Pe-ru-na Relieves Spring Catarrh.

MISS DORA HAYDEN.

"Without hesitation I write to thank you for the great relief I have found in your valuable medicine, Peruna, and will call the attention of all my friends suffering with catarrh to that fact. Besides I cheerfully recommend it to all suffering with catarrh in any form."—Miss Dora Hayden, 819 6th St., S. W., Washington, D. C.

A Case of Spring Catarrh.

Mrs. N. P. Lawler, 423½ N. Broadway, Pittsburg, Kas., writes: "Last spring I caught a severe cold, which developed into a serious case of catarrh. I felt weak and sick, and could neither eat nor sleep well.

"A member of our club who had been cured of catarrh through the use of Peruna advised me to try it, and I did so at once. I expected help, but nothing like the wonderful change for the better I observed almost as soon as I started taking it. In three days I felt much better, and within two weeks I was in fine health. Peruna is a wonderful medicine."

STUDENT MADE HIS POINT.

No Doubt the Policeman Understood What He Meant.

W. H. Mallock, the well-known English writer and political economist, said at a dinner in New York, apropos of a new definition of socialism: "I find that definition rather confusing. It reminds me of the young Oxford student's badinage with the policeman. 'Officer,' said the youth late one night, 'I'd like to ask you a question.'

"'Very well, sir.'

"'Does the law permit me to call you an ass?'

"'You move on,' the officer growled.

"'But stop a bit,' continued the youth. 'Does the law permit me to call an ass a policeman?'

"'The law don't say nothing about that,' was the gruff reply.

"'Then,' said the youth, 'good-night, Mr. Policeman.'"

It isn't the fault of the fair sex if a secret remains a secret.

EVEN IF DISCOURAGED

TRY DR. WILLIAMS' PINK PILLS FOR YOUR RHEUMATISM.

The Pills Have Cured the Disease In Almost Every Form and Even in Advanced Stages.

Rheumatism is a painful inflammation of the muscles or of the coverings of the joints and is sometimes accompanied by swelling. The pain is sharp and shooting and does not confine itself to any one part of the body, but after settling in one joint or muscle for a time, leaves it and passes on to another. The most dangerous tendency of the disease is to attack the heart. External applications may give relief from pain for a time but the disease cannot be cured until the blood is purified. Dr. Williams' Pink Pills are the best medicine for this purpose as their action is directly on the blood, making it rich, red and healthy. When the blood is pure there can be no rheumatism.

Mrs. Ellen A. Russell, of South Goff St., Auburn, Me., says: "I had been sick for fifteen years from impure blood, brought on by overwork. My heart was weak and my hands colorless. I was troubled with indigestion and vomiting spells, which came on every few months. I had no appetite and used to have awful fainting spells, falling down when at my work. I frequently felt numb all over. My head ached continuously for five years.

"About two years ago I began to feel rheumatism in my joints, which became so lame I could hardly walk. My joints were swollen and pained me terribly.

"Dr. Williams' Pink Pills were recommended to me by a friend, after I had failed to get well from the doctor's treatment. When I began taking the pills, the rheumatism was at its worst. I had taken only a few boxes, when the headaches stopped and not long afterward I felt the pain in my joints becoming less and less, until there was none at all. The stiffness was gone and I have never had any return of the rheumatism."

Dr. Williams' Pink Pills have cured such diseases as nervous and general debility, indigestion, nervous headache, neuralgia and even partial paralysis and locomotor ataxia. As a tonic for the blood and nerves they are unequalled.

A pamphlet on "Diseases of the Blood" and a copy of our diet book will be sent free on request to anyone interested.

Dr. Williams' Pink Pills are sold by all druggists, or sent, postpaid, on receipt of price, 50 cents per box, six boxes for $2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

PIT & PITLESS SCALES. For Steel and Wood Frames, $25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. BECKMAN BROS., Des Moines, Ia.

INVENTIONS NEEDED toston wrecks and save labor on farms. MASON, FENWICK & LAWRENCE, Patent Lawyers, Box C, Washington, D. C. Est. 1861. Booklet free. Best references.

DEFIANCE STARCH—16 ounces to the package—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

If afflicted with sore eyes, use Thompson's Eye Water

BEST TABLE LINEN

IRISH HAND EMBROIDERED IS POPULAR.

Table Cloths Have Deep Borders of Filet Work—Single Initial Better Than a Monogram—Directions for Washing.

For serviceable luncheon sets those of Irish hand embroidered linen with scalloped borders and simple designs of fleur-de-lis or polka dots are very popular. They are worked in pure white and are more appropriate for the table than the old-style sets embroidered in colored silks. Mexican drawn-work is still used for tray cloths and scarfs, but the Chinese embroidered grass linen is much newer.

Filet work is now fashionable. A great deal of this lace is made at the Azores islands by hand. Table cloths have deep borders of this work, and doilies and center pieces are often made entirely of the net. Bureau scarfs and stand covers usually have alternate squares of the lace and linen. Table cloths are bordered with real Cluny lace or Irish crochet. It would be almost impossible to estimate the amount spent on linen at large dinners.

Square table cloths are mostly marked in the two opposite corners, and round ones on one side of the center. Napkins are usually marked in one corner. The monogram or initial should be that of your maiden name. On the table cloth it should be three inches in height, on the napkins two, and on the doilies one inch. While a monogram is always ornamental, a single initial is in good taste. From 22 to 27 inches is the favorite size for napkins, and as a rule a dozen are expected to serve with two cloths. It is not necessary to have them match the cloths, except on extra occasions.

The best laundresses give their table linen little, if any, starch, but iron it while it is quite damp, which makes it just stiff enough. Hot water should never be used in laundering fine table linen or embroidered doilies. Cold water and pure white soap containg borax will preserve their whiteness and beauty. Linen will not turn yellow when packed away if it is rough-dried in the beginning. It must not be starched and should be folded. If this method is followed it can be kept for years in good condition.

Cotton may be distinguished from linen by moistening the tip of the finger and pressing the fabric. If it wets through at once it is linen, but if there is any cotton in the material it will take several seconds to wet through the threads.

If an invalid is unable to rise in bed, it is fortunate if her diet is entirely liquid, for then the nurse can feed her through the glass tubes, slighly bent, that are made for the purpose. The nurse should be most particular in overseeing the preparation of her patient's food, and in some cases even making it herself. It is most essential that it be daintily served, pure, and exactly according to the patient's taste. In this, as in everything else, she should be humored as far as the law will allow.

Breakfast and the morning toilet have consumed not a little time, and the patient very likely is tired. The nurse should now smooth her face and hands gently with a pleasant toilet water, tuck a delicately scented clean handkerchief under her pillow, rearrange the flowers in the room, draw the curtains and command a nap. Perhaps there will be a nap, and perhaps not. If the latter, do not keep her prison dark, but let in a flood of sunshine, carefully screening any glare from her eyes. Amuse her if she wants to be amused; in fact, watch her every mood, and please her, without seeming to try to. Indulge her in all the little dainties your ingenuity can gather and the doctor will permit.

Change of position is very refreshing. Even a move from one side of the bed to another is an agreeable novelty in this small world where the little things are so big to this poor prisoner. To pat and smooth the pillow, to straighten the covers and to shower little attentions on the patient will do more toward keeping her cheerful and peaceful than anything else. Prickly heat will often add to her discomfort, particularly on her back, where she lies most of the time. A pleasant lotion to relieve this condition is made of a teaspoonful of bicarbonate of soda in a basin of water. After bathing with this, rub with diluted witch hazel.

TO CLEAN IVORY HANDLES.

Method That Will Prevent Unpleasant Discolorations.

Ivory-handled knives may be cleaned in this way: Coat the steel with wax or paraffin, and immerse the handles in a solution of chloride of lime and water, in the proportion of one part of lime to four parts of water.

Leave the knives in this bath for a day, then wash well with warm water and wipe dry. Remove the wax if the bone is perfectly white and free from stains.

Another way is to dip the handles in a saturated solution of alum and water for from one to three hours, then wash and wipe dry. This latter method is far preferable unless the handles are very much darkened and discolored. Polish the blades with putty powder, using a buffer wet with alcohol. This will not stain the ivory.

Spinach a Fine Tonic.

Spinach should put in a frequent appearance on the table as it is a wonderful tonic. It is a very wholesome vegetable and has a beneficial effect upon the digestion.

It is frequently recommended by the doctor to those in middle and advanced life. It is light and laxative and wonderful properties have been ascribed to it.

It is useful in cases of rheumatism, though, in this respect not quite so valuable as celery which all gouty subjects should partake of, not raw, but cooked.

(From The Chicago Tribune.)

ADVICE TO RHEUMATICS

Noted Physician Tells How to Prevent and Cure Rheumatism, Kidney and Bladder Troubles.

(By Geo. Edmund Flood, M. D.)

If you would avoid Rheumatism and Kidney and Bladder Troubles, be moderate in the consumption of heavy, rich foods, substitute as far as possible soups, broths, fresh milk and drink water—lots of water. Take plenty of time to eat, and don't eat after you have had enough, even if it does taste good. If your work is confining take a moderate amount of exercise each day in the open air.

Of course, neither diet, water, rest nor exercise will cure these afflictions. I advise them as preventives only. For the benefit of the readers of this article who are now afflicted with Rheumatism, Kidney, Bladder or Urinary trouble, and desire to be cured quickly, I give below, complete in every detail, the famous prescription which has made me so successful in the treatment of these diseases. It is the most certain cure for these diseases that I have ever used. It is pleasant to take, it is not expensive, it can be filled by any druggist, and I believe it is the greatest prescription for Rheumatism, Kidney and Bladder Trouble ever written. It is also a valuable spring tonic and blood purifier. If you are a sufferer, save this, take it to your druggist and have it filled, or get the ingredients and mix them at home.

Fluid Extract Cascara Aromatic, ½ ounce.

Concentrated Barkola Compound, 1 ounce.

Fluid Extract Prickly Ash Bark, ½ drachm.

Aromatic Elixir, 4 ounces.

Adult dose, take one teaspoonful after meals and at bedtime; children, one-fourth to one-half teaspoonful after meals.

After you are cured follow the advice I have given you in regard to diet, exercise and water, and you will not need the services of a physician again for these ailments.

Other papers are privileged to copy.

THE DIFFERENCE IN TASTE.

Dogs Prized as Edible in China Are Here Fashion's Pets.

"He is the real thing in the way of a chow," said she. "Father bought him for me in Shanghai. Did you know they ate them there?"

"I had heard that the Chinese ate dogs, but I thought it was a fake, like the story of their eating rats."

"No; it is the truth. They do eat dogs, but only the chow variety. 'Chow,' you know, means 'edible.' Yes, they eat chows. In every butcher shop you see chows' carcasses hung up, the same as we hang up the carcasses of pigs. The flesh is white."

"White?"

"Yes; like veal. The Chinese raise chows for food and feed them only soft, washy stuff, mashed vegetables and bread and milk. No meat whatever. Hence the white flesh.

"Notice Wu's black tongue. Well, chow tongue is a Chinese delicacy. They make soup of it. But it is very expensive, like our turtle soup, and it is only eaten by the rich.

"Isn't it strange that a dog so fashionable with us should be only an article of food in China?"

IN WESTERN CANADA.

Delicate in the Old Home; Better Health in the New.

Churchbridge, Sask.,
December 1st, 1906.

To the Editor.

Dear Sir,

I came to this country from the State of Wisconsin three years ago, and must say that I am greatly pleased with the outlook in this western country. For my own part I am entirely satisfied with the progress I have made since coming here. I have raised excellent crops of grain of all varieties. Last season my wheat averaged 23 bushels of wheat to the acre, oats 60 and barley 40.

We had a splendid garden this year, ripening successfully tomatoes, muskmelons, water melons, sweet corn and kindred sorts.

The country is well adapted to wheat growing and mixed farming, and to my mind it is the best country under the sun for a man with a family and small means, as it is possible for a man to commence farming operations with much less capital than is required in the older settled countries.

The climate is all that could be desired, being very healthy and invigorating.

My wife came out about six months ago, and although inclined to be delicate in the old home, she has enjoyed the best of health since coming here.

In short, I am more than satisfied with the land of my adoption, and I am also satisfied with the laws of the country.

Yours very truly,
(Signed) JOHN LANGDON.

Write to any Canadian Government Agent for literature and full particulars.

English Ribbon Trade Flourishing.

The English ribbon trade is said to be now in a more flourishing condition than it has been in many years, owing to the huge demands the dressmakers and milliners are making upon the output of the manufacturers.

Shake Into Your Shoes

Allen's Foot-Ease. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

Queen Alexandra, after a residence of 45 years in England, has visited the tower of London. She is said to have been "much interested in what she saw."

It is a pity to be ill! Take Garfield Tea, the laxative exactly suited to the needs of men, women and children; it is made wholly of herbs; it purifies the blood, eradicates disease, overcomes constipation, brings Good Health.

The reward for a good deed done is in having done it.—Emerson.

"THE MARRYING SQUIRE."

Justice Geo. E. Law, of Brazil, Ind., Has Married 1400 Couples.

Justice Geo. E. Law, of Brazil, Ind., has fairly earned the title "The Marrying Squire," by which he is known far and wide, having already married some 1400 couples. Ten years ago he was Deputy County Treasurer. "At that time," said Justice Law, "I was suffering from an annoying kidney trouble. My back ached, my rest was broken at night, and the passages of the kidney secretions were too frequent and contained sediment. Three boxes of Doan's Kidney Pills cured me in 1897, and for the past nine years I have been free from kidney complaint and backache."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SPRING LAMBS AND PEAS.

Writer Devotes Some Eloquence to Subject Gastronomical.

When the poet spoke of "ethereal madness," he meant spring lamb and peas. How well he knew them! Lamb, the type of innocence, and the pea, the first fruit of civilization, away back on the Aryan summits. The pea grows nowhere in a wild state. It is the product of tender care and the heart's solicitude, and hence fitted for gentle association, and all the quiet moods of nature, where no anger, trouble, or tumult comes. When a sharp wind arises or frost hurls a menace from a clear night, spring lamb and peas vanish, like a bird that feels a prying breath upon its nest. But when the shadows shorten and the robin is abroad in the early morning and the apple blossoms are whitening the air, then appear the lamb and peas, with a smiling salutation, "Here we are—gather about us." Don't we? Don't we taste the ethereal mildness? Don't we feast our imagination on the blue sky and the daffodils?—Ohio State Journal.

BABY IN TERRIBLE STATE.

Awful Humor Eating Away Face—Body a Mass of Sores—Cuticura Cures in Two Weeks.

"My little daughter broke out all over her body with a humor, and we used everything recommended, but without results. I called in three doctors, but she continued to grow worse. Her body was a mass of sores, and her little face was being eaten away. Her ears looked as if they would drop off. Neighbors advised me to get Cuticura Soap and Ointment, and before I had used half of the cake of Soap and box of Ointment the sores had all healed, and my little one's face and body were as clear as a new-born babe's. I would not be without it again if it cost five dollars, instead of seventy-five cents. Mrs. George J. Steese, 701 Coburn St., Akron, O., Aug. 30, 1905."

Swell Club of London Waiters.

The waiter who respectfully attends you at the Carlton, the Ritz, the Savoy or the Cecil is quite a different individual when he enters the palatial premises in Noel street, Soho, which were opened last night as a waiters' club. The building has cost £15,000. The opening of the club was made the occasion for a grand banquet, which was a combination of the best that can be found in the best West End restaurants.—London Daily Mirror.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.
Address: F. J. CHENEY & CO., Toledo, Ohio.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Would Grow Tobacco in Ireland.

An effort is being bade under direction of William Redmond to repeal the law which prohibits the growing of tobacco in Ireland. It is held that soil and climatic conditions in Ireland are favorable to the production of a good quality of tobacco, and that its cultivation can be made profitable.

With a smooth iron and Defiance Starch, you can launder your shirtwaist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

The men and women nurses in the Paris hospitals have issued a notice demanding better pay and treatment, and indicating that they will strike if their demands are not met.

For more reasons than one, Garfield Tea is the best choice when a laxative is needed: it is Pure, Pleasant to take, Mild and Potent. Guaranteed under the Food and Drugs Law.

A pretty girl is as fond of drawing attention as a political officeholder is of drawing a salary.

Lewis' Single Binder straight 5c cigar made of rich, mellow tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

A really good complexion doesn't come out in the wash.

Chamois Skins from Sheep.

Chamois skins in a majority of cases, according to a United States consular report recently issued, are really an oil tanned sheep or lamb skin lining. The supply of skins from the chamois is very limited. Enough could not be obtained in a year to supply the United States for more than a single day, a fair average crop from Switzerland being only about 5,000 to 6,000 skins. The chamois skin is heavier than the skin of the sheep or lamb, and much coarser. For strength and durability the chamois is preferable, but for ordinary use and appearance the oil-tanned sheepskin lining would, in most instances, be preferred.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Court's Acoustics Bad.

The acoustic properties of the courtrooms in London's new criminal courts building are so bad, it is said, that the other day a prisoner who had been sentenced to six months thought he had been sentenced to 12. He said to a warden: "One of the beaks gave me six months and another of 'em gave me six months before." Also, besides echoes, "reverberations" are complained of.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher.

In Use For Over 30 Years.
The Kind You Have Always Bought.

Pleased with the Prospect.

Her Suitor—I wish to marry your daughter, sir.

Her Father (sternly)—My daughter, sir, will continue under the parental roof.

Her Suitor—Well, sir, the parental roof looks good to me.

That an article may be good as well as cheap, and give entire satisfaction, is proven by the extraordinary sale of Defiance Starch, each package containing one-third more Starch than can be had of any other brand for the same money.

Nature makes occupation a necessity to us; society makes it a duty; habit may make it a pleasure.—Capelle.

Krause's Cold Cure.

For cold in head, throat, chest or back. Best remedy for La Grippe. Druggists, 25c.

There are lots of people in the social scale who do not weigh much.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A bad imitation is often better than the real thing.

PUTNAM FADELESS DYES color more goods, per package, than others, and the colors are brighter and faster.

Usually a woman of uncertain age remains at a certain age for a long time.

Lewis' Single Binder straight 5c. Many smokers prefer them to 10c cigars. Your dealer or Lewis' Factory, Peoria, Ill.

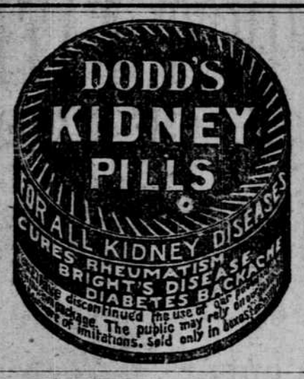
Life, misfortune, abandonment, poverty are the fields of battle which have their heroes—obscure heroes, who are sometimes grander than those who win renown.—Victor Hugo.

Drew Copious Floods of Tears.

A physician in Portland, Ore., estimated that 2,048 teaspoonfuls of tears, or two gallons in all, were shed in one night by the audience that heard Savage's "Madam Butterfly" in that city recently.

Prince Fond of Boxing.

Prince Waldemar of Denmark is a capital boxer and is ever ready to put on the gloves.



MRS. C. E. FINK

HEALTH OF WOMEN

In this nineteenth century to keep up with the march of progress every power of woman is strained to its utmost, and the tax upon her physical system is far greater than ever.

In the good old-fashioned days of our grandmothers few drugs were used in medicines. They relied upon roots and herbs to cure weaknesses and diseases, and their knowledge of roots and herbs was far greater than that of women today.

It was in this study of roots and herbs that Lydia E. Pinkham, of Lynn, Mass., discovered and gave to the women of the world a remedy more potent and efficacious than any combination of drugs.

Lydia E. Pinkham's Vegetable Compound

is an honest, tried and true remedy of unquestionable therapeutic value.

This medicine made from native roots and herbs contains no narcotics or other harmful drugs and today holds the record for the largest number of actual cures of female diseases of any medicine the world has ever known, and thousands of voluntary testimonials are on file in the laboratory at Lynn, Mass., which testify to its wonderful value.

Mrs. C. E. Fink, of Carnegie, Pa., writes:—Dear Mrs. Pinkham:— "I wish every suffering woman would take Lydia E. Pinkham's Vegetable Compound and write to you for advice. It has done me a world of good and what it has accomplished for me I know it will do for others."

When women are troubled with Irregularities, Displacements, Ulceration, Inflammation, Backache, Nervous Prostration, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Out of her vast volume of experience she probably has the very knowledge that will help your case.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature Brent Good

REFUSE SUBSTITUTES.

W. N. U., OMAHA, NO. 18, 1907.

THE CANADIAN WEST IS THE BEST WEST

160 ACRE FARMS IN WESTERN CANADA FREE

The testimony of thousands during the past year is that the Canadian West is the best West. Year by year the agricultural returns have increased in volume and in value, and still the Canadian Government offers 160 acres FREE to every bona fide settler.

Some of the Advantages

The phenomenal increase in railway mileage—main lines and branches—has put almost every portion of the country within easy reach of churches, schools, markets, cheap fuel and every modern convenience.

The NINETY MILLION BUSHEL WHEAT CROP of this year means $90,000,000 to the farmers of Western Canada, apart from the results of other grains and cattle.

For advice and information address the SUPERINTENDENT OF IMMIGRATION, Ottawa, Canada, or any authorized Government Agent.

W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska.

THE VALUE OF PERSONAL KNOWLEDGE

Personal knowledge is the winning factor in the culminating contests of this competitive age and when of ample character it places its fortunate possessor in the front ranks of

The Well Informed of the World.

A vast fund of personal knowledge is really essential to the achievement of the highest excellence in any field of human effort.

A Knowledge of Forms, Knowledge of Functions and Knowledge of Products are all of the utmost value and in questions of life and health when a true and wholesome remedy is desired it should be remembered that Syrup of Figs and Elixir of Senna, manufactured by the California Fig Syrup Co., is an ethical product which has met with the approval of the most eminent physicians and gives universal satisfaction, because it is a remedy of

Known Quality, Known Excellence and Known Component Parts and has won the valuable patronage of millions of the Well Informed of the world, who know of their own personal knowledge and from actual use that it is the first and best of family laxatives, for which no extravagant or unreasonable claims are made.

This valuable remedy has been long and favorably known under the name of—Syrup of Figs—and has attained to world-wide acceptance as the most excellent family laxative. As its pure laxative principles, obtained from Senna, are well known to physicians and the Well Informed of the world to be the best we have adopted the more elaborate name of—Syrup of Figs and Elixir of Senna—as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of—Syrup of Figs—and to get its beneficial effects, always note, when purchasing the full name of the Company—California Fig Syrup Co.—printed on the front of every package, whether you call for—Syrup of Figs—or by the full name—Syrup of Figs and Elixir of Senna.

CALIFORNIA FIG SYRUP CO.
SAN FRANCISCO, CAL.,
LOUISVILLE, KY. U.S.A. LONDON, ENGLAND. NEW YORK, N.Y.

It Builds Force

What is medicine for? To cure you, if sick, you say.

But one medicine will not cure every kind of sickness, because different medicines act on different parts of the body. One medicine goes to the liver, another to the spine, Wine of Cardui to the womanly organs. So that is why

Wine of Cardui

has proven so efficacious in most cases of womanly disease. Try it.

Mrs. Wm. Turner, of Bartonville, Ill., writes: "I suffered for years with female diseases, and doctored without relief. My back and head would hurt me, and I suffered agony with bearing-down pains. At last I took Wine of Cardui and now I am in good health." Sold everywhere, in $1.00 bottles.

WRITE US A LETTER Write today for a free copy of valuable 64-page Illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.