

**SEVEN YEARS AGO**

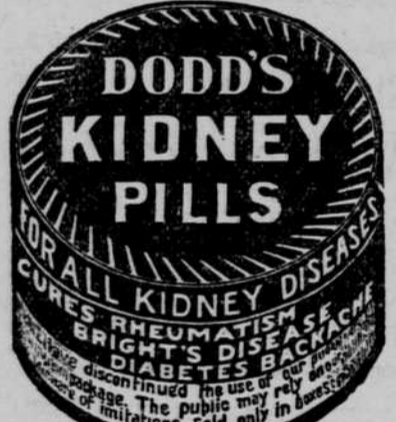
**A Rochester Chemist Found a Singularly Effective Medicine.**  
 William A. Franklin, of the Franklin & Palmer Chemical Co., Rochester, N. Y., writes:  
 "Seven years ago I was suffering very much through the failure of the kidneys to eliminate the uric acid from my system. My back was very lame and ached if I overexerted myself in the least degree. At times I was weighed down with a feeling of languor and depression and suffered continually from annoying irregularities of the kidney secretions. I procured a box of Doan's Kidney Pills and began using them. I found prompt relief from the aching and lameness in my back, and by the time I had taken three boxes I was cured of all irregularities."  
 Sold by all dealers; 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**COMMERCIAL CULLINGS.**

The quantity of frozen meat exported from Argentina last year was 3,325,124 carcasses of sheep and lambs, and 1,922,757 quarters of beef.  
 The mineral production of France consists of lead, zinc, copper, coal and lignite, iron, antimony, arsenic and salt. An immense quantity of building stone and slate is quarried. The cement and phosphate production is large, aggregating sums far up in the millions of dollars. Coal is the chief mineral product.  
 In the year 1890 Germany sent about \$10,710,000 in silks to the United States and Japan sent \$1,190,000 worth. In 1904-5 Germany sent about \$4,998,000 of silk goods to the United States, while Japan sent \$5,593,000 worth. Japanese exports of silk goods have tripled within ten years, increasing from \$7,470,000 in 1895 to \$22,410,000 in 1904-5, and the ascending movement continues.

**On the Doctor.**  
 Lawyer—I say, doctor, why are you always running us lawyers down?  
 Doctor (dryly)—Well, your profession doesn't make angels of men, does it?  
 "Why, no; you certainly have the advantage of us there, doctor."—Illust. rated Bits.

**The Only Good.**  
 "Father, why do these automobiles puff out so much smoke behind?"  
 "Stupid! So the policeman can't see the number!"—Megendorfer Blatter.



**Libby's Food Products**  
 enable you to enjoy your meals without having to spend half your time between them over a hot cook-stove.  
 All the cooking is done in Libby's kitchen—a kitchen as clean and neat as your own, and there's nothing for you to do but enjoy the result.  
 Libby's Products are selected meats, cooked by cooks who know how, and only the good parts packed.  
 For a quick and delicious lunch any time, in doors or out, try Libby's Melrose Pate—with Libby's Camp Sauce.  
 Boodle free. "How to Make Good Things to Eat" Write Libby, McNeill & Libby, Chicago



Early in the morning, late at night, or whenever used, Defiance Starch will be found always the same, always the best.  
 Insist on having it, the most for your money.  
 Satisfaction or money back guaranteed. It is manufactured under the latest improved conditions. It is up-to-date. It is the best. We give no premiums.  
 We sell 16 ounces of the best starch made for 10 cents. Other brands are 12 ounces for 10 cents with a tin whistle.

Manufactured by THE DEFIANCE STARCH CO., Omaha, Neb.

**PIGEON FLIES WITH TRAIN.**

**Belgium Homer Makes Regular Trips with One Particular Train.**  
 Homing pigeons are the craze in England just now, and on one recent Saturday between 200,000 and 300,000 birds were released in various competitions.  
 A number of these were traced to London from Retford and Branston. The distances are 127 and 113 miles, respectively, but no birds of the several thousand released made the trip in the traditional mile a minute, although every circumstance of wind and weather was favorable to record-breaking.  
 Much better time was made in a contest from Templecombe to London, in which one bird made the 108 miles in 94 minutes, an average of 69 miles an hour, and more than 100 exceeded a speed of 60 miles an hour.  
 One of the oldest homers is a bird which makes its home around the railway station at Liege, in Belgium. There is a train from Liege to Warehime which starts every morning at ten o'clock.  
 As soon as the train pulls into the station the bird commences to circle in the air, and as soon as headway is gained follows the train to its destination, returning immediately home, where it flies about the station for the rest of the day.  
 It pays no attention to any other of the trains, and no one is able to offer an explanation as to why this particular train should be favored.

**EVERYTHING WAS LIMITED.**

**And When It Came to the "Tip" the Passenger Kind of Evened Things Up.**  
 The old farmer went to one end of the swaying coach to wash his hands. He could find only a few remnants of soap. "Boy," he bawled, "there don't seem to be much soap here."  
 "No, sah," chuckled the porter, "you know dis is de limited. Eblything abohd am limited."  
 Then the old man tried to fill a glass from the water cooler. He could force out only a few drops.  
 "Where is the water, boy?"  
 "Not much watah, sah. Dat am limited, too."  
 Presently the porter brushed the old farmer down and the latter handed him nine coppers.  
 "Why, boss," protested the porter, "yo' sib de porter on de udder train a quarter."  
 "I know that," chuckled the old farmer, "but you know this is the limited, and everything should be limited."  
**RAILWAY FOG SIGNALS.**  
 Regular Repair Gangs Required on Railroads in England.  
 It is so seldom that there is a sufficiently heavy fog on an American railway to cause serious inconvenience that no special precautions are taken, but in England a heavy fog is so common that there is a regular service made up of the repair gangs, who take the place of the mechanical signals.  
 Every distance signal is guarded by a signal man who is supplied with flags and torpedoes, the latter being called detonators, while the signal men are pointsmen.  
 Two torpedoes are placed on the track to warn the engineer when the signal is set at danger, and are supplemented by a red lantern in the hands of the signal man. As the torpedoes cost a cent and a half each and are used in great numbers there is a machine supplied by which the second torpedo is forced from the rail by the force of the explosion of the first, as only one is necessary, the second being merely a precaution.  
**Engineer Operates Switch.**  
 The engineer has a new duty. A new type of switch has been devised which puts its control in the hands of the engineer. In this switch the point pieces move in a vertical direction instead of horizontally. This means that bolts, nuts, coal, cinders, and other materials cannot drop to obstruct the operation or proper closing of the switch points, as sometimes accidentally happens to ordinary point rails. The wheel flanges automatically operate the switch, regardless of the engineer, when trains are passing over it, trailing on either the main line or side track, but when coming from the opposite direction, or facing the switch, the engineer controls its action, there being incline plane trips in advance of the switch on the outside of either rail where the flange does not come in contact. To operate these outside movable flanges attached to the front wheels of the engine truck are connected by lever with the engine cab where the engineer or fireman can control the switch at will, as in emergency.  
**Something Else to Do.**  
 Some years ago, when the route of a railroad to Atlantic City was being surveyed and the men were driving stakes through the premises of an old farmer, he addressed the leader of the gang as follows:  
 "Layin' out another railroad?"  
 "Surveyin' for one," was the reply.  
 "Don't through my barn?"  
 "Gin't see how we can avoid it."  
 "Wall, now, mister," said the worthy farmer, "I talkerlike I've got something tew say 'bout that. I want you tew understand that I've got sumthin tew say tew dew besides runnin' out tew open and shet them doors every time a train wants to go through."—Boston Post.  
**His Superstition.**  
 "Jinx must be superstitions."  
 "What leads you to think so?"  
 "He says he does not believe in borrowing umbrellas."  
 "No, he believes in stealing them."  
 —Houston Post.  
**In Agreement.**  
 Mrs. Neybore—I bought a new piece of music for my daughter to play, and I think she'll master it soon. S2e was trying all the afternoon.  
 Miss Pepper—Indeed, she was; very! —Casell's Journal

**KIDNEY TROUBLE**

**Suffered Two Years—Relieved in Three Months.**  
  
**M. C. B. FIZER, Mt. Sterling, Ky., writes:**  
 "I have suffered with kidney and bladder trouble for ten years past. Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain.  
 "I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."  
**Per-u-na for Kidney Trouble.**  
 Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:  
 "I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time.  
 "This summer I got so very bad I thought I would try Peruna, so I wrote you and began at once to take Peruna and Manalin.  
 "I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time.  
 "I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna. It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.  
 Peruna is exactly this sort of a remedy. It has helped many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

**SPORTS OF CHILDREN.**

**Skipper rope is a childish pastime of ancient origin.** In place of a rope, a vine stripped of leaves was originally used.  
 The childish amusement of riding a cane is of great antiquity. It was practiced by the children of Greece and ancient Rome.  
 The game of hide and seek is another youthful pastime of ancient origin. It came from Europe about the beginning of the seventeenth century.  
 The spinning of tops, a favorite amusement among children in the spring, also came from the Greeks. Records show that this kind of fun was in vogue at the time of Vergil.  
 Leap-frog is mentioned in the works of both Shakespeare and Johnson. It has been played by children from early times, and is still a favorite game with boys.  
**The flying kite derived its name from its originally being made to resemble that species of bird called a kite.** The amusement of kite flying is about two centuries old in Europe. Probably it originated in China, where, so records tell, the practice of flying kites is very ancient.  
**CONCERNING CLOCKS.**  
 Never allow the clock to run down. It responds to regular attention just as surely as a human being does and keeps its course truly when made to follow its endless routine.  
 The hands of a clock should always be turned forward. To set the hands by reversing the right-hand motion is to loosen delicate screws that hold them within reach of various cog-slips.  
 Never allow the clock to be moved from the position where it is well balanced. A deviation of two or three minutes a day from the correct time may be the result of an uneven placing of the clock, and once it is properly adjusted it should not be shifted for dusting or for artistic purposes. This is especially true of clocks that have a pedulum.  
**BUILDING FOOD**  
**To Bring the Babies Around.**  
 When a little human machine (or a large one) goes wrong, nothing is so important as the selection of food to bring it around again.  
 "My little baby boy fifteen months old had pneumonia, then came brain fever, and no sooner had he got over these than he began to cut teeth and, being so weak, he was frequently thrown into convulsions," says a Colorado mother.  
 "I decided a change might help, so took him to Kansas City for a visit. When we got there he was so very weak when he would cry he would sink away and seemed like he would die.  
 "When I reached my sister's home she said immediately that we must feed him Grape-Nuts and, although I had never used the food, we got some and for a few days gave him just the juice of Grape-Nuts and milk. He got stronger so quickly we were soon feeding him the Grape-Nuts itself and in a wonderfully short time he fattened right up and became strong and well.  
 "That showed me something worth knowing and, when later on my girl came, I raised her on Grape-Nuts and she is a strong healthy baby and has been. You will see from the little photograph I send you what a strong, chubby youngster the boy is now, but he didn't look anything like that before we found this nourishing food. Grape-Nuts nourished him back to strength when he was so weak he couldn't keep any other food on his stomach." Name given by Postum Co., Battle Creek, Mich.  
 All children can be built to a more sturdy and healthy condition upon Grape-Nuts and cream. The food contains the elements nature demands, from which to make the soft gray filling in the nerve centers and brain. A well-fed brain and strong, sturdy nerves absolutely insure a healthy body.  
 Look in pkgs. for the famous little book, "The Road to Wellville."

**ON PORCH FURNITURE.**

**If Porch Is Small Use a Shelf for a Table and Chairs Without Rockers.**  
 Few porches have room for a good-sized table, but this can be managed by having an oblong strip of wood fastened on the wall, between the windows, with hinges at the bottom. When this is not in use, it takes up no room, as it is firmly attached to the wall. One or more legs must be added for the end, and need not of necessity be unsightly.  
 Another way of doing would be to keep an ironing table with folding legs laid against the wall, all ready to be brought out when it was needed. The legs would have to be cut down to a convenient height for using while sitting, and it could be stained or painted to match the best of the furniture.  
 Where there is plenty of wall space the width of the table could be placed against the wall, and two firm iron brackets could support the leaf when a table is required. It is often useful to have some place to stow away magazines and little articles, and a couple of shelves placed on the wall above the table would add much to the appearance of the porch, and be a very useful article of furniture. These boards should be just the length of the table, and placed on the wall at the right height, so that when the table is fastened up, the outside just reaches beneath the shelves. With the bench below, and the underneath part of the table forming a back, over-topped by some cunning little book shelves, what an attractive piece of furniture we should have. Some little curtains on rings would add a note of color, and the whole thing could be made by a member of the family. Sometimes an old church pew can be picked up in country places for a dollar, and in that case the table might hang down, and the new go against the wall, beneath the book shelves.  
 Bamboo screens which roll up and down are often useful if the porch is very sunny. A more delightful screen is formed by vines running over wire across the sunny end, or where a neighbor's porch overlooks one's own. If the house stands alone, a porch is cooler if all the sides are left open for the air to blow through, and vines are only allowed to grow above the height of seven feet. So many small porches are too much overgrown, and not only keep the air out in summer, but for the rest of the year darken the rooms that overlook the porch.  
 It is best not to have too many rockers on a small porch, as they take up too much room. Windsor chairs, stained or painted, are always liked, especially by men, and they can be used with chairs of other varieties.  
 A pretty Indian cotton held in place by a drawing pin, which can readily be taken out when the cloth is shaken, makes an admirable cover for the table. If matting or basket tables are used, it is best to have them uncovered. A whisk brush can be kept near by to brush off the tops daily.—Chicago Inter Ocean.

**HINTS TO HOUSEKEEPERS.**

An old-fashioned remedy for sore throat that is said to be effective is a nutmeg worn on a silk thread around the neck. The hole through the nutmeg is made with a red-hot awl.  
 A bottle of camphor or oil of cedar with the cork left out, if hung on a hook in the closet, will keep away moths without imparting a disagreeable odor to the clothing.  
 To clean velvet, first brush or shake out all of the dust and remove any grease stains with benzine. If it needs freshening pass the wrong side over a bowl of boiling water and then over a hot iron. If it is badly crushed brush carefully with a soft brush.  
 Now that strawberries are in the market, try a strawberry salad, something which has the merit of novelty and something beside. Make cups of blanched lettuce leaves and put in each a few ripe berries. Dust with powdered sugar, and place on top a spoonful of mayonnaise into which whipped cream has been stirred.  
 If the carpets in summer are left down and covered with linen they are saved from moth ravages by brushing the edges with a hot solution of alum and water and sprinkling them over with powdered borax. If they are taken up and put away borax will preserve them as effectually and be far less objectionable than the dreadful carbolic acid balls, whose perfume cannot be mitigated nor overcome the next season by any number of potpourri jars whatsoever.  
 In case of earache do not put anything into the ear except by direction of a physician. The best way to relieve earache is to heat an iron or a brick, wrap it in two or three thicknesses of flannel, pour warm water on the top, when steam will rise at once. If the ear is placed close to the flannel the steam will permeate every part of it.  
 A shoe that is uncomfortable from pinching may be eased by laying a cloth wet in hot water across the place where it pinches, changing it as it grows cooler a number of times. This will cause the leather to shape itself to the foot.  
 Stains on white flannel are hard to remove. The best way is to mix equal parts of the yolks of eggs and glycerine, apply it to the stains, and allow it to soak for half an hour or so before the article is washed.—Boston Budget and Beacon.

**A Tasty Chop for Invalid.**

Trim away every particle of fat from a neck or loin chop, melt a piece of butter on a plate, sprinkle the chop with pepper and salt; dip both sides in the butter, and sprinkle a little lemon juice over the top, leaving it in the butter for at least two hours. Put the yolk of an egg on a plate, with a teaspoonful of grated cheese. Mix it together, and break the chop, freely with the mixture. Have ready some boiling dripping in a frying-pan, lay in the chop, and let it cook thoroughly, first on one side, and then on the other; it will take quite six minutes to cook, the fat being kept boiling the whole of the time. Drain it on a piece of clean paper, and serve on a little mound of nicely mashed potato, as hot as possible.

**PROFIT POINTERS.**

Nobody wants an over-anxious man. He gets on one's nerves.  
 Did you ever know a "tricky" man to make a permanent success?  
 Matter is composed of atoms. Businesses are built up by attention to details.  
 Business is not necessarily hard work. Make it good fun, and you'll do more.  
**How's This?**  
 We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.  
 F. J. CHENEY & CO., Toledo, O.  
 We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.  
 W. A. RORER, Wholesale Druggist, Toledo, O.  
 Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.  
 Take Hall's Family Pills for constipation.

**No Trick at All.**

Canby Dunn—Do you take any stock in the story that a man engraved the entire alphabet on the head of a pin?  
 Y. Knott—Certainly. He could have engraved the ten commandments on it. It was a coupling pin. Ring off.—Chicago Tribune.  
 Insist on Getting It.  
 Some grocers say they don't keep Defiance Starch because they have a stock on hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

**Nothin' Doin'.**  
 "Want 'ny ice?"  
 "It's fresh?"  
 "Yep."  
 "Bring me up a two-cent chunk."  
 "Where 're ye at?"  
 "Six floor, back."  
 "Gee aw!"—Judge.

**More Flexible and Lasting.**  
 won't shake out or blow out; by using Defiance Starch you obtain better results than possible with any other brand and one-third more for same money.

When society, as distinct from law, begins to punish the moral offenses of the rich as it does those of the poor, the problem will be a long way toward solution.—Detroit News.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

The craze for the "colonial" has led to a boom in the junk business.

**Not the Only Hot Place.**

"The most serious objection I have to dying," said the Bostonian, "is that I shall have to leave Boston."  
 "Aw, don't worry about that," said the Chicagoan; "Boston ain't the only hot place,"—The Bohemian.  
 Defiance Starch is guaranteed biggest and best or money refunded. 16 ounces, 10 cents. Try it now.  
 An optimist is a man who declines to judge the future by the past.—Chicago Daily News.

**When Your Grocer Says**

he does not have Defiance Starch, you may be sure he is afraid to keep it until his stock of 12 oz. packages are sold. Defiance Starch is not only better than any other Cold Water Starch, but contains 16 oz. to the package and sells for same money as 12 oz. brands.  
 Leaving a Card.  
 "But, surely you are the man I gave some pie to a fortnight ago." "Yes, lddy; I thought p'raps you'd like to know I'm able to get about again."—Tatler.

**CASTORIA**  
**For Infants and Children.**  
**The Kind You Have Always Bought Bears the Signature of**  
*Wm. D. Hooper*  
**of**  
**Dr. J. C. Hutchins**  
**In Use For Over Thirty Years**  
**CASTORIA**  
 THE CENTAUR COMPANY, NEW YORK CITY.

**THE ONLY ONE**  
**There is only One**  
**Genuine-Syrup of Figs,**  
**The Genuine is Manufactured by the**  
**California Fig Syrup Co.**  
 The full name of the company, California Fig Syrup Co., is printed on the front of every package of the genuine.  
**The Genuine-Syrup of Figs- is for Sale, in Original Packages Only, by Reliable Druggists Everywhere**  
 Knowing the above will enable one to avoid the fraudulent imitations made by piratical concerns and sometimes offered by unreliable dealers. The imitations are known to act injuriously and should therefore be declined.  
 Buy the genuine always if you wish to get its beneficial effects. It cleanses the system gently yet effectually, dispels colds and headaches when bilious or constipated, prevents fevers and acts best on the kidneys, liver, stomach and bowels, when a laxative remedy is needed by men, women or children. Many millions know of its beneficial effects from actual use and of their own personal knowledge. It is the laxative remedy of the well-informed.  
 Always buy the Genuine-Syrup of Figs  
 MANUFACTURED BY THE  
**CALIFORNIA FIG SYRUP CO.**  
 San Francisco, Cal. Louisville, Ky. New York, N. Y.  
 PRICE FIFTY CENTS PER BOTTLE

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Will fully protect an invention. Booklet and Desk Calendar FREE. Highest references. Communications Confidential. Established 1881. Mason, Twiss & Lawrence, Washington, D. C.

**ALLEN'S FOOT-EASE**

A Certain Cure for Tired, Hot, Aching Feet. DO NOT ACCEPT A SUBSTITUTE.

**SEE EVERYTHING DARKLY**

When a fit of dyspepsia is on, a man sees everything darkly. He becomes bilious, and biliousness gives him yellow views of life. It is impossible for any one who eats improper food to be good natured, to have a healthy body. The simpler the food, properly prepared, the better the health.

**DR. PRICE'S WHEAT FLAKE CELERY FOOD**

is the best Food for all classes, especially dyspeptics. So prepared that while the whole body is nourished, it helps to regulate the bowels and strengthen the nerves. A Food—not a drug. **Palatable—Nutritious—Easy of Digestion and Ready to Eat** can be served hot. Put in a hot oven for a few minutes; or cook in boiling milk to a mush.  
**10c a package.** For Sale by My Signature on every package  
 As much nourishment as every 5 loaves of bread  
 Dr. Price, the famous food expert, the creator of Dr. Price's Cream Baking Powder, Delicious Flavoring Extracts, Ice Cream Sugar and Jelly Desserts, has never been compelled, notwithstanding strenuous Food laws, to change any of his products. They have always conformed to their requirements. This is an absolute guarantee of their quality and purity.

**OKLAHOMA PUBLIC LANDS**

Half Million acres each Government Lands, near Lawton, opened by Congress to Homestead settlement this Summer. Get a Home in Sunny Oklahoma! Five years to pay. Maps, complete information regarding opening, Homesteading, Terms, etc., city cents. CATRON & CO., Lawton, Okla.

**FREE**

Free Package, Address, Allen, 2, Okmoad, Le Roy, N. Y.

**An Unsolicited Testimonial**

I would state after twenty years of house-keeping and using nearly every yeast on the market, that I consider the On Time Yeast the best I have ever used and would recommend it to all housekeepers. Respectfully,  
 (Signed) ESTELLA E. FEAD,  
 223 S. 9th Ave., Omaha, Neb.  
 P. S.—Mrs. Fead is the lady who won the New York Post's \$1,000 prize for making the best mince pie.

**ON TIME YEAST**

contains 10 Cakes. Other manufacturers put in but 7 Cakes. Buy the "On Time" and get the three extra cakes.  
 Ask Your Grocer for On Time Yeast

**KILL THE LICE**

and mites on your CHICKENS with **PRUSSIAN LICE POWDER**  
 Save Death to Lice and Vermin  
 They can't live where it is. Easy to apply. Dost it in "filled" street. Issues in my Book of 250 leaves.—T. Perry, Moscow, Wis.  
 Price 25 and 50c a Pkg. By mail, 40 and 75c.  
 PROSSNER REMEDY CO., St. Paul, Minn.  
 If afflicted with sore eyes, use Thompson's Eye Water  
 W. N. U., OMAHA, NO. 94, 1906.