

"CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box. Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Napoleon Outdone.

In a small town there was a veteran of the Civil war who was called Colonel Bingle. He was stored full of anecdotes about his life as a soldier, which had won him the unbounded admiration of a certain little boy in the town who was of a martial cast of mind. But never had the boy's admiration for the colonel found such complete expression as when he remarked to a little playmate:

"Come on, Jimmy, let's play soldiers. You be Napoleon Bonaparte—I'll be Colonel Bingle!"

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair.

A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant. Adv.

Table Manners.

The small daughter of the house was busily setting the table for expected company when he mother called to her:

"Put down three forks at each place, dear."

Having made some observations on her own account when the expected guest had dined with her mother before, she inquired thoughtfully:

"Shall I give Uncle John three knives?"

OVERWORK AND KIDNEY TROUBLE

Mr. James McDaniel, Oakley, Ky., writes: "I overworked and strained myself, which brought on Kidney and Bladder Disease. My symptoms were Backache and burning in the stem of the Bladder, which was sore and had a constant hurting all the time—broken sleep, tired feeling, nervousness, puffing and swollen eyes, shortness of breath and J. McDaniel. Rheumatic pains. I suffered ten months. I was treated by a physician, but found no relief until I started to use Dodd's Kidney Pills. I now feel that I am permanently cured by the use of Dodd's Kidney Pills."

Dodd's Kidney Pills, 50c. per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free.—Adv.

"Liked the Church, But—Sweet Girl—Do you enjoy taking me to church?"

Lover—Not so much as riding with you in a street car. "Goodness! Why?" "The rector never yells. 'Sit closer, please.'"—New York Weekly.

CUTICURA SHAVING

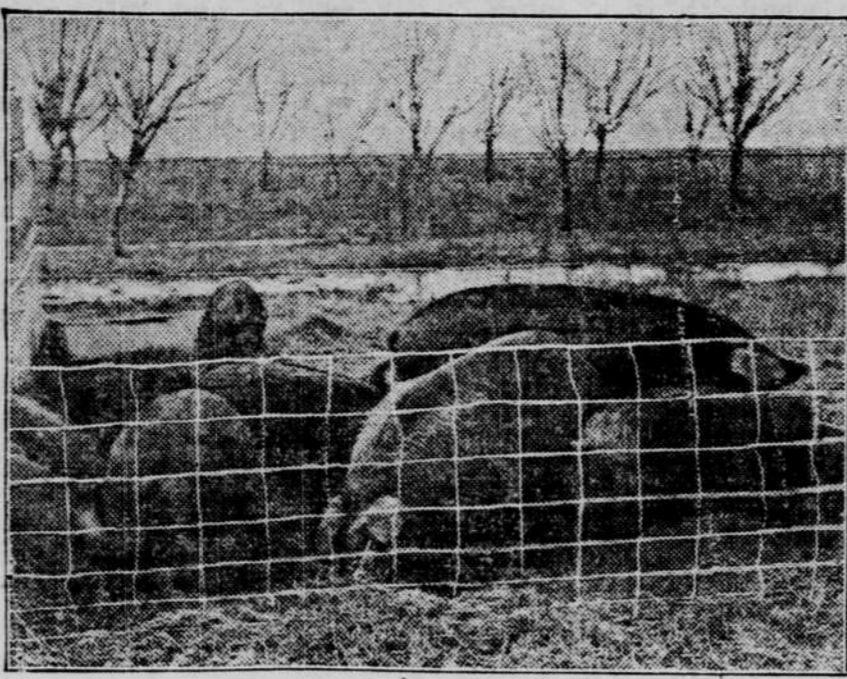
is Up-to-Date Shaving for Sensitive Skins. Trial Free.

Prepare razor. Dip brush in hot water and rub it on Cuticura Soap held in palm of hand. Then make lather on face and rub in for a moment with fingers. Make second lathering and shave. Rub bit of Cuticura Ointment over shaven parts (and on scalp if any dandruff or itching) and wash all off with Cuticura Soap and hot water, shampooing same time. One soap for all—shaving, shampooing, bathing and toilet. It's velvet for sensitive skins. No stinging. No germs. No waste of time or money. Free sample each if you wish. Address postcard, "Cuticura," Dept. XY, Boston, Mass. Sold everywhere.—Adv.

Do not expect to live forever on the fruits of one victory.

Silence may be golden or it may be an admission of guilt.

MOST NATURAL FOOD FOR BROOD SOW



Pure-Bred Poland China Hogs.

Grass and vegetable matter are the most natural food for pigs, although they will eat, and can digest, a great variety of things. The nearer a sow can be kept to grass or vegetable diet, the healthier she will be; and this system is preferable to dry, rich foods, consisting mainly of grain, pulse or meals.

Bran is most useful when grass is not available, but where it is not possible to give cows a grass run, lucerne, tares and other green forage crops can sometimes be substituted.

Roots (except that mangels must not be given at all freely as farrowing approaches, or the pigs are almost certain to be born dead) are useful, and where there is a large garden, it will provide a great deal of vegetable stuff that can be advantageously employed for in-pig sows, stuff, too, that would otherwise be wasted.

Large quantities of dry grain, and especially corn and barley, must be avoided as too heating; and hotel waste, butcher's offal, slaughter-

house refuse—indeed animal matter in any form—are also bad, and may, it is said, be an exciting cause of cannibalism.

When at grass, or getting green-forage or garden stuff, a few old beans, or some dry corn, may be given once or twice a week.

The food for the in-pig sow for the last week or so of her time should be as nearly as possible that on which she will be fed for three or four weeks after she has farrowed. A well known breeder says:

"We have ceased to give barley or other meal to our suckling sows until the pigs are at least a month old. Our newly farrowed sows are fed sharps, or what is locally termed thirds, middlings, etc., and a varying amount of bran, determined by the richness of the sharps, the number of the litter, and the age of the sow, also condition."

His recommendation for feeding the in-pig sow is: Vegetable food, with a little dry grain, beans, peas or corn until within a week of farrowing.

DAMPNESS IS THE CAUSE OF DISEASE

Good Dry, Warm Hog House Promotes General Health and Development of Herd.

(By M. A. COVERDELL.)

How many of us give our hogs a little bedding now and then during the winter months, rarely ever changing it for clean, dry nesting?

Some of us think that dampness is an unknown quantity at this season, but moisture is sure to collect in the hog house as the animals sleep in it, and dampness is the root of rheumatism.

Where the hog house is snug and warm it will, of course, admit no dampness from the outside, but with the hogs confined in it through the long winter nights, the alternate heating and cooling of the bed will cause the formation of dampness.

Proper ventilation will reduce the amount thus collected, but the bedding should be changed often to insure no damaging results.

On the other hand, if the hog house is open enough, even for the snow and sleet to sift in through cracks, the amount thus admitted, while not noticeable to the eye, will form dampness by becoming melted and settling in the bed.

Hogs also carry considerable dampness to their bedding on their feet, especially during the snowy weather, so that the farmer has ample need of ventilating the snug, warm hog house, getting busy with some strips on the one that has cracks in it, and frequently changing the bedding in both.

It will add materially in promoting general health, comfort and rapid development of the herd, at the same time adding to the profits derived from them.

OAT STRAW HELPS PIECE OUT RATION

Farmer Should Have Supply for Carrying Sheep Through the Winter Months.

It is an excellent plan for every sheep farmer to put up every fall a quantity of oat straw, to help out in carrying the sheep through the winter. Wheat straw will answer the purpose, but it is not as good as oat straw.

Of course straw is not an ideal feed for sheep. It contains a little nutriment, but not much, and a great deal of wood fiber, but clean oat straw fed sparingly, in connection with roots or other succulent feed, helps out wonderfully.

Placed in the rack with clover hay, it will be pretty well eaten up every day, and it undoubtedly saves some grain.

Where a farmer has plenty of grain and little roughage, oat straw will help to piece out the ration admirably. If fed in large quantities, and alone, it will almost certainly produce stomach trouble, and this should always be avoided.

Specialist Succeeds. This is the day of specialists. "The man who builds a better mouse trap than his competitor will have a beaten path to his home though he build in a wilderness." Life is too short to try to perfect more than one variety or breed of fowls.

Size of Udder. A large udder does not always indicate a large milker. The cow that made the 30,000-pound record of milk in one year does not carry a remarkably large udder.

GOOD DOG IS BIG HELP TO A FARMER

Worthless Curs That Roam at Night, Doing Much Damage, Should Be Shot.

(By HOWARD HACKEDORN, Missouri Experiment Station.)

There have been many discussions in the agricultural press in regard to the relation of dogs and the live stock. Many of the articles take an extreme stand, either for or against the dogs.

Many of us can remember with pleasure the first dog our father brought home to us. It was our faithful childhood friend. When we were in a bad humor we took our spite out on Rover or if we wished to play, Rover was always a willing playmate. The family dog keeps the children amused and gives the much-worked mothers time to rest a bit or catch up the odds and ends. It is no wonder the dogs have many friends. And they rightfully should have. No one loves a dog better than himself.

None of us would like to feel that we were the direct cause of injury to our neighbor. Yet unconsciously we allow such to go on. Is your dog chained at night? Does he run your neighbor's stock and your own stock? Surely not, you think. He is here at night when we retire and is always waiting for us at daylight. Did you ever get into an argument with your friend and didn't you answer, "My dog is a good watch dog. He always stays at home?" There is only one sure way to keep him home and that is to tie him at night, and give your neighbor privilege to shoot all dogs unaccompanied by their masters.

A lot of dogs are no one's friend, have no homes and could be soon disposed of. A few bad good-for-nothing dogs, like bad boys, give their associates a bad reputation. Are you willing to give your neighbor a square deal? Will he give you as much? The sheep breeders and the feeders do not pose as an enemy to the dog. It is the worthless "curs" that roam at night and do the damage. Kill off the "curs," but let all who wish, keep a good dog; they are a great help to the stock farmer and the hunter, and we wish them no harm as long as they keep their place.

Exercise the Jack. A jack is harder to exercise than a stallion, but if you will give him a paddock about the eighth of an acre that he can be turned into (by himself of course) he will keep in good health. Watch his feet, they are inclined to grow fast and the hind feet may get badly out of shape, if not looked after. Get a good blacksmith to trim them down—both front and hind feet—if they get too long and let the jack go barefoot.

Applying Manure. The increase in yield of crops from light applications of manure, say six to eight tons per acre, is much greater per ton of manure applied than where large quantities are used at a single application, and the farmers who apply lighter applications at shorter intervals receive better results from a given amount of manure than those who make heavier applications at longer intervals.

Sales of Farm Products. The sales of crops in 1914 were estimated at \$2,928,000,000; sales of live stock, \$2,319,000,000; a total of \$5,247,000,000. The estimated value of total sales per farm was \$892, and sales per capita of rural population (excluding towns) \$139.

Value of Pedigree. A pedigree is a great thing. It gives one a line on an animal's ancestry, but if the pedigree contains advanced registry records it is of still greater value.

"There's a Reason" for Postum.

Children Love It—Don't Deny Them

Dentists affirm its helpfulness to teeth and gums. Doctors attest its aid to appetite and digestion.

Give the kiddies all they want. Use it yourself—regularly. Keep it always on hand.

Cultivate the saving instinct with the **United Profit-Sharing Coupons** around each package, good toward high-grade merchandise.

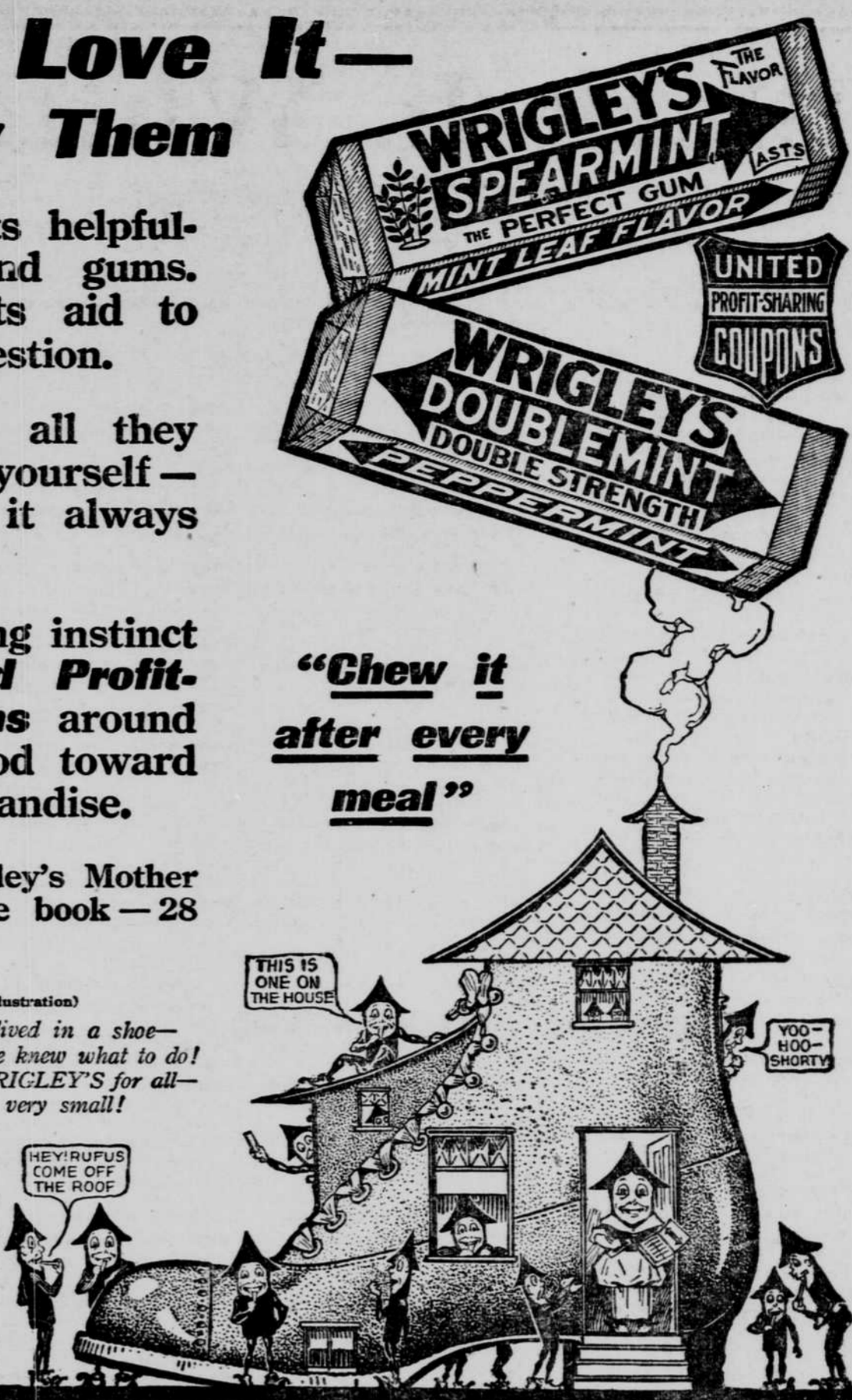
Have you seen "Wrigley's Mother Goose"—newest jingle book—28 pages in colors?

(Here is a sample verse and illustration)

There was an old Spear-woman lived in a shoe— For her many young hopefuls she knew what to do! She made them most happy with WRIGLEY'S for all— It kept them in trim at a cost very small!

The "Wrigley Spearman" want you to see all their quaint antics in this book, free! Write for it today to

WM. WRIGLEY JR. CO., 1304 Kesner Bldg., Chicago



"Chew it after every meal"

TRUTHFUL HUNTER TELLS IT

Speed Contest Between Deer and Rifle Bullet That Probably Never Was Duplicated.

"Talkin' about runnin'," remarked the Hon. Ananias Munchausen, "about the finest bit of sportin' I ever saw was up in Maine the shootin' season before last. I'd been out all day deer shootin', and had most awful luck when I spied a whoppin' great buck about eighteen hundred yards away. Takin' a careful sight, I let fly. But, bless your soul, the instant my bullet touched him, and before it had time to penetrate his hide, that beast was off like a flash!"

"I never saw two such evenly matched things as that deer and my bullet. For over half a mile they came together, neither gainin' any on the other, the bullet just managin' to keep in touch with the deer's skin. At the end of a mile, however, the pace began to tell on the deer, and he faltered just for a moment. 'Twas fatal. The bullet sped on, and the poor beast keeled over. He deserved his freedom if ever an animal did. He'd have got it, too, if he could have stuck it out for another twenty yards, for that's about as far as my rifle carries."

Heredity. "How did your son get that stay-up late habit?" "Acquired it in babyhood."

Every old woman knows a lot of sensible things that are not to be found in books.

MAY BE COFFEE That Causes all the Trouble

When the house is afire, it's about the same as when disease begins to show, it's no time to talk but time to act—delay is dangerous—remove the cause of the trouble at once.

"For a number of years," wrote a Kansas lady, "I felt sure that coffee was hurting me, and yet I was so fond of it, I could not give it up. At last I got so bad that I made up my mind I must either quit the use of coffee or die."

"Everything I ate distressed me, and I suffered severely most of the time with palpitation of the heart. I frequently woke up in the night with the feeling that I was almost gone—my heart seemed so smothered and weak in its action. My breath grew short and the least exertion set me panting. I slept but little and suffered from rheumatism."

"Two years ago I stopped using the coffee and began to use Postum and from the very first I began to improve. It worked a miracle! Now I can eat anything and digest it without trouble. I sleep like a baby, and my heart beats strong and regularly. My breathing has become steady and normal, and my rheumatism has left me."

"I feel like another person, and it is all due to quitting coffee and using Postum, for I haven't used any medicine and none would have done any good as long as I kept drugging with coffee." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Postum comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages. Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins. Both kinds are equally delicious, and cost per cup about the same.

"There's a Reason" for Postum.

A POTATO KING

"I never saw any one so obstinate and set as John is." "You surprise me!" "Yes, indeed. Why, only this morning we had a dispute, but I stood firm and told him he might move the pyramids, but he couldn't move me when my mind was made up."

"And he finally admitted that he was wrong?" "Well, about the same thing. He said, 'Have your own way, Marie.'"

"Of course. But what was the argument about?" "Oh, I haven't the slightest recollection; but it was the principle, you know."

That advice of Mr. Schroeder's, the self-made Potato king, comes from a warm heart, a level head, a potato king!

Who placed Wisconsin on the Corn map, was at the top? Salzer's creations in field Corn, Barley, Oats, Speltz, and Clovers. Potatoes helped do it.

We make a great specialty of seed corn. Listing: Barley, Oats, Speltz, and Clovers. Potatoes helped do it.

For 10c in Postage We gladly mail our Catalog and sample package of Ten Farm Seeds, including Speltz, "The Cereal Wonder," Rejuvenated White Bonanza Oats, "The Prize Winner," Billion Dollar Grass, Teosinte, the Silo Filler, etc., etc.

Or Send 12c And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 704, La Crosse, Wis., twenty cents and receive both above collections and their big catalog.

Just Like Him. "My husband is just like our furnace," sighed Mrs. Blinks. "All day he smokes and at night he goes out."

The Difficulty. "He simply refuses to throw any light on his past."

"Perhaps he can't; it's so shady."

What Interested Her.

"The overture is about to begin. We might as well go in." "Did you get your wife a book of the opera?" "No, she doesn't care for the opera. I would pay well, however, for a catalogue or price list of the jewels being worn in the boxes."—Kansas City Journal.

The Explanation. Tomdix—So Weeks is married, eh? He is so timid that I wonder he ever mustered up sufficient courage to propose. Hojax—Oh, he didn't have to. A young widow married him.

The man who leaves footprints on the sands of time isn't always the fellow who carries the heavier load.

The one man in the world who thoroughly believes in hero worship is the hero.

His Evening Stunt.

Rankin—I saw a wonderful thing today. Phyle—What was it? Rankin—A Japanese vaudeville performer wrote a sentence with each hand and talked at the same time. Phyle—That's nothing; every evening I have to read the paper while I am carrying on a four-cornered conversation with my wife and three children.

The wife who tells the truth to her husband is liable to acquire the reputation of being a nagger.

A simple remedy against coughs and all throat irritations are Dean's Mentholated Cough Drops—5c at all good Druggists.

A girl can't be blamed for forgetting a fellow when he forgets himself.

One way to become a satisfactory guest is to postpone the visit.

Roofing that must last!

You can't tell by looking at a roll of roofing how long it will last on the roof, but when you get the guarantee of a responsible company, you know that your roofing must give satisfactory service.

The only real test of roofing quality is on the roof.

Buy materials that last

Certain-teed

Ask your dealer for products made by us—tell your name.

Asphalt Roofings (All grades and prices)	Insulating Papers
Slate Surfaced Shingles	Plastic Roofing Cement
Asphalt Felts	Asphalt Cement
Deadening Felts	Roof Coatings
Tarred Felts	Metal Paints
Building Papers	Out-door Paints
	Shingle Stains
	Refined Coal Tar
	Roof Coatings

General Roofing Manufacturing Company
World's largest manufacturers of Roofing and Building Papers

New York City Boston Chicago Pittsburgh Philadelphia Atlanta Cleveland Detroit St. Louis Cincinnati Kansas City Minneapolis San Francisco Seattle London Hamburg Sydney

Canadian Wheat to Feed the World

160 ACRES FARM IN WESTERN CANADA FREE

The war's fearful devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and there is an unusual demand for Canadian wheat. Canada's invitation to every industrious American is therefore especially attractive. She wants farmers to make money and happy, prosperous homes for themselves while helping her to raise immense wheat crops.

You can get a Homestead of 160 acres FREE and other lands can be bought at remarkably low prices. Think of the money you can make with wheat at its present high prices, where for some time it is liable to continue. During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flax.

Mixed farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.

Military service is not compulsory in Canada, but there is an extra demand for farm labor to replace the many young men who have volunteered for the war. The Government this year is urging farmers to put extra acreage into grain.

Write for literature and particulars as to reduced railway rates to Superintendant Immigration, Ottawa, Canada, or

W. V. Bennett, 220 17th St., Room 4, 3rd Bldg., Omaha, Neb. Canadian Government Agent

Watch Your Colts

For Coughs, Colds and Distemper, and at the first symptoms of any such ailment, give small doses of that wonderful remedy, now the most used in this country.

SPORN'S DISTEMPER COMPOUND

50 cents and \$1 a bottle; \$5 and \$10 the dozen of any druggist, harness dealer, or delivered by SPORN MEDICAL CO., Chicago, Ill., and Pacific Coast Branches, Los Angeles, Cal., S. F., etc.