

# MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

## HUMAN LIFE AT TEN DOLLARS

That Chinese Hold Existence Cheap Is Proved by Experience of Traveler in That Country.

There are 100,000,000 children in China under ten years of age. One wonders how there are so many remaining, for multitudes of children die off through exposure, ill care, starvation and disease. Hundreds of thousands of these children live in the Chinese sampans, which ply the rivers and through the water fronts of the great cities. For generations these boatmen knew no other home than these boats. In case of babies, a rope is attached under their arms and if they slip over the side of the sampan into the water they are fished out the best way possible.

But life is plenty and cheap in China. "How much, then, is a man better than a sheep?" Not much better in China. A friend of mine, a Brooklyn judge, who arrived late at the daily public execution in Canton, and who could only stay for the day, was told that for \$10 they would secure a special victim to satisfy the American's curiosity. And they proceeded to find a man who for the sake of his family was willing to barter his life for \$10. Of course he got the \$10—and his life.—Christian Herald.

## One of Marshall Wilder's Stories.

When I was in Japan and China I went through the prisons and the courts. Funny about the Chinese. Every ten miles you strike a new dialect. When they arrest a Chinaman it takes three or four interpreters to find out what his offense is. I saw one fellow dragged in by the queue. The judge asked what the charge was. The first interpreter told the second, the second told the third, the third told the fourth, and the fourth told the judge that the fellow had stolen a yellow dog. "Well," said the judge, "I am glad it was not a black-and-tan."

## Obvious.

Maud—What makes Carol so disliked?  
Beatrice—She got the most votes for being popular.—Life.

## The Fishing Banks.

Newfoundland would be nothing without the great submarine plateau known as the "banks," on which all the fishing is done. At a small station within the edges of the great bank that the cod loves so well the sea is quite smooth. It is usual for vessels fishing on the banks to inquire from those that have arrived from the open sea as to what sort of weather it is.—Exchange.

## Ups and Downs.

This life is composed of ups and downs; I might give myself as an example. Of course, I prefer to win, but if not I won't be dissatisfied. I have had my share of successes and reverses; successes I have endeavored to meet without elation, reverses without depression, and whenever I have fallen it has been my motto, and I think it has been a good one, to try again the following day.—Sir Wilfrid Laurier.

## A GRATEFUL ACKNOWLEDGMENT.

Mr. F. C. Case of Welcome Lake, Pa., writes: "I suffered with Backache and Kidney Trouble. My head ached, my sleep was broken and unrefreshing. I felt heavy and sleepy after meals, was always nervous and tired, had a bitter taste in my mouth, was dizzy, had floating specks before my eyes, was always thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts and was troubled with shortness of breath. DODDS' KIDNEY PILLS have cured me of these complaints. DODDS' KIDNEY PILLS have done their work and done it well. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of DODDS' KIDNEY PILLS."



DODDS' KIDNEY PILLS, 50c. per box at your dealer or DODDS' MEDICINE CO., Buffalo, N. Y. Write for Household Hints, Dainty Recipes; also music of National Anthem. All 3 sent free. Adv.

## Roumania.

Roumania is one of the richest of the countries of the Balkan region, and although it has an area of only a little more than 50,000 square miles it has a population of nearly seven million, the most compact in racial association of all that vast region of central Europe extending from the seas of the North to those of the South. More than 92 per cent are Roumanians. There are Jews, 4.3 per cent, and the remainder are sprinkling of Germans, Bulgarians and Hungarians, with no fewer than two hundred thousand gypsies. Roumanians are practically of the Greek Orthodox religion.

## Danger in Waiting.

Just because an Oregon scientist declares that old men do the best work is no reason, of course, why young fellows should put off contemplated achievements until the arrival of declining years. It may be that the man who accomplishes little in his early maturity will make up for the lack when he starts down the western slope of life. It doesn't sound reasonable, however.

## Sisterly Love.

He—Maud must be a sensitive girl. She changes color so often.  
She—That's because she finds it so hard to match her natural complexion.  
Give some people their pick and they'll proceed to pick flaws.

## SAGE TEA AND SULPHUR DARKENS YOUR GRAY HAIR

Look Years Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know.

Almost everyone knows that Sage Tea and Sulphur properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Adv.

## REFUSED TO TAKE ADVICE

Foxes, Unlike Men, Could Not See Things From the Viewpoint of the Politicians.

The foxes were new to politics, and so they listened to the advice of the politicians.

"The thing for you to do," declared these, "is to belong to parties and always vote the straight ticket."

The foxes thought a moment. "If we do so," they objected, "are we not in danger of voting inadvertently, for yellow dogs now and then? Of course, we don't wish to vote for yellow dogs."

"Of course not," replied the politicians. "There's no danger—none in the world. If you really and truly belong to a party it follows that there are no yellow dogs in that party, and of there are no yellow dogs in the party, how are you going to vote for such, provided you always vote the straight ticket?"

But the foxes were not convinced. Indeed, after thinking a little more, they resolved to have nothing to do with parties.

This fable teaches that foxes are sometimes foxier than men.—New York Evening Post.

## War and Etiquette.

Many a little convention has had its death knell sounded on the battlefield, and after every great war new customs are born. Disraeli relates an instance of this in a more confined field in Italy. "Such was the party hatred of the Guelphs and Ghibellines, the two great Italian factions, that they carried their rancor even into their domestic habits. At table the Guelphs placed their knives and spoons longwise; the Ghibellines across; the one cut his bread across, the other longwise. Even in cutting an orange they could not agree, for the Guelph cut his orange horizontally and the Ghibelline downward."

## Accounting for What He Saw.

Yeast—I see a dispatch from Biddford, Me., says a man went into his garden today and found a number of pansies in full bloom and of as brilliant coloring as in summer.  
Crimsonbeak—And yet Maine is supposed to be a dry state.

It is far easier to acquire a reputation for greatness than it is to make good.

Nothing thickens the plot like gossip.—Deseret News.

# FOR BETTER ROADS

## ROAD BUILDING IN OKLAHOMA

State Superintendent of Public Instruction Takes Steps to Teach Boys Art of Construction.

"Not to be outdone by Missouri and Kansas, the state of Oklahoma is to take up educational work in road-building," said R. E. House of Muskogee, while in Washington recently. "Governor Major of Missouri and Governor Hodges of Kansas stirred the imagination and ambition of the boys of Missouri and Kansas by getting out on the roads and handling pick and shovel in the making of roads. Oklahoma is going to begin at the beginning and teach the boy in the school how to build good roads. The state highway commissioner is co-operating with the state superintendent of public instruction, and the latter has taken up the matter with the county superintendents.

"When the federal government had spent thousands of dollars to encourage scientific farming and when so few farmers adopted the methods advanced, the officials changed their plans and went after the boys in the schools. They sought to teach the new methods to the older persons through the boys in the schools, and they succeeded.

"If the farmers were made to realize the advantages of better farming methods through their boys in the schools, it seems to me there is little doubt they can be brought to appreciate the great advantages that will result from improved roads. For that matter, however, the farmer ordinarily understands that good roads are



An Improved Southern Road.

advantageous. Education in the benefits of good roads perhaps would be more profitably undertaken in the public schools of the big cities. It is the state legislatures and the federal government that have failed to appreciate the profits that will accrue from good roads. It is far better to spend money on good roads than on great armies and navies, and it would seem that the highways had better be made passable before the government undertakes to make the rivers navigable, for there is more traffic over the country roads than on the rivers."

## KEEP IDLE HORSES HEALTHY

Best Thing for Azoturia Is Prevention, Says Doctor Reynolds—Water and Exercise Essential.

The symptoms of azoturia are easily recognizable. A horse comes out of the stable apparently in the best of condition. He is driven but a short distance before he shows signs of lameness or stiffness in his hind legs. He staggers and may fall before he can be unhitched. He perspires freely. The muscles over the loins and hips become rigid and frequently tender, often trembling and twitching.

According to Dr. M. H. Reynolds the best thing for azoturia is prevention. When a horse must remain idle for a few days the grain ration should be reduced. If a horse is very fat he should be fed no grain. Every horse should be given plenty of water and turned out for exercise daily. If the grain ration has not been reduced during a period of idleness in any case, the horse should have a cathartic before being put into harness again. A quart of raw linseed oil 36 hours before hitching is a safe dose. Work should be light for the first day after idleness, as violent exercise is likely to invite an attack.

## Odor of Stale Eggs.

You cannot mistake the odor of stale or bad eggs. To a certain extent eggs like butter are susceptible to bad odors. Some believe that the egg absorbs odors after being laid by coming in contact with foreign substances. For instance a kerosene taste in eggs would not necessarily indicate that a hen had been drinking kerosene. Eggs that are exposed to odors of kerosene in some close back room or whose shells have become saturated with the oil will have a kerosene taste.

## Parched Corn for Fowls.

When corn is parched for fowls, occasionally allow a handful or two to become burned almost to charcoal. The birds enjoy these grains and they are good for them.

Buckle the Yoke Firmly. In driving a pair of horses see that the yoke is buckled firmly to the end of the pole.

## Easily Kept Cold.

The colt that is kept fat from his babyhood will be easily kept.

## WINTER SPORTS NORTH AND SOUTH



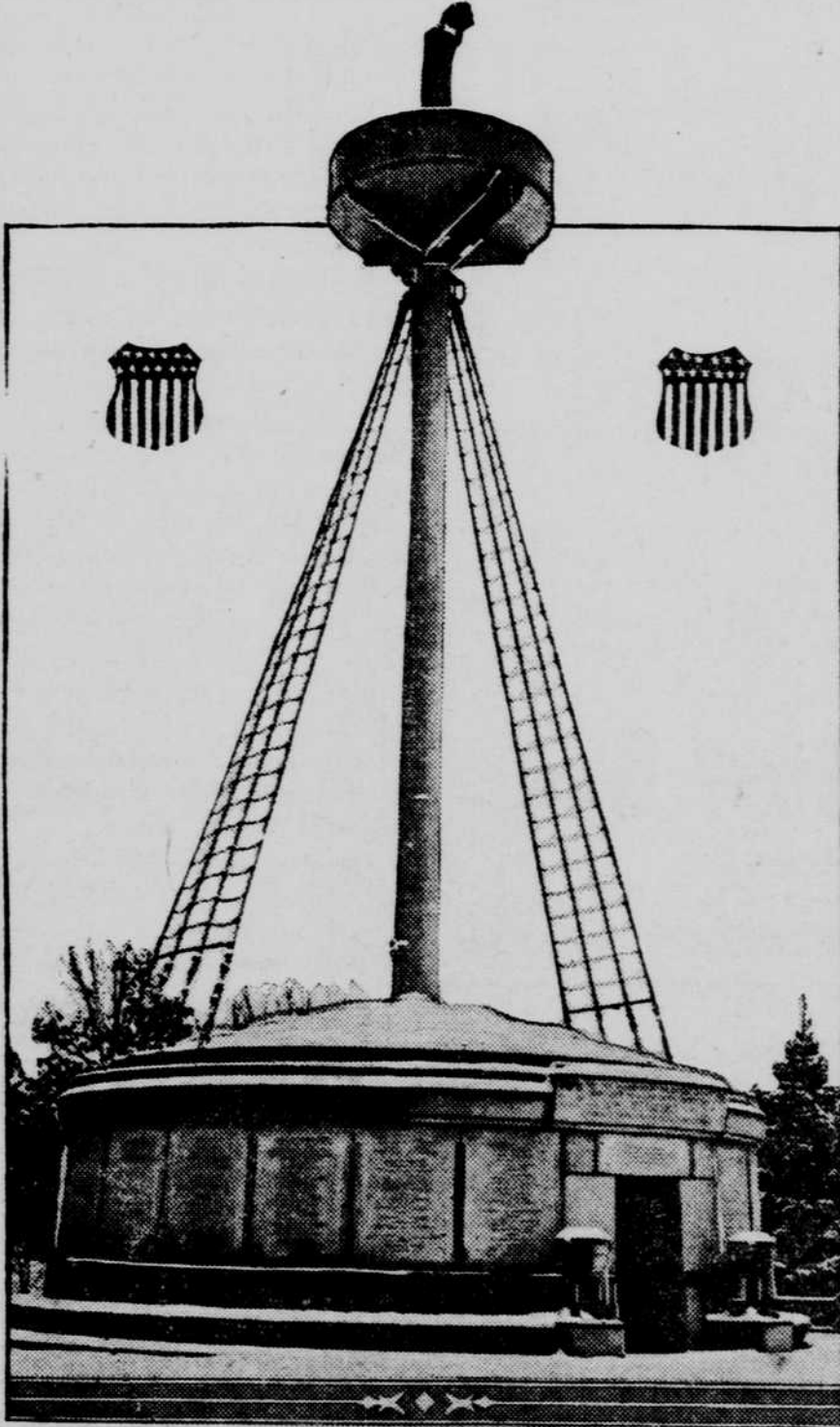
These contrasted photographs show, above, one of the crews in the annual bobsled race that attracts Long Island society folk to Huntington each February, and, below, four happy bathers at Palm Beach, Fla., on one of the floating mattresses that the folk there are using in the surf.

## FAMOUS OLD CASTLE RUINED BY EARTHQUAKE



All that was left of the famous Torlonia castle at Avezzano after its massive walls had been shaken down by the recent earthquake in Italy. It was built in 1490.

## MAINE MEMORIAL AT ARLINGTON



Memorial to the officers and men who were lost with the battleship Maine in Havana harbor, erected in the National cemetery at Arlington and dedicated on February 15. It is in the form of a fighting mast and turret, and on the panels of the latter are engraved the names of the victims.

## SEES A NAPOLEONIC RUSSIA

With Possession of Constantinople, Writer Says, Bear Will Be Supreme on Continent.

When Great Britain the other day annexed Egypt it gave Russia something more than a moral claim upon Constantinople. In fortifying its own position, in securing its own road to the East, it removed the chief obstacle, from its point of view, to Russian possession of the straits. Its necessity

to possess Suez is not greater than that of Russia to hold the Stamboul gate to its own coasts.

If England and its allies emerge victorious from the great war, they will have to face a Russia supreme on the continent, more powerful on land than any nation since the France of Napoleon, its hands strengthened by the prostration of its neighbors, who were its natural rivals.

Anatolia with its Turkish rulers will be indefensible against Russia. English military resources will not be ad-

## GEN. SIR HENRY RUNDLE



Gen. Sir Henry Macleod Rundle, who is in command of Great Britain's Fifth army corps, was born in 1865, and in his 30 years of military service has distinguished himself in many campaigns. After his name he may write K. C. B., G. C. V. C., K. C. M. G., C. M. G., and D. S. O.

## Scotch Humor.

An old Scotch woman who had made a great deal of money by selling whisky was visited when on her death bed by her minister.

"And so, Molly," said the minister, "you tell me that you have all this money."

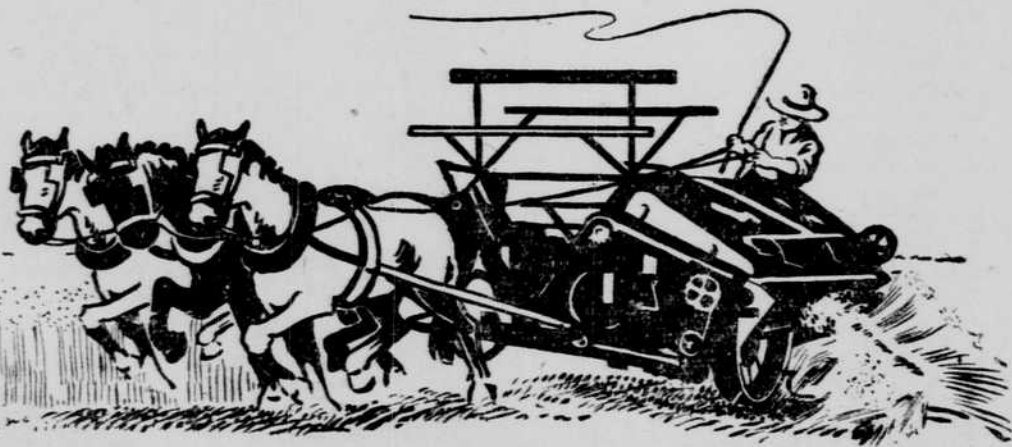
"Indeed, minister, I have," replied Molly.

"And you tell me, too," continued the minister, "that you made all this money by filling the noggin."

"Na, na, minister," said the dying woman. "I dinna tell ye that. I made the maist of it by not filling the noggin."

equate to hold Russia back along the new frontier from the Euphrates to the Himalayas; to oppose Russia on the Bosphorus is to envisage fighting it ultimately in India, in Egypt, in the Valley of the Euphrates—Frank H. Simonds in the New Republic.

Many Sources of Paper Supply. News print paper has been made by the forest service laboratory from 24 different woods, and a number compare favorably with standard spruce pulp paper.



## What Becomes of the Wheat?

The wheat yield of the United States for 1914 reached the enormous figure of nearly 900,000,000 bushels.

Yet in spite of the wonderful nutritive value of this grain, much of its value will be lost as human food. Why?

Because many wheat products (white bread and many so called breakfast foods) lack the nourishing mineral qualities of the grain found directly under the bran-coat. These vital elements are thrown out with the bran-coat to make the flour white.

More and more, thinking people are waking up to this fact, and are now obtaining all the grain nourishment by eating

# Grape-Nuts

FOOD

This famous wheat and malted barley food, retains all the nutriment of the grain, including the rich mineral values so necessary in building brain, nerve and muscle.

Grape-Nuts is all food—no waste! It is easily digested, and with cream or milk affords complete nourishment, at less cost than any other food.

This, together with its delicious flavour—fresh-sealed, has made Grape-Nuts a household word the world over.

## "There's a Reason" for Grape-Nuts

No rise in price—sold by Grocers everywhere.