

## Nothing I Ate Agreed With Me.



**MRS. LENORA BODENHAMER.**  
Mrs. Lenora Bodenhamer, R. F. D. 1, Box 99, Kernersville, N. C., writes:

"I suffered with stomach trouble and indigestion for some time, and nothing that I ate agreed with me. I was very nervous and experienced a continual feeling of uneasiness and fear. I took medicine from the doctor, but it did me no good. I found in one of your Peruna books a description of my symptoms. I then wrote to Dr. Hartman for advice. He said I had catarrh of the stomach. I took Peruna and Manalin and followed his directions and can now say that I feel as well as I ever did. I hope that all who are afflicted with the same symptoms will take Peruna, as it has certainly cured me."

The above is only one of hundreds who have written similar letters to Dr. Hartman. Just one such case as this entitles Peruna to the candid consideration of every one similarly afflicted. If this be true of the testimony of one person what ought to be the testimony of hundreds, yes thousands, of honest, sincere people. We have in our files a great many other testimonials.

### COULD READ THE SIGNS.

**Little German Knew Well the Marriage Was at Hand.**

A little elderly German who keeps a stationer's shop amuses himself by making up stories about his customers and telling them to his family.

"Dat young lady who has de pink cheeks, she be married soon, I tink," he announced one night.

"Now, my Carl, you know nottings of her whatever, is it not so?" and his wife looked severe.

"It is like dis," said the stationer solemnly. "I observe, and I know. At first she buys paper and envelopes de same; later she buy twice as more paper, and den five times as more paper as envelopes. So I know she is betrothed. And to-day she buy only one-half dozen envelopes and five times as more paper; and when I tell her she get dem cheaper if she buy many, she say, 'I have no need of more, I tank you;' so I know de friend he comes soon; and so comes de marriage on quickly."—Youth's Companion.

**Ghosts of Dead Lakes.**  
In the great basin between the Rockies and the Sierra Nevada lies the ghosts of many dead lakes. Rivers still flow down to the dry edge of these one-time great reservoirs and are licked up by evaporation and the chinook winds. Of all the lakes that once lay there, only Great Salt Lake, Lake Tahoe and Bear Lake are left. The Southern Pacific rolls for 165 miles across the bed of what was once Lake Lahontan, and the passengers gazing idly from the windows may see the terraces and wrinkles in the crust of the fossil lake which nature robbed and defrauded of its crystal treasures ages ago.—Exchange.

**"Tainted Money" No New Thing.**  
"Nay, nay, nay!" said the archbishop, waving a white, jeweled hand as the chief began to divulge some of his larger plans. "Tell me not of thy wicked schemes! Thy methods I must condemn utterly, but if thou bringest me the money, well, I can at least see to it that it be not used for bad purposes. And speaking of money, we need for the walls of the ase a hundred bags of gold." Dost think thou couldst manage it?"

"Ay," said the Gentle Robber, and that night he despoiled nine men, killing three that resisted longest, for he was a great lover of holy church, and a devout believer, nor could he ask of him any service that he would not perform.—"The Gentle Robber," in McClure's.

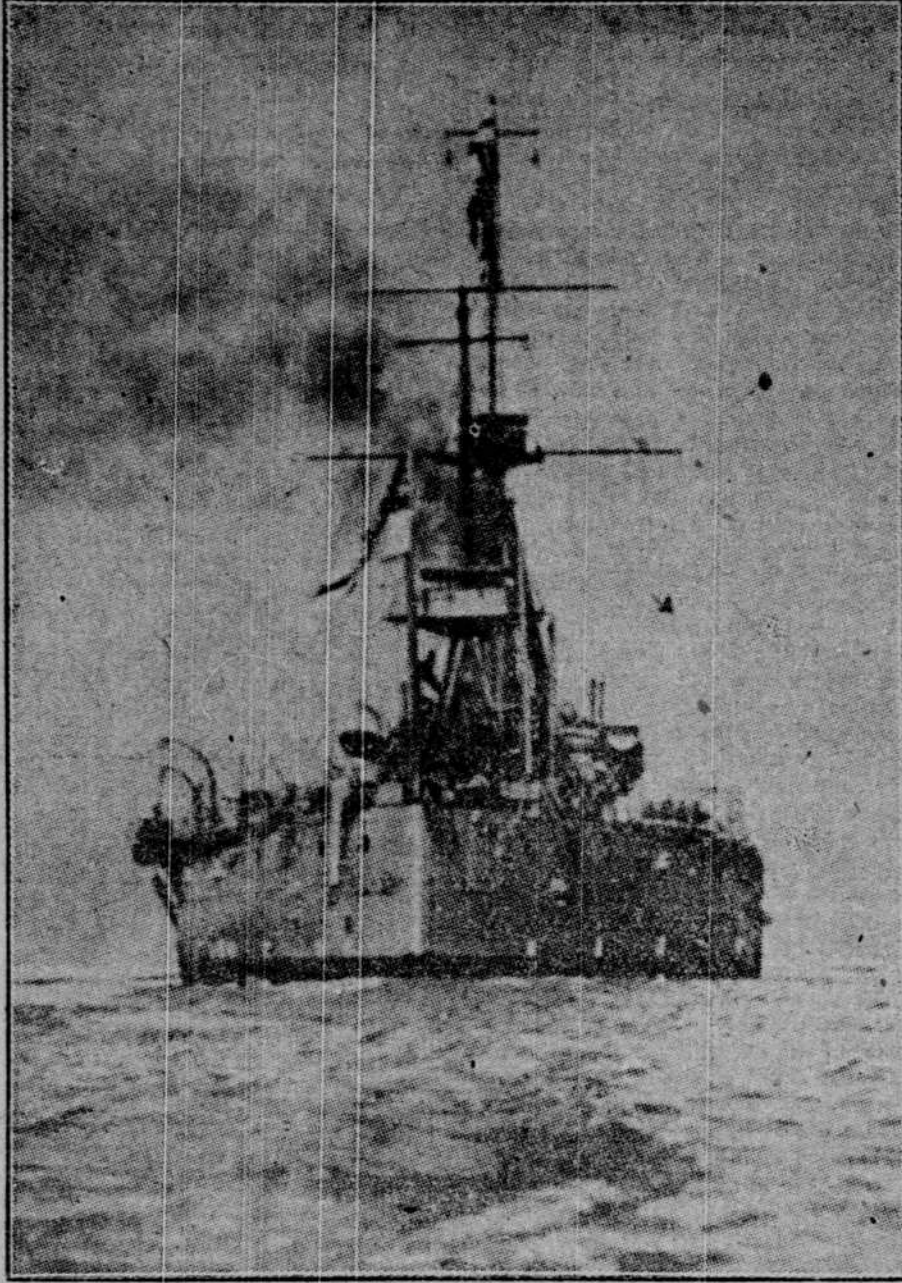
**Supplied.**  
"Don't you want to get a talking machine for your home?" "Thanks; I have a wife at home now."—N. Y. Herald.

**DR. TALKS OF FOOD**  
Pres. of Board of Health.

"What shall I eat?" is the daily inquiry the physician is met with. I do not hesitate to say that in my judgment, a large percentage of disease is caused by poorly selected and improperly prepared food. My personal experience with the fully-cooked food, known as Grape-Nuts, enables me to speak freely of its merits.

"From overwork, I suffered several years with malnutrition, palpitation of the heart, and loss of sleep. Last summer I was led to experiment personally with the new food, which I used in conjunction with good rich cow's milk. In a short time after I commenced its use, the disagreeable symptoms disappeared, my heart's action became steady and normal, the functions of the stomach were properly carried out and I again sleep as soundly and as well as in my youth. I look upon Grape-Nuts as a perfect food, and no one can gainsay but that it has a most prominent place in a rational, scientific system of feeding. Any one who uses this food will soon be convinced of the soundness of the principle upon which it is manufactured and may thereby know the facts as to its true worth." Read "The Road to Well-being" in page "There's a Reason."

## British Battleship Dreadnought.



Largest and most powerful battleship afloat.

## HITS MARK FROM AFAR.

**NEW HONOR TO ROOSEVELT AS LONG-DISTANCE SHOT.**

President Stands in Washington and Makes a Fine Rifle Score in the Opening Event for Marksmen in Charleston, S. C.

Charleston, S. C.—President Roosevelt may congratulate himself on being the champion long-distance rifle shot of the world. Standing in Washington, he shot a rifle three times and hit a target each time in this city, more than 450 miles away. While he did not make a bull's-eye, he yet managed to get within the 24 circle twice and the 21 circle once, and so scored 69 out of a possible score of 75, a very creditable performance for a person who shoots only between sections of congress, international incidents and other big and engrossing things.

The occasion of the target practice of Mr. Roosevelt was the opening of the fifth triennial schutzenfest of the National Schuetzen Bund of America, in Charleston. It was the wish of the riflemen to have Mr. Roosevelt there in person, so that they could show him that a rifle could speak as well in German as in rough rider. As he was busy in Washington, the president could not oblige, but he wanted to shoot, and did so.

Here the secret must come out. Mr. Roosevelt did not use the White

House as his shooting gallery, despite the strenuous reports that sometimes find their way past Pete, the bulldog. Strategy was used, and Lieut. W. Melton Farrow was the strategist. It must be confessed that Lieut. Farrow aimed the gun, but President Roosevelt shot it off, and the record is his.

Lieut. Farrow brought a 32-caliber rifle made by him several years ago, and after three weeks' work adjusted it on a pedestal on which it could be held for shooting at the target. Attached to it was a magnetic contrivance, which, by the completion of an electric circuit, pulled a delicate hair trigger and did the shooting. The button to complete the circuit was in the White House.

But the bare pleasure of pressing the button was not all that the president was to have for his part in the performance. Near the rifle was rigged a big telephone receiver, and when Mr. Roosevelt made his shots he was able to hear the welcome crack of the rifle.

Gov. Ansel then conveyed to the president the congratulations of the National Schuetzen Bund and its guests on the excellent score he had made and the thanks of them all for opening the fest. The band played "My Country, 'Tis of Thee," and there was a great salvo of cheers. The president said that he could hear the cheering and the music very distinctly, and he was sure that everybody was having a jolly time, and he would like to be with them.

**Growth of the Telephone.**  
Millions of Instruments Are in Use in This Country.

Washington.—Statistics issued at the close of the year 1905 show that there were in use in the United States alone more than 7,000,000 telephones, while an aggregate of a little more than 6,000,000 miles of wire was used for telephone service.

The telephone industry gives employment to 90,000 persons in the United States, an increase of 171 per cent. in six years, while during the same period the number of stations has increased 239 per cent. and the wire mileage 349 per cent.

There is little doubt that much of this increase is due to the general adoption of the so-called message rate system in place of the flat annual charge formerly in vogue. By making the charges proportional to the number of calls the use of the telephone has been widely extended both because of the greater willingness of people to become subscribers under such conditions and because the system gives an incentive to the local telephone companies to give good service and encourage the use of the telephone.

Another cause for the increase in the number of telephones in use is doubtless the extending number of large business buildings in various cities, since the telephone is an absolute necessity in the modern tall building, making it possible to transact business as well from the twentieth story as from the ground floor. The installation of the telephone in every suite in the modern hotel and large apartment house accounts for a portion of the increase.

**EAT SWEETS, SAYS DOCTOR.**  
Sugar Most Strengthening and Chocolate Antidote for Fatigue.

London.—A noted Harley street physician bids fair to become the most popular physician in London, especially among the youth of both sexes and among the dentists. Everybody should eat at least a quarter of a pound of sweets daily in his dietum.

"Nothing," he says, "is more strengthening than sugar. It is possible to work for hours after eating four ounces of chocolate without feeling the slightest fatigue. If I had my way every soldier in the British army should be allowed a quarter of a pound of sweets every day. My practice is to take five or six lumps of sugar in every cup of coffee or tea."

Asked as to toothache, the physician replied: "I can only advise people to clean their teeth often."

**Device Really Burns Smoke.**  
Washington.—A device which will burn smoke in its operation in this city. It has not passed the experimental stage, but its success is reported as certain. At one of the large artificial ice concerns the device has been installed. The principle of the new method for doing away with smoke is to secure complete combustion by means of introducing a current of air into the furnace above the fire in such a way that the oxygen thus admitted immediately combines with the smoke and cinders that would otherwise be ejected from the stack. It is claimed that the device can be used in any furnace.

**Stops Work Till Eggs Hatch.**  
Detroit, Mich.—Rather than disturb a pair of robins who are setting on a couple of eggs Contractor E. B. Hartford has suspended operations on a house he is building on Gowin avenue. The nest was discovered in the skeleton of a window in the second story.

"I am very fond of birds," said Mr. Hartford, "and my men and I will see to it that the construction of the house does not interfere with the nest."

## WEALTH AWAITS BOY.

**WILL FORFEIT \$50,000 IF HE DOES NOT RETURN SOON.**

Thirty Years Ago, When a Mere Youth, John Wilson Left Home After Quarrel with Parents—No Word from Him Since.

Omaha, Neb.—John Wilson will receive a fortune of approximately \$50,000 if he shall return to his old home at Tecumseh within the next three years to reclaim it. If he fails to return within that time the money will go to relatives of his.

A strange, sad story is the story of this man to whom a fortune has been left, but who will probably never know it. Thirty years ago when a mere boy Wilson had a quarrel with his father, John Wilson, Sr., a proud, unyielding old Scotchman, and in the heat of anger he ran away from his home at Tecumseh.

His father, believing that he would soon grow tired of taking the buffeting of the world and return to his home, made no effort to find the boy, and would permit no one else to do so.

The days lengthened into weeks, the weeks into months and the months into years and young John Wilson did not return to his home. His father loved him and longed for his return, and his mother was well nigh heartbroken over his absence, but the father's longing and the mother's grief were futile.

Twenty-five years went by and no word had come to the parents concerning their absent son, now grown to manhood if he were living. They were grown old and before they went to their final rest they felt that they must once more look into his face.

A man whom they suspected might be their son was in Dawson City, Alaska. Despite the fact that they were 80 years of age the parents set out for there hoping against hope that they might find the son whom they so longed to see. They made the journey to Alaska safely, but found no trace of their son there and returned to their home with broken hearts. Within a few months the father died and soon afterward the mother followed him to the grave.

Seven years ago the aged couple made a will in which a large part of their estate was bequeathed to their absent son on condition that he returned to Tecumseh within ten years to claim it. In the seven years that have elapsed since the will was drawn the son's part of the estate has increased until it is now estimated at \$50,000. It will be held for him three years longer. If he shall not return to his old home meantime the will provides that the bequest shall be divided among the other heirs of the dead man and woman.

The other heirs have sought to have the will set aside and to secure a division of that part of the estate left to the son, but the supreme court has held that the will must stand and that the \$50,000 must be held for the son three years longer.

Where young Wilson has been in the 30 years of his absence from his old home nobody in Tecumseh knows. He may be dead; he may be in Alaska or the Philippines.

His long absence and their disappointment at their failure to find him in Alaska shortened the lives of his parents, who were old residents of Tecumseh and very highly respected by their neighbors.

**SHAVES HUSBAND TO BUY RUG.**  
Head of Family Undergoes Torment to Help Wife Get Carpet.

Trenton, N. Y.—When the new rug is laid in Grace Baptist church, about four yards of it will be consecrated to the fortitude of Henry Lonsdale. Every thread represents a whisker which Lonsdale submitted to a razor wielded by his wife.

Mrs. Lonsdale is a member of the Ladies' Aid society, which planned to buy the church carpet on the self-denial plan. There is some difference of opinion on this point, the men asserting that Lonsdale showed himself a martyr, while the women are congratulating the wife.

While other women baked bread and sewed, Mrs. Lonsdale decided she would shave her husband, and charge him 15 cents for the operation. It is not on record how Lonsdale first received the proposition, but the fact that he consented to act the victim is proof that his wife has the true religious spirit.

For four months did Lonsdale go through the shaving process. He once believed that a shave once a day was a necessity, but under the skillful manipulation of his wife he discovered that he could get along on three shaves a week.

Only once did Mrs. Lonsdale ask: "Does the razor hurt?" He did not swear; he did not groan, but the look of anguish was enough.

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## THE NEW INSURANCE AGENT.

He Comes in With the New Law—Paul Morton on His Opportunity.

The new insurance law of the State of New York has opened up a promising field for both men and women with brains and energy in the sale of life insurance. The law now provides standard forms of policies, each of which practically bears the hall mark of the State of New York, and this new order of things has established the sale of life insurance on a correct basis.

The prohibition against rebating and extravagant allowances to agents has driven out of the business the old type of insurance agent, who in many cases virtually bought business, with large rebates, instead of selling it. His place is being taken by professors, lawyers, school teachers of both sexes, and others, who find that being a life insurance agent under the new system offers greater reward than their previous vocations. The law has reduced commissions but all of the commission now goes to the agent. Life insurance is something that everyone needs and under the present system its sale is being conducted with becoming dignity and propriety.

Paul Morton, president of the Equitable Life Assurance Society, has taken the lead in building up an agency organization that is in keeping with the demands of public sentiment, and the standard he has set for his company. He says: "We want new agents, both men and women, but none except energetic, able and truthful people need apply. For such there is a splendid opportunity."

Mr. Morton's policy of injecting new and vigorous blood into the agency force of the Society is meeting with success in all parts of the country.

**ONCE THE PATH WAS SMOOTH.**  
Discard That Old Adage About the Course of True Love.

A remarkable wedding has lately taken place at Naples, remarkable because of the extreme youth and alertness of the happy couple. When Celestino Giordano, aged 15, with Celestina Nappi, his chosen bride, went to the registry office to be married, the commissioner was very loath to perform the ceremony, for the pair had not reached the age limit prescribed by the civil code. The young folks had evidently expected to have to overcome difficulties to their union, for while the commissioner was hesitating as to what he should do, they sprang a surprise on him and settled the matter by producing a royal decree of dispensation, which they had obtained direct from the king. This being proved genuine the children were joined to wedlock in the presence of their parents and a large gathering of interested spectators.

**BABY ITCHED TERRIBLY.**  
Face and Neck Covered with Inflamed Skin—Doctors No Avail—Cured by Cuticura Remedies.

"My baby's face and neck were covered with itching skin similar to eczema, and she suffered terribly for over a year. I took her to a number of doctors, and also to different colleges, to no avail. Then Cuticura Remedies were recommended to me by Miss G. I did not use it at first, as I had tried so many other remedies without any favorable results. At last I tried Cuticura Soap, Cuticura Ointment and Cuticura Resolvent Pills, and to my surprise noticed an improvement. After using three boxes of the Cuticura Ointment, together with the Soap and Pills, I am pleased to say she is altogether a different child and the picture of health. Mrs. A. C. Brestlin, 171 N. Lincoln St., Chicago, Ill., Oct. 20 and 30, 1905."

**One Hundred Years Ago.**  
Gen. Zebulon Pike was discovering the peak that bears his name. "The reason why I know I'm the first white man that ever saw it," he said, "is that it hasn't got any patent medicine signs on it." Regretting that he couldn't spare the time to stop and discover the gold that lay hidden all around him, he took a parting look at the snowy summit of the peak and resumed his tedious march.

To improve the general health, take Garfield Tea daily for a time; it purifies the blood, eradicates rheumatism and many chronic ailments, and keeps the health good. Garfield Tea is made of herbs; it is guaranteed under the Pure Food and Drugs Law. Garfield Tea Co., Brooklyn, N. Y.

**Nothing Doing.**  
"I've worked for the party faithfully for the past 20 years," began the office-seeker, "and I can say with truth that I never once asked for any office." "Glorious record!" put in the party leader. "I wouldn't think of urging you to break it. Keep it up."

**Perfectly simple and simply perfect is**  
dyeing with PUTNAM FADELESS  
DYES. 10c per package.

It is frequently easier to be sure you are right than it is to go ahead.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough. 25c a bottle.

The quality of the life of every one is the same as the quality of his love.

Lewis' Single Binder straight 5c cigar. Made of extra quality tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

Never judge what a man knows by his knowing look.

Krause's Cold Cure. For cold in head, throat, chest or back. Best remedy for La Grippe. Druggists, 25c.

Work of Trained Oarsmen. Eight trained oarsmen pulling a boat exert about two horsepower.

To be on good terms with human nature Be Well! Garfield Tea purifies the blood, eradicates disease, regulates the digestive organs and brings Good Health! Manufactured by Garfield Tea Co., Brooklyn, N. Y. Sold by druggists.

**DODD'S KIDNEY PILLS.**  
BRIGHTEN THE EYES, PURIFY THE BLOOD, CURE NEURALGIA, RHEUMATISM, GRAVEL, DIABETES, BRONCHITIS, CATARRH OF THE BLADDER, AND ALL AFFECTIONS OF THE URINARY SYSTEM. Sold only in bottles.

**ALLEN'S FOOT-EASE.**  
For Hot, Tired, Aching, Swollen Feet.  
SHAKE INTO YOUR SHOES.  
Allen's Foot-Ease, a powder, it cures painful, smarting, nervous feet and ingrowing nails, and instantly takes the sting out of corns and bunions. It is the greatest comfort discovery of the age. Makes tight or new shoes easy. A certain cure for sweating, callous and hot, tired, aching feet. 35¢ per tin. Sold by all druggists and shoe stores, 25c. Don't accept a substitute. Trial package FREE. Address, *Allen's Foot-Ease*, Leno, N. Y. U. S. A.

**SICK HEADACHE.**  
CARTER'S LITTLE LIVER PILLS.  
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Biliousness, Nervousness, Dizziness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.  
SMALL PILL. SMALL DOSE. SMALL PRICE.

**CASTORIA.**  
For Infants and Children.  
The Kind You Have Always Bought Bears the Signature of  
Warranted Purely Vegetable.  
In Use For Over Thirty Years  
CASTORIA  
THE CASTOR COMPANY, NEW YORK CITY.

**WOMEN SUFFER.**  
Many women suffer in silence and drift along from bad to worse, knowing well that they ought to have immediate assistance.  
How many women do you know who are perfectly well and strong?  
The cause may be easily traced to some feminine derangement which manifests itself in depression of spirits, reluctance to go anywhere or do anything, backache, dragging sensations, flatulency, nervousness, and sleeplessness.  
These symptoms are but warnings that there is danger ahead, and unless heeded, a life of suffering or a serious operation is the inevitable result. The best remedy for all these symptoms is  
**Lydia E. Pinkham's Vegetable Compound**  
made from native roots and herbs. No other medicine in the country has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female ills.  
Miss J. F. Walsh, of 223 W. 50th St., New York City, writes:—"Lydia E. Pinkham's Vegetable Compound has been of inestimable value in restoring my health. I suffered from female illness which caused dreadful headaches, dizziness, and dull pains in my back, but your medicine soon brought about a change in my general condition, built me up and made me perfectly well."  
Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Backache, Falling and Displacements, Inflammation and Ulceration, and organic diseases. It is invaluable in preparing for child-birth and during the Change of Life. It cures Nervous Prostration, Headache, General Debility, and invigorates the whole system.  
**Mrs. Pinkham's Standing Invitation to Women**  
Women suffering from any form of female weakness are invited to write Mrs. Pinkham at Lynn, Mass. Her advice is free.

**Canadian Government Free Farms.**  
Over 200,000 American farmers who have settled in Canada during the past few years testify to the fact that Canada is, beyond question, the greatest farming land in the world.

**OVER NINETY MILLION BUSHELS**  
of wheat from the harvest of 1906 means good money to the farmers of Western Canada who are the world has to be fed. Cattle Raising, Dairying and Mixed Farming are also profitable calling for coal, wood and water in abundance; churches and schools convenient; markets easy of access. Taxes low.  
For advice and information address the Superintendent of Immigration, Ottawa, Canada, or any authorized Canadian Government Agent. W. V. BENNETT, 501 New York Life Building, Omaha, Nebraska.

**THE DAISY FLY KILLER** destroys all the flies and swarms that annoy the farmer. It is a safe and reliable remedy. It kills the flies and swarms in the house, and it keeps them from coming back. It is a perfect fly killer. It is a perfect fly killer. It is a perfect fly killer. It is a perfect fly killer.

**DEFIANCE STARCH** never cracks or tears. It is the best starch for all uses. It is the best starch for all uses. It is the best starch for all uses. It is the best starch for all uses.