

THE WHITE PLAGUE

SYSTEMATIC WARFARE WAGED TO WIPE OUT CONSUMPTION.

Warning That Intemperance Increases the Liability to Contract Disease—Neglected Colds a Prolific Source.

Organized effort is now being made throughout the United States to fight consumption. A warning is given against intemperate habits, which increase the liability to consumption, while spitting in public places is deprecated, as the disease is frequently contracted from dried sputum.

Colds should not be neglected, as they leave the lungs in a peculiarly receptive condition for the tubercular germ. The following simple formula will break up a cold in twenty-four hours. A leading authority on lung trouble says that when prepared from pure ingredients, it will cure any cough that is curable.

Take half ounce Virgin Oil of Pine (Pure); two ounces glycerine and half pint good whisky. Shake well and use in teaspoonful doses every four hours.

The ingredients can be secured from any good prescription druggist at small cost, and to avoid substitution should be purchased separately and mixed in your own home.

Virgin Oil of Pine (Pure) is put up in half-ounce vials for dispensing. Each vial is securely sealed in a round wooden case, with engraved wrapper, with the name—Virgin Oil of Pine (Pure), prepared only by Leach Chemical Co., Cincinnati, O.—plainly printed thereon. There are many rank imitations of Virgin Oil of Pine (Pure), which are put out under various names, such as Concentrated Oil of Pine, Pine Balsam, etc. Never accept these as a substitute for the Pure Virgin Oil of Pine, as they will invariably produce nausea and never effect the desired result.

Economy as the Boy Saw It. Paul Morton, in a recent address on insurance, said of a certain proposed economy:

"That would not be an economy, but an extravagance, in the long run. It reminds me of the boy and the jam. 'My son,' said this boy's mother, 'isn't it rather an extravagance to eat butter with that superb jam?' 'No, ma'am, it's an economy,' the boy answered. 'The same piece of bread does for both.'"

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in doses from 20 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, etc. Take Hall's Family Pills for constipation.

POTENT LIQUOR IS SAKE. Lafcadio Hearn's Testimony as to Strength of Japanese Wine.

There is no liquor in the world upon which a man becomes so quickly intoxicated as Japanese sake (rice wine), and yet none of which the effects last so short a time. The intoxication is pleasant as the effect of opium or hashish. It is soft, pleasant, luminous exhilaration, everything becoming brighter, happier, lighter; then you get very sleepy.

At Japanese dinners it is the rule to become slightly exhilarated, but not to drink enough to talk thickly or walk crooked. The ability to drink at banquets requires practice—long practice. There are banquets of many kinds, and the man who is invited to one at which extensive drinking may be expected is careful to start in upon an empty or almost empty stomach. By not eating one can drink a good deal. The cups are very small and of many curious shapes. One may be expected to empty 50. A quart of sake is a good deal; two quarts require iron nerves to stand. But among the Japanese there are wonderful drinkers. At a military officer's banquet a captain offered me a tumbler holding a good pint of sake. I almost fainted at the sight of it, for it was the first. But a friend said to me: "Only drink a little and pass it back," which I did. Stronger heads emptied cup after cup like water.—Letters of Lafcadio Hearn.

MAY BE COFFEE That Causes all the Trouble.

When the house is afire, it's like a body when disease begins to show, it's no time to talk but time to act—delay is dangerous—remove the cause of the trouble at once.

"For a number of years," says a Kansas lady, "I felt sure that coffee was hurting me, and yet, I was so fond of it, I could not give it up. I paltered with my appetite and of course yielded to the temptation to drink more. At last I got so bad that I made up my mind I must either quit the use of coffee or die."

"Everything I ate distressed me, and I suffered severely almost all the time with palpitation of the heart. I frequently woke up in the night with the feeling that I was almost gone—my heart seemed so smothered and weak in its action that I feared it would stop beating. My breath grew short and the least exertion set me to panting. I slept but little and suffered from rheumatism.



Oh, where are the girls of yester-year,
The girls with blue eyes shining?
The girls who used to cost us dear
When we went valentining?
To whom we sang and meant it too,
Oh sugar's sweet and so are you!
To whom we sent with great ado
Two hearts all intertwining?
If these should meet the eyes of one
Loved in the yester-year
Whose tresses glistened in the sun
Whose blue eyes cost us dear,
We'd like to say and mean it too,
Oh sugar's sweet and so were you!
But time has cut our love in two
Dear maid of yester-year.



BY GRACE DUFFIE BOYLAN

ANNE STACEY sat with her back to the light of her existence and the chandelier. But the respective luminaries remained equally indifferent, the one obscured by his evening paper and the other by a pink-tissue shade. So she lifted her pretty foot to the glow of the fire—the only glow that seemed in evidence anywhere—and engaged in her long-practised game of making the best of things. But the play went dully this night, although the coals arranged the usual pictures for her to gaze into and the castle-building materials were all at hand. Now and then she glanced at a big bowl of violets which stood on the table near her, and in her expression was a curious blending of indignation and triumph.

There was silence in the room, except for a slow-pulsed clock, which struck the quarter-hours reluctantly, and the occasional rustling of the turning pages of the newspaper. She felt strangely lonely. The girls had gone out, wearing their violets pinned in the fur and laces at their bonnie throats. The fragrance of the flowers at her side swept up with the memory of the lines which had come as a valentine to little Jeanne:

"This thing I know, my dear,
My love for you, my dear,
Will last for aye!"

"But it doesn't, Jeanne, child," she whispered sadly. "It does not last any longer than the dew lasts on the roses. But it is so sweet to be deceived!" She sighed. And again her eyes fell on the violets.

"Who in the world could have sent them to me?" she murmured. "And the verses! Impertinent, of course. But rather dear. The writing looks a little familiar, too; but I can't place it." She drew a little note from the faintly tinted, rose-colored bag which swung from the ribbons at her waist, and scanned it by the firelight. A half-pleased smile crept up to her eyes, as she read:

These tender flowers are sent to you by one to whom you are the starlight and the sun. Their fragrance bears a message fond and true. From out a heart that beats alone for you.

"How dreadful!" murmured Anne Stacey, but with commendable forbearance. "I must show it to Dick!" She rose determinedly, just as there was a sound of a sliding paper and a snore. She turned back and sat down, and the little foot on the fender tapped impatiently.

that I'd keep still about it!" announced Mrs. Stacey. Her husband retired behind his paper. This was no time to discuss racial peculiarities of language.

"The girls have each received lovely big bunches of violets." "Bully for the girls! Who sent 'em?"

"We don't know. Jeanne's came with a valentine—poetry, you know." "Well, of course," said Stacey, "that is harder to bear. Know who wrote it?"

Mrs. Stacey shook her head. "No. But it is beautiful. She will always remember it." "Will, eh? Can't get it out of her head, I suppose. Something like that 'Blue-trip-slip-for-an-eight-cent-fare' business."

Mrs. Stacey gave wifely inattention to his joke. Her mind seemed fixed on other subjects. Finally: "A woman always remembers such things. And sometimes they make dangerous food for hungry hearts."

The man behind the paper became conscious of a meaning in his wife's tone. He looked over the top of the sheet, to see that her gaze was fixed upon a bowl of violets on the stand before the fire. She went on:

"You never sent me a valentine, Dick. But some one else has. I wasn't going to tell you—when you were asleep—"

"Well, I'm glad you didn't then. But what about it now?" "There isn't anything more about it. At least I only know that I received a valentine and a bunch of flowers, and I don't know who sent them. I wish I did, because I am tired of being left alone and neglected and—so there!"

"Why, mamma! Why—" "You needn't 'Why' me! The pitcher of patsience indeed had been broken at the fountain. Mrs. Stacey was royally angry and in tears. "What do you men think women want in this life? Do you think we are satisfied with food and fire and clothes? I tell you we want love and attention as much as we do when we were young girls! And if husbands are too busy or too indifferent to give these things, some other men will!"

She stopped, with shamed sobbing. Stacey had risen and now stood beside her chair. "What did he say, Anne?" she questioned quietly.

But she shook her head miserably. "What did he say?" He reached down and took her slender hand in his broad palm. His little ring glimmered upon it in the firelight.

"I can't tell you. You—never would understand—or appreciate—such tenderness. You—you never have—time—"

"What did he say, dear?" "Oh, Dick. If only you had made love to me—if you ever—ever had—"

"Tell me what he said. You can't? Then let me tell you." He knelt down beside her and her wondering eyes saw tears upon his bearded cheeks. But he reached over and took the bowl of violets in his hand as he said:

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle. Heart failure and cash failure often go together. FILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of itching, Blind, Bleeding or Itching Piles in 6 to 14 days of money refunded. 50c. And by not getting married some men manage to live happily ever after.

Top Prices for Hides, Furs, Pelts. Write for circular and catalogue No. 9, N. W. Hide & Fur Co., Minneapolis.

Observe what direction your thoughts and feelings most readily take when you are alone, and you will then form a tolerably correct opinion of yourself.—Bengel.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *Charles H. Fletcher*. In Use For Over 30 Years. The Kind You Have Always Bought.

The Infinite. From every point of view and from everything that the human mind touches we are in touch everywhere with the infinite, and the infinite is just as absolute a fact as the most finite thing touched by the mind or the physical being of man.

With a smooth iron and Defiance Starch, you can launder your shirt-valet just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

Playing at Occultism. There is a danger to-day of psychical research degenerating into a fashionable society amusement without practical aims, and there are prominent members of the Society for Psychical Research who do less than little to discourage this tendency.—Occult Review.

Oats—Heads 2 Foot Long. The John A. Salzer Seed Co., La Crosse, Wis., are bringing out new oats this year with heads 2 foot long! That's a wonder. Their catalog tells! Spetz—the greatest cereal hay food America ever saw! Catalog free!

Our mammoth 16-page Seed and Tool Catalog is mailed free to all intending buyers, or send 1c in stamps and receive free samples of new Two Foot Long Oats and other cereals and big catalog free. John A. Salzer Seed Co., Box W, La Crosse, Wis.

Two heads are better than one—especially at kissing.

Lewis' Single Binder straight 5c. Many smokers prefer them to the cigars. Your dealer or Lewis' Factory, Peoria, Ill.

Men never fully appreciate the blessings of poverty until after they break into the millionaire class.

Defiance Starch is the latest invention in that line and an improvement on all other makes; it is more economical, does better work, takes less time. Get it from any grocer.

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A Knowledge of Forms, Knowledge of Functions and Knowledge of Products are all of the utmost value and in questions of life and health when a true and wholesome remedy is desired it should be remembered that Syrup of Figs and Elixir of Senna, manufactured by the California Fig Syrup Co., is an ethical product which has met with the approval of the most eminent physicians and gives universal satisfaction, because it is a remedy of

Known Quality, Known Excellence and Known Component Parts and has won the valuable patronage of millions of the Well Informed of the world, who know of their own personal knowledge and from actual use that it is the first and best of family laxatives, for which no extravagant or unreasoned claims are made.

This valuable remedy has been long and favorably known under the name of—Syrup of Figs—and has attained to world-wide acceptance as the most excellent family laxative. As its pure laxative principles, obtained from Senna, are well known to physicians and the Well Informed of the world to be the best we have adopted the more elaborate name of—Syrup of Figs and Elixir of Senna—as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of—Syrup of Figs—and to get its beneficial effects, always note, when purchasing the full name of the Company—California Fig Syrup Co.—printed on the front of every package, whether you call for—Syrup of Figs—or by the full name—Syrup of Figs and Elixir of Senna.

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LOUISVILLE, KY. LONDON, ENGLAND. NEW YORK, N.Y.

MOTHERHOOD

The first requisite of a good mother is good health, and the experience of maternity should not be approached without careful physical preparation, as a woman who is in good physical condition transmits to her children the blessings of a good constitution.

Preparation for healthy maternity is accomplished by Lydia E. Pinkham's Vegetable Compound, which is made from native roots and herbs, more successful than by any other medicine because it gives tone and strength to the entire feminine organism, curing displacements, ulceration and inflammation, and the result is less suffering and more children healthy at birth. For more than thirty years

Lydia E. Pinkham's Vegetable Compound has been the standby of American mothers in preparing for childbirth. Noteworthily Mrs. James Chester, of 427 W. 35th St., New York says in this letter:—Dear Mrs. Pinkham: "I wish every expectant mother knew about Lydia E. Pinkham's Vegetable Compound. A neighbor who had learned of its great value at this trying period of a woman's life urged me to try it and I did so, and I cannot say enough in regard to the good it did me. I recovered quickly and am in the best of health now."

Lydia E. Pinkham's Vegetable Compound is certainly a successful remedy for the peculiar weaknesses and ailments of women. It has cured almost every form of Female Complaints, Dragging Sensations, Weak Back, Falling and Displacements, Inflammation, Ulcerations and Organic Diseases of Women and is invaluable in preparing for Childbirth and during the Change of Life.

Mrs. Pinkham's Standing Invitation to Women
Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Her advice is free.

For Reconstructing Kingston. Kingston, Jamaica.—The reconstruction committee appointed by Archbishop Nuttall to carry out proposals for rebuilding the city met and passed a resolution to ask the imperial government to advance a loan of \$5,000,000 at a low rate of interest.

Wages Advanced. Columbus, O.—An advance in wages, averaging about 4 per cent, is granted freemen, trainmen, yardmen and switchmen of the Toledo & Ohio Central railway as the result of a conference of railway officials and representatives of the employees.

DEFIANCE STARCH—15 ounces to the package—other sizes in proportion. Price and "DEFIANCE" IS SUPERIOR QUALITY.

If afflicted with sore eyes, use **Thompson's Eye Water** W. N. U., OMAHA, NO. 6, 1907.

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A QUICK, SURE AND ALWAYS READY CURE FOR PAIN—PRICE 15c.—IN COLLAPSIBLE TUBES. AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY. A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-alleviating and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine. SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.

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17 STATE STREET, NEW YORK CITY

THE CANADIAN WEST IS THE BEST WEST

The testimony of thousands during the past year is that the Canadian West is the best West. Year by year the agricultural returns have increased in volume and in value, and still the Canadian Government offers 160 acres FREE to every bona fide settler.

The phenomenal increase in railway mileage—main lines and branches—but almost every portion of the country within easy reach of churches, schools, markets, cheap fuel and every modern convenience.

The NINETEEN MILLION BUSHEL WHEAT CHOP of this year means \$80,000,000 to the farmers of Western Canada, apart from the results of other crops and cattle.

For advice and information address the SUPERINTENDENT OF IMMIGRATION, Ottawa, Canada, or any authorized Government Agent.

W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska.

The marvelous growth and the consequent magnitude of the **UNDERWOOD TYPEWRITER COMPANY'S** organization in this, the tenth year of its existence, excites admiration and inspires confidence the world over.

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Heart of the Home

A Little Child carries with it the possibilities of great happiness, into the heart of a childless home. Women who wish for children, should understand that sterility is not so much of a disease, as a symptom of female weakness, and, that in 90 cases out of 100, when the female weakness has been cured by

WINE OF CARDUI Woman's Relief

the longed-for visit of the stork comes. Dr. J. J. Livingston, of Freeman, Ind., writes: "I prescribed Cardui to a lady patient, who had previously had three or four mishaps. She took 6 bottles and was soon made the happy mother of a well-grown boy, who is still living and doing well. I think that Wine of Cardui is the sole cause of her being able to have this child." Whatever may be the form of your female trouble or weakness, try Cardui. It is a reliable remedy for all the diseases peculiar to women.

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