CALUMET The BAKING POWDER

That Makes the Baking Better

Failures are almost impossible with Calumet.

We know that it will give you better results.

We know that the baking will be purer—more wholesome.

We know that it will be more evenly raised.

And we know that Calumet is more economical, both in its use and cost.

We know these things because we have put the quality into it—we have sent it trind out in every way. It is used now in millions of homes and its sales are growing daily. It is the modern baking powder.

Have you tried it?

Calumet is highest in quality—moderate in price.

Received Highest Award—World's Pure Food Exposition.

How would you like an unbossed and lobbyless legislature for a change?

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Many a guilty man escapes because he is so small he goes right through the net.

Pettit's Eye Salve for 25c.

Relieves tired, congested, inflamed and sore eyes, quickly stops eye aches. All druggists or Howard Bros., Buffalo, N. Y.

Sweetest Success.

"What's the sweetest kind of success?"

"That which you achieve by acting contrary to the advice of your friends.

At the County Fair.

Visitor—And so that is what they call the wild horse of Patagonia. What do you feed it?

Zoo Attendant—Wild oats.

Couldn't Do It.

"I can't stay long," said the chairman of the committee from the colored church. "I just came to see if ye wouldn't join de mission band."

"Fo' de lan' sakes, honey," replied the old mammy, "dese' come to me! I can't even play a mouf-organ."—Lippincott's.

Got Out of the Habit.

"I see you have got a young man stenographer?"

"Yes."

"Don't you think a pretty girl stenographer adds a great deal to the attractiveness of an office?"

"I suppose she does, but I can't dictate to a woman somehow. I s'pose it's because I have been married so long."

On the Senators.

The wit of Bishop Seth Ward amuses Nashville frequently.

Bishop Ward, in company with two senators, came forth from a Nashville reception the other day and entered a motor car.

"Ah, bishop," said one of his companions, "you are not like your master. He was content to ride an ass."

"Yes, and so should I be," Bishop Ward answered, "but there's no such animal to be got nowadays. They make them all senators."

All in Good Time.

Seven-year-old William had become the proud owner of a pet pig, and insisted upon having all the care of it himself. After a few weeks, as the pig did not seem to thrive, his father said to him:

"William, I'm afraid you are not feeding your pig enough. It does not seem to be fattening at all."

"I don't want him to fatten yet," William replied, knowingly. "I'm waiting until he gets to be as long as I want him, then I'll begin to widen him out."—Tit-Bits.

"Don't Argufy"

A single dish of

Post Toasties

with sugar and cream tells the whole story—

"The Memory Lingers"

Postum Cereal Company, Ltd. Battle Creek, Mich.

The KITCHEN CABINET

WE BELIEVE—That the most profitable, the most interesting study for women is the home, for in it center all the issues of life.

Breads.

Since bread is considered the staff of life, it is quite necessary that we make it a substantial staff, able to support life. The study of bread and bread making is too important to be treated lightly, as a large per cent. of our people live mainly on bread, it is necessary that it should be good and wholesome.

Wheat flour is best adapted for bread making, as it contains gluten in the proportion to hold the gases, thus making a spongy loaf. When we add butter to bread, we have a well-balanced food. Rye is also good for bread making, but is less sticky and heavy, if used in combination with flour.

Good bread is far too often an uncommon sight and one who has mastered the art of bread making has a talent of which to feel proud. The French cook works months to master the art, and the perfect loaves which they produce show skill and perseverance.

Breads which have the real flavor of the wheat are made with water, salt, yeast and a little sugar. Such bread has a flavor, when one is trained to appreciate it much more delicate than the milk breads which have a portion of shortening added. Entire wheat flour bread is made of flour that contains all the gluten, with only the outer husk of the kernel removed. This is most wholesome flour and is gaining each year in popularity.

The gradual improvement in bread making has kept pace with civilization, so that the most highly civilized people are today making the best bread. In the early days of bread making the grain was ground by hand between two stones, mixed with water and baked on stones before the fire.

Oatmeal Bread.—Pour four cups of hot water over two cups of oatmeal, add a half cup of molasses and let stand to cool. At noon put one yeast cake into a cup of potato water and add flour enough at night to make a batter. Mix all together and in the morning add two tablespoonfuls of shortening, a half teaspoonful of soda, and make into loaves. When risen bake in a hot oven.

A good yeast may be made of a mashed potato, a cup of hot water, a tablespoonful of sugar and a teaspoonful of salt, a dry yeastcake and flour enough to make a thin batter. Let stand over night, and it will be ready to use. This will keep ten days and is sufficient yeast for three bakings of four loaves each.

MY MOTHER she's so good to me.
If I was good as good could be,
I couldn't be as good—no, sir—
Can't any boy be good as her?
—Riley.

The Home Maker.

A boy usually has an idea what he wants to become when a man. He chooses his profession, and after changing his mind many times makes a decision and works toward that end. We wouldn't consider a person well balanced who would expect to practise a trade or profession without careful training in it. But our girls, a large majority of them, are to be home makers of the land. They may pursue a trade or profession for a while, but the real years of life will be put into the making of a home for somebody.

This most important profession of all has had few trained workers, the idea was held for years that a woman should know these things intuitively, as the bird gets her knowledge of nest building. The hard fact of the business is, they know little of home-making by intuition. Hard knocks, many burns and endless disappointment has been her teachers.

Is it quite fair to our girls not to give them the training for their life work? The study of household economics in our public schools is helping to solve the problem; they are as yet far too few. Our rural schools need it, and with a very little outlay an equipment might be furnished which, though simple, would answer the purpose. Our summer schools all ove rthe land are teaching teachers in this work. It can be applied to almost any branch of study, from language to arithmetic. Perhaps some day we will have somebody wise enough to write our school books from the standpoint of the scholar, dealing subjects which are his every day life. Is it more important for the majority of our boys and girls to know how to tell the number of bushels of corn in the crib, or coal in the bin, than to know the dimensions of the islands of the sea?

The first step in the right direction is to feel the need, and feel it hard enough to be willing to pay for the proper equipment and a teacher who is thoroughly interested, enough so to spend a few weeks in the summer to prepare for the work.

LET us rest ourselves a bit!
Worry? Wave your hand to it—
Kiss your finger-tips and smile
It fare well a little while.
—J. W. Riley.

Coffee Making.

A good cup of coffee is something that every girl and boy should know how to make, but, alas! there are many cooks, or so-called cooks, who do not know a good cup when they meet it. In the first place, one must have good coffee to prepare; one can not expect to get a cup of the fragrant beverage from an inferior grade of coffee or coffee extract. Grind it just before using, and the aroma is not lost. Use a tablespoonful to a cup of boiling water, allowing one for each person and one for the pot. A small portion of beaten egg well mixed with the coffee and a little cold water will settle it if made in the old-fashioned way by boiling five minutes.

The drip coffee pot or the percolator are the best, as the grounds are never left in the coffee. When using a filter or percolator the coffee should be finely ground.

A cup of coffee at breakfast serves as a mild stimulant and is a valuable food adjunct, but it should never be given to a child or a dyspeptic.

In times of war coffee has been found to be more valuable than alcohol to keep up the endurance of the soldiers. Coffee acts as an antidote for various poisons.

Coffee should always be taken in moderation; its excessive use causes palpitation of the heart, insomnia and other nervous troubles.

Nowadays, when the processes of browning coffee is done in the coffee houses, it is best to buy only in small quantities, as after browning, unless carefully sealed, it soon deteriorates. If not bought in air-tight cans it should be put into cans as soon as brought from the store.

Coffee is often adulterated in various ways, the most common is the use of chicory. This can easily be recognized by adding water to the mixture. Coffee will float and chicory will drop to the bottom.

Sometimes beans, peas and cereals are roasted and ground and used to adulterate coffee.

We get large quantities of coffee from Brazil, some from Central America, Java and Arabia.

The stimulating property of coffee is due to the alkaloid coffeine and the essential oil. Like tea, it contains an astringent. Coffee is more stimulating than tea, as we use more of it.

THERE is ever a song somewhere, my dear,
There is ever a something sings alway,
There's the song of the lark when the skies are clear,
And the song of the thrush when the skies are gray.
—Riley

To Roast and Carve a Turkey.

Place the dressed and stuffed turkey in a dripping pan on a rack. Rub the entire surface with salt and spread the breast, wings and legs with a third of a cup of butter, rubbed to a cream and mixed with a fourth of a cup of flour. Dredge the bottom of the pan with flour. Place in a hot oven and when the flour begins to brown reduce the heat. Baste with fat in the pan, and add two cupfuls of boiling water. Continue to baste every 15 minutes until the turkey is cooked, which will require about three hours for a ten-pound turkey.

For basting use half a cup each of water and butter, and after this the fat in the pan. Turn the turkey frequently while baking so that it will brown evenly. If the turkey browns too fast, cover it with a buttered paper. A turkey that has not been basted while cooking cannot be compared in flavor with one which has. Remove all strings and skewers before serving. Garnish with celery tips and fresh cranberries.

Chestnut Stuffing.—Shell and blanch three cupfuls of chestnuts. Cook in boiling water until soft. Drain and mash, using a potato ricer. Add one-fourth of a cup of butter, a teaspoonful of salt, a few dashes of red pepper and a fourth of a cup of cream. Melt a fourth of a cup of butter and add a cup of bread crumbs, then combine the mixture and stuff the turkey.

How to Carve.—To carve the turkey, place it on its back, with the head at the left. Place the fork across the breast bone, holding firmly in the left hand, with the knife in the right hand cut off the leg close to the body, pull it off and disjoint. Then cut off the wing. Separate the joints from the drum sticks and divide the wings at the joint. Carve breast meat in thin, crosswise slices. For a small family one side of a turkey is all that need to be carved, which leaves the remainder in condition for another serving.

Nellie Maxwell.

Life is always difficult in proportion to its intensity and reality.—Edward Howard Griggs.

When Mahomet Went to the Mountain.

Mahomet made the people believe that he would call a hill to him, and from the top of it offer prayers to the observers of the law. The people assembled; Mahomet called the hill to come to him, again and again; and when it stood still, he was never a whit abashed, but said: "If the hill will not come to Mahomet, Mahomet will go to the hill."—Bacon.

Standing Room Only.

The regular umpire was sick and a kind old gentleman from the country agreed to do the best he knew how. All went well until the fifth inning when, with the bases full, the pitcher got wabbly and put over four wide ones and the batter started to take his base. "What will we do with the young feller," asked the old man of the pitcher. "We ain't got no place to put him."—Success Magazine.

Don't sneer at the man with one idea. He may be very useful to the world, if the idea's a good one.

Timely Millinery

By JULIA BOTTOMLEY.

JUST the most beautiful of all millinery is shown in the exquisite hat of black velvet mounted over a wired cap of gold tissue with two gold roses at the side. Lewis of Paris won the first prize at the fashion exhibition with a big hat mounted over a lace cap. He must have lost it if this exquisite New York model had been a competitor. But the idea was new then and seized upon by the Paris designers as one would seize upon gold coins lying about the streets. In fact, a good new idea is the same thing—it can readily be coined into substantial money.

This charming hat is very large and apparently very simple. But let no one be deceived as to its simplicity. The trimming is a dull metallic wing-like ornament in gold and silver. The shape is perfection, forming a background against which the face, neck and shoulder become a picture.

Another extremely large hat, covered with Duchess lace, is shown in Fig 2. The brim droops without an upwards flare, and is not quite so graceful as in the first hat, but is found more becoming to certain types of faces. The trimming of ostrich is a fancy mounting and combination of rich Persian coloring, is the note of climax in the model, which has been much admired.

Either of these demonstrate how wide a brim may be, and still leave no doubt as to its beauty.

IN CLOUD GRAY CASHMERE

Simple Girlish Dress That Will Set Off the Charms of the Young Lady.

A simple girlish dress this, in cloud gray cashmere; the skirt measures not more than two and one-half yards round, and is trimmed with two stitched straps with rounded ends in which buttons with cord loops are sewn.

The bodice and sleeves are cut together, the fronts crossed at waist, and forming a "V" shaped opening

over a white lawn chemisette with turn-over collar and jabot of embroidery; the sleeves are finished with tiny turned-up cuffs.

Hat of straw to match dress, lined with darker crepe-de-Chine, and trimmed with wide ribbons.

Materials required for the dress: Six yards 46 inches wide.

CALLS FOR COMMON SENSE

Some Simple Rules for Girl Who Finds It Necessary to Diet—Beware of Excess.

Here are a few rules that the girl who is determined to diet does well to observe. There is too much trifling with our digestion these days, and not the least harm is done by the notion for undereating.

Never diet on the advice of a friend. Her plan may have done wonders for her and will put you to bed or make you a sorry-looking wreck.

Don't diet to excess at any time. Girls, make sure your doctor knows dietetics. Many physicians, good in other things, have little knowledge of the effect of food upon the system.

If you must diet from a cause, as from diabetes or kidney trouble, do it religiously; almost better not begin than to do it spasmodically, letting up whenever food tempts you.

If you only diet for the sake of figure or complexion, count the cost before starting. Cutting out the foods of ordinary family meals is hard. Ask yourself: "Which means most to me, the loss of a few pounds or being a nuisance at mealtime?"

Don't keep on dieting if you feel that it disagrees with you. This holds good even when your food list is carefully censored by a physician. The best of them will make mistakes. Find out in time what is wrong.

Don't diet to excess at any time. Women often go to the point of weakening the entire system by injudiciously following a doctor's advice.

Common sense and moderation are good things to hold to in the matter of food.

Veils of the Season.

Stylish and becoming are veils of white ring dot net with the rings in black and a fine black lace border to match.

The winter's veils show large, octagonal meshes, sometimes plain, again with big woven dots.

Care should be exercised in wearing the veils or the nose sticking through the meshes gives a grotesque appearance.

The most becoming veil is a fine mixture of black and white, tiny black dots on white net being better than white on black. These have become known as the beauty veil because so many women wear them, regardless of style.

Newest Letter Paper.

Some of the prettiest note paper has a very narrow border of blue, pink, gray, lavender or red and one initial at the top set in a ring of color the exact shade as the border.

The Folding Desk.

A great room rarely seems complete without some sort of a desk or writing table, and the average apartment guest quarters are too small for the ordinary writing arrangement; so some clever person has invented a convenient little folding writing table that stands against the wall. These affairs are in the form of mahogany racks about 16 inches long, and are slightly higher than the ordinary table. When shut up they take scarcely any room, as they are not more than six inches deep. When the screw is turned and the rack let down one has a fully equipped writing table, with all the necessary appointments—inkwell, pencils, penholders, magazine scissors and a large blotter, with metal or leather corners. These convenient little folding desks will no doubt prove a boon to those unfortunates who must occupy small boarding house bedrooms, yet who love their own desks.

Sewing Lace.

Always sew lace with fine thread or cover with silk, for the silk stitches are very noticeable. This is true, no matter how coarse the lace, silk will not sink into a fabric as thread will. This is a sewing hint given me recently by a prominent dressmaker, who expressed herself as "tired to death" of seeing quite plainly where her friends had sewed their lace chemisettes and hatbrim trimmings.

The Belt Buckle.

With the return of the belt to favor again, belt buckles in infinite variety have appeared. The simple enamel buckles in empire green, ruby and dark blue are well liked for every day wear. With dressy gowns oblong or oval gilt designs in Louis XIV effects, scintillating with brilliants, add a smart touch to the toilet.

Smart Trimming.

Artificial flowers play an important part in evening dress this season, and many of the smartest gowns have the waists so fashioned that the flowers are part of the trimming, but so arranged that they can be changed if so desired.

Twin Extravagances.

"I don't suppose there is anything gets out of date quicker than a woman's hat?"

"Unless it is a battleship."

Some people are too fresh—but the same thing can't be said of eggs.

Pneumonia and Consumption are always preceded by an ordinary cold. Hamlins Wizard Oil rubbed into the chest draws out the inflammation, breaks up the cold and prevents all serious trouble.

A bachelor girls' club is an association of women who think they are more likely to get husbands by pretending not to want them.

Lewis' Single Binder 5c cigar equals in quality most 10c cigars.

It isn't every ball player who can make a hit on the stage.

AGENTS

ROOSEVELT'S GREAT BOOK "African Game Trails"

Needed—a man in every place to sell this famous new book. Bring it to the families in your locality. We give you monopoly of field and high commission. Take this great chance. Write for prospectus.

Charles Scribner's Sons, 153 (B. S.) Fifth Ave., New York

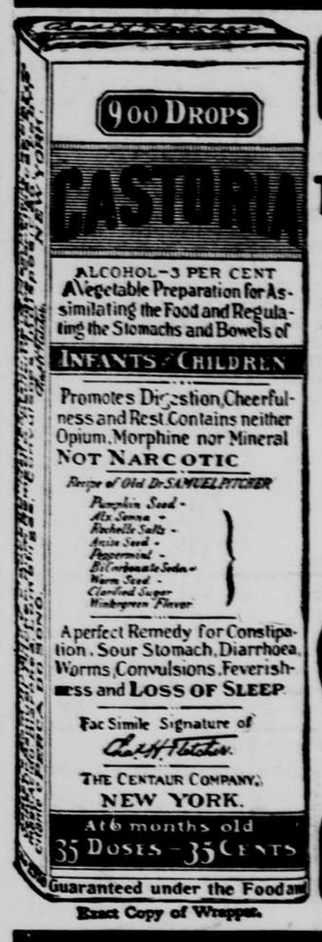
OLD SORES CURED

Allen's Lizerine Salve cures Chronic Ulcers, Bone Ulcers, Scrofulous Ulcers, Varicose Ulcers, Indolent Ulcers, Mercurial Ulcers, White Swelling, Milk Leg, Fever Sores, all old sores. Positive relief. By mail 50c. J. P. ALLEN, Dept. A&N, Paul, Minn.

PARKER'S HAIR BALSAM

Cleanses and beautifies the hair. Promotes a luxuriant growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 50c and $1.00 at Druggists

W. N. U., OMAHA, NO. 48-1910.



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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Dry Your Clothes on a Wet Washday

With a New Perfection Oil Heater

When clothes can't be hung outside, and must be dried in a room or cellar, the New Perfection Oil Heater quickly does the work of sun and air. You can hang up the wet clothes, light your Perfection Oil Heater, open the damper top, and the heat rises and quickly dries the clothes.

Do not put off washing to await a sunny day in order to avoid mildew. Dry your washing any day with hot air from a

PERFECTION SMOKELESS OIL HEATER

Absolutely smokeless and odorless

It gives just as much heat as you desire. It is safe, odorless and smokeless.

It has an automatic-locking flame spreader, which prevents the wick from being turned high enough to smoke, and is easy to remove and drop back, so the wick can be quickly cleaned. Burner body or gallery cannot become wedged, because of a new device in construction, and can always be easily unscrewed for rewicking.

An indicator shows the amount of oil in the font. Filler-cap does not need to be screwed down, but is put in like a cork in a bottle, and is attached to the font by a chain. Finished in japan or nickel, strong and durable, well-made, built for service and yet light and ornamental. It has a cool handle and a damper top.

Dealers Everywhere. If not at yours, write for descriptive circular to the nearest agency of the

Standard Oil Company (Incorporated)

W. L. DOUGLAS

$3 $3.50 & $4 SHOES FOR MEN & WOMEN

BOYS' SHOES, $2.00, $2.50 & $3.00. BEST IN THE WORLD.

W. L. Douglas $3.00, $3.50 and $4.00 shoes are positively the best made and most popular shoes for the price in America, and are the most economical shoes for you to buy.

DO you realize that my shoes have been the standard for over 30 years, that I make and sell more $3.00, $3.50 and $4.00 shoes than any other manufacturer in the U.S., and that DOLLAR FOR DOLLAR, I GUARANTEE MY SHOES to hold their shape, look and fit better, and wear longer than any other $3.00, $3.50 or $4.00 shoes you can buy? Quality counts. It has made my shoes THE LEADERS OF THE WORLD.

You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last ones wore so well, and gave you so much comfort.

President W. L. Douglas Shoe Co.

CAUTION! None genuine without W. L. Douglas name and price stamped on the bottom. TAKE NO SUBSTITUTE

If your dealer cannot supply you with W. L. Douglas Shoes, write for Mail Order Catalog.

W. L. DOUGLAS, 145 Spark St., Brockton, Mass.

EUREKA HARNESS OIL

Will Keep Your Harness soft as a glove tough as a wire black as a coal

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Household Lubricant

THE ALL-AROUND OIL

IN THE HANDY, EVER-READY TIN OILER

Is specially selected for any need in the home. Saves tools from rusting. Can cannot break. Does not gum or become rancid.

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