

# U. S. DISPENSATORY

Describes the Principal Ingredients Contained in Pe-ru-na.

Are we claiming too much for Peruna when we claim it to be an effective remedy for chronic catarrh? Have we abundant proof that Peruna is in reality such a catarrh remedy? Let us see what the United States Dispensatory says of the principal ingredients of Peruna.

Take, for instance, the ingredient hydrastis canadensis, or golden seal. The United States Dispensatory says of this herb, that it is largely employed in the treatment of depraved mucous membranes, chronic rhinitis (nasal catarrh), atonic dyspepsia (catarrh of the stomach), chronic intestinal catarrh, catarrhal jaundice, (catarrh of the liver) and in diseased mucous membranes of the pelvic organs. It is also recommended for the treatment of various forms of diseases peculiar to women.

Another ingredient of Peruna, Corydalis formosa, is classed in the United States Dispensatory as a tonic. So also is cubeba classed as a stomachic and as a tonic for the mucous membranes.

Cedron seeds is another ingredient of Peruna, an excellent drug that has been very largely overlooked by the medical profession for the past fifty years. The seeds are to be found in very few drug stores. The United States Dispensatory says of the action of cedron that it is used as a bitter tonic and in the treatment of dysentery, and in intermittent diseases as a substitute for quinine.

Oil of copalbe, another ingredient of Peruna, is classed by the United States Dispensatory as a mild stimulant and intestinal tract. It acts as a stimulant on the genito-urinary membranes. Useful in chronic cystitis, chronic dysentery and diarrhea, and some chronic diseases of the liver and kidneys.

Send to us for a free book of testimonials of what the people think of Peruna as a catarrh remedy. The best evidence is the testimony of those who have tried it.

## U. S. NAVY

enlists for four years young men of good character and sound physical condition between the ages of 17 and 25 as apprentices seamen, apprentices, mates, quartermasters, carpenters, shipfitters, firemen, electricians, cooks, etc. between 21 and 35 years, enlisted in special ratings with suitable pay, hospital appointments 18 to 25 years. Retirement in three-fourths pay and allowances after 30 years service. Applicants must be American citizens.

First choice outside free to recruits. Upon discharge or travel allowance 5 cents per mile to place of enlistment. Bonus four months pay and increments for 30 months of service. Sick pay four months of discharge. Officers at Lincoln and H. L. Miller, New York. Also, during winter, at the Marine and Station Club, New York. Address: NAVY RECRUITING STATION, P. O. Bldg., OMAHA.

**CHEAP LANDS** Unexcelled for general farming, stock raising, fruits, truck, cranberries, etc. For more information and prospectus write to the U. S. Land Office, Department of Agriculture, Washington, D. C. Or to the U. S. Land Office, Chicago, Ill. Or to the U. S. Land Office, St. Louis, Mo.

**New York's Early Name.** Manhattan island was once named New Orange for 15 months. When the English took it from the Dutch the name New Amsterdam was changed to New York, and then when the Dutch recaptured it in July 1673, they called it New Orange. It held that name until the English retook it in November, 1674, when the name New York was restored and has been retained ever since.

**Stimulate the Blood.** Brandreth's Pills are the great blood purifier. They are a laxative and blood tonic, they act equally on the bowels, kidneys and skin, thus cleansing the system by the natural outlet of the body. They stimulate the blood so to enable nature to throw off all morbid humors and cure all troubles arising from an impure state of the blood. One or two taken every night will prove an invaluable remedy.

Each pill contains one grain of solid extract of sarsaparilla, which, with other valuable vegetable products, make it a blood purifier unexcelled.

Brandreth's Pills have been in use for over a century, and are for sale everywhere, plain or sugar-coated.

**Danger in Salt Baths.** Salt water, so strengthening ordinarily, is most weakening when too warm. On most ocean boats there is an abundance of warm water in the bathrooms, and the daily salt bath is a great tonic, but beware of getting it too hot. It will turn you faint if you do, even if you are accustomed to an equally high temperature in fresh water at home.—Travel Magazine.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

**In His Father's Footsteps.** Allan Sankey, son of the famous singing revivalist, is following his father's footsteps as a composer, and some of his hymns are popular in New England revival meetings.

Give Defiance Starch a fair trial—try it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

Some day there may be universal peace. If it comes it will be when one man has succeeded in gobbling everything and at the same time convinced everybody else that he is too strong to be fought.

**Panthers and Grizzly Bears.** Ship Furs Pelts McMillan Fur & Wool Co., Minneapolis, Minn. Write for prices.

Be severe when the fault demands it, but don't owe the man a grudge.

Some men make a specialty of posing as horrible examples.

# A BILLIARD BET

By HARRIS DEEMS

(Copyright, 1906, by Joseph E. Bowles.)

Mr. James Haddon was a mild looking young man, with light sandy hair carefully parted down the center of his head. That he looked milder and younger than he really was, may or may not have been his fault—it certainly was not his misfortune.

He had arrived two days previously at the little town of Coleman, to recuperate after a fatiguing winter season.

Quite what his occupation was very few people knew. He occasionally backed horses—to lose; knew a few card tricks with which he amused strangers; and a good many more which he neither showed to them nor amused them with. He was a fairly good pigeon shot; and an exceptionally clever billiard player.

Coleman had been recommended to him by his bosom friend, Samuel Dugger, who was a native of the place.

On this particular afternoon he was gazing mildly at the "Freemason's Hotel" debating whether he should enter or not. After a few minutes cogitation he sauntered in, and made for the billiard room.

Calling for a scotch and soda, he lit a cigarette, and stood watching a pale faced, lanky individual awkwardly knocking the balls about the table.

"Do you play?" queried that gentleman, catching Mr. Haddon's interested look.

"You can hardly call it playing," he replied, hesitatingly. Seeing he made a fairly comfortable living with his billiards, this was perhaps a fact.

"Besides, I'm awfully out of practice."

"So'm I," confessed the young man; "I was just knocking the balls about to see if I remembered the game."

"Well, I don't mind trying my hand," murmured Mr. Haddon.

"Right!" cried the young man, briskly. "What shall it be? Fifty up?"

"Fifty up? Oh, that means we've got to make 50 points doesn't it?"

"Yes," said the young man, chalking the tip of his cue industriously; "the man who makes 50 first wins."

"I see! Which ball do I have? I've almost forgotten."

About 20 minutes play, when the game stood 10 to 12, the young man carelessly suggested having a little something up on it.

"Well, I'm not a gambler," stated Mr. Haddon, "but I don't mind half a dollar."

"Go ahead, then, it's your play."

"Playing ping-pong?" inquired a gentleman who had entered whilst the game was in progress, after the two innocents had sent their balls on the floor half a dozen times.

At the end of an hour's play Mr. Haddon raced out a winner by 50 to 45; and it is doubtful if he would have won then had not the pale-faced young man sent his last two balls on the ground.

"Let's have another game," suggested the loser, paying over his 50 cents.

"Don't forget they close at 12," offensively remarked the gentleman who had been watching the game.

"I don't mind," answered Mr. Haddon, ignoring this individual. "Same stakes?"

"Let's have a decent bit up on it this time, seeing we're about level. What do you say to ten dollars?"

"Go ahead, then," said Mr. Haddon.

"See here," exclaimed the spectator who by his greasy appearance seemed to be a butcher, addressing Mr. Haddon, "you're both pretty bad players, but I rather fancy the other chap is a bit better than you."

"You do, do you?" answered Mr. Haddon, blandly.

"Yes! And in spite of your winning the last game I'm ready to back him."

"Let me see," reflected Mr. Haddon, "I won the game on a strange table."

"Then what'll you back him for?" he asked, suddenly.

"Same as the stakes. Ten."

"Done with you," said Mr. Haddon, picking up his cue.

"The pale young man and his backer exchanged knowing glances.

"Go it," cried the former as his opponent bent over the table.

And Mr. Haddon did "go it" to the extent of making a beautiful little break of 22.

"Here, what do you call this?" blustered the greasy gentleman.

"Billiards," said Mr. Haddon, mildly. "What did you think it was? Ping-pong?"

"Shut up, Barker," said the young man, irritably, "you put me out."

Gritting his teeth he surveyed the table darkly. The balls were too badly placed for him to make more than ten.

Muttering viciously, he gave place to Mr. Haddon and watched that gentleman while he handled the balls as if they were alive.

Playing with rare skill, he put together an admirable 18.

The landlord entered the room at this moment and stood watching the game.

"Knows how to play," he observed to the butcher as Mr. Haddon dealt the winning stroke.

"Knows a little too much for his health," was the irritable reply.

"Knows a little too much for Tom, at any rate," said the landlord, glancing at the scoring board.

Mr. Barker made no reply; he was thinking deeply. In fact so deeply that it required several nudges from Mr. Haddon to bring to his mind the fact that he owed him ten dollars.

For while he stood talking billiards with the landlord, whilst Mr. Barker and the lanky young man discussed affairs in a savage undertone.

"Say," said the lanky youth, suddenly addressing Mr. Haddon, "because you whacked me, don't, 'thee can play, you know."

## HARDSHIPS OF ARMY LIFE.

Left Thousands of Veterans with Kidney Troubles.

The experience of David W. Martin, a retired merchant of Bolivar, Mo., is just like thousands of others. Mr. Martin says: "I think I have had kidney disease ever since the war. During an engagement my horse fell on me, straining my back and injuring the kidneys. I have been told I had a floating kidney. I had intense pain in the back, headaches and dizzy spells and the action of the bladder was very irregular. About three years ago I tried Doan's Kidney Pills, and found such great relief that I continued, and inside a comparatively short time was entirely rid of kidney trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

From the feminine viewpoint an engagement ring is a desirable thing to have round.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by restoring the hearing power to the natural condition of the ear.

Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube is inflamed, it has a tendency to close, and the secretions of the mucous membrane can not be drawn out and the tube becomes permanently closed, hearing is thus destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surface.

We give One Hundred Dollars for any case of Deafness caused by Catarrh that cannot be cured by Hall's Catarrh Cure, sold by Druggists, free.

Write to J. C. Hildner & Co., Toledo, O. Sold by Druggists. Take State Family Ring for constitution.

Disease Puzzles Doctors.

A mysterious disease is troubling the Dutch medical profession. It has broken out in the district of Oudorp, not far from Utrecht, and Prof. Spronck, of Utrecht, after all the best efforts he can devise, has had to confess himself perplexed. The disease is a contagious affection of the heart, and the patients invariably develop high fever.

There have been more than 100 cases. Prof. Spronck has made a careful analysis of blood taken from patients, but has utterly failed to find a cause or an origin for the epidemic.

THIS IS WORTH SAVING.

Valuable Advice and Recipe by Well-Known Authority.

The following simple home-made mixture is said to relieve any form of Rheumatism or backache, also cleanse and strengthen the Kidneys and Bladder, overcoming all urinary disorders, if taken before the stage of Bright's disease: Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Mix by shaking well in a bottle and take in teaspoonful doses after meals and at bedtime.

A well-known authority states that these ingredients are mainly of vegetable extraction and harmless to use, and can be obtained at small cost from any good prescription pharmacy.

Those who think they have kidney trouble or suffer with lame back or weak bladder or Rheumatism, should give this prescription a trial, as no harm can possibly follow its use, and it is said to do wonders for some people.

SOME POINTS ABOUT NEEDLES.

The Evolved Product of Centuries of Invention.

The point of a needle is a very important part of that useful little instrument, and there are many points about needles calculated to interest the general public. The daily consumption of needles all over the world is something like 3,000,000, while every year the women of the United States break, lose and use some 300,000,000 of those tiny tools.

Few people while threading a needle have ever given a thought to the various processes through which the wire must pass before it comes out a needle. Yet the manufacture of needles includes some 21 different processes from cutting the wire and threading the double needles by the eyes to separating the two needles on the one length of wire, heading, hardening in oil, cleaning out the sides of the eye, point-setting, and final polishing.

For wrapping purple paper is used, since it prevents rusting. There are many sorts of needles, for surgeons, cooks, glovemakers, weavers, dressmakers, broommakers, milliners and dressmakers' use.

The needle is the evolved product of centuries of invention. In its primitive form it was made of bone, ivory or wood. Point by point its manufacture has improved, until this little but not insignificant instrument is now one of the highly-finished products of twentieth century machinery and skill.

Zion's Herald.

A FRIEND'S TIP.

70-Year-Old Man Not Too Old to Accept a Food Point.

"For the last 20 years," writes a Maine man, "I've been troubled with Dyspepsia and liver complaint, and have tried about every known remedy without much in the way of results until I took up the food question."

"A friend recommended Grape-Nuts food, after I had taken all sorts of medicines with only occasional, temporary relief."

"This was about nine months ago, and I began the Grape-Nuts for breakfast with cream and a little sugar. Since then I have had the food for at least one meal a day, usually for breakfast."

"Words fail to express the benefit I received from the use of Grape-Nuts. My stomach is almost entirely free from pain and my liver complaint is about cured. I have gained flesh, sleep well can eat nearly any kind of food except greasy, starchy things and am strong and healthy at the age of 70 years."

"If I can be the means of helping any poor mortal who has been troubled with dyspepsia as I have been, I am willing to answer any letter enclosing stamp." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pks. "There's a Reason."

## Mrs. Winslow's Soothing Syrup.

For children teething, soothes the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Some men make it their business to interfere with the business of others.

Dresses, Cloaks, Ribbons, Suits, etc., can be made to look like new with PUT-NAM FADELESS DYES. No muss.

Many a woman has married a fool for love; but few mistakes would be made if fools never had money.

PILES CURED IN 6 TO 14 DAYS. PAIN OINTMENT is guaranteed to cure any case of Piles, Hemorrhoids or Protruding Piles in 6 to 14 days of money refunded. 50c.

Many a man sows wild oats at his leisure that his children must reap in haste.

For flexibility, smooth finish, stiffness and durability, Defiance Starch has no equal—10c for 16 oz.

Some men are not satisfied when they kill two birds with one stone unless they can get the stone back.

Lewis' Single Binder costs more than other 5c cigars. Smokers know why. Your dealer or Lewis' Factory, Peoria, Ill.

A man who is content to do the same thing day after day may be a good husband and a kind father, but he is a poor news-maker.

Defiance Starch—No blisters to the trousers—no blotches—never sticks, makes ironing easy and does not injure the goods.

Booth Tarkington when at work rises at five o'clock in the morning, drinks a little cocoa and writes till nine. Nearly all his best passages have been written at sunrise.

Take advantage of Nature's splendid offering, Gaiety Tea, the laxative that is pure, mild and potent. It is made wholly of herbs. For constipation, biliousness, liver and kidney diseases, it purifies the blood. Guaranteed under the Pure Food and Drug Law.

Receives Carnegie Pension. Judge C. C. Cole, of Des Moines, Ia., for many years dean of the Drake University law school there has received a Carnegie pension of \$1,280 a year. He was graduated from the Harvard law school.

In a Pinch, Use ALLEN'S FOOT-EASE. A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

It isn't likely that Homer knew the difference between heroic pentameter and a milk wagon; Rafael probably never guessed that there was such a word as "genre," and the language of the average musical critic would doubtless have been too technical for the understanding of Wagner.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Wm. W. Parke, Jr.*

In Use For Over 30 Years. The Kind You Have Always Bought. One of the times to get busy is when you are discouraged and think there is no use trying any more.

## AWFUL NEURALGIA

Pain Turned This Woman's Hair White but She Was Cured by Dr. Williams' Pink Pills.

Do not seek relief from suffering simply, but free your system from the disease which is the cause of your suffering. That is the message which a former victim of neuralgia sends to those who are still in its grasp. Hot applications, powders that deaden the senses and others that reduce the heart action may cause temporary relief but the pain is sure to return with greater intensity.

Mrs. Evelyn Creusers, who has a beautiful home at 811 Boulevard West, Detroit, Mich., suffered for years with neuralgia until she tried this tonic treatment. She says:

"My trouble began about six years ago and I did not rest as I should have, but kept up about my many duties. After a time I became so weak I could not do any work at all. I had severe backaches and such dreadful headaches in the back part and top of my head. My eyes were easily tired and at times I saw black spots before them. I consulted several doctors but without the slightest benefit. The pains were so intense that my hair turned white."

"I lost continually in weight and strength and was almost in despair when a friend recommended Dr. Williams' Pink Pills. I tried them according to directions and soon began to feel relief. At the end of three months I had gained ten pounds in weight and had no more trouble with my nerves. I have been in perfect health ever since and can heartily commend Dr. Williams' Pink Pills."

Dr. Williams' Pink Pills are sold by all druggists, or sent postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

# AILING WOMEN

How Many Perfectly Well Women Do You Know?



MISS GRACE E. MILLER MRS. W. S. FORD

"I am not feeling very well," "I am so nervous, it seems as though I should fly," "My back aches as though it would break."

How often do you hear these significant expressions from women friends. More than likely you speak the same words yourself, and there is a cause.

More than thirty years ago Lydia E. Pinkham of Lynn, Mass. discovered the source of nearly all the suffering endured by her sex. "Woman's Ills," these two words are full of more misery to woman than any other two words that can be found in the English language. Sudden fainting, depression of spirits, reluctance to go anywhere, backaches, headaches, nervousness, sleeplessness, bearing-down sensations, displacements and irregularities are the bane of woman's existence.

The same woman who discovered the cause of all this misery also discovered a remedy, Lydia E. Pinkham's Vegetable Compound made from native roots and herbs holds the record for a greater number of absolute cures of female illis than any other one remedy the world has ever known and it is the greatest blessing which ever came into the lives of suffering women.

Don't try to endure, but cure the cause of all your suffering. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. The following letters prove this:

**Mrs. W. S. Ford of 1028 Lansdowne St., Baltimore, Md. writes:** "Dear Mrs. Pinkham:—For four years my life was a misery to me. I suffered from irregularities, suppression, terrible dragging sensations and extreme nervousness. I had given up all hope of ever being well again when Lydia E. Pinkham's Vegetable Compound was recommended. It cured my weakness and made me well and strong."

**Miss Grace E. Miller, of 1213 Michigan St., Buffalo, N. Y. writes:** "I was in a very bad condition of health generally; irritable, cross, backache and suffered from a female weakness. Lydia E. Pinkham's Vegetable Compound, cured me after all other medicines had failed."

**What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ford and Miss Miller it will do for other women in like condition. Every suffering woman in the United States is asked to accept the following invitation. It is free, will bring you health and may save your life.**

**Mrs. Pinkham's Invitation to Women.** Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female illis Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

## DO YOU SMOKE A PIPE? WHAT KIND OF TOBACCO DO YOU SMOKE? IF YOU HAVE NOT TRIED QBOID GRANTED—FLUO

You have never gotten that solid comfort which a good "pipe smoke" should give a man. QBOID WILL NOT BITE THE TONGUE

IT IS THE ORIGINAL OF THIS STYLE TOBACCO. It has an elegant Aroma which no other pipe tobacco possesses, and its smooth, delightful flavor and free smoking qualities are the results of years of careful study and experimenting.

## SPECIAL OFFER

QBOID Tobacco is now on sale almost everywhere, and hundreds of thousands of boxes were consumed last year, and it is our purpose to place QBOID in reach of every pipe smoker in this country, and to that end we make the following offer:

If your dealer does not handle QBOID Tobacco, we will send you any size box, at a special price. Prices, 1/2 oz. tin box, 10c; 1 oz. tin box, 20c; 8 oz. tin box, 45c; and 16 oz. fancy tin box, 90c. Money refunded to any dissatisfied purchaser.

Cut out this advertisement and send with money order or stamps. Write your name and address plainly, and address to LARUS & BRO. CO., Manufacturers, Richmond, Va.

## A DOLLAR

spent at home reacts in its benefits with unceasing general profit. Sent out of town its life is ended. Kept with the home merchants it is a messenger of continuous benefit. Business men should awake to the importance of keeping this dollar at home and make a bid for it.

## GALL-STONE CURE. "Graemer's Calculus Cure"

Is a Certain Cure for Gallstones, Biliousness, Constipation, Jaundice and all Stomach Troubles resulting from Bilestones. Write for circular. W. H. GRAEMER, 4300 North Grand Avenue, ST. LOUIS, MO.

## FREE PAXTINE

To convince you that Paxtine Antiseptic will improve her health and do all we claim and do for you, we will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

## PAINFUL BAD

pains every month, indicate serious female disease, likely to become dangerous, if not promptly treated. A medicine is needed which acts directly on the womanly organs, such as

## WINE OF CARDUI

A scientific medicine, consisting of pure, vegetable ingredients, which, according to the testimony of thousands who have used it, will relieve your pains, regulate your functions, build up your strength, and cure the disease which is eating up your vitality. Try it. At all Druggists 25c

## WRITE for Free Advice, stating age and describing your symptoms, to Ladies Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn.

## READERS

Our catalogue contains a choice selection of books with clear directions for their use. Send for yours today. Chattanooga Medicine Co., Chattanooga, Tenn.

W. N. U., OMAHA, NO. 9, 1907.



The Power Behind the Dough!  
**KG BAKING POWDER**