# HEALTHY WOMEN

Praise Pe-ru-na as a Cure for Colds and a Preventive of Catarrh.





MRS. M.J. BRINK FIRST STAGE OF CATARRH.

from his usual business. In perhaps a majority of cases little or no attention is Ind., writes: paid to the first stage of catarrh, and hence

the first symptoms of catching cold he should at once begin the use of Peruna according to directions on the bottle, and the cold is sure to pass away with-

out leaving any bad effects. Unless this is done the cold is almost sure to end in the second stage of catarrh, which is making so many lives miserable. If Peruna was taken every time one has a cold or cough, chronic catarrh would be practically an unknown disease.

Miss Elizabeth Uber, No. 57 Bassett street, Albany, N. Y., writes:

Albany, N. Y., writes:

"I have always dreaded unsettled weather because of my extreme liability to catch cold, when a catarrhal trouble would quickly develop through my entire system, which it would take weeks to drive away. I am thankful to say that since I have taken PERUNA I do not have any reason to dread this any more. If I have been at all exposed to the damp, wet or cold weather, I take a dose or two of PERUNA and it throws out any hint of sickness from my system."—Miss Elizabeth Uber.

Mrs. M. J. Brink, No. 820 Michigan avenue, St. oseph, Mich., writes:

sands Are Making.

The first stage of catarrh is what is commonly known as "catching cold." It may be in the head, nose, throat or lungs. Its beginning is sometimes so severe as to cause a chill and considerable fever, or it may be so slight as to not hinder a person from his usual business. In perhaps a

Sibyl A. Hadley. 26 Main street, Huntington.

it is that nearly one-half of the people have chronic catarrh in some form.

To neglect a cold is to invite chronic catarrh. As soon as any one discovers and cough remedies native and raw. Ordinary remedies did not help an advertisement of what PERUNA could do I decided to try a bottle, and you can imagine to give you his valuable advice gratis.

Address Dr. Hartman, President of the people have cough, which gradually grew worse until my throat to give you his valuable advice gratis.

Address Dr. Hartman, President of decided to try a bottle, and you can imagine to give you have a president of the people have cough, which gradually grew worse until my throat to give you his valuable advice gratis.



factory results from the use of Peruna, write at once to Dr. Hartman, giving a full "Last winter after getting my feet wet I began to statement of your case, and he will be glad

Address Dr. Hartman, President of

### WIDOWS OF HEROES

WIVES OF REVOLUTIONARY SOL-DIERS DRAW PENSIONS.

Seven Women Allowed Monthly Suns in Recognition of the Services of Their Husbands to the Cause of Liberty in the Army of Washington.

Nearly 120 years have elapsed since the revolutionary war came to an end The last survivor of the thousands of men who took part in that great struggle for liberty died more than thirty years ago. Yet, there are on Uncle Sam's pension rolls the names of seven persons each of whom has been granted a small sum of money monthly on account of it.

Three of the seven are the only surviving widows of revolutionary soldiers. The other four are daughters and are pensioned by a special act of Congress. The widows are: Rebecca Mayo, aged eighty-nine years, of Newburn, Va.; Nancy Jones, aged eighty-eight years, of Jonesboro, Tenn., and Esther S. Damon, aged eighty-eight years of Plymouth Union, Vermont.

Rebecca Mayo, whose maiden name was Rebecca Dawson, is the widow of Stephen Mayo, whom she married in Virginia on Nov. 24, 1834, when she was twenty-six and he seventy-seven years of age. Her husband enlisted as a private in a Virginia regiment in 1776, and served three or four months. He enlisted again in February, 1777, and served for one year. He participated in the battles of Brandywine and Germantown. In 1832, at the age of seventy-five years, he made application for a pension, which was allowed. He died in 1847, and the same year application was made by his widow and her claim was allowed.

Nancy Jones is the widow of Darling Jones, who served nine months as a private in a North Carolina regiment, and was in the battle of Monk's Corner and also in some skirmishes with the Cherokee Indians. Her maiden name was Nancy Huff. She married in Carter county, Tenn., at the age of twenty-five years, her husband being cixty-nine years of age. Mr. Jones was drawing a pension at the time of his death in 1848. Her claim was allowed in 1853.

Esther S. Damon, who was formerly Esther Sumner, married Noah Damon at Bridgewater, Vt., in 1835, when she was twenty-two years of age and he seventy-five. Mr. Damon enlisted at Milton, Mass., in 1775, as a private, and served nearly two years. He was wounded at the battle of Long island, and was granted a pension in 1848. He died in 1853, and she was pensioned as his widow.

#### Sympathetic.

The late Congressman Russell of Connecticut used to tell the following, which was his favorite story:

One of a gang of laborers was suddenly killed in an accident, and an ty, but the rest of him is full a great | Irishman was delegated by the foreman to go and break the sad news to the unfortunate man's wife. careful," said the foreman, "to sympathize with Mrs. Jones all you can, for it will be a terrible shock to her to learn of John's death."

> Pat, however, forgot what to say. Mrs. Jones herself came to the door in response to the knock, and Pat promptly asked:

"Does the Widow Jones live here?" "I am Mrs. Jones," replied the woman, "but I am not a widow. My husband is working to-day, as usual."

"They told me it was on this street." said Pat, "and, begorra, I'm pretty sure this is the very house." "But I tell you my husband is liv-

ing," protested Mrs. Jones. "You're a liar!" exclaimed Pat 'Sure, they're bringin' his body around the corner now."

#### Absent.

Among the many stump speakers who invaded the Middle West during the first McKinley campaign was Corporal Tanner, the well-known pension attorney. At one small town in Illi nois he was suddenly taken ill, and the physician who had been summoned directed, among other things, that he

"I don't think that would do any good," said the Corporal, with a very serious air.

"Why not?" asked the doctor, with some feeling.

Glancing down at the artificial substitutes, the other replied: "They were both shot off in '63 at Gettysburg."

#### A Friend's Indorsement.

Col. George A. Price says that while he was Civil Service Commissioner of Brooklyn he discovered, upon examining a paper of an applicant for a position, that the character of the applicant had been certified to by a friend who, opposite the line, "Does he use intoxicating liquors -if so, to what extent?" had written God will always set the picture of this answer:

"I have known him for eight or ten years; he always takes a drink whenever he is asked, but I have never known him to buy a drink on more than two occasions in that time."

The paper was marked zero.

Popularity of Dark Women. A statistical inquiry undertaken by Dr. Beddoe has brought out the cur-The footprints on the sand of time lous fact that in England a brunette all lead at last to the great White has ten chances of being married to nine chances if she is a blonde, and the English women are gradually losing their fairness of skin and hair in darker types, simply because men persist in selecting the darker-haired women for wives. The same thing is bappening in Germany, France and



A prominent Southern lady, Mrs. Blanchard, of Nashville, Tenn., tells how she was cured of backache, dizziness, painful and irregular periods by the use of Lydia E. Pinkham's Vegetable Compound:

"Dear Mrs. Pinkham: — Gratitude compels me to acknowledge the great merit of your Vegetable Compound. I have suffered for four years with irregular and painful menstruation, also dizziness, pains in the back and lower limbs, and fitful sleep. I dreaded the time to come which would only mean suffering to the state of would only mean suffering to me.

"Better health is all I wanted, and cure if possible. Lydia E. Pink-ham's Vegetable Compound brought me health and happiness in a few short months. I feel like another person now. My aches and pains have left me. Life seems new and sweet to me, and everything seems pleasant and easy.

"Six bottles brought me health, and was worth more than months under the doctor's care, which really did not benefit me at all. I am satisfied there is no medicine so good for sick women as your Vegetable Compound, and I advocate it to my lady friends in need of medical help."—Mrs. B. A. Blanchard, 422 Broad St., Nashville, Tenn.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excita bility, irritability, nervousness, sieteplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pink ham's

tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

A Severe Case of Womb Trouble Cured in Philadelphia.

"DEAR MRS. PINKHAM: — I have been cured of severe female troubles by the use of Lydia E. Pinkham's Vegetable Compound. I was nearly ready to give up, but seeing your advertisement I purchased one bottle of your medicine, and it did me so much

ood that I purchased another, and the result was so satisfactory that ] bought six more bottles, and am now feeling like a new woman. I shall never be without it. I hope that my testimonial will convince women that your Vegetable Compound is the greatest medicine in the world for falling of the womb or any other female complaints." - Mrs. MAY Copy, 2660 Birch St., Philadelphia, Pa.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Her address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it.



Every tidy housekeeper appreciates nicely starched clothes and linens. No starch under the sun gives so good a finish as Defiance Starch. It is absolutely free of the chemicals which other starches contain. It never sticks to the iron or causes the clothes to break. It does not rot them. For 10 cents you get 16 ounces of the best starch that can be made. Get Defiance.

THE DEFIANCE STARCH CO.,

OMAHA, NEB.

Many School Children Are Sickly. Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, break up Colds in 24 hours, cure Feverishness, Headache, Stomach Troubles, Teething Disorders and Destroy Worms. At all druggists', 25c. Sample mailed free. Address Allen S. Olmsted, Le Roy, N. Y.

He has a beggarly idea of prayer to whom it is only begging.

Old age has its sunrise as well as its | POULTRY I want your poultry, butunset. | Quick returns and the highest prices that location,
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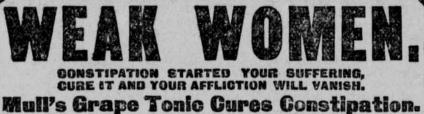
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> DROPSY NEW DISCOVERY: gives cases. Book of testimonials and 10 DAYS' treat:

Self in the sermon is like sand in

Christ brings man to God by bring ing God to man.





When the bowels move irregularly the entire bodily system must suffer. Constipation more frequently occurs among women and it manifests itself in provoking profuse leucorrhea and other serious female diseases. Regular bowels will result in a complete cure when you use Mull's Grape Tonic. Unlike pills and ordinary cathartics, this remedy is a mild, gentle laxative in addition to being a greater flesh-builder, blood-maker and strength-giver than cod liver oil or any other preparation than cod liver oil or any other preparation recommended for that purpose. Mul's Grape Tonic will permanently cure the most obstinger ate case of constipation, and the numerous afflictions that invariably follow in its wake.

No matter if it is piles, liver complaint, kidney disorder, vertigo, palpitation of the heart, diarrhea or the self-poisoning which follows when the undigested food remains in the bowels where it putrefies and empties highly diseased germs into the blood, such as typhoid and majaria. Mull's Grape Topic will positively cure. Large sample bettle

malaria, Mull's Grape Tonic will positively cure. Large sample bottle will be sent free to any address on receipt of 10 cents to cover postage, by the Lightning Medicine Co., Rock Island, Ill. Send name of your druggist. All druggists sell Mull's Grape Tonic at 50 cents a bottle.

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For Lameness, Sprains, Cuts, Burns, Bruises.

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Need a good Liniment at times—one that penetrates and heals. You can always depend upon THE OLD RELIABLE

**MEXICAN** MUSTANG

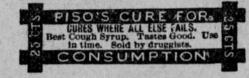
Don't hesitate-get it at once.

DREWS-JUNIPER BITTERS

Relieves All Distress of the Stomach and Periodi-cal Disorders. FLAVOR UNSURPASSED. Sold Everywhere. CRESCENT CHEMICAL CO. Omaha, Neb.

We make all kinds of scales. 5 TON Also B. B. Pumps warra and Windmills. BECKMAN BROS., DES MOINES, JOWA gramicted with Thompson's Eye Water

W. N. U .- Omaha.



WESTERN CANADA HAS FREE HOMES FOR MILLIONS.

Upwards of 100,000 Americans have settled in Western Canada during the past 5 years. They are CONTENTED, HAPPK, AND PROSPEROUS. and there is room still for MILLIONS.

Wonderful yields of wheat and other grains. The best grazing lands on the continent. Magnificent climate; plenty of water and fuel; good schools, excellent churches; splendid rallway facilities.

HOMESTEAD LANDS OF 160 ACRES FREE, the only charge for which is \$10 for entry. Send to the following the control of the con only charge for which is \$10 for entry. Send to the following for an Atlas and other literature, as well as for certificate giving you reduced railway rates, etc., etc.: Superintendent of Immigration, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bidg., Omaha, Neb., the authorized Canadian Government Agent.

You don't need to treasure your sorrows; you will always find enough

when you need them. IMMENSE TOBACCO PURCHASE.

Forty-Eight Thousand Dollars Paid for a Fancy Lot of Tobacco.

The biggest purchase of high grade to-bacco ever made in the West by a cigar manufacturer was made last Wednesday by Frank P. Lewis, Peoria, Ill., for his cele-brated Single Binder cigar. A written guarantee was given that the entire amount was to be fancy selected tobacco. This, no doubt, makes the Lewis factory the largest holder in the United States of tobacco of so high a grading.

It's no use picking the mote out of your brother's eye with the hatchet of

kota has introduced a bill in the house making October 21, the anniversary of the discovery of America, a legal public holiday, to be known as John L. Sullivan's pockets are emp-

Representative Martin of South Da-

Noting that our ambassador to Russia has succeeded in renting a house for which he pays just twice his salary, the Philadelphia Inquirer says: 'There is not much competition among

ward workers for this job.' "Did you have lots of nice things to eat at the party?" "Rather! Why I had to take four kinds of medicine

A minister about to leave home for a few days was bidding good-by to his family. When he came to Bobby he took the little fellow in his arms, and said: "Well, young man, I want you to be a good boy and be sure to take good care of mamma." Bobby promised, and the father departed. When night came and he was called to say his prayers, he spoke thus: "O Lord, please protect papa, and brother Dick and sister Alice, and Aunt Mary, and all the little Jones boys, and Bobby. I'll take care of mamma.'

An old cormsn woman had asked her parish priest to read to her a letter from her son in Brazil. The writer's orthography was doubtful, but the vicar did his best to read phonetically. "I cannot tell you how the muskitties torment me. They pursue me everywhere, and even down the chimney." The fond mother's eyes grew large with mingled pride and amusement. "Ezekiel must be rare handsome," she said, "for the good," said the Corporal, w maidens to be so after him. And I reckon the Miss Kitties is quality folks, too."

To Cure a Cold in One day.

Take Laxative Bromo Quinine Tablets. All
druggists refund money if it fails to cure. 25c.

He who bears false witness against his neighbor bears true witness against him.elf.

In Winter Use Allen's Foot-Ease. A powder. Your feet feel uncomfortable, nervous and often cold and damp. If you have sweating, sore feet or tight shoes, try Allen's Foot-Ease. Sold by all druggists and shoe stores, 25 cents. Sample sent free. Address Allen S. Olmsted, Le Roy, N. Y.

character in a worthy chamber. Mrs. Winslow's Soothing Syrup.
r children teething, softens the gums, reduces inmmation, allays pain, cures wind coite. 25c a bottle. No man becomes wise until he has

often called himself a fool. Piso's Cure cannot be too highly spoken of as a cough cure.-J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

Throne beside the tideless sea. Taxidermy and Fur Dressing.

Overcoats and robes made to order. Cow hides a specialty.

O. R. GIJBERT COMPANY, 1424 South 18th St. OMAHA. NEB. Telephone F-1814. Doctrines found by dissection neces- Switzerland. sitate the death of truth.