Charming Lace Bonnet


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GYMNASIUM DRESS.


ECUADOR'S NEW PRESIDENT


DROMINENT DLDPLI:


NEW SENATOR FROW NEW YORK


CONSTRUCTION OF IOWA SHEEP BARN INEXPENSIVE Feedracks Divide Lower Floor Into Four Spaces, as Show
in IIIustration- Feedtroughs Are Unique Feature
-No Danger of Animal Being Caught.


HIVES FOR ALL EMERGENCIES

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There is nothing so easy but that it
becomes cififutt when you do it with
reluctarce. -Terence
Whan Naturin hints
 With the food; the old Dame is is alalwy
faithuly
foud one should act at once.

 breakfast foods, but they were al
soft, starchy messes, which gave me
distressing headaches. I drank strong distressing headaches, which gave me
confee. too, which strong
me at the timed bone but padded to the heatit me at the time, but added to the head-
aches afterwardst
were no better, for 1 foast and conflee the toast were no better, for
very constipating.

$$
\begin{aligned}
& \text { A consupup persuaded me to quit of } \\
& \text { fee and the starchy breakfast foods. } \\
& \text { and use Postum and GrapeNuts in- }
\end{aligned}
$$



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