



### PURELY FEMININE

#### How to Secure a Beautiful Neck.

Lemon a Good Whitener—Massage Will Reduce Double Chin and Superfluous Flesh.

The skin of the throat and the general condition of the neck registers accurately just how much or how little care a woman is giving herself.



A FIRM, WHITE NECK.

It also points the first finger to the right of time. Even a small double chin gives the impression of maturity to a young face, while a very thin neck with prominent cords makes an otherwise healthy person look delicate and haggard.

Our throats are much abused. Probably for this reason so few pretty ones are seen at the opera or at the theater, where the English fashion of wearing slightly décolleté gowns is steadily gaining in favor.

Not only are the throats of nine out of ten women not well proportioned and anything but "Columbian" as the artist describes a beautiful neck. But most of them are not even white. The skin has fairly been tanned by high collars which keep in the perspiration and often the dyed material of the dress collar leaves an almost eradicable stain. Dyed furs are another cause of unsightly throats. These furs unless very carefully prepared now and then cause a slight skin eruption, particularly if they are allowed too near the skin, and this is not properly cared for afterward. In this case the pores of the neck become coarse, the skin looks red and pimples appear. Peroxide of hydrogen applied on a piece of absorbent cotton will serve both as an antiseptic and a bleach and help to bring the skin back to its former whiteness. For every-day purposes lemon juice will do. Rub a piece of lemon over the skin, wipe off with a bit of lemon and repeat until the cloth is no longer discolored. Pure alcohol can be used to good advantage daily as a cleanser for the neck, but it has not the bleaching qualities of the lemon. Before using any one of these three methods, however, plain hot water and soap must not be forgotten.

So much for the skin; now for the contour of the throat. When the neck chin is too short it inclines to fat at a very early age. The double chin appears and the roll of flesh all around the edge of the collar. Massage will reduce the flesh.

#### CANDLES AGAIN IN USE.

Quantities Are Sold, and One May Pick Up Pretty Candlesticks for Small Price.

In this age of electricity and 80-cent gas, think of 6,000 and more ordinary candles being sold in one day in a shop in this city! And yet that occurred in this borough within the past fortnight, and the sale of candles goes on daily. The special point with regard to the candles so much in demand is that they are not the decorative kind, but the ordinary fat variety, designed for service in the kitchen or cellar, and if need be, for general use in the country house.

It is safe to say that since candles ceased to be the star medium for artificial illumination they have never been used so much as at the present time. For the country house they are considered indispensable, and even in the city house many a chateau uses candles nightly in conjunction with more modern forms of illumination.

The charm of the soft glow of candlelight on the dining table is admitted even by the most persistent admirer of other methods of lighting for other occasions. As dinner table decorations, candles have flourished for some decades, but it is not for decorative purposes that the majority of candles are purchased to-day. It would seem as if a 10, 15 or even 25-cent candlestick could not be much of an affair, but the judicious shopper knows that in glass the most artistic holders are to be had at this price. There are genuine bargains to be had at 10 and 15 cents exact copies of cut glass, and for ordinary use performing the identical mission as the stick that costs 10 to 15 times the same amount. These cheap holders are very pretty, and, being easily kept clean, they appeal to the hygienic no less than the artistic sense of the average householder. For 25 cents there may be had a beautiful little holder in Flemish pottery in soft sea green coloring, and for a little more comes an exquisite specimen of Teplitz ware, designed as a candle holder. Then there is Italian faience, which is somewhat desired, and, of course, if one cares to mount the price list, almost any sum can be spent on candlesticks.—Brooklyn Eagle.

#### LOVELY WATER LILIES.

How to Make a Beautiful Corner with Nymphs and Other of the Water Plants.

Everyone recognizes the charm of a pool of water in which there are a few goldfish. Add to this pool a few water lilies, scientifically known as nymphs, a few water hyacinths for the border, and a plant or two of parrot's feather, and a transformation of increased delight will be wrought. Such an enchanting garden, where the owner may watch the lilies unfold their beautiful petals, may be made of half a barrel or a tub or better, three or four of them placed together, and sunk into the earth. The space between the tubs may be used for a rockery and the edges may be hidden with moss. The little umbrella plant, the calamus, many of the wild growing sedges, and the wild arrowhead are all very desirable plants to be placed along the border of the tubs to hide their artificial shape.

The tubs should be half filled with rotted vegetable material from bogs or ponds; or with good loam with one-third well-decayed cow manure. Place several inches of sand on top of this and fill the remainder with water. There are both tender and hardy nymphs, and the latter are especially desirable for tub growing for they bloom freely in shallow basins. There are day blooming and night blooming lilies. One may plant to each tub is sufficient in addition to the border plants. The water hyacinth float upon the water without root hold and a mass of them, with their beautiful light blue flowers, sometimes rivals orchids with rich markings and delicacy of color. Tender nymphs' roots must be stored in a cellar or greenhouse at a temperature of not less than 60 degrees, and the hardy roots should be well covered with straw if left in the small tubs during the winter. It is safer, however, to empty the water and place the roots in the cellar.—Brooklyn Eagle.

#### Banana Fritters.

Two eggs, half a cupful of milk, two cupfuls of flour, one and a half teaspoonfuls of sugar, one teaspoonful of baking powder, and three bananas. Separate the eggs. Beat the yolks, butter and sugar together until light. Pour in the milk. Beat the whites of the eggs stiff; add them and the flour alternately, a portion at a time. When all is used stir in the baking powder, and lastly the bananas, cut into half-inch blocks. Drop by tablespoonfuls into deep fat hot enough to smoke slightly. Cook three or four minutes until a delicate brown, turning once. Drain on paper and serve hot.

#### Stuffed Raisins.

Select large, fine raisins, and split them from end to end and remove the seeds. Make a filling of fondant by heating together pulverized sugar and the white of egg. Crush the kernels of pecans with a rolling pin, and mix in the fondant. Fill the raisins with the mixture, and press firmly together. Roll in pulverized sugar, and if to be kept for some time, wrap tightly in paraffine paper.

#### Rice with Dates.

Cook a cup of rice in a double boiler with a pint of milk and a pint of water until soft. Sweeten to taste and flavor with vanilla. Use enough dates to make a cupful and stew until tender with a quarter cup of sugar and one cup of water. Set aside until cold; then turn the rice in the center of a dish and pour the dates around it. This makes a pleasing dessert served with cream, or milk or sugar.

#### To Mend Curtains.

Wash, starch and iron, or dry on a frame in the usual way. Then cut pieces of old curtain large enough to generously cover the holes in the curtain you wish to mend, dip them (the pieces) in starch, lay over the holes, and iron dry. The pieces will adhere, and the mending will hardly show.

# THE LAXATIVE OF KNOWN QUALITY

There are two classes of remedies; those of known quality and which are permanently beneficial in effect, acting gently, in harmony with nature, when nature needs assistance; and another class, composed of preparations of unknown, uncertain and inferior character, acting temporarily, but injuriously, as a result of forcing the natural functions unnecessarily. One of the most exceptional of the remedies of known quality and excellence is the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., which represents the active principles of plants, known to act most beneficially, in a pleasant syrup, in which the wholesome Californian blue figs are used to contribute their rich, yet delicate, fruity flavor. It is the remedy of all remedies to sweeten and refresh and cleanse the system gently and naturally, and to assist one in overcoming constipation and the many ills resulting therefrom. Its active principles and quality are known to physicians generally, and the remedy has therefore met with their approval, as well as with the favor of many millions of well informed persons who know of their own personal knowledge and from actual experience that it is a most excellent laxative remedy. We do not claim that it will cure all manner of ills, but recommend it for what it really represents, a laxative remedy of known quality and excellence, containing nothing of an objectionable or injurious character.

There are two classes of purchasers; those who are informed as to the quality of what they buy and the reasons for the excellence of articles of exceptional merit, and who do not lack courage to go elsewhere when a dealer offers an imitation of any well known article; but, unfortunately, there are some people who do not know, and who allow themselves to be imposed upon. They cannot expect its beneficial effects if they do not get the genuine remedy.

To the credit of the druggists of the United States be it said that nearly all of them value their reputation for professional integrity and the good will of their customers too highly to offer imitations of the

## Genuine—Syrup of Figs

manufactured by the California Fig Syrup Co., and in order to buy the genuine article and to get its beneficial effects, one has only to note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package. Price, 50c. per bottle. One size only.

### PE-RU-NA STRENGTHENS THE ENTIRE SYSTEM.

Mr. Chas. L. Sauer, Grand Scribe, Grand Encampment I. O. O. F. of Texas, and Assistant City Auditor, writes from the City Hall, San Antonio, Tex.:

"Nearly two years ago I accepted a position as secretary and treasurer with one of the leading dry goods establishments of Galveston, Tex.

"The sudden change from a high and dry altitude to sea level proved too much for me and I became afflicted with catarrh and cold in the head, and general debility to such an extent as to almost incapacitate me for attending to my duties.

"I was induced to try Peruna, and after taking several bottles in small doses I am pleased to say that I was entirely restored to my normal condition and have ever since recommended the use of Peruna to my friends."

Glistening generalities are the rhinestones of speech.

Lewis' Single Binder straight 5c cigar made of rich, mellow tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

#### Fundamental Difference.

Teach—"In what way do the Quakers speak differently from us, Johnny?" Johnny—"They don't swear."

#### Evidently He Had Two.

Little Tommy was very quiet during the first courses, and everyone forgot he was there. As the dessert was being served, however, the host told a funny story.

When he had finished, and the laughter had died away, his little son exclaimed, delightedly: "Now, papa, tell the other one."—Exchange.

#### Rest in Billville.

"Bill," said the man in the ox cart to the Billville postmaster, "ain't you goin' to open the office to-day?"

"No, I ain't; what do you take me for?"

"The postmaster." "No, you don't. You take me for one of these perpetual motion machines that kin run the government for you six days out the week, an' no rest on Sunday—that's what you take me for!"

"Bill," said the other, "I've come five miles and better to git my mail!"

"Well, if I open up for you all the res' 'll want their, an' I've done notified the postmaster ginral that it's my week off; 'sides that, thar ain't no mail fer you—'cept a letter from a lumber man sayin' that if you don't pay up he'll sue, an' another from your wife tellin' you to send her money to come home. So go 'long an' enjoy yer honeymoon."—Atlanta Constitution.

**DODD'S KIDNEY PILLS**

CURES ALL KIDNEY DISEASES

BRONCHITIS, RHEUMATISM, SCURF, BRIGHT'S DISEASE, DIABETES, GRAVEL, AND ALL AFFECTIONS OF THE URINARY SYSTEM.

Prepared by J. C. Dodd, Lowell, Mass.

Save the Pennies

You Can Buy the Big Ten Cake Package of

## On Time Yeast

for 5 cents, warranted by the On Time Yeast Company to give satisfaction or money refunded.

Two packages of "On Time" will cost you 10 cents and are equal in weight to three packages of any other brand for which you will pay 15 cents.

The extra nickel is worth as much to you as the manufacturer of the seven cake package. Use On Time Yeast and get Ten Cakes for 5 cents instead of seven.

Ask Your Grocer for On Time Yeast

LOW RATES TO COLORADO VIA GRAND ISLAND ROUTE.

Accounts Annual Meeting, Beneficial and Protective Order of Elks, at Denver, the St. Joseph & Grand Island Railway will sell on July 15th inclusive, round-trip tickets to Denver, Colorado Springs and Pueblo at exceedingly low rates. Tickets good to return until August 1st.

For further information call on nearest agent or address:

S. M. ADST, G. P. A., St. Joseph, Mo.

60 Bus. Winter Wheat Per Acre

That's the yield of Baker's Best Cross Hybrid Winter Wheat. Send 5c in stamps for free sample of same, also catalogue of Winter Wheat, Soy, Barley, Clover, Timothy, Grasses, Bulbs, Trees, etc. for all planting.

W. L. E. CO., Box 11, Leavenworth, Kan.

### YOUNG GIRLS NEED A CALENDAR

BY MARGARET E. SANGSTER.

I wonder if you ever think, dear girl, what story the calendar is telling for you. Perhaps you have a tiny pocket calendar tucked into your purse that you may consult it if you happen, as careless people sometimes do, to forget the date; not that I fancy you belong to that set or that you do not keep tally of the days of the month.

A good plan for us all is to remember just where we are, so that we never have to pause and ask somebody to tell us whether it is the 8th or the 9th, the 10th or the 12th day of the month. You may keep a calendar on your dressing bureau, tearing off a leaf every day, or it may hang suspended from a nail by a ribbon or a chain, or be fastened on the wall. Whatever sort of calendar you have it is simply a device to remind you that time is flying and that it is well to make the most of him and of his opportunities before he is gone out of sight. Just one day at a time is yours and mine, and according as we use or abuse the single day, we shall get the good that is waiting for us and earn the reward that comes to faithful workers.

I am very fond of all sorts and conditions of girls, but there is one variety with which I have no patience: the girl who dawdles, who sits around talking about what she means to do and never accomplishing anything, is not the girl who commends herself to me. She is not only idle herself, but she sets a bad example to every one else and commits the mistake of throwing away the most valuable asset she will ever have. A day when one is young and strong and light-hearted as girls are or should be, is worth ten times as much as a day will be when the same girls are older and know more about care and trouble. Is your story of the calendar a story of work well-done and of play undertaken with all your heart? Whatever you do, never dawdle.

I do not want the girls I care for to go about with the weight of the world on their shoulders, or would I like to see them always bothering about the impression they are making or the number of things they were accomplishing from Monday until Saturday. It is quite possible to make such a fuss over one's duty that one tires all one's friends and succeeds in frightening the average person out of one's neighborhood.

But our sins of omission foot up a long account against us. Let us look candidly at any day we choose. Perhaps for convenience, we will take today. When we came downstairs this morning, had we a pleasant word for

#### THE TRAVELING COSTUME.

A Sad Mistake to Wear Dowdy Clothes When on a Journey—Mohair Good Material.

Time was when a woman's idea of a traveling costume was an old skirt, a loose coat, a mushroom hat pulled down over the eyes, and a hideous brown veil—the wispier the better!

Don't spoil your trip by arraying yourself in the dowdiest thing you possess, feeling that it doesn't matter, "no one knows you." It does matter, all the more because no one knows you, and the impression you make at your journey's end is of the very first importance.

Wear something quiet and inconspicuous (checked mohair is the ideal traveling gown), as it sheds some of its dust and doesn't show the rest. See that your hat is of the trimmest, smartest, most "brushable" kind.

#### Talcum Powder.

Talcum makes a very good powder for the body. It does not serve well for the face, as it rubs off easily.

every one; did we bring our smiles to the breakfast table; did we go to the door with daddy or pin a flower in his button-hole; did we watch for a chance to help mother and were we nice and kind in our manner to the maid in the kitchen? Some of the maids in our kitchens are themselves young girls, and they are very far away from their own homes. They have mothers and fathers and friends and neighbors across the sea, and sometimes they are home-sick and a little cross because they have not had a letter, or it may be, because they cannot very easily write their own letters. A girl like you, Dorothy or Katherine, a girl who is just a daughter at home may do ever so many lovely things to make life easier for the maid whose work is in the kitchen, over the tubs, or over the range.

Although you seldom think of it, the story of the calendar is writing itself on your face. Every day that you live is either making you beautiful or making you plain. If you never pout or frown or screw your forehead into a tangle or draw down the corners of your mouth into a sulky droop, you will gain a sweet, sunny expression that will make people glad when they look at you. I can think of two or three young people whose faces seem to glow as if from an inward light. If every day you have pure thoughts and never indulge in one that is unwholesome, your face will have in it something as fresh and innocent as the soul behind it. Not so much beautiful features as a beautiful soul can make a beautiful face. To be kind in your judgments, interested in your friends, simple and sincere in all you do, every day of your life will give you an attractiveness that cannot be described.

The story of the calendar for you, too, must be a story of health or illness. God gives us plenty of bright sunshine and clear bracing air, but some of us seem to prefer to shut our selves up in close, stuffy rooms and to live in the dark. If we do that every day we may expect to be pale and sallow, to have headaches and backaches and aches too numerous to mention. On the porch of the house where I live there is a crimson rambling rose. You never saw anything grow so fast as this rose. It climbs higher and higher, flings out its wreaths of bloom and is a perfect joy. Girls should be like this, growing, reaching upward, filling their little world with bloom and fragrance, and living day by day in the air and in the sun. You are in God's world, my dear, see that day by day you make the most of it.

(Copyright, 1906, by Joseph E. Bowles.)

#### The First "Unkissed."

Ex-Mayor Edwin Stewart, of Philadelphia, who has been nominated by the Republican convention for governor, earned the title of the "great unkissed" long before Gladstone Dewar was ever heard of in America. Stewart is a bachelor of precise and rigid habits. His friends declare that never in his life has he been kissed save by his mother. In his younger days he was sometimes called "Blushing Ned."

#### Severe Discipline.

"I should like to be rich so that I could own an automobile and be independent." "My friend," answered Mr. Dustin Stax, "the man with an automobile is dependent on everybody from a gas-oline vender to the country sheriff. The greatest value of the automobile to civilization is its effectiveness in giving wealth lessons in humility."—Washington Star.

Apply to the scalp each day the following lotion, until the hair ceases to fall: Tincture of nux vomica, 1 ounce; spirits of rosemary, 2 ounces; alcohol, 2 ounces.

**Libby's Luncheon Loaf**

Libby's Food Products

make picnics more enjoyable by making the preparations easier.

Easier to carry; easier to serve; and just right for eating as they come from the can.

Libby's cooks have first pick of the best meats obtainable; and they know how to cook them, as well as pack them.

If you're not going to a picnic soon you can make one tomorrow at your own table by serving some sliced Luncheon Loaf. It is a revelation in the blending of good meat and good spices.

Booklet free. "How to Make Good Things to Eat." Write Libby, McNeill & Libby, Chicago

## MILLIONS USE

**Cuticura SOAP**

MEDICINAL TOILET

25 CENTS

## EGG-O-SEE

10c

all there is in wheat—and he'll be your best friend—strong, healthy, bright, smart and quick at his studies. You won't have to coax him to eat it either. Mother, for its delicious rich flavor when eaten with cream and sugar is just what he craves most for.

Egg-O-See keeps the blood cool and is the ideal summer food.

Give him some tomorrow—there won't be no leavin' it.

Prepared under conditions of scrupulous cleanliness.

Every grocer in the country sells EGG-O-SEE—the whole wheat cereal. If your grocer has not received his supply, mail us 10 cents and his name (15 cents west of the Rocky Mountains) and we will send you a package of EGG-O-SEE and a copy of the book, "Back to Nature."

**FREE "back to nature" book**

Our 32-page book, "back to nature," outlines a plan of right living, including menus for 7 days and recipes for preparing the necessary dishes, based on a whole wheat diet, with suggestions for bathing, eating and exercise, illustrated from life, exceedingly simple and attractive. By following the precepts, abundant and vigorous health is sure to result.

Published to sell at 25 cents a copy, this handsomely illustrated book will be mailed FREE to anyone who writes, as long as this edition lasts. Address:

**EGG-O-SEE CEREAL COMPANY**  
Quincy, Illinois

No. 10 First Street

## This Is What Catches Me!

16oz.—One-Third More Starch.

**DEFIANCE STARCH**

16oz.

**STARCH 16oz.**

DEFIANCE STARCH CO. CHICAGO, ILL.

**A FULL POUND for 10c**

No premiums, but one-third more starch than you get of other brands. Try it now, for hot or cold starching it has no equal and will not stick to the iron.

## 100 GOOD CIGARS FOR 99 CENTS

Buy of the manufacturer direct and save half—if you buy of the retailer you pay three profits or more than double the first cost. Send us 99 cents in stamps or cash and we will mail you prepaid a box of 100 cigars, 4 1/2 inches long, made by hand of the old tobacco. Address the Whittier Cigar Co., 207 N. 7th St., Milwaukee Street, New York City.

**W. N. U., OMAHA, NO. 28, 1906.**

## THE WORLD'S FAVORITE

For Preserving, Purifying and Beautifying the Skin, Scalp, Hair, and Hands.

Cuticura soap combines delicate medicinal and emollient properties derived from Cuticura, the great Skin Cure, with the purest of cleansing ingredients, and the most refreshing of flower odors. Depots: London, 27 Chatterhouse Sq.; Paris, 4 Boulevard de la Paix; Boston, 127 Columbus Ave.; Potter Drug & Chem. Corp., Sole Props., 27 N. Wall St., New York. —How to Preserve, Purify, and Beautify the Skin, Scalp, Hair, and Hands.

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## ALLEN'S FOOT-EASE

This signature *Allen's Foot-Ease* For FREE Trial Package, Address, Allen S. Oimsted, Le Roy, N. Y.

A Certain Cure for Tired, Hot, Aching Feet. DO NOT ACCEPT A SUBSTITUTE.

**There ain't gon'er be no leavin's**

Make your boy's food tasty—Mother—for it has to do some big things. It has to make flesh, blood, bone and muscle and supply boundless Energy. Remember, the boy of today is the man of tomorrow.

Don't injure him physically and mentally with indigestible meats, pastries, rich puddings, etc., that act as a drain on his nervous energy.

But feed him plenty of

## EGG-O-SEE

10c

all there is in wheat—and he'll be your best friend—strong, healthy, bright, smart and quick at his studies. You won't have to coax him to eat it either. Mother, for its delicious rich flavor when eaten with cream and sugar is just what he craves most for.

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No premiums, but one-third more starch than you get of other brands. Try it now, for hot or cold starching it has no equal and will not stick to the iron.