

HAPPY AND HEALTHY.

A BEAUTIFUL CANADIAN GIRL SAVED FROM CATARRH OF THE LUNGS BY PE-RU-NA.



MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes:

A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently. I was advised to try Peruna, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since.

"I now have the greatest faith in Peruna." F. E. KENAH.

WOMEN should beware of contracting catarrh. The cold wind and rain, slush and mud of winter are especially conducive to catarrhal derangements. Few women escape.

Upon the first symptoms of catching cold, Peruna should be taken. It fortifies the system against colds and catarrh. The following letter gives one young woman's experience with Peruna: Miss Rose Cronin is a popular society woman of Green Point, Ind., and she writes the following:

"Recently I took a long drive in the country, and being too thinly clad I caught a bad cold which settled on my lungs, and which I could not seem to shake off. I had heard a great deal of Peruna for colds and

Of what use is your ability unless people know you have it? Of what use is anything unless it is known? You cannot be known unless you advertise in one way or another.

The spirit of rivalry has given the world about everything it has any right to feel proud of.

Clothes may not make the man, but the boy who puts on his first top hat thinks they help a lot.

Stops the Cough and Works Off the Cold Laxative Bromo Quinine Tablets. Price 25c.

In life's handicap the man who sees the ghost walk would like to see it handicapped with a little extra weight.

FITS permanently cures. No fits or nervousness after first day's use of Dr. King's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. DR. R. H. KING, Ltd., 621 Arch Street, Philadelphia, Pa.

A new baby in a home soon makes the rest of the furniture look shabby.

With the selection of an icehouse in Nome as an appropriate place to hang a murderer the limit of modern cruelty was reached. Think of the sudden and terrible change of climate.

When quiet prevails it is a 10 to 1 shot that there's no baby in the house.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

To seek an invitation is to invite an insult.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. THOS. ROBBINS. Maple Street, Norwich, N. Y., Feb. 17, 1900.

A broken heart with a patch on it is ready for another break.

INSIST ON GETTING IT. Some grocers say they don't keep Defiance Starch because they have a stock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance starch for same money.

If it wasn't for silly hens, the fox would not have his reputation.—Life.

JUNE TINT BUTTER COLOR makes top of the market butter.

The easier it is for a man to run into debt the harder it is for him to get ahead.

THOSE WHO HAVE TRIED IT will use no other. Defiance Cold Water Starch has no equal in quantity or quality.—16 oz. for 10 cents. Other brands contain only 12 oz.

Caesar's death was doubtless the result of too many Roman punches.

To the housewife who has not yet become acquainted with the new things of everyday use in the market and who is reasonably satisfied with the old, we would suggest that a trial of Defiance Cold Water Starch be made at once. Not alone because it is guaranteed by the manufacturer to be superior to any other brand, but because each 16c package contains 16 ozs., while all the other kinds contain but 12 ozs. It is safe to say that the lady who once uses Defiance Starch will use no other. Quality and quantity must win.

When it comes to a matter of dress, men employed in abattoirs always wear killing costumes.

Try me just once and I am sure to come again. Defiance Starch.

Large checks are the correct thing in lawsuits this season.

HE WANTED RUBY OIL.

Young Man Found He Was a Little Ahead of the Times.

A young man who has many acquaintances in the big Broadway building in which he has an office has been driven almost to the point of moving by the nickname which he has acquired and the persistence with which it is applied to him. Whenever his fellow-tenants drop into his office or meet him in the elevator, the genial "Hello, Ruby!" almost makes him take to his heels.

It came about this way: He was saying that he would have to run out to get a new ruby lamp to take to the country with him, for he was an amateur photographer.

"Why don't you get ruby oil?" remarked one of his friends, who, with out cracking a smile, explained how this oil gave the ruby light essential to the practice of photography without the use of a ruby shade.

The young man dispatched his office boy for a supply of ruby oil, and the joking friend gathered a number of the tenants into the office by the time the boy came back with this reply:

"Dear Mr. —: We haven't any ruby oil. In fact, we would be much interested to learn that there is such a thing. It would revolutionize photography. Blankem & Co."

Then the physical impossibility of an oil producing a ruby flame dawned upon the young man, and he produced the cigars, but since then his own proper name has been supplanted by "Ruby."—New York Times.

PREDICAMENT OF A BRIDE.

Incident of the Durbar That Will Not Be Told Officially.

Here is a story told by a globe trotter about the recent Durbar pageant. It refers to an incident in which the bride of a certain Lieutenant Governor figures. She had not been in India long, and one day expressed a desire to try a ride on an elephant. At once a towering animal was procured and a specially convenient howdah placed on its back. This animal had had a long experience of conveying people on its back, and had been trained to assist them to mount with its trunk. Naturally the young woman was not aware of this trick, and when she stationed herself close to the animal's head while one of the group of officers standing round made preparations for the inevitable "snap-shot," she deemed herself quite safe. At length the camera was quite ready, and the operator was just pressing the button, when there was a shriek from the fair one as she soared skyward, directed in turn to all points of the compass, with the elephant's trunk firmly wrapped around her waist. Extravagant bids were made by those present for the plate of the photograph, but the owner was a prudent young man, and took it to the embarrassed one, showed it to her, casually mentioned that promotion was not coming his way so fast as he could desire and then handed the negative to her to destroy. This she did, and the young officer's surprise he found himself attached to the staff of the Lieutenant Governor very shortly afterward.

HAVE PIE FOR BREAKFAST.

Still a Regular Thing on the Bills of Fare in Maine.

None of the Portland hotels supply pie for breakfast unless a special order is given, and even then I think there might be a strike in the kitchen before the goods were delivered. The only hotel in the state that I know of that is run on this truly liberal plan is the Robinson house in the town of Bucksport, the home of the speaker of the present Maine house, though the Hotel Brunswick in Bangor used to do so until called to account by Sheriff Gilman of Penobscot county, whose strong hold is baked beans, and who grew jealous of the popularity of the palm-rose of this famous establishment. Once when I went into the Robinson house for dinner, in the course of a drive to follow up a party of politicians then touring the eastern countries, Clara, the table girl, said: "Yes, sir, we have breakfast ready, including pie, steak, custard pie, potatoes, apple pie, coffee, squash pie, fritters, pun'kin pie, graham rolls, lemon pie, and new milk."

"Isn't that a good deal of pie for one meal?" I asked.

"No," said Clara, "we usually have mince, prune, cream, and jelly, but this is the slack season, and we have to slow on something, you see!"—Chatterton in Portland Advertiser.

Blasted Hopes.

A Sunday school class of boys, noted for being mischievous and unruly, found itself some time ago without a teacher, the last one filling that uncongenial role having temporarily resigned. It fell to the lot of the wife of a prominent merchant, a woman very enthusiastic over matters pertaining to the church, to succeed to the vacancy, and, while not without some misgivings, she entered upon her duties with the conviction that the proper methods and a little perseverance could not fail to bring results. For several weeks it was uphill work, and her patience at times was sorely tried. One Sunday, however, there seemed to come a change for the better. Her labors, she felt, were beginning to bear fruit. The most troublesome boy in the class, the one who rarely showed the slightest interest, was paying the closest attention never taking his eyes from her. Bent on following up her advantage, she addressed her remarks entirely to him, when in the midst of a sentence the youth broke in:

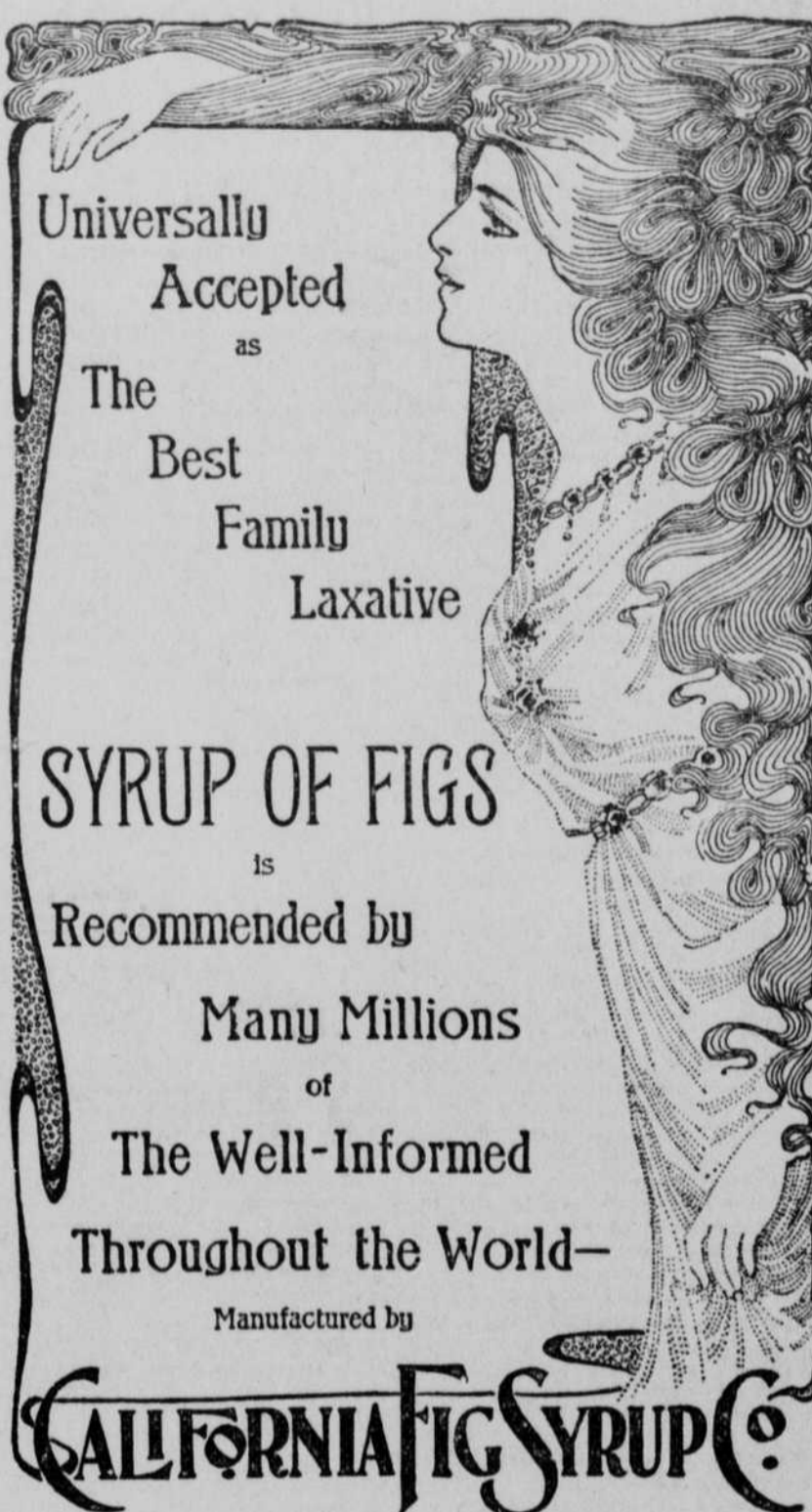
"Say, Mrs., them things in your hat look just like onion sprouts."

THE MEN AND WOMEN

Who Enjoy the Choicest Products of the World's Commerce.

Knowledge of What is Best More Important Than Wealth Without It.

It must be apparent to every one that qualities of the highest order are necessary to enable the best of the products of modern commerce to attain permanently to universal acceptance. However loudly heralded, they may not hope for world-wide preeminence unless they meet with the general approval, not of individuals only, but of the many who have the happy faculty of selecting, enjoying and learning the real worth of the choicest products. Their commendation, consequently, becomes important to others, since to meet the requirements of the well informed of all countries the method of manufacture must be of the most perfect order and the combination the most excellent of its kind. The above is true not of food products only, but is especially applicable to medicinal agents and after nearly a quarter of a century of growth and general use the excellent remedy, Syrup of Figs, is everywhere accepted, throughout the world, as the best of family laxatives. Its quality is due not only to the excellence of the combination of the laxative and carminative principles of plants known to act most beneficially on the system and presented in the form of a pleasant and refreshing liquid, but also to the method of manufacture of the California Fig Syrup Co., which ensures that uniformly and purely essential in a remedy intended for family use. Ask any physician who is well informed and he will answer at once that it is an excellent laxative. If at all eminent in his profession and has made a special study of laxatives and their effects upon the system he will tell you that it is the best of family laxatives, because it is simple and wholesome and cleanses and sweetens the system effectually, when a laxative is needed, without any unpleasant after-effects. Every well-informed druggist of reputable standing knows that Syrup of Figs is an excellent laxative and is glad to sell it, at the regular price of fifty cents per bottle, because it gives general satisfaction, but one should remember that in order to get the beneficial effects of Syrup of Figs it is necessary to buy the genuine, which is sold in original packages only; the name of the remedy—Syrup of Figs, and also the full name of the Company—California Fig Syrup Co.—printed on the front of every package.



Universally Accepted as The Best Family Laxative

SYRUP OF FIGS is Recommended by Many Millions of The Well-Informed Throughout the World—Manufactured by CALIFORNIA FIG SYRUP CO.

San Francisco, Cal. Louisville, Ky. New York, N. Y.

FOR SALE BY ALL LEADING DRUGGISTS. PRICE FIFTY CENTS PER BOTTLE.

Alaska and the Salad. At a recent function in Washington John W. Foster, the diplomat and ex-secretary of state, was sent by Mrs. Foster to get her some salad. He procured a plate of the dainty and was returning with it when some one asked him a question about the Alaska boundary. Mr. Foster has a fad on that subject. He began to talk earnestly. Then he gesticulated. The result was that the salad slid gracefully off the plate and landed full on the front breadth of Mrs. Foster's magnificent dress. The conversation about the Alaskan boundary ended right there.

A level surface is naturally flat, but there is a vast difference between a level-headed man and a flat-headed one.

There are three things it takes a strong man to hold: A young warrior, a wild horse, and a handsome squaw.

Worry makes everybody thin except fat people who worry over their fatness.

Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflammation of the mucus lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucus surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, etc. Hall's Family Pills are the best.

Bad luck gets the blame for a lot of poor judgment. IF YOU USE BALL BLUE, Get Red Cross Ball Blue, the best Ball Blue. Large 2 oz. package only 5 cents.

A coward likes to believe that discretion is the better part of valor.

LEWIS' SINGLE BINDER THE BEST QUALITY STRAIGHT 5-CIGAR ALWAYS RELIABLE

WESTERN CANADA GRAIN GROWING. MIXED FARMING.

The Reason Why more wheat is grown in Western Canada in a few short months than elsewhere, is because vegetation grows in proportion to the sunlight. The more northerly latitude in which grain will come to perfection, the better it is. Therefore 62 lbs. per bushel is as fair a standard as 60 lbs. in the East. Area under crop in Western Canada, 1,002, 1,007,500 Acres. Yield, 1,000, 137,528, 754 Bushels. HOMESTEAD LANDS OF 160 ACRES FREE, the only charge for which is \$10 for making entry. Abundance of water and fuel, building material cheap, good grass for pasture and hay, a fertile soil, a sufficient rainfall, and a climate giving an assured and adequate season of growth. Send to the following for an Atlas and other literature, and also for certificate giving you reduced freight and passenger rates, etc., etc.: Superintendent of Immigration, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent.

START A STEAM LAUNDRY In your town. Small capital required and big returns on the investment assured. We make all kinds of Laundry Machinery. Write us. Paradox Machinery Co., 181 E. Division St., Chicago.

Large advertisement for OLIVE-FOOD featuring a cow illustration and text: "THE FOOD THAT TELLS." THE WORLD'S GREATEST FLESH AND MILK PRODUCER. FOR CATTLE, HORSES, HOGS AND SHEEP. THE BEST STOCK FOOD MADE IN THE WORLD AND AT THE LOWEST PRICE. ORDER TO-DAY. 3 PER CENT OFF FOR CASH.