Diefe 2lbteilung ift für die familienglieder, weldhe am liebiten Deutid leien.
$\mathfrak{B o m}$ Sduuplate De curopäiidicu Bölfer : Srieges



The Soap to cleanse and purify, the
Ointment to soothe and heal. Nothing
better than these

 The Telephone Pole. .
 $=$

CLIP HORSES NOW


## Four Teaspoonfuls of

## Grape-Nuts

## There's a Reason-in fact, a number of reasons.

Grape-Nuts is a concentrated food, hence a small portion goes a long way
It is made of wheat and barley, and contains all the nutriment of these grains,
uding those invaluable mineral salts so often lacking in ordinary food, but which are indispensable for normal growth and maintenance of body and brain. One great aim in originating Grape-Nuts was to supply this lack of mineral elemerts, and it fulfills its purpose admirably

Grape-Nuts is a delicious food, and digests quickly, generally in about one hour.
Ready to eat direct from the FRESH-SEALED package, crisp, nourishing, eco-

"There's a Reason" for Grape-Nuts

