who has done and is doing much for his people. He is very much beloved by everyone for the faithfulness of his pastoral work.

Rev. Mr. Pope has given for publication a statement made to him by a German farmer who is a member of his congregation. The man's name is George Hoellerer, and he has given Rev. Mr. Pope this letter:

"Last winter I suffered very much with Rheumatism. I could neither walk nor ride on horseback nor do any farm work.

"I took medicine from different doctors but they did not do me any good. Then I tried Dodd's Kidney Pills prepared for me by a good friend. After I had taken the first box I felt already a heap better; I was relieved of the pain and could walk and chop wood; and the contraction of my fingers began to resolve.

"Now since I have taken six more boxes of Dodd's Kidney Pills I feel well again and am able to do all the work on the farm."

In a race between a man's will and a woman's won't the latter invariably wins.

More "Spoonerisms." Some more of Rev. William Archibald Spooner's transpositions are printed in M. A. P. Among them are these: "There came up grasspillars and caterpillars innumerable," "showing leopard" for "loving shepherd," "and now I see through a dark glass," "I must return to Oxford by the town drain" (down train), "I stopped for a few minutes to boil my cicicle" (oil my bicycle).

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures colic, 25c a bottle.

Give a man or woman plenty of wine and a little time and you can write their biography while you wait.

When you ride on a self-acting trolley it is sometimes hard to control the brakes.

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by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

Joe Chamberlain's Flowers.

Joseph Chamberlain was showing a lady over his conservatories at Highbury. His guest remarked: "One need not ask you, Mr. Chamberlain, whether you are fond of flowers." To which the English statesman made this characteristic reply: "Oh, I don't know that I am particularly fond of them, but when I started growing them I made up my mind that no one should have better flowers than I."

Insult on Getting It.

Some grocers say they don't keep Defiance Starch because they have a stock on hand of 12 oz. packages, while they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for the same money.

A father may disinherit his children, but he cannot disinherit the lawyers.

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# SAVES YOUR TEETH

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**FREE TO WOMEN!** To prove the healing and cleansing power of Paxtine Tablets, a large trial package with book of instructions absolutely free. This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash and to remove tartar and whiten the teeth. Send today; a postal card will do. Sold by druggists or sent postpaid by us. 50c each, large box, satisfaction guaranteed. **THE H. PAXTON CO., Boston, Mass., 214 Columbus Ave.**

If you want to know all about North Dakota and where to buy good land cheap, write for our descriptive folder and map. **WHITNEY & WHEELOCK, 23 Broadway, Fargo, N. D.**

**2,340 ACRE RED RIVER VALLEY NORTH** from main line of Northern Railway. Four miles cultivation but 800 acres, 210 acres fenced. Ravine runs through pasture. Rich black loam soil over clay subsoil. Elegant new house, cost \$3,000, other buildings fair. Artesian well. Reason for selling, made enough money out of this farm to last the rest of natural life. Price per acre, \$54.50, terms very easy. F. F. LINCOLN, FARGO, NORTH DAKOTA.

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Defiance Starch is the very best Starch made. It's a fact. Hundreds will testify to it. Try it once yourself. We guarantee satisfaction or money back. You can't lose. Defiance Starch is absolutely free from chemicals. It makes the clothes look beautiful and will not rot them. Get it of your grocer. 16 ounces for 10 cents—one-third more than you get of any other brand.  
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