

# Loup City Northwestern

J. W. BURLEIGH, Publisher.

LOUP CITY, - - - NEBRASKA.

Adam's lame excuse is playing too large a part nowadays with wrongdoers.

No, Freddie, it is not "graffers" that have seized one of the Hebrides, but "crofters."

The Chinese seem to be tuning up their hatred of the foreign devils to boxer pitch again.

Venezuela has only 8,000 troops, but claims 23,000. Probably it counts Castro as the other 15,000.

Now that Marconi has a baby, transatlantic communication by wireless will doubtless be postponed.

The crack speaker at a deaf mute's dinner in New York was appropriately referred to as "our silver-tongued orator."

An account of the dog show with no mention of Harry Lehr? What's the matter with the New York reporters?

The latest applicant for some of the Carnegie hero dough is a man who saved himself, and claimed he was a hero "per se."

New York's swell set is taking to ballooning. The automobile is now used by so many persons that it is no longer exclusive.

Now that Esperanto, the new universal language, has been set to music, perhaps it will be arranged next for the deaf and dumb.

Mr. Yerkes-Mizner says Alaska is full of opportunities. However, it is not believed that there are any \$10,000,000 widows there.

M. Taigny denies that he called Castro "the monkey of the Andes." He is much too polite to state his thoughts in that blunt, crude way.

The attempt of a woman up-state to sleep in the open air, for her health, is a modified success, because the natives gather around to see her do it.

Now that science has discovered—as it thinks—that insanity is caused by a bacillus, the slang expression, "He's bughouse!" takes on added force.

A New York woman, said to be conscience stricken, has returned a lot of stolen silverware to its owner. The fact that it was "plated" is of no significance.

It is said that as many as 4,061 muscians have been counted in the body of a moth. If the moth ever has the inflammatory rheumatism, how he must suffer!

M. Fallieres did not distinguish himself at school, college or university—but all the young men of whom the same is true cannot become presidents of France.

The discovery of an artificial lamb chop ought to make the congressmen at last realize the value of the Department of Agriculture for even their own practical uses.

The theatrical syndicate has decided to drop Shakespeare. That is the bard's punishment for forgetting to put a double sextet and a leap for life into each of his plays.

It is to be hoped that the New York city official who gave up a \$4,500 a year job in order to avoid any restriction on his freedom of speech really has something to say.

John Burns says that Shakespeare did not understand the working people of his time. But the working people of our time understand Shakespeare, which is a more important fact.

President Elliot says football is more brutal than bullfighting. If the helpless dumb animals used for bullfighting purposes could express an opinion they might sharply disagree with Dr. Elliot.

Borrowing, says young Mr. Rockefeller, kills friendship, and should be shunned. We hope no one has been so unwise as to forfeit the young gentleman's friendship by asking him for a loan.

Two aeronauts who crossed the English channel in a balloon in one hour and three-quarters must have looked down with pitying sympathy at the sea-sick passengers on the old-fashioned steamer.

A correspondent speaks of the universal smile in the streets of the Japanese capital. We judge that there have been no graft scandals and exposures there of late, or some smiles would have to come off.

The annual report of Washington's chief of police in tabulating the police work of the year reports the arrest "of one senator" and "two representatives in congress." Naturally there is a good deal of curiosity to know the names.

The Portland Express prints a story about St. Jones—a suspiciously generic name—and his hens, which would "sit" in spite of him. The hen, be it remarked, is so constituted that she can't "sit," unless laying the breast-bone down on the ground is "sitting."

A Minnesota man has committed the Bible to memory, so that he can repeat any passage in it from Genesis to Revelations, and tell where it is found. To do this took him eighteen years. Perhaps the most remarkable thing about it is that he is a commercial traveler.

King Edward, refusing to make exceptions, has ordered John Burns to wear gold lace at court receptions. Well, this about exhausts the king's power over Burns' official activities, and it isn't worth making a fuss about.

## Nature's Way Is Best.

The function strengthening and tissue building plan of treating chronic, lingering and obstinate cases of disease as pursued by Dr. Pierce's Family Medical Discovery is Nature's plan of restoring health.

He uses natural remedies, that is extracts from native medicinal roots, prepared by Dr. Pierce, in following order: the expenditure of much time and money, without the use of alcohol, and by skillful combination in just the right proportions.

Used as ingredients of Dr. Pierce's Golden Medical Discovery, Black Cherry-bark, Queen's root, Golden Seal root, Bloodroot and Stone root, specially exert their influence in cases of lung, bronchial and throat troubles, and this "Discovery" is, therefore, a sovereign remedy for bronchitis, laryngitis, chronic coughs, catarrh and kindred ailments.

The above native roots also have the strongest possible endorsement from the leading medical writers, of all the several schools of practice, for the cure not only of the diseases named above but also for indigestion, torpor of liver, or biliousness, obstinate constipation, kidney and bladder troubles and catarrh, no matter where located.

You don't have to take Dr. Pierce's advice as to this, what he claims for his "Discovery" is backed up by the writings of the most eminent men in the medical profession. A request by postal card or letter, addressed to Dr. R. V. Pierce, Buffalo, N. Y., for a little book of extracts from eminent medical authorities endorsing the ingredients of his medicine, will bring a little book free that is worthy of your attention if needing a good, safe, reliable remedy of known composition for the cure of almost any old chronic, or lingering malady.

Dr. Pierce's Pleasant Pellets cure constipation. One little "Pellet" is a gentle laxative, and two a mild cathartic.

The most valuable book for both men and women is Dr. Pierce's Common Sense Medical Adviser. A splendid 1008-page volume, with engravings and colored plates. A copy, unexpurgated, will be sent to anyone sending 21 cents in one-cent stamps, to pay the cost of mailing, to Dr. R. V. Pierce, Buffalo, N. Y. Cloth-bound, 31 stamps.

**Puts Ban on Opium.**  
The different states, having agreed to prohibit the sale and growth of opium, the commonwealth government Australia has prohibited the importation of opium except for medicinal purposes.

**5 Tons Grass Hay Free.**  
Everybody loves lots and lots of fodder for hogs, cows, sheep and swine.

The enormous crops of our Northern Grown Pedigree Seeds on our seed farms the past year compel us to issue a special catalogue called

**BALEEN'S BARGAIN SEED BOOK.**  
This is a brim full of bargain seeds at bargain prices.

**SEND THIS NOTICE TO-DAY.**  
and receive free sufficient seed to grow 5 tons of grass on your lot or farm this summer and our great Bargain Seed Book with its wonderful surprises and great bargains in seeds at bargain prices.

Remit 4c and we add a package of Cosmos, the most fashionable, serviceable, beautiful annual flower.

John A. Salsler Seed Co., Lock Drawer W., La Crosse, Wis.

**Women Conductors.**  
The street cars in Valparaiso are all double-deckers and the conductors are women. The latter are dressed in a neat uniform and make a good appearance.

**Deafness Cannot Be Cured**  
by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be removed, deafness is permanent.

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We will give One Hundred Dollars for any case of Deafness cured by our "Cure for Deafness," free by Mail's Catarrh Cure. Send for circulars, free.

John A. Salsler Seed Co., Lock Drawer W., La Crosse, Wis.

**Continuous Black Eye.**  
Asked in a London court where he got his black eye Richard Jones, skipper of a coasting schooner, replied: "Oh, that's an old one. I've had it for two years."

**TO CURE A COLD IN ONE DAY.**  
Take LAXATIVE BROMO Quinine Tablets. Drug stores sell them. If it fails to cure, E. W. GROVE'S signature is on each box. 25c.

The intricacies of life should have no terrors for a woman, when we consider that she can comprehend the Philadelphia Record.

You always get full value in Lewis' Single Binder straight 5c cigar. Your dealer or Lewis' Factory, Peoria, Ill.

**Age and Birthdays.**  
Here are two quarrelling to the point of a serious wager about a matter of age and birthday anniversaries. A. born January 1, 1843, says he is 62 years old. B. contends he is 63. It is even betting that A is a handsome widow, trying to conceal her age. The catch in this thing is that A is 62 years old, but has had 63 birthdays (one birthday and 62 birthday anniversaries).

**Benedictine Long Popular.**  
The most ancient of liqueurs is benedictine, which is said to date from 665 A. D. But it was not till 1500 that Dom Bernardino Winocelli, a monk resident in the abbey of Fecamp, who had a profound knowledge of the plants and herbs used in the preparation of medicinal cordials, succeeded in making a cordial which preserves the name and fame of the order.

**Case of Absentmindedness.**  
A policeman, going his rounds in the early morning, in Bath, England, saw a clock standing on the doorstep of a house. He rang the bell and found that the occupant had taken the milk picher up to his bedroom, leaving the clock where he had intended to put the picher.

**Important to Mothers.**  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Dr. J. C. Watson*  
in Use For 30 Years.  
The Kind You Have Always Bought.

A man of many troubles has the satisfaction of knowing that something comes his way.

**CASTORIA**  
FITS  
Barnett's cure. No. 100. For information see the first day's use of Dr. Kline's Great Kidney Cure. 25c. Sold by Dr. R. H. KLINE, Ltd., 231 Arch Street, Philadelphia, Pa.

Clothes don't make the man or the ballet girl.

## HIS ONE WEAK SPOT.

Prominent Minnesota Merchant Cured to Stay Cured by Doan's Kidney Pills.

O. C. Hayden, of O. C. Hayden & Co., dry goods merchants, of Albert Lea, Minn., says: "I was so lame that I could hardly walk. There was an unaccountable weakness of the back, and constant pain and aching. I could find no rest and was very uncomfortable at night. As my health was good in every other way I could not understand this trouble. It was just as if all the strength had gone from my back. After suffering for some time I began using Doan's Kidney Pills. The remedy acted at once upon the kidneys and when normal action was restored the trouble with my back disappeared. I have not had any return of it."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

That moral idler who never in his life accomplished an active good may be infinitely worse than the strenuous one who incidentally has done nearly everything that is bad.—John A. Howland.

**AWFUL PSORIASIS 35 YEARS.**  
Terrible Scaly Humor in Patches All Over the Body—Skin Cracked and Bleeding—Cured by Cuticura.

"I was afflicted with psoriasis for thirty-five years. It was in patches all over my body. I used three cakes of Cuticura Soap, six boxes of Ointment and two bottles of Resolvent. In thirty days I was completely cured, and I think permanently, as it was about five years ago. The psoriasis first made its appearance in red spots, generally forming a circle, leaving in the center a spot about the size of a silver dollar of sound flesh. In a short time the affected circle would form a heavy dry scale of a white silvery appearance and would gradually drop off. To remove the entire scales by bathing or using oil to soften them the flesh would be perfectly raw, and a light discharge of bloody substance would form again in twenty-four hours. It was worse on my arms and limbs, although it was in spots all over my body, also on my scalp. If I let the scales remain too long without removing by bath or otherwise, the skin would crack and bleed. I suffered intense itching, worse at nights after getting warm in bed, or blood warm by exercise, when it would be almost unbearable. W. M. Chidester, Hutchinson, Kan., April 20, 1905."

Independence is a great thing, but it is not to be carried too far, and by putting our independence in our pocket for a while, and benefiting by the experience of others.

**THE LOS ANGELES LIMITED CINEMATOPHAG.**  
When the continent threatening brain of the creator of the Union Pacific short line, made it (the line) he probably had no idea of the game of the prairie and of the West. The party of eastern newspaper men played this little amusement scheme to a finish. Out of Chicago they rolled, these men with the weight of many "scoops," "exclusives," "beats" or what you will, rolled off their shoulders and with nothing worse in the way of vanity than a traveling cap selected according to ugliness. But—once out on the prairie all the native modesty of the born newspaper man was tunneled out of his system or their systems by the underground work of the Union Pacific advertising experts. From somewhere in the bowels of the train there hove a strange shape carrying something that looked like a tripod tenderfoot. This was the essential point of the big game of the west. Soon the party stopped. It was miles from nowhere and the sandstone reared their heads up to an unsmiling cloud that seemed a continuation of the desert below. "What is the matter?" was asked by those who had time. Those who did not have time were watching the scenery on the deck. With visions of a wreck made by a band of Indians rehearsing for Buffalo Bill's Wild West Show, with themselves as the rehearsees, the travellers gleefully disembarked. After those aboard had taken stock of their dignities, including Dorrance's (New York Tribune) fur slippers, Hazlett's (Pittsburg Leader) banking ability, O'Donnell's (Pittsburg Dispatch) sphygmian air and a few others it was found that all were unharmed but that something was going to happen. Ah! It was the first false step. The game was on. After that it was played at all sunny hours. There are places between New York and Los Angeles that some day will have monuments erected to commemorate the places "Where we had our picture taken." If you go to Salt Lake, "That's where we had our picture taken." Or Lucky Baldwin's ranch, near the U. P. end, that too is "Where we had our picture taken." Or should you care to view the glories of Pasadena, there you will find the spot "Where we had our picture taken." But it was a great camera. It must have been.

To remove ink stains from a book dissolve a small quantity of oxalic acid in warm water. Wet the stain with this mixture.

**Traffic at Tien-Tsin.**  
Tien-Tsin stands second among the treaty ports of China in the gross value of the trade that passes through the port, and also in the amount of revenue collected by the custom. In so far as American goods are concerned, Tien-Tsin even has a rival claim on Shanghai for the first place.

**Mrs. Nansen Can Sing.**  
Mrs. Nansen, the wife of the explorer, is a singer of note. Her father was a zoologist, her mother a sister of the Norwegian poet, Welhaven, and her brother, Ernest Save, is a professor of history in the University of Christiania.

## MONEY FROM THE SEA

WEED BRINGS PROSPERITY TO DISTRICTS OF NORWAY.

Steady Demand for Natural Product Has Revolutionized Conditions in Provinces Along the Coast of the Northern Kingdom.

Along the shores of Joderen, on the southwest coast of Norway, the seaweed grows in veritable forests; not the common grass variety, but actual trees from five to six feet in height, with stems like ropes and leaves as tough as leather. It begins to sprout in March and April, and gradually covers the ocean bed with a dense, impenetrable brush.

In the fall the stems become tender, the roots leave their suctionlike grip on the rocky bottom, and the autumn winds wash it ashore in such great quantities that the weed looks like a huge brown wall along the entire coast.

The fall crop is of comparatively small value. The only use that can be made of it is for fertilizing purposes, because it is only in the spring that it can be successfully burned, and at this time there is such a demand for it that every stalk and leaf is gathered as if it were pure coin.

The weed burning season is the busiest of the year and every member of the household is drafted to assist in gathering, drying and burning. At the close of each clear day the whole coast seems to be aflame from the thousands of bonfires that are kept burning far into the night. This is one of the many natural resources that is unexpectedly developed in Norway, and no one ever dreamed twenty years ago that this seemingly worthless weed would in a few years, as a source of income, surpass the fisheries, which have been the mainstay of the people for ages, or rival that of agriculture in one of the leading agricultural districts in Norway. Yet such is the case to-day, and those who are fortunate enough to own land abutting the seashore can reap the most profitable crop of the year. Owners of farms located where the weed seems to have a predilection to drift can burn as much as three thousand kilos a year.

During this time the carrying capacity of the Stavanger and Joderen railway is taxed to the utmost, as many tram loads a day, collected at different stations, are shipped to Stavanger, whence from two to three shiploads a week are sent to Great Britain.

The subsequent uses and treatment of the ashes are velled in scientific mystery, and the good people of Joderen are not concerned about it as long as there is an increasing demand and the English agents at Stavanger are willing to pay good prices for their wares. These ashes contain many valuable chemical properties, among which iodine is the most important.

This relatively large supply of money has wrought great changes in the economic conditions of the district. Old debts have been paid off, small farms that were isolated and surrounded by unproductive land have had their boundaries extended by the draining of marshes and clearing of rocky wastes, and this very land which has been considered worthless and unfit for cultivation, has by this evolution become productive.

Not more than twenty years ago there was not a mowing machine in the entire district, while now there are mowers, hayrakes, harrows and other modern machinery on nearly every farm.

"Knickknacks" in Washington.  
When the House was considering the pension appropriation bill a member said that it was a custom of Congress to increase the pensions of veterans by special acts. Representative "Cy" Sulloway, the pensioner's guardian, rose to his full height of approximately seven feet and said: "These special acts cost the government about \$200,000 a year, just about the sum members spend for cigars and knickknacks in the House restaurant."

Nothing more was said on that subject. Several members afterward asked Mr. Sulloway what he meant by knickknacks, and he said that now it is not sold in the House restaurants because of an act of Congress forbidding its sale in the capitol.

**Disraeli as a Poser.**  
Here's a choice anecdote that Winston Spencer Churchill relates of his father and Disraeli:

"I think," said Lord Randolph, discussing with his wife their party after it had broken up, "that Dizzy enjoyed himself. But how flowery and extravagant is his language! When I asked him if he would have any more wine, he replied: 'My dear Randolph I have sipped your excellent champagne; I have drunk your good claret; I have tasted your delicious port—I will have no more.' 'Well,' said Lady Randolph, 'he sat next to me, and I particularly remarked that he drank nothing but a little weak brandy and water.'"

**Man Who Beat Balfour.**  
Horridge, "the man who beat Balfour," as he is already known, is a lawyer and was a stranger in Manchester. The Liberals thought little of his chances, but he developed unexpected fighting qualities and called Mr. Balfour's division the "Port Arthur of conservatism," and asked everybody to imitate the Japanese and take the stronghold.

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## World's Diamond Production.

The world's diamond production summed up shows that India has produced 10,000,000 karats; Brazil, 12,000,000; Africa, 57,000,000. All the diamonds in the world uncut would have a value of \$540,000,000.

**Cold Storage Trust.**  
A cold storage trust is one of the developments promised for the near future in South Africa. All the ice and cold storage plants in the "sub-continent" will be amalgamated if the present plans carry.

**The One Cardinal Fault.**  
"She's really not cultured. She says she can't understand Browning at all." "But one may be cultured and yet not understand Browning." "Of course, one may not understand it, but one should never admit it."—Philadelphia Ledger.

**A New Exclamation.**  
A new exclamation is likely to come into vogue, according to Mr. James Platt, Jr., in "Notes and Queries." The word is "hooshah," and it is an importation from Australia.

**In Wall Street.**  
In a Wall street crowd a Cincinnati, thinking that he recognized a stolen umbrella under a fat man's arm, shouted: "Stop thief!" and instantly found the teeming thoroughfare deserted and himself alone.

**Uncle Allen.**  
"No," said Uncle Allen Sparks, "I don't take any stock in these filing machines. Too many men have made angles of themselves—at least, that's the charitable supposition—by trying to learn to fly."

**Saves the Spellbinder.**  
At a political meeting in Brighton, England, a speaker, finding that the point of one of his jokes had missed, sorrowfully remarked: "I had hoped, gentlemen, that you would have laughed at that." A plaintive voice came through the silence: "I laughed, mister." Then everybody laughed.

**French Jinxicksha.**  
In the French city of Beauvais a small vehicle, built with two wheels and drawn by a man or boy, is in common use. It is called a vialagrette.

## The Original "Match."

Originally a "match" was any substance which burned readily and slowly. The bit of slow-burning hempen rope, steeped in a solution of saltpetre, which the ancient runner carried in order to discharge his arquebus, was a "match." It burned at the rate of about three feet in an hour.

**British Columbia Rivals Oregon.**  
British Columbia promises to become a dangerous rival of Oregon as an apple-growing region. During last season 600,000 trees were planted.

**Foundation of Idealism.**  
James Jackson Jarves in his "Art Thoughts" says: "Idealism bases itself on universal and ideas than facts and action opposing imagination to perception, on which realism chiefly rests."

**Immense Tooth is Found.**  
Measuring twenty-two inches in a direct line and twenty-eight following the curve, the tooth of an extinct African quadruped has been brought from Abyssinia by Baron Maurice de Rothschild.

**Text of Pure Food Bill.**  
If it meets approval cut it out, sign name and address and send to your representative in congress. Buy two or more publications from which you cut this. Keep one for reference and send the other to one of the U. S. Senators from your State. Ask one or two friends to do the same and the chances for Pure Food will be good.

**A BILL**  
TO REQUIRE MANUFACTURERS AND SHIPPERS OF FOODS FOR INTERSTATE SHIPMENT TO LABEL SAID FOODS AND PRINT THE INGREDIENTS CONTAINED IN SUCH FOODS ON EACH PACKAGE THEREOF.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That every person, firm or corporation engaged in the manufacture, preparation or compounding of food for human consumption, shall print in plain view on each package thereof made by or for them shipped from any State or Territory, or the District of Columbia, a complete and accurate statement of all the ingredients thereof, defined by words in common use to describe said ingredients, together with the announcement that said statement is made by the authority of, and guaranteed to be accurate by, the makers of such food, and the name and complete address of the makers shall be affixed thereto; all printed in plain type of a size not less than that known as eight point, and in the English language.

Sec. 2. That the covering of each and every package of manufactured, prepared or compounded foods shipped from any State, Territory, or the District of Columbia, when the food in said package shall have been taken from a covering supplied by or for the makers and re-covered by or for the sellers, shall bear upon its face or within its enclosure an accurate copy of the statement of ingredients and name of the makers which appeared upon the package or covering of said food as supplied by or for the makers thereof, printed in like manner as the statement of the makers was printed, and such statement shall also bear the name and address of the person, firm or corporation that re-covered such food.

Sec. 3. That it shall be unlawful for any person or persons to purposely, wilfully and maliciously remove, alter, obliterate or destroy such statement of ingredients appearing on packages of food, as provided in the preceding sections, and any person or persons who shall violate this section shall be guilty of a misdemeanor, and upon conviction shall be fined not less than one hundred dollars nor more than five hundred dollars, or imprisoned not less than one month nor more than six months, or both, in the discretion of the court.

Sec. 4. That the Bureau of Chemistry of the Department of Agriculture shall procure, or cause to be procured from retail dealers, and analyze, or cause to be analyzed or examined, chemically, microscopically, or otherwise, samples of all manufactured, prepared or compounded foods offered for sale in original, unbroken packages in the District of Columbia, in any Territory, or in any State other than that in which they shall have been respectively manufactured or otherwise produced, or from a foreign country, or intended for export to a foreign country. The Secretary of Agriculture shall make necessary rules and regulations for carrying out the provisions of this Act, and is hereby authorized to employ such chemists, inspectors, clerks, laborers, and other employees, as may be necessary to carry out the provisions of this Act and to make such publication of the results of the examinations and analysis as he may deem proper. And any manufacturer, producer or dealer who shall refuse to supply, upon application and tender, and full payment of the selling price samples of such articles of food to any person duly authorized by the Secretary of Agriculture to receive the same, shall be guilty of a misdemeanor, and upon conviction shall be fined not exceeding one hundred dollars, or imprisoned not exceeding one hundred days, or both.

Sec. 5. That any person, firm or corporation who shall violate sections one and two of this Act shall be guilty of a misdemeanor, and upon conviction shall be fined not exceeding two hundred dollars for the first offense and for each subsequent offense not exceeding three hundred dollars or be imprisoned not exceeding one year, or both, in the discretion of the court.

Sec. 6. That any person, firm, or corporation, who shall wilfully, purposely or maliciously change or add to the ingredients of any food, make false charges, or incorrect analysis, with the purpose of subjecting the makers of such foods to fine or imprisonment under this Act, shall be guilty of a misdemeanor and upon conviction shall be fined not exceeding one thousand dollars nor less than three hundred dollars, or imprisoned for not less than thirty days nor more than one year, or both.

Sec. 7. That it shall be the duty of every district attorney to whom the Secretary of Agriculture shall report any violation of this Act to cause proceedings to be commenced and prosecuted without delay for the fines and penalties in such case provided.

Sec. 8. That this Act shall not be construed to interfere with commerce wholly internal in any State, nor with the exercise of their police powers by the several States.

Sec. 9. That all acts or parts of acts inconsistent with this Act are hereby repealed.

Sec. 10. That this Act shall be in force and effect from and after the first day of October, nineteen hundred and six.

The undersigned respectfully requests the Representatives from his district and Senators from his State to support this measure.

Signed..... City..... State.....

## NEW FOOD LAW

People now demand the right to know exactly what they eat. The food is "pure" is not satisfactory. Candy may contain "pure" white clay or "pure" dyes and yet be very harmful. Syrups may contain "pure" glucose and yet be quite digestible and even beneficial. Tomato catsup may contain a small amount of salicylic or boric acid as a necessary preservative, which may agree with one and be harmful to another.

Wheat flour may contain a portion of corn flour and really be improved. Olive oil may be made of cotton seed oil. Butter may contain beef tallow and yet be nutritious.

The person who buys and eats must protect himself and family, and he has a right to, and now demands, a law under which he can make intelligent selection of food.

Many pure food bills have been introduced and some passed by State legislatures; many have been offered to Congress, but all thus far seem objectionable.

It has seemed difficult for politicians to formulate a satisfactory bill that would protect the common people and yet avoid harm to honest makers and prevent endless trouble to retailers. The committee considering it, uree its being brought to a vote and requesting that they vote for it.

Some oppressively intelligent and carping critic may say this is simply an advertisement for Postum and Grape-Nuts. It is true that these articles are spoken of here in a public manner, but they are used as illustrations of a manufacturer seeking to shame other makers into doing the fair thing by the common people, and establishing an era of pure food, but that procedure has not yet forced those who adulterate and deceive to change their methods, hence this effort to arouse public sentiment and show a way out of the present condition of fraud, deceit and harm.

The undersigned is paying to the publishers of America about \$20,000.00 to print this announcement in practically all of the great papers and magazines, in the conduct of what he chooses to term "an educational campaign," esteemed to be of greater direct value to the people than the establishment of many libraries. That is held to be a worthy method of using money for the public good. Tell the people facts, show them a way to help themselves and rely upon them to act intelligently and effectively.

The reader will be freely forgiven if he entirely forgets the reference to Postum and Grape-Nuts, if he will but join the pure food movement and do things.

C. W. POST.