

# Loup City Northwestern

J. W. BURLEIGH, Publisher.

LOUP CITY, - - - NEBRASKA.

**Mind and Muscle.**

In all feats of skill the influence of the mind is most important. To perform in thoroughly good style any difficult feat of skill it is absolutely necessary that the mind must be free from fear, anxiety or nervousness. I knew once, years ago, writes Dr. W. R. C. Latson, in *Outing*, a man who had been a bull fighter in Spain. During one of his glowing accounts of the sport I expressed my surprise that he should have left the life. His reply was: "One day I was about to enter the ring, and I had a little creepy feeling of fear. Then I stopped for good. The man who feels fear is sure to be killed." And it is equally true that the man who fears is heavily handicapped, no matter what the contest may be. Anxiety and nervousness are closely akin to fear; and both are so powerful in their effect as to render it almost impossible for one to perform perfectly any difficult or delicate feat of skill. The man who is afraid or anxious or nervous is almost sure to fail. All emotions when intense have a powerful effect upon the muscles. This is plainly seen in the tension of the muscles, clenching of hands and arms, as well as of the face in anger, in the spasmodic breathing of excitement, in the muscular weakness and trembling of fear, and in many other conditions that might be mentioned. Now, in feats of skill of whatever nature, whether balancing, juggling, marksmanship, tumbling, or shot putting, it is necessary that just the right muscles must be used at just the right instant, and to just the right degree. When, however, the muscles are disturbed by emotional excitement, such delicate adjustment is impossible, and the probable result is failure. The mental state most conducive to success in games of skill is confident calmness. And by practice this state of mind may be made a habit—a habit most valuable in all games of skill, even in that game of skill called life.

**Hollow Success.**

If we may believe the words of a wealthy New Yorker who evidently is no novice in business affairs in the metropolis, modern financial success is about as satisfying to the conscience as the Ben Davis apple is to the plate. It is attractive to look upon, but inside is gall and wormwood. This man's letter is worth reading by young men on the farm who are looking ahead to life of prosperity and wealth in the city. We quote the following extract: "Many years ago I came here from a country town, poor as any boy could well be; found employment in a large concern, bettered my position year after year; became a partner, then the head of the concern. Made a fortune, a large one; now retired. When I die I shall leave my children each a fortune, but when I think it over day after day I can only be ashamed of it all. I suppose I was no worse than the others. I know some were worse than I. I could always say: 'It's good business,' but I forgot that there was such a thing as a square deal. If I could get the better of an associate or a customer or an employee, I did. Anything that I could do to attain my success was good business and I did it. I have given to charity, headed subscriptions, but it doesn't satisfy me. I know what I have done wasn't manly. Last night I sat with other so-called successful men. I studied them. When they can't help thinking they think just as I do. The modern success is rank failure. It has made this country rich; it has made it great; it has made its people selfish and unprincipled. I would give all I possess to-night if I could say: 'I have given every one a square deal. I have done no man a wrong.' Think it over; it will mean a lot to you some day."

The political crime of the age is the failure of free citizens who are armed with the ballot to take any part in the election of their public officials and lawmakers. Just at this moment, when a hundred million of Russian peasants who are sodden in ignorance and steeped in the degradation with centuries of despotism can overwhelm a people as struggling desperately to gain control of their national government, thousands and even millions of the free citizens of the United States are voluntarily abandoning their political rights and duties and are refusing to have any thing to do with their public affairs; and, above all, they discard the ballot.

The San Francisco board of education has issued a statement showing the estimated loss by the recent calamity which overtook that city to be \$1,586,000. It is estimated that \$5,540,000 will be needed to replace the buildings, larger structures in every case being planned.

The medical faculty of the Paris university plans an international technological encyclopaedia. It is to be issued in ten languages, including "Esperanto," the world language.

Attention is called to the fact that with the regulation dispensing with the blue flannel shirt, the last suggestion of the blue uniform of the army passes away. "Boys in Blue" is now but a memory.

One thing can be said for the insurance companies under the old extravagant management. They gave away good blotters.

Stamps have just been designed and printed in Greece to commemorate the Olympic games of 1906.

# DOESN'T WANT TOGA

## COBURN OF KANSAS DECLINES SENATORSHIP.

### Well-Known Agriculturist Has Refused Other Offices That He Might Help Farmers—Ex-Judge Benson Succeeds Burton.

Topeka, Kan.—F. D. Coburn, secretary of the state board of agriculture, who was tendered the appointment to succeed Joseph R. Burton in the United States senate, notified Gov. Hoch that he could not accept. The governor then offered the appointment to former Judge A. W. Benson of Ottawa, Kan., who accepted it.

The offer of the senatorial toga to Secretary Coburn was peculiarly popular among the farmers. But had he accepted it they would have been disgruntled, it is declared, for "Coburn of Kansas" was just the man for them, they said.

"Coburn of Kansas" might have been governor. But the agriculturists said they couldn't do without him as secretary of the state board of agriculture. So secretary he remained.

"Coburn of Kansas" might have gone to congress. But the stockmen cried that they could never raise their stock without his help. And he kept on being secretary.

The late President McKinley during his second term wanted "Coburn of Kansas" for secretary of the national department of agriculture. "But what'll we do when the bugs come round?" demanded the crumblers. And so he continued working for the grangers of Kansas.

"Coburn of Kansas" stands up for his state, as Secretary Wilson learned in



FOSTER D. COBURN. (Kansas Agriculturist Who Has Declined Burton's Seat in the Senate.)

1902, when the former, by the figures of the latter's own department, showed a statement credited to Secretary Wilson that "Kansas was in the semi-arid belt" was incorrect.

Foster Dwight Coburn was born in Jefferson county, Wis., in May 1846. Mustered out of the Sixty-sixth Illinois infantry as a sergeant major at Fort Gibson, I. T., in 1866—he enlisted in the One Hundred and Thirty-fifth Illinois infantry at the age of 18 years. He went to Franklin county, Kan. There he worked as a farm hand for a few years until he had saved enough to secure his own farm. About two years later he was married to Miss Lou Jenkins. Their two daughters and a son are graduates of the state agricultural college.

Coburn was made secretary of agriculture in 1881, after he had served a year as clerk in the department. He held the secretaryship for six years, when he resigned to edit the Kansas City *Livestock Indicator*.

The late George W. Glick in 1882 made Coburn president of the agricultural college regents, a position the latter held till 1903, when he resigned because, as he said, his "old foggy" notions conflicted with the theoretic of the college president.

In 1894 Coburn was unexpectedly made secretary of the state board of agriculture again. He has remained there ever since. He was chosen chief of the department of livestock of the St. Louis exposition in 1902. As an authority on things agricultural "Coburn of Kansas" is renowned in England, Scotland, Canada, Australia and South Africa, where his works are used as text books.

A. W. Benson for 12 years was a judge of the Fourth district bench, from which he retired eventually to return to the private practice of law. He was a member of the late legislature, and gained a good deal of attention in that legislature by his ability. His speech against the state refinery bill, in which he declared the measure unconstitutional, became famous.

At that time Gov. Hoch expressed great admiration for Benson, and said that he would like to see him a member of the supreme court bench. When the next vacancy on that bench occurred people expected Hoch to appoint Benson, but they were disappointed.

A second vacancy on the same bench occurred and Hoch again missed the opportunity of appointing Benson by giving the position to another man. But Hoch did make Benson a member of the advisory committee appointed to work with the special accountant to investigate the books of all the state departments.

When a vacancy on the supreme bench occurred during Gov. Stanley's administration Benson was urged for appointment, but the railroads opposed it successfully.

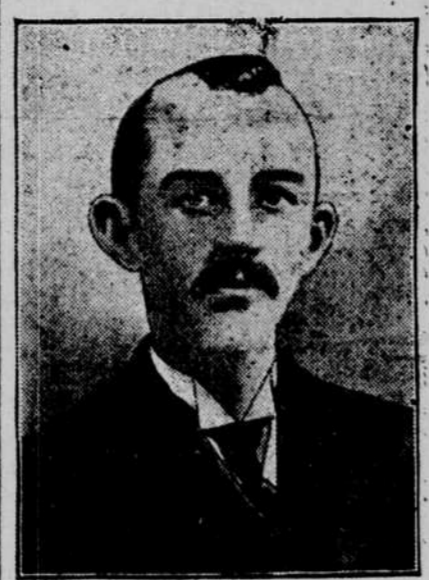


PACKER'S MOTTO. "DON'T LET ANY THING ESCAPE."

# SENATOR CRANE TO WED.

## Engagement of Massachusetts Statesman and Washington Social Leader Is Announced.

Washington.—Washington society was surprised by the announcement the other day of the engagement of Miss Josephine Boardman to Senator W. Murray Crane, of Massachusetts. Miss Boardman is the daughter of Mr. and Mrs. W. J. Boardman, formerly of Cleveland, and has been identified with the most exclusive circle of



SENATOR W. M. CRANE. (Statesman Who Is Engaged to Miss Boardman of Washington.)

Washington society since her debut. She is one of the few intimate friends of Mrs. Nicholas Longworth, formerly Miss Alice Roosevelt, and has been especially well known in what is termed the diplomatic set. She is about 30 years old.

Mr. Crane is the Massachusetts junior senator, former governor and lieutenant governor of the state, and one of the wealthiest men in New England, his fortune being estimated all the way from 20 to 50 millions, and having been built up in paper manufacturing business established by his father.

Mr. Crane is 53 years of age. He is a widower, his wife having died about 20 years ago, and has one son, W. Murray Crane, Jr.

The exact date of the wedding has not yet been announced, but it is understood that it will take place about July 14 at Manchester-by-the-Sea, where the Boardmans have had their summer home for several years.

It will be a private affair, limited to members of the two families and a few close friends of Miss Boardman and Senator Crane. A European trip will follow the wedding.

The Boardmans came to Washington from Cleveland about 15 years ago. They are New Englanders, Mr. Boardman being a grandson of former United States Senator Boardman, of Connecticut.

### STRANGE SPANISH TOWN.

Salinas Perched on a Mountain and Completely Isolated—Built Many Years Ago.

London.—Salinas is a very ancient Spanish town situated in the Cantabrian mountains. It is perched on the side of a peak, and looking down over a valley of superb grandeur, commands a magnificent view.

The town gives one the impression of having been deposited on the hillside all in one piece by some giant. It is rectangular and encircled by traces of an ancient wall, with a gateway on



ONE OF THE FOUR GATEWAYS OF SALINAS.

each of the four sides. There are no houses for miles around the town, and it is quite isolated.

The two main streets run from gate to gate and cross at right angles in the center, thus dividing Salinas into quarters.

In the center of the town, where the streets intersect, is a quaint old stone fountain.

The copper dome of the church belfry is quite green with age.

It would be possible to walk round the town, whose population can scarcely exceed 400, on the roofs of the buildings, since there are no detached buildings.

The townsfolk are primitive and picturesque. A bicycle creates as much interest among them as a buffalo in the streets of London would arouse among us.



PACKER'S MOTTO. "DON'T LET ANY THING ESCAPE."

# HIS ORTHODOXY ATTACKED.



Bishop Charles C. Grafton, of the Episcopal diocese of Fond du Lac, whose orthodoxy has been attacked by Rev. William Austin Smith, rector of St. Paul's Church of Milwaukee.

### KING EDWARD'S BLACKLIST

Scandals in High Life Are Carefully Recorded in His Majesty's Book.

People presented at the court of St. James are often astonished and gratified by King Edward's wonderful knowledge of them and his extraordinary memory for faces and incidents. They are still more astonished when years later they meet the king they find he has not forgotten them nor the occasion of their last meeting. The secret of this feat of memory lies in a book wherein is registered details of the lives of all persons who have been or are likely to be presented at court. In it are entered besides the names, details of family, career, and suggestions as to what the king shall say and after a presentation what was said. As no one has an audience without special invitation, there is always time for the gentlemen in waiting to place before the king the necessary information.

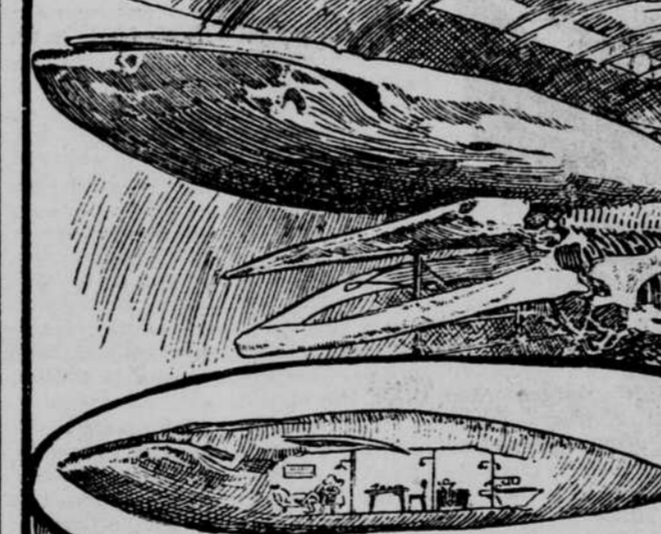
Another book—a sort of a social blacklist—contains details of scandals in high life and is kept so that the court may be free from people of questionable antecedents.

**President's Traveling Expenses.**

The president of the United States must do much traveling, if only in compliance with an insistent popular demand, and considerations of safety and dignity require that he travel in a special train. To accept the hos-

### LOSS TO GERMAN EMPIRE.

Every country has little known men who exercise great influence. With the recent resignation of Baron von Holstein, head of the intelligence department of its foreign office, German official life lost such a man, says Youth's Companion. Indeed, it might be said that Europe has lost a force on which it could count. For more than a generation Baron von Holstein has been influential in framing the German foreign policy. He began under Bismarck, whose confidential adviser he was. The succeeding foreign secretaries have been dependent on his broad and intimate knowledge of European politics, and have had to respect his unvarying loyalty to what he regarded the interests of the Fatherland, a loyalty unaffected by personal jealousies and ambitions. He is one of those rare men to whom the cause for which he worked was everything. He had neither wife nor child to distract him; he never went to court; rarely met ambassadors. He worked in his study for the glory of the German empire, and worked so successfully that the various foreign secretaries had to keep him in office until the present. Although it is denied, his resignation is now believed to be due to imperial dissatisfaction with the outcome of German interference in Morocco, an interference for



HOW JONAH MIGHT HAVE LIVED IN WHALE.

In its great Hall of Mammals in Washington is now on view a veritable sulphur bottom whale—its counterfeit presentation, that is to say—exactly reproducing the original, which in life was 90 feet long and weighed 30 tons. The veritable skeleton of the animal, weighing two tons, is mounted alongside the cast. The counterfeit is a shell of papier-mache, cast from molds taken from the whale when the latter had been newly killed and towed for this purpose to Balena Station, on the south coast of Newfoundland.

Below is shown a 90-foot sulphur bottom whale drawn "to scale," showing how the living quarters of the Prophet Jonah might have been arranged.

pitability of the railway companies on such occasions is embarrassing at best and under existing circumstances is not to be thought of. The president must pay his own traveling expenses and for the activity in Venezuelan matters, and for the attitude of the German naval officers toward Admiral Dewey's administration of affairs in Manila bay during the war with Spain. Yet this man kept himself so inconspicuous at home that the editors of biographies, dictionaries thought him unworthy of note, and the German handbook "Weil's" devoted to notable contemporaries, does not contain his name.

**Changes in British Views.**

"Too many influences spoil the British" might be adopted as a proverb within the last quarter of a century the American woman has considerably altered the character of her British sister; the American business man has greatly changed that of his equivalent in England; the French have accustomed us to an attitude of mind which would have horrified our parents and the Germans have introduced their military spirit into a country which has always been opposed to a large standing army.—London Graphic.

**Evils Prospect.**

FitzDobbs-McTurner tells me the Academy has rejected every one of his pictures this year.

Frans-Jones—Hm! Ought to be a good show, then.

**Confidential.**

The Golf Girl—John seems to have fooled in making love to me.

The Auto Girl—Well, something's gone wrong with my sparker, too.—Judge.

**Excellent Law.**

"It is 900 years since the failure of a bank in China," said a bank examiner.

"Over 900 years ago, in the reign of Hi Hung, a bank failed. Hi Hung had the failure investigated, and to his indignation found it had been due to reckless and shady conduct on the part of the directors and the president.

"Hi Hung at once issued an edict that, the next time a bank failed, the heads of its president and directors were to be cut off. This edict, which has never been revoked, has made China's banking institutions the safest in the world."

**Mustard and Horseradish.**

Mustard and horseradish mixed make an excellent relish for cold meats. Mix yellow mustard and add to it an equal quantity of grated horseradish, which has been boiled ten minutes in water. Thin the mixture with a little of this water.

**Rhubarb Pie.**

One cupful of stewed rhubarb, one cupful of maple sugar, two tablespoonfuls of flour, yolks of two eggs, one teaspoonful of lemon extract. Beat thoroughly and bake with one crust. Frost with two whites.

# CONCERNING BREAKFAST.

## This Meal Especially Should Be Served in Appetizing Way—A Good Bill of Fare.

Breakfast either makes or mars the day. A nutritious, appetizing breakfast, perfectly cooked and daintily served, is an inspiration; and the man who has breakfasted well goes to his work with a zeal that the man who has partaken of a poorly cooked, greasy, indigestible breakfast cannot know, who goes to his labor with a load in his stomach and on his spirits, too.

As we live in the country, I aim to make the most of what we raise on the farm, and produce appetizing meals therefrom, and also utilize the leftovers so that nothing be wasted.

In the first place, we always have plenty of milk and cream. I think I hear some sister say: "How can you manage to have cream when you take the milk to the factory?" Well, we save out a good mess of milk at night, and I separate all the cream from the milk, as a little cream puts the finishing touch to so many dishes, while the skim milk can be used to good advantage in many other ways. We think it more economical than buying the extra meat and other foods we would have to, to make up a diet of the same nutritive value.

I believe that workmen require a hearty breakfast, but I would draw the line at warm biscuit and too much meat and fried salt pork, and as a rule prefer freshly cooked potatoes. Potatoes will boil in half an hour, and we like them creamed in the following way:

Boil in slightly salted water, drain, sprinkle generously with salt and mash with fork, add one-half cup cream and some butter and beat awhile, then add more cream, or milk if necessary, and beat vigorously until it is a light, creamy mass. Pile in dish immediately (as it is not so good if allowed to stand in kettle), dot with butter and sprinkle with pepper. This is so good no gravy is required with it. If, however, you have a little cold ham, chicken or any kind of meat, put it through your meat chopper (using the nut butter grinder—it will come out in great flakes), pile on top of the creamed potato, add a little butter and pepper, and set in the oven just a minute. This is delicious, and with toast, graham gems, cornmeal muffins or fresh graham bread and butter, apple sauce or baked apples, coffee, gingerbread or doughnuts, makes, to my mind, an ideal breakfast.—Farm and Home.

**DAME THRIFTY'S SCRAP-BOOK.**

Save all the burlap pieces, wash and sew them together in strips and use them under the carpets this spring. This is better than paper for it allows the dirt to sift through the meshes to the floor.

Much time and labor may be saved in window washing if after washing the glass it is rinsed in perfectly clear water and left to dry. When entirely dry a moment's polishing with newspapers will make it as bright as a long and hard drying and rubbing with cloths would do.

To clean a fur, dog first brush out all the dust, then clean it away through to the skin by brushing with a whisk broom dripping with alcohol. When this is finished, powder it with fuller's earth, set away for a couple of days, then shake the brush thoroughly.

To remove the stain and odor of onions from the hands after handling them, rub the hands with a piece of fresh celery.

If a vanilla bean is kept in the sugar jar it will give to the sugar a very delicate flavor. This is especially desirable for sugar to be used in cake baking.

Instead of leaving the cellar until the last room to be cleaned, we clean it first as it is then more apt to receive a thorough cleaning. We sweep the ceiling, walls and every corner, taking care that no accumulations are left there to endanger the health of the family. Then a strong solution of copperas water is sprinkled over the floor a couple of times to serve as a disinfectant.—Farmers' Review.

**Neglected Teeth.**

It sounds rather far-fetched to talk of the toothbrush as a preventive of pneumonia, but since neglected teeth make a harboring place for the bacteria of disease, and pneumonia germs are often present in the mouth, even of a healthy person it is very evident that we cannot be too careful in dental cleanliness. Ill-kept teeth used to be regarded merely as a discomfort, or a detriment to personal appearance. We now realize that they endanger the general health. Children are never too young to be taught that both good health and personal self-respect demand a conscientious use of the toothbrush.

**White Mountain Pudding.**

Add to one pint of milk a cupful of sugar, half a cupful of fine cracker crumbs, the beaten whites of two eggs, a few grains of salt, half a teaspoonful of salt, half a teaspoonful of almond extract, and two heaping tablespoonfuls of coconut. Bake slowly until firm like custard; beat the whites of two eggs with half a cupful of sugar and spread over the top, then brown lightly in the oven.

**Peas and Potatoes.**

Cut cold-boiled new potatoes into small pieces with a vegetable cutter or knife; cook nice, fresh green peas until tender; place a cupful of cream in a saucepan; when hot thicken it with a scant tablespoonful of flour, mixed with three tablespoonfuls of butter; add salt and pepper to taste; to this add the potatoes and peas, when heated well. Serve at once on a platter. Nice to serve with lamb.

**Excellent Relish.**

Mustard and horseradish mixed make an excellent relish for cold meats. Mix yellow mustard and add to it an equal quantity of grated horseradish, which has been boiled ten minutes in water. Thin the mixture with a little of this water.

**Safe Deposit.**

Of Marshal Field III, an amusing story was recently told at Lakewood. The boy, according to the story, approached an old lady in a Lakewood hotel and said to her:

"Can you crack nuts?"

"No, my dear, I can't," the old lady replied. "I lost all my teeth years ago."

"Then," said the little boy, extending two hands full of walnuts, "please hold these while I go and get some more."—Denver Times.

**Beware of Ointments for Catarrh that Contain Mercury.**

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous membrane. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do to the food to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is taken internally, acting directly upon the blood and mucous surfaces of the system. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

**Women Want Much.**

Skoller—Of course, the generic term "man" includes the women—

Maryat—Not always.

Skoller—Oh! yes. You see—

Maryat—Nonsense! For instance, the sentence, "Man wants but little here below," would be ridiculous in that case.—Washington Star.

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**Modern Love.**

Anxious Father—But do you feel sure that you can make my daughter happy?

Calm Youth—I haven't thought about that. But I have finally decided that she can make me happy.—Somerville Journal.

By following the directions, which are plainly printed on each package of Defiance Starch, Men's Collars and Cuffs can be made just as stiff as desired, with either gloss or domestic finish. Try it, 16 oz. for 10c, sold by all good grocers.

**Her Reason.**

"All the while she's on the ocean Gladys doesn't eat any meat."

"Why?"

"So she won't lose flesh."

Lewis' Single Binder straight 5c cigar is good quality all the time. Your dealer or Lewis' Factory, Peoria, Ill.

There isn't much fun in making love to a girl if she knows you really mean it.

**Mrs. Winslow's Soothing Syrup.**

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Many a man's experience in a bucket shop has caused him to turn pale.

Good, Hot or Cold—Defiance Starch, 16 oz. for 10c.

Flattery should always be diluted with tact.

**"IT SAVED MY LIFE"**

**PRaise for a Famous Medicine**

Mrs. Willadsen Tells How She Tried Lydia E. Pinkham's Vegetable Compound Just in Time.

Mrs. T. C. Willadsen, of Manning, Iowa, writes to Mrs. Pinkham: Dear Mrs. Pinkham:—

"I can truly say that you have saved my life, and I cannot express my gratitude to you in words."

# Allen S. Olmsted Wins in Court—The Foot-Ease Trade-Mark Sustained.

Buffalo, N. Y.—The Supreme Court has granted a permanent injunction with costs against Paul B. Hudson and others of New York City, restraining them from making or selling a foot powder which the court declares is an imitation and infringement on "Foot-Ease," now so largely advertised and sold over the country. The owner of the trade-mark "Foot-Ease," is Allen S. Olmsted, of Le Roy, N. Y., and the decision of this suit upholds his trade-mark and renders all parties liable who fraudulently attempt to profit by the extensive "Foot-Ease" advertising, in placing on the market the spurious and similar appearing preparation involved in the case. This court decision was designed in imitation and infringement of the genuine "Foot-Ease" trade-mark rights. Each package of the genuine Allen's Foot-Ease has the facsimile signature of Allen S. Olmsted on its yellow label.

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**Her Reason.**

"All the while she's on the ocean Gladys doesn't eat any meat."

"Why?"

"So she won't lose flesh."

Lewis' Single Binder straight 5c cigar is good quality all the time. Your dealer or Lewis' Factory, Peoria, Ill.

There isn't much fun in making love to a girl if she knows you really mean it.

**Mrs. Winslow's Soothing Syrup.**

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Many a man's experience in a bucket shop has caused him to turn pale.

Good, Hot or Cold—Defiance Starch