

# DISGUISED CATARRH.

**A Stealthy, Insidious, Weakening Enemy to Women—Many Thousand Women Suffer Needlessly From This Cause.**

There are a multitude of women, especially housewives, and all other women obliged to be on their feet constantly, who are wretched beyond description, simply because their strength and vitality is sapped away by catarrhal discharges from the pelvic organs. These women get up in the morning tired, drag themselves through their daily duties tired, only to go to bed at night as tired as before.

Mrs. Eva Bartho, 133 East 12th Street, N. Y. City, N. Y., writes: "I suffered for three years with what is generally known as leucorrhoea, in connection with ulceration of the womb. The doctors advocated an operation which I dreaded very much, and strongly objected to go under it. Reading of the value of Peruna, I thought it best to give this well-known remedy a trial, so I bought three bottles of it at once. Now I am a changed woman. Peruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so much. I am today in perfect health, and have not felt so well for fifteen years."—Mrs. Eva Bartho.

MISS LOUISE MAHON.



Miss Louise Mahon, 3 Glen Ballie Street, Toronto, Ont., Can., Secretary of the Ising's Daughters and Secretary of Lady M. writes: "If all women knew of the benefits to be derived from taking Peruna we would have many happier and more beautiful women. My health has never been so robust, and I am easily fatigued and can not stand much. About a year ago I was so run down that I had to take to my bed, and became weaker and weaker. A friend advised me to try Peruna, and I have great reason to be grateful, for in two weeks I was out of bed and in a month I was perfectly well, and I now find that my health is much more robust than formerly, so that I take Peruna once or twice a month and keep well."—Louise Mahon.

Peruna is such a perfect specific for each case that when patients have once used it they can never be induced to quit it until they are permanently cured. It begins to relieve the disagreeable symptoms at once. The backache ceases, the trembling knees are strengthened, the appetite restored, the digestion made perfect, the dull headache is stopped and the weakening drains are gradually cured. These results certainly follow a course of treatment with Peruna.

Barbara Alberty, corner Seventh and Walnut streets, Appleton, Wis., writes as follows in regard to Peruna:

"For years I have suffered with backache and severe pains in the side. I doctored so much that I became discouraged. A school friend told me how very much Peruna had benefited her and I sent out for a bottle, which did more to relieve me than all the other medicine I have ever

MRS. EVA BARTHO.



taken. I used it faithfully for two weeks and it completely cured me. I have not had any pains since, anywhere, but feel like a new woman. I am truly thankful for what Peruna has done for me."—Barbara Alberty.

Mrs. Kate Mann, 806 Bathurst Street, Toronto, Ont., Can., Vice President of the Ladies Aid Society, writes: "I am pleased to give praise to Peruna for the blessed relief I found through its use. I suffered for years with backache and dragging down pains and often had to go to bed and stay there when I was so busy that I could not be spared. It was therefore a simple goodness to me when Peruna was brought to my notice. Every drop seemed to give me new life, and every dose made me feel much better, and I promised myself that if I found that it cured me I would advocate it to all other suffering women about me. I have been in perfect health for one year. I enjoy work and pleasure because in such fine health, and no trouble seems too heavy to bear when you are in good health. Peruna has simply been a household blessing, and I never will be without it again."—Mrs. Kate Mann.

MRS. KATE MANN.



Mrs. Anna Martin, 47 Hoyt St., Brooklyn N. Y., writes: "Peruna did so much for me that I feel it my duty to recommend it to others who may be similarly afflicted. About a year ago my health was completely broken down, had backache, dizziness and irregularities, and I seemed dark indeed. We had used Peruna in our home as a tonic, and for colds and catarrh, and I decided to try it for my trouble. In less than three months I became regular, my pains had entirely disappeared, and I am now perfectly well."—Mrs. Anna Martin.

Mrs. Wm. Hetrick, Kennard, Washington County, Neb., writes:

"I am fifty-six years old and have not felt well since the Change of Life began ten years ago. I was in misery somewhere most of the time. My back was very weak, and my flesh so tender it hurt me to lean against the back of a chair. I had pain under my shoulder-blades, in the small of back and hips. I sometimes wished myself out of this world. Had hot and cold spells, dizziness and trembling of the limbs, and was losing flesh all the time. After following your directions and taking Peruna I now feel like a different person."—Mrs. Wm. Hetrick.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Peruna can be purchased for \$1 per bottle at all first class drug stores. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.



MRS. ANNA MARTIN.

## OVER THE TELEPHONE

MANY AND VARIED ARE THE MESSAGES SENT.

It Rescues Girls from Undesirable Callers, Aids in Reuniting Parted Lovers, and Has Numberless Other Recommendations.

We have become so used to including the telephone among the comforts of home that it is doubtful now if we really appreciate all of its advantages. The telephone is more than an instrument over which to talk to the butcher and baker, it is a medium sometimes for furthering treason and strategem and acquiring spoils.

Does a young woman receive a call from a masculine friend who bores her to extinction and she be ingenious, she gives her brother or sister, or, as legal documents say, her next friend, a look of entreaty, and directly he disappears, and almost immediately the telephone rings and the young woman is summoned, and comes back to say that her grandmother is ill in the next block and she must go to her at once.

When the visitor has departed the rescued one thanks her rescuer warmly and adds a blessing for the telephone itself, such is the intensity of her gratitude.

Sometimes the telephone saves the self-respect of young men who have quarreled with their sweethearts. To go back to pay a visit, after he has flung himself out of a house declaring he will never darken its doors again, would not be consistent with any masculine dignity, but it cannot be considered as a confession that he was in error in his premises if he call up the young woman who has insulted him by telephone the next day but one, and asks her in a voice made carefully frigid any one of the following questions:

Have I any books of yours which you wish me to return?

How shall I send your letters back, by mail or by messenger?

Will it incommode you at all if I send to your house to-night for my copy of Omar?

Did I injure the glass in your front door when I shut it night before last? I am afraid I used almost too much emphasis.

Do you still wish me to take you to the theater, or shall I send you the tickets and allow you to select your own escort?

If the young woman replies with proper tact, diplomatic relations will be resumed in a shorter time than it takes to write all this, for it is ten to one the young man is in the drug store on the nearest corner, although his voice sounds as far away as the polar icebergs.

It is a mighty good thing, by-the-by, that that invention has never been perfected that was once talked of and that was designed to permit the users of telephones to see each other while conversing, for not only would this be inconvenient to the men who declare they are in their offices, when in reality they are at the club engaging in the great American game, but also would it be exceedingly disagreeable to the young woman who holds conversations over the wire with the man who admires her most with her golden hair hanging down her back and wearing her bathrobe, for such things are.

Imagine the feelings of the youth who expects to take a girl into dinner at 7:30 o'clock, when she is clad like the Illicies of the field, calling her up an hour before this time, only to behold her with an aureole of curl papers around her head and a dab of powder on her sweet nose!

This is purely a fancy picture, for curl papers are as much out of date as crinoline, and powder went out with the fashion of wearing the hair in queues; but, just for argument's sake, try to imagine such a contretemps. Would it not break up many a promising affair of the heart?

To return to our mutton, the telephone is a most valuable invention. It reunites loving hearts and it furnishes reasons for jealousy to lovers who need prodding, and excuses to those who wish to get away from bores—but it is great enough as it is, and we do not want any improvements with it in the line of machines to see around corners. We have troubles enough already, and too much knowledge doesn't add to any one's happiness.—Baltimore News.

## GOOD POINTER FOR GAMBLERS.

How to Make Money Out of Easy-Going Strangers.

"I thought I was pretty wise to all sorts of games," said a gambler, "but I've just been beaten out of a five-spot as easily as though I came from Cohoes. A friend and I had been standing in the doorway of a hotel betting on the odd or even numbers of the next car to pass, and I was loser. Then the other fellow suggested that I try to call a coin, head or tail, for \$5, as a chance to get my money back. I agreed. He slapped a quarter on the back of his hand and I said 'heads.' It was a tail, and I was a five out.

"The experience was worth it, though, for he told me the game after joshing me for a good thing. It is instinct, he said, for almost every one in calling a coin to say head, so he always placed the coin tails up when the other man was to call it. He said that the game worked nine times out of ten, and he didn't really consider it unfair, because he was practically betting me that I would say 'heads,' though I didn't know it. I like the game, and I'm going to try it on some of the wise ones I know. I'll bet it works, too."

## DOAN'S DEAL GENTLY.

Its gentle and effective action of Doan's Kidney Pills in Kidney, Bladder, and Urinary troubles that make them famous with Men, Women, and Children.

Mr. PLEASANT, OHIO.—I received the sample of Doan's Kidney Pills, and never had any medicine do me so much good in so little time. I had Congestion of the Kidneys and Bladder so severe it caused a pressure on the lungs like Asthma, but through the use of Doan's Pills I am free and easy now. Geo. W. SUTTIN, Veterinary Surgeon, P. O. Box 41, Mt. Pleasant, Ohio.

Aged people find Doan's Kidney Pills a great comfort for declining years. They cure incontinence and urinary weakness peculiar to children.

BAXTER SPRINGS, KANSAS.—I received the free sample of Doan's Kidney Pills. For five years I have had much pain in my back, which physicians said arose from the kidneys. Four boxes of Doan's Pills have entirely cured the trouble. I think I owe my life to these pills, and I want others to know it. SADIE DAVIS, Baxter Springs, Kansas.

Aching backs are eased. Hip, back, and joint pains overcome. Swelling of the limbs and dropsy signs vanish. They correct urine with brick dust sediment, high colored, excessive, pain in passing, dribbling, frequency, bed wetting. Doan's Kidney Pills dissolve and remove calculi and gravel. Relieve heart palpitation, sleeplessness, headache, nervousness.

FREE—GOOD FOR OLD AND YOUNG.



Foreign-Merchants Co., Buffalo, N. Y. Please send me by mail, without charge, trial box Doan's Kidney Pills. Name \_\_\_\_\_ Post-office \_\_\_\_\_ State \_\_\_\_\_ (Cut out coupon on dotted lines and mail to Foreign-Merchants Co., Buffalo, N. Y.) Medical Advice Free—Strictly Confidential.

WITH NERVES UNSTRUNG AND HEADS THAT ACHE

## WISE WOMEN BROMO-SELTZER TAKE

TRIAL BOTTLE 10 CENTS.

## MRS. RATH'S BABY

Tired Mother's Touching Story of Anxiety and Suffering.

Cuticura Brings Blessed Cure to Skin Tortured Baby and Peace and Rest to Its Worn Out Mother.

It is no wonder that Mrs. Helena Rath was taken sick. Single-handed, she did all the housework and washed, cooked and mended for her husband, Hans, and their six children. After a p. ucky fight to keep on her feet, Mrs. Rath had to yield, and early in 1902 she took to her bed. What followed she told to a visitor, who called at her tidy home, No. 821 Tenth Ave., New York City.

"I hired a girl to mind the children and to do whatever else she could. I couldn't stay in bed long. Sick as I was, it was easier for me to crawl around than to lie and worry about my little ones. So I got up after a few days, and let the girl go. I had noticed that she had sores on her face, hands and arms, but I paid no attention to that until Charlie, my youngest, began to pick and scratch himself. He was then ten months old, and the girl had paid more attention to him than to any of the others. Charlie was fretful and cross, but as he was cutting teeth, I didn't think much of that. Even when a rash broke out on his face I wasn't frightened, because everybody knows that that is quite common with teething babies. Several of my others had it when little, and I thought nothing about it.

the directions, bathing Charlie and putting that nice Ointment on the sores.

"I wouldn't have believed that my baby would have been cured by a little thing like that. Not all of a sudden, mind you. Little by little, but so surely. Charlie and I both got more peace by day, and more sleep by night. The sores sort of dried up and went away. I shall never forget one blessed night when I went to bed with Charlie beside me, as soon as I got the supper dishes out of the way and the older children undressed; when I woke up the sun was streaming in. For the first time in six months I had slept through the night without a break.



"Yes, that fat little boy by the window is Charlie, and his skin is as white as a snow flake, thanks to the Cuticura Remedies. I think everybody should know about the Soap and also the Ointment, and if it is going to help other mothers with sick babies, go ahead and publish what I have told you."

MRS. HELENA RATH.

The agonizing, itching, and burning of the skin as in eczema; the frightful scaling, as in psoriasis; the loss of hair, and crusting of the scalp, as in scalled head; the facial disfigurements, as in pimples and ringworm; the awful suffering of infants, and anxiety of worn-out parents, as in milk crust, tetter and salt rheum,—all demand a remedy of almost superhuman virtues to successfully cope with them. That Cuticura Soap, Ointment, and Resolvent are such stands proven beyond all doubt. No statement is made regarding them that is not justified by the strongest evidence. The purity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy have made them the standard skin cures, blood purifiers and humour remedies of the civilized world.

CUTICURA REMEDIES are sold throughout the civilized world. PRICES: Cuticura Resolvent, 50c. per bottle (in the form of Chocolate Coated Pills, 25c. per vial of 60); Cuticura Ointment, 50c. per box, and Cuticura Soap, 25c. per tablet. Send for the great work, "Humours of the Blood, Skin, and Scalp, and How to Cure Them," 64 pages, 300 Diseases, with Illustrations, Testimonials and Directions in all languages, including Japanese and Chinese. British Depot, 27-28 Charterhouse Sq., London, E.C. French Depot, 8, Rue de la Paix, Paris. Australian Depot, E. Towns & Co., Sydney. POTTER DRUG AND CHEMICAL CORPORATION, Sole Proprietors, Boston, U. S. A.

Have something to do, or you will be a nobody. "All that glitters is not gold."

No chromos or cheap premiums, but a better quality and one-third more of Defiance Starch for the same price of other starches.

## WESTERN CANADA GRAIN GROWING, MIXED FARMING.

The Reason Why more wheat is grown in Western Canada in a few short months than elsewhere, is because the vegetation grows in proportion to the sunlight. The more northerly latitude in which grain will come to perfection, the better it is. Therefore 42 lbs. per bushel is as fair a standard as 60 lbs. in the East. Area under crop in Western Canada, 1,902, 1,907, 330 Acres. Yield, 1,902, 117,522,754 Bushels. HOMESTEAD LANDS OF 160 ACRES FREE, the only charge for which is \$10 for making entry. Abundance of water and fuel, building material cheap, good grass for pasture and hay, a fertile soil, a sufficient rainfall, and a climate giving an assured and adequate season of growth. Send to the following for an Atlas and other literature, and also for certificate giving you reduced freight and passenger rates, etc. etc.: Superintendent, Immigration, Ottawa, Canada, or to W. V. Bennett, 811 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent.

## 210 Kinds for 16c.

It is a fact that Salzer's seeds are found in more gardens and on more farms than any other in America. There is a reason for this. We own and operate over 300 acres for the production of our choice seeds. In order to induce you to try them we make the following unprecedented offer: For 16 Cents Postpaid 25 sorts wonderful onions, 25 sorts elegant cabbages, 15 sorts magnificent cukes, 25 superb lettuce varieties, 25 sorts leafy radishes, 25 splendid hot corns, 25 gloriously colored flower seeds. In all 210 kinds positively furnishing bushels of charming flowers and lots and lots of choice vegetables, together with our great catalogue telling all about Macaroni Wheat, Hillman Seed, etc. etc. in 100 pages, from \$1.00, etc., all for only 16c. in stamps and this money.

## U.M.C.

cartridges and shot shells are made in the largest and best equipped ammunition factory in the world.

## AMMUNITION

of U. M. C. make is now accepted by shooters as "the worlds standard" for it shoots well in any gun.

Your dealer sells it.

The Union Metallic Cartridge Co. Bridgeport, Conn.

## DROPSY NEW DISCOVERY

gives quick relief and cures worst cases. Book of testimonials and 10 DAYS' treatment FREE. Dr. H. H. GREEN'S SONS, Box R, Atlanta, Ga.

## PISO'S CURE FOR CONSUMPTION

25 CENTS. CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Use in time. Sold by druggists.

## NORTH-SOUTH-EAST-WEST YOU WILL FIND



The man who is his own best friend has few others.

Very few people can be delightfully improper successfully.

Ask Your Dealer For Allen's Foot-Ease. A powder. It rests the feet. Cures Corns, Bunions, Swollen Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address Allen S. Olmsted, LeRoy, N. Y.

Americans are going to put up seven thousand miles of barbed wire fence. No, it will not be around the Philippines; it will inclose one little cattle ranch.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1904.

Worry is not to be encouraged, but the man who never worried never accomplished very much.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Today the prophet wags his head and people heed him; tomorrow, ah, tomorrow, "None so poor to do him reverence."

Any woman who speaks ill of her neighbors gives them license to get back at her.

## St. Jacobs Oil

Is the greatest remedy in the world for all bodily Aches and Pains

for which an external remedy may be used. Price, 25c. and 50c.

## Bituminous Coal.

It will perhaps surprise some people to know that the production of bituminous coal was eight times as great as the production of anthracite during the year 1902; for, in that year, owing to idleness at the mines, the hard coal position fell to where it was in the year 1885. While there is a great deal said and heard of the anthracite industry because it is concentrated in the hands of a few persons and worked as a rule at a profit, there is a vast extent of the country which takes the soft or bituminous coal—takes it to the extent of 250,000,000 net tons.

Ambition is often the assassin of happiness.

RED CROSS BALL BLUE Should be in every home. Ask your grocer for it. Large 2 oz. package only 5 cents.

American Girls With German Titles. Twenty-six German titles are worn by American girls who have married abroad and twenty English peerages. There are three French duchesses and five French countesses of American birth. Seventeen Italian noblewomen and six "Russians of title" have laid their coronets at the feet of American brides. Holland has two baronesses, American born; Bavaria, one countess, and the sovereign Princess of Monaco closes the list.

Washed with Thompson's Eye Water sore eyes use!

Superior quality and extra quantity must win. This is why Defiance Starch is taking the place of all others.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

"Give a man a drink or two of whisky," he said, in announcing the warning, "and he is bound to have some kind of a grievance."

Practice is said to make perfect, yet few doctors or lawyers are models of perfection.

Amateur photographers are willing to take anything except advice.