



MISS LUCY MCGIVNEY

"PE-RU-NA WORKED SIMPLY MARVELOUS."

Suffered Severely With Headaches—Unable to Work. Miss Lucy V. McGivney, 452 3rd Ave., Brooklyn, N. Y., writes: "For many months I suffered severely from headaches and pains in the side and back, sometimes being unable to attend to my daily work."

"I am better, now, thanks to Peruna, and am as active as ever and have no more headaches. "The way Peruna worked in my case was simply marvelous."

We have in our files many grateful letters from women who have suffered with the symptoms named above. Lack of space prevents our giving more than one testimonial here.

CURES SICK-HEADACHE. Tablets and powders advertised as cures for sick-headache are generally harmful and they do not cure but only deaden the pain by putting the nerves to sleep for a short time through the use of morphia or cocaine.

Lane's Family Medicine. The tonic-laxative, cures sick-headache, not merely stops it for an hour or two. It removes the cause of headache and keeps it away.

W. L. DOUGLAS SHOES. \$3.50 & \$3.00 SHOES FOR MEN. W. L. Douglas \$4.00 Gilt Edge Line cannot be equalled at any price.

W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD to anyone who can discover this statement.

Wrinkles. Come surely to weak women, who have to frown and endure the torture due to the diseases peculiar to their sex. Not only wrinkles, but hollow, lack-lustre eyes, sallow complexion, gray hair, all of which tell of premature old age. The prevention of this lies in your own hands.

WINE OF CARDUI WOMAN'S RELIEF. of which Mrs. Mary Irvin, of Pamplin City, Va., writes: "I think it is the best on earth for all suffering women. My doctor did me no good. I suffered untold misery from head to foot, but the first dose of Cardui gave me relief, and when I had taken one bottle, I felt like a new woman."

PIEBALD CANNIBAL RACE. Savages Whose Skins Are Brown with Pink Patches Found by Explorer. Piebald savages are among the interesting people and things of which Mr. A. E. Pratt writes, says the London Mirror.

"Such in great measure is the case with New Guinea to-day. Its 300,000 square miles of territory, held by Great Britain, Germany and the Netherlands, are destined in the course of the next half century to enrich the worlds of commerce and of science to a degree that may to some extent be forecast by what is already known of very restricted areas."

It is a difficult country to explore, and that for several reasons. The mountains are numerous and steep, much of the soil is broken in a fashion peculiarly irritating to pedestrians, and the natives, without whose assistance practically nothing can be accomplished, are difficult to deal with.

Among them are a number of curious people whom Mr. Pratt is inclined to take as a hitherto unknown human family, although as will be seen from the following passage, he is not yet quite certain of this.

COMMERCIAL TRAVELERS. In Austria They Must Pay Taxes and Are Classed as Regular Tradesmen. Commercial travelers in Austria have to pay taxes and are therefore considered regular tradesmen, even if they have no open business places or sample rooms.

PASSENGER'S CLEVER RUSE. Helped a Lady in Distress and Got Himself Nicely Out of the Situation. As a train was approaching Sheffield a man seated in one of the compartments noticed a lady looking troubled, and asked her what was the matter.

POINTED PARAGRAPHS. If you can't speak the truth keep a stiff under jaw. But the day worker acquires more coin than the day dreamer. "I will now proceed in the following manner," said the detective.

A Bargain. Mrs. Knicker—I thought you were going abroad. Mrs. Bocker—So I was, but my doctor offered me such a lovely bargain in appendicitis—only \$1,000.—Harper's Bazar

THE CHOICE OF PAINT. Fifty years ago a well-painted house was a rare sight; to-day an unpainted house is rarer. If people knew the real value of paint a house in need of paint would be "scarcer than hen's teeth."

For the man that needs paint there are two forms from which to choose; one is the old form, still favored by certain unprogressive painters who have not yet caught up with the times—lead and oil; the other is the ready-for-use paint found in every up-to-date store.

Mixed paints are necessarily cheaper than paint of the hand-mixed kind, because they are made in a large way by machinery from materials bought in large quantities by the manufacturer.

Of course there are poor paints on the market (which are generally cheap paints). So there is poor flour, poor cloth, poor soap; but because that do we go back to the hand-mill, the hand-loom and the soap-kettle of the backwoods.

There is scarcely any other article of general use on the market to-day that can be bought with anything like the assurance of getting your money's worth as the established brands of prepared paint.

Oranges are charming for decoration of the table, as well as for food. When placed upon the table whole, a few green leaves should be placed around them; the leaves need not, necessarily, be orange leaves, but other pretty, green leaves may be used, if the orange leaves are not to be had.

TO EAT WITH FINGERS. Celery, which may properly be placed on the tablecloth beside the plate. Lettuce, which should be dipped in the dressing or in a little salt. Asparagus, whether hot or cold, when served whole, as it should be.

Leather Chairs. To clean and polish the leather coverings of chairs, etc., mix together equal parts of vinegar and linseed oil. Apply very sparingly with a piece of flannel and polish with a soft cloth.

PLANTING-TIME SOON. Plant Sweet Peas Early and Do Not Neglect the Old-Fashioned Flowers. Don't forget that the peas, flowering or garden, must go into the ground early. The trenches for the peas should be prepared at the earliest possible moment, as soon as the condition of the weather and soil will permit—the earlier the better, in order that the vines may make a good root-growth while the ground is cool and moist.

ONIONS FOR PNEUMONIA. New England Physician Won Removal by Simple Remedies and Found This One Most Successful. Owing to the prevalence of pneumonia and the great mortality which attends its ravages during the winter and spring, several boards of health in northern New Jersey have been taking measures to protect the citizens of their towns from the disease.

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SAVINGS OF SAGES. Beter to do nothing than to do all. —Pliny. Nothing is so foolish as the laugh of a fool.—Martial. The living voice is that which sways the soul.—Pliny the Younger. There is precious instruction to be got by finding we are wrong.—Caryle. I had rather men should ask why my statue is not set up than what it is.—Cato. Work is not a man's punishment; it is his reward and his strength.—George Sand. We are more sensible of what is done against custom than against nature.—Plutarch. But for some trouble and sorrow we should never know half the good there is about us.—Dickens. The best education in the world is that got by struggling to make a living.—Wendell Phillips.

Artificial Eyes. As early as 500 B. C. artificial eyes were made by the priests of Rome and Egypt, who practised as physicians and surgeons. Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Men live in the suburbs so as to be able to lie about how much more healthful it is. RUNNING SORES ON LIMBS. Little Girl's Obstinate Case of Eczema—Mother Says: "Cuticura Remedies a Household Standardy."

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WORKING WOMEN. Their Hard Struggle Made Easier—Interesting Statements by a Young Lady in Boston and One in Nashville, Tenn. Miss Frankie Orser. Miss Pearl Ackers.

All women work; some in their homes, some in church, and some in the whirl of society. And in stores, mills and shops tens of thousands are on the never-ceasing treadmill, earning their daily bread. All are subject to the same physical laws; all suffer alike from the same physical disturbance, and the nature of their duties, in many cases, quickly drags them into the horrors of all kinds of female complaints, tumors, ulceration, falling and displacements or perhaps irregularity or suppression, causing backache, nervousness, irritability and lassitude.

How distressing to see a woman struggling to earn a livelihood or perform her household duties when her back and head are aching, she is so tired she can hardly drag about or stand up, and every movement causes pain, the origin of which is due to some derangement of the female organism.

Dear Mrs. Pinkham:— "I suffered for several years with female irregularities. My back ached; I had bearing-down pains, and frequent headaches. Lydia E. Pinkham's Vegetable Compound succeeded where others fail.

There is no satisfaction keener than being dry and comfortable when out in the hardest storm. YOU ARE SURE OF THIS IF YOU WEAR TOWER'S FISH BRAND WATERPROOF OILED CLOTHING. BLACK OR YELLOW. CHINA EVERETT MAKE. T. J. TOWER CO. BOSTON, MASS. U.S.A. TOWER CANADIAN CO. LIMITED, TORONTO, CAN.

I could not sleep and could hardly drag around. I consulted two physicians without relief, and as a last resort, I tried Lydia E. Pinkham's Vegetable Compound, and to my surprise, every ache and pain left me. I gained ten pounds and am in perfect health."

Dear Mrs. Pinkham:— "I suffered with painful periods, severe backache, bearing-down pains, pains across the abdomen, was very nervous and irritable, and my trouble grew worse every month. My physician failed to help me and I decided to try Lydia E. Pinkham's Vegetable Compound. I soon found it was doing me good. All my pains and aches disappeared, and I no longer fear my monthly periods."

Lydia E. Pinkham's Vegetable Compound is the unfailing cure for all these troubles. It strengthens the proper muscles, and displacement with all its horrors will no more crush you.

\$16 AN ACRE. In Western Canada is the amount many farmers will realize from their wheat crop this year. 25 Bushels to the Acre Will be the Average Yield of Wheat.

SYRUP OF FIGS. To sweeten, To refresh, To cleanse the system, Effectually and Gently; Dispels colds and headaches when bilious or constipated; For men, women and children; There is only one Genuine Syrup of Figs; to get its beneficial effects. Always buy the genuine—Manufactured by the CALIFORNIA FIG SYRUP CO. Louisville, Ky. San Francisco, Cal. New York, N.Y.