

NERVOUS PROSTRATION IS SYSTEMIC CATARRH.

(Per-na is the only Systemic Catarrh Remedy known to the Medical Profession.)



MRS. IDA L. GREGORY
A LEADING CLUBWOMAN OF DENVER, Colo.

Mrs. Ida L. Gregory, President of the Poets and Authors Club of Colorado, President of Colorado Art Club, Director of School of Industry and Design, Vice President of Sherman Art League, is One of the Leading Club Women of Colorado.

In a recent letter from 2 Grant avenue, Denver, Colo., this prominent lady says:

"Some years ago my husband suffered from nervous prostration and advising with a friendly druggist he brought home a bottle of Peruna. His health was restored from its use, his appetite was increased and restful sleep came to him. I therefore heartily endorse Peruna, as an honest remedy worthy the good things which are said of it."—Ida L. Gregory.

Nervous prostration is so frequently associated with systemic catarrh that some doctors do not distinguish between the two. In systemic catarrh the disease has pervaded the whole system and there is a constant loss of vital fluids from the mucous membranes.

A great many people are doctoring for nervous prostration who would be immediately cured by a course of Peruna. Peruna makes clean, healthy mucous membranes. By this preservation of the

fluids the weakening drain of their discharge is prevented.

The medical profession is just beginning to awaken to the fact that chronic catarrh, especially systemic catarrh, will soon produce a condition so nearly resembling nervous prostration that it is very difficult to tell one from the other. Peruna cures these cases without fail.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Ludicrous Tales Told of the Sargasso Sea.

Probably no portion of the globe's surface has afforded a richer field for the imaginative writer than the Sargasso sea, that portion of the Atlantic ocean lying between 16 and 38 degrees north latitude and 30 and 50 degrees west longitude.

During the recent Spanish-American war some of the newspaper reporters, sending their imaginations soaring wildly over the Sargasso sea, met stranger visions than did Milton in "Paradise or Dante in the depths of Inferno. A Boston daily contained an article anticipating the naval battle that occurred at Santiago. The author, giving free rein to his fancy, said:

"The battle will be fought on the northern edge of that strange and mysterious part of the Atlantic called the Sargasso sea. It is not generally known that within a week's sail from New York is a vast and trackless waste, unexplored by the hardest sailors, uncrossed by the stateliest ships, a monster mass of floating debris, consisting of growing seaweed, blooming and blossoming plants, creeping and twining vines, a float island of verdure almost as large as the state of Texas, forming a solid barrier against navigation. . . . The Spanish commander will very likely use this mass of floating sod to protect his flanks and rear from attack." It is incredible that a paper would print such ludicrous trash that the merest school child would at once recognize as utterly false.

Another Boston daily copied from the Buffalo Commercial this most absurd account of a barque in passage from Rosario to Philadelphia during

which it had "a strange experience in the well known but seldom visited and much dreaded Sargasso sea. . . . Nineteen days were spent in a desperate battle with the floating seaweed and profuse flora. . . . We were actually driven back by its force. Some of the creepers were at least 100 feet long, and they seized upon the bowsprit, spars, davits and everything into which they could entangle themselves."

Any child who ever saw the ocean would naturally reason that it bears on no part of its surface "blooming and blossoming plants." The Sargasso sea differs in no wise from any other part of the Atlantic, excepting that it is so surrounded by currents that the alga known as Sargassum bacciferum floats here in somewhat greater quantities than elsewhere. It is also a section of the ocean lying without the range of constant trade winds, so that sailing vessels are sometimes liable to become becalmed, and one can well realize that a carpet of seaweed upon the surface of the water, when there is no wind to fill the sails, will tend to somewhat impede a ship's progress. But "a solid barrier against navigation" the slender seaweed is not, for, notwithstanding the authorities quoted, through the Sargasso sea lies the southern passage from Europe to America for sailing vessels in winter. An intimate acquaintance of the writer, a worthy old sea captain, says that in his numerous voyages across that "unexplored, trackless waste" he never could have experienced the difficulties described unless he had sailed his vessel bottom upwards.

Spanish Bell Dug Up on New Jersey Estate.

One of the rarest curios in this city is an old Spanish bell which is in the possession of Maurice H. Stratemeyer, a well known dealer in musical instruments, at 31 Broad street, this city, says the Newark News. The bell was dug up a few years ago on the estate of Gov. Carteret, New Jersey's first colonial executive, whose home was on Pearl street, this city. The relic was unearthed about six feet underground by some workmen who were excavating for a building. It was thickly covered with rust, and the finder did not realize at the time the value of his discovery. He took it home, however, and Mr. Stratemeyer, who is something of an antiquarian, learned only some months ago of its existence, and took steps to get possession of the ancient bell, which is one of the oldest, if not the oldest, in the United States.

It is made of old bronze, said to be worth \$1 a pound. The bell is 13 1/2 inches high, 11 inches in diameter at its base and weighs 35 pounds. It is minus the clapper. The part by which it hangs is shaped like a crown, while on its side is raised decoration resembling a fleur de lis. Around the base is the following inscription:

"Solderancicodartiaga." This puzzled not only Mr. Stratemeyer, but several learned antiquarians who dropped into his place to inspect the relic, and none of whom could translate the inscription. It remained for some Mexican officers who are connected with the commission now supervising the construction of two gun boats for the republic at Lewis Nixon's shipyard to tell what it meant.

They said that the inscription was "Soy de, Rancisco Dartiaga," meaning "I am of (or was made by) Francisco Dartiaga."

They all agreed the bell was of foreign make and was over 400 years old. How much more they would not venture to guess.

It is more than probable that the relic was brought into this country on one of Cartaret's ships. The Elizabeth river, then a wide and navigable stream for nearly a mile beyond where the bell was found, flowed alongside the Cartaret estate, while "Paradise Farm," the ancient homestead of the Hetfield family, adjoins the spot where it was discovered.

The happiness of God is not measured by the misery of man.

Remarkable Story of a Vegetarian Cat.

The vegetarian cat owned by Tommy Magruder of Newark is in clover just now. Everything on the little Belleville avenue farm, where the cat and Tommy both live, is at its best and the cat does not miss much that is ripening except the bell peppers, tomatoes and celery. These she does not like, but eats lettuce, cabbage and green corn, raw, with avidity, says the New York Sun.

She prefers her corn husked, but will husk it herself in a rough way if it is left where she can get at it. "Woody," as the boys call her, has never been known to climb a cornstalk to get an ear, but she is seen every day nipping parsley and lettuce, and a few days ago she was caught eating into a growing cabbage. Succotash is one of her favorite dishes, but she is fond of cooked string beans, warm or cold.

HOLY TO THREE RELIGIONS.

Palestine is Sacred to Christian, Jew and Mohammedan.

We are accustomed to consider Palestine only as the Promised Land of the Jewish race, and the scene of the most sacred events in human history—the birth and burial place, the home, the place of the crucifixion and the resurrection of the Redeemer. We forget that it is also a Holy Land for the adherents of another religion, who outnumber the Christians and the Jews combined, and are without doubt the most numerous, the most devout and the most fanatical of all religious believers. The Mohammedans number not less than 400,000,000 and perhaps 500,000,000. A large portion of them trace their ancestry to Esau and Ishmael, as the Jews trace theirs to Jacob, and are equally attached to the scenes of Old Testament history. The tomb of Abraham, the well of Jacob, the River Jordan and the site of the temple are as precious and sacred to the one as to the other. The Mohammedan cares nothing for the sultan except as the successor of Mahomet, the

visible head of the church, but his religion is a live, tangible and essential thing which influences and often controls his movements as well as his emotions. No other faith, no other race, are so dependent upon prayer and worship. No other is so scrupulous in the observance of the teachings of his Bible and his priests or in the observance of his religious duties and vows.

Bladder-Skin Balloons. A full-sized war balloon, with all its fittings, costs nearly \$5,000. The bladders of about 74,000 dead oxen are used to make a medium-sized balloon. A bladder-skin balloon is far superior to a silk one. Rents in a skin balloon close almost automatically, and the leakage is of the slightest.

Paper Coal in Germany.

Paper coal is a form of lignite found near Bonn, Germany. It splits naturally in films as thin as paper.

Nothing in the world can exceed the utter loyalty with which a woman respects the confidence of a man for whom she has a genuine liking.



Mrs. Emma E. Felch, Treasurer Fond du Lac, Wis., Social Economic Club, Tells How She was Cured of Irregular and Painful Menstruation by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I have used Lydia E. Pinkham's Vegetable Compound for irregular and painful menstruation, and was entirely cured after using two bottles. I can truly say it is a boon to suffering women, and I would recommend all suffering from the above troubles to try a few bottles and be cured. Very thankfully yours, EMMA E. FELCH, Division St., Fond du Lac, Wis."

\$5000 FORFEIT IF THE ABOVE LETTER IS NOT GENUINE.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

No other medicine for female ills in the world has received such widespread and unqualified endorsement.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

The Omaha Auditorium Company

Will give away over One Thousand Prizes next month—Over Seven Hundred of them will be cash prizes, including the Capital Cash Prize of

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RUPTURE CURED NO KNIFE, NO PAIN, no detention from business. We refer to thousands of cured patients in Nebraska and adjacent territory. Why patronize Eastern "fakers" when you can deal with a reliable company at home? An absolute guarantee in every case. Send for circulars. **THE EMPIRE RUPTURE CO., 932-33 New York Life Building, Omaha, Nebraska.**

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THE TWENTIETH CENTURY MONEY MAKER. \$10,000 profits per acre. Largest garden in America. Address **R. E. BARNARD, Houston, Mo.**

IS WHAT YOU CAN SAVE We make all kinds of scales. Also B. B. Pumps, valves and Windmills. **BECKMAN BROS., DES MOINES, IOWA.**

ROMAN EYE BALSAM FOR WEAK, INFLAMED EYES AND EYELIDS. Price 25 Cents. All Druggists. WRIGHT'S INDIAN VEGETABLE PILL CO., New York.

JUNIPER BITTERS Relieves All Distress of the Stomach and Periodical Disorders. FLAVOR UNSURPASSED. Sold Everywhere. **CRESCENT CHEMICAL CO., Omaha, Neb.**

ALL SIGNS FAIL IN A DRY TIME. THE SIGN OF THE FISH NEVER FAILS IN A WET TIME. THE FISH as a sign has a history. This is told in an interesting booklet which is yours for the asking. **A. J. TOWER CO., BOSTON, MASS.** Makers of **WET WEATHER CLOTHING.** OUR GOODS ARE ON SALE EVERYWHERE.

When Answering Advertisements Kindly Mention This Paper. **W. N. U.—Omaha. No. 39—1902**

FISONS' CURE FOR BRUISES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. **CONSUMPTION**

There are but two kinds of starch. Defiance Starch, which is the best starch made and—the rest. Other starches contain chemicals, which work harm to the clothes, rot them and cause them to break. Defiance is absolutely pure. It is guaranteed perfectly satisfactory or money back. The proof is in the doing and Defiance does. 16 ounces for 20 cents. Your grocer sells it. **MANUFACTURED BY THE DEFIANCE STARCH CO., OMAHA, NEB.**

Love finds us young and keeps us so; immortal himself, he permits not age to enter the heart where he reigns. **Mother Gray's Sweet Powders for Children** Successfully used by Mother Gray, nurse in the Children's Home in New York. Cures Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and Destroy Worms. Over 30,000 testimonials. At all druggists, 25c. Sample FREE. Address Allen S. Olmsted, LoRoy, N. Y.

Prudence is common sense well-trained in the art of manner, of discrimination, and of address.

MORE FLEXIBLE AND LASTING. won't shake out or blow out; by using Defiance starch you obtain better results than possible with any other brand and one-third more for same money.

So far as the modern scientist is concerned the fruits of philosophy are electric currents.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

"Vain imaginings" bring some people more misery than does hard reality.

DO YOUR CLOTHES LOOK YELLOW? Then use Defiance Starch. It will keep them white—16 oz. for 10 cents.

You may not be able to learn anything new, but there are people in the world who can teach you something old.

Not enough men catch Time by the forelock to make the old fellow bald-headed.

No chromos or cheap premiums, but a better quality and one-third more of Defiance Starch for the same price of other starches.

It doesn't always follow that because a man is well groomed he possesses good horse sense.

Hall's Catarrh Cure Is a constitutional cure. Price, 75c.

It's too bad that some things seem too good to be true.

It's folly to suffer from that horrible plague of the night, itching piles. Doan's Ointment cures, quickly and permanently. At any drug store, 50 cents.

It is a wise baldheaded man that can fool a horsefly.

INSIST ON GETTING IT. Some grocers say they don't keep Defiance Starch. This is because they have a stock on hand of other brands containing only 12 oz. in a package, which they won't be able to sell first, because Defiance contains 16 oz. for the same money. Do you want 16 oz. instead of 12 oz. for same money? Then buy Defiance Starch. Requires no cooking.

The most valuable of all metals is zinc—pray excuse us! This punning habit is dreadful—what we mean is ink.